Run Norwich

5th August 2018

RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1	3	30:49	Nick Earl	City Of Norwich AC	Male	1	30:49	1
2	4	31:34	Ash Harrell	City Of Norwich AC	Male	2	31:34	2
3	1416	32:51	James Senior	City Of Norwich AC	Male	3	32:52	3
4	873	33:25	Stu Huntington	City Of Norwich AC	Male	4	33:26	4
5	1332	33:33	Jamie Short	Leicester Coritanian	Male	5	33:34	5
6	877	33:40	Kevin Holland	Crawley AC	Male	6	33:41	6
7	1410	33:47	Jonny Earl	Hercules Wimbledon	Male	7	33:47	7
8	60	33:57	Dominic Blake	Reepham Runners	Male	8	33:58	8
9	55	34:13	Samuel Coyne	Bure Valley Harriers	Male	9	34:14	9
10	45	34:20	Robert Chenery	Ipswich Jaffa RC	Male	10	34:21	10
11	56	34:33	Dominic Oliver	City Of Norwich AC	Male	11	34:34	11
12	875	34:37	Gary Crush	City Of Norwich AC	Male	12	34:38	12
13	58	34:47	Michal Wegrzyn		Male	13	34:49	13
14	46	34:55	C Mickleburgh	Bure Valley Harriers	Male	14	34:56	14
15	7	35:03	Danielle Nimmock	City Of Norwich AC	Female	1	35:04	15
16	880	35:07	Wayne Bell	Newham & Essex Beagles AC	Male	15	35:08	16
17	53	35:11	Steven Cannell	Bure Valley Harriers	Male	16	35:12	17
18	881	35:33	Will Simm	City Of Norwich AC	Male	17	35:34	18
19	77	36:08	Mathew Webb	Tri-Anglia Triathlon Club	Male	18	36:10	19
20	879	36:24	Adam Tapley	Cambridge & Coleridge AC	Male	19	36:25	20
21	49	36:27	Laurence Ball		Male	20	36:29	21
22	9	36:30	Nathan Risbey	Tri-Anglia Triathlon Club	Male	21	36:32	22
23	71	36:31	Jonathan Stockwell		Male	22	36:34	23
24	889	36:40	Neil Adams	North Norfolk Beach Runners	Male	23	36:42	24
25	54	36:41	Richard Heath	Colchester Harriers AC	Male	24	36:51	25
26	888	36:42	Owen Perry	University of Nottingham Athletics Club	Male	25	36:57	26
27	11	36:52	Ed Plager		Male	26	36:59	27
28	907	37:02	Gavin I'Anson		Male	27	37:03	28
29	76	37:04	Joe Pennington	London Heathside	Male	28	37:06	29
30	923	37:07	Dean Bain		Male	29	37:10	30
31	105	37:08	John Hudson	Norwich Road Runners	Male	30	37:11	31
32	129	37:18	Edward Whiting	City Of Norwich AC	Male	31	37:19	32
33	837	37:24	Craig Fiddaman		Male	32	37:25	33
34	108	37:25	Sam Barker	Wymondham AC	Male	33	37:29	34
35	876	37:36	Andrew Carrier		Male	34	37:38	35
36	69	37:36	John Moore	Norfolk Gazelles AC	Male	35	37:39	37
37	66	37:37	Simon Wright	Norwich Road Runners	Male	36	37:40	38
38	101	37:37	Simon Bryant	Norwich Road Runners	Male	37	37:39	36
39	79	37:44	Jake Stearman	Dereham Runners & AC	Male	38	37:46	39
40	73	37:48	Alan Hume	Norfolk Gazelles AC	Male	39	37:50	40
41	897	37:50	Perry Payne	Norwich Road Runners	Male	40	37:53	41
42	65	37:52	Sammy Rashid		Male	41	37:53	42
43	96	37:55	Simon Cook	Lowestoft Road Runners	Male	42	38:01	43
44	100	37:58	Marc Coles	Norwich Road Runners	Male	43	38:02	45
45	896	37:59	Christopher Meadows	Bracknell Forest Runners	Male	44	38:02	44
46	89	38:02	Leanne Finch	City Of Norwich AC	Female	2	38:04	46
47	87	38:10	Alastair Leckie	Norwich Road Runners	Male	45	38:12	47
48	885	38:11	Tom Richardson		Male	46	38:19	48
49	5	38:18	Joanna Andrews	Bungay Black Dog RC	Female	3	38:20	49
50	179	38:34	Richard Mead	Grange Farm & Dunmow Runners	Male	47	38:42	52
51	331	38:36	Andrew Bonner		Male	48	38:39	50
52	97	38:37	Matt Howard	Norwich Road Runners	Male	49	38:42	51
53	884	38:39	Marc Evans	Great Yarmouth Road Runners	Male	50	38:43	53
54	920	38:40	Ben Churchman	Diss and District AC	Male	51	38:46	55
55	122	38:42	Chris Yeates	City Of Norwich AC	Male	52	38:51	57
56	166	38:43	Paul Smith	Norwich Road Runners	Male	53	38:45	54
57	80	38:44	Simon English	Norwich Road Runners	Male	54	38:48	56
58	916	38:55	David Bettinson		Male	55	38:59	58
59	1338	38:57	Euan Carrier		Male	56	39:00	59
60	18	38:59	Joe Frary		Male	57	39:08	64
61	52	38:59	John Scoggins	City Of Norwich AC	Male	58	39:02	60
62	12	39:00	Rory Judd		Male	59	39:04	61
63	846	39:02	Philip Wright	Bure Valley Harriers	Male	60	39:05	62
64	116	39:02	Steve Ely	Wymondham AC	Male	61	39:06	63
65	935	39:02	Martin Westley	Harlow RC	Male	62	39:17	70
66	936	39:06	Jonny Hodges		Male	63	39:19	72
67	113	39:07	Richard Hanson		Male	64	39:16	68
68	110	39:09	Chris Bullock	Norwich Road Runners	Male	65	39:12	65
69	102	39:10	Martin Farr	Lowestoft Road Runners	Male	66	39:16	69
70	136	39:10	Aidan Thorpe		Male	67	39:14	66

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
71	112	39:12	Mark Garrett	Norwich Road Runners	Male	68	39:15	67
72	357	39:12	Jack Stuttle		Male	69	39:21	74
73	82	39:16	Andy Mulligan	Coltishall Jaguars RC	Male	70	39:19	71
74	92	39:16	Rowan Stringer		Male	71	39:21	73
75	173	39:17	Mark Persich		Male	72	39:42	85
76	899	39:19	Chris Leek	Framlingham Flyers	Male	73	39:33	80
77	88	39:22	Luke Hubbard		Male	74	39:23	75
78	103	39:22	Billy Heseltine	Great Yarmouth Road Runners	Male	75	39:30	78
79	926	39:22	Steven Carruthers	Waveney Valley AC	Male	76	39:28	76
80	95	39:27	Westley Walker	Haverhill Running Club	Male	77	39:29	77
81	1329	39:32	James Ward		Male	78	39:33	79
82	220	39:32	Phil Whiting	Norfolk Gazelles AC	Male	79	39:36	82
83	62	39:34	Jack Adcock	City Of Norwich AC	Male	80	39:35	81
84	125	39:36	Todd Lake	Dereham Runners & AC	Male	81	39:38	83
85	124	39:36	Robert Wapshott	Hallamshire Harriers (Sheffield)	Male	82	39:43	88
86	189	39:38	Lee Collins		Male	83	39:43	86
87	144	39:39	Stephen Bonnot		Male	84	39:54	96
88	98	39:39	Chris Harrison	Norwich Road Runners	Male	85	39:42	84
89	2	39:41	Emma Risbey	City Of Norwich AC	Female	4	39:43	87
90	201	39:41	Jonathan Cordle	Norwich Road Runners	Male	86	39:46	89
91	126	39:42	Sam Russell	Wymondham AC	Male	87	39:54	95
92	121	39:44	James Fowler	Norfolk Gazelles AC	Male	88	39:49	92
93	127	39:44	Will Bamber		Male	89	39:55	97
94	114	39:44	Alistair Shearer	Wymondham AC	Male	90	39:47	90
95	1336	39:46	Jenni Muston		Female	5	39:51	93
96	84	39:46	Nigel Arnold	Norfolk Gazelles AC	Male	91	39:49	91
97	134	39:47	Matthew Porter	Norwich Road Runners	Male	92	39:58	100
98	413	39:48	Kieron McFarlane	Norwich Road Runners	Male	93	39:52	94
99	927	39:50	Peter Clarke	Diss and District AC	Male	94	39:56	99
100	156	39:51	David Houghton	Norwich Road Runners	Male	95	39:55	98
101	902	39:54	Matthew Thomas	Saxmundham Sports Running & Fitness Club	Male	96	40:07	103
102	883	40:00	Sam Jones		Male	97	40:06	102
103	943	40:01	Kevin Frazer	Wymondham AC	Male	98	40:05	101
104	130	40:07	Peter Green	Vegan Runners UK	Male	99	40:16	104
105	904	40:13	Chris Gray	Clapham Chasers	Male	100	40:21	106
106	93	40:14	Simon Baxter	Norwich Road Runners	Male	101	40:16	105
107	929	40:16	Robert Pope	Ely Runners	Male	102	40:25	108
108	909	40:19	Jacob Stares	City Of Norwich AC	Male	103	40:33	113
109	1411	40:20	Roberto Pena		Male	104	40:23	107
110	1349	40:24	Joe Denton		Male	105	40:28	110
111	914	40:25	Ian Bray	Norwich Road Runners	Male	106	40:30	112
112	342	40:25	Matt Jenkins		Male	107	40:27	109
113	86	40:27	Michael Wilkinson		Male	108	40:29	111
114	312	40:27	Tony McCallum		Male	109	40:35	114
115	1016	40:29	Les Hutchinson	Cherwell Runners and Joggers	Male	110	40:35	115
116	327	40:30	Sean Thompson	Wymondham AC	Male	111	40:37	116
117	104	40:32	Shaun Braybrook	Wymondham AC	Male	112	40:41	122
118	213	40:32	Richard Jones		Male	113	40:39	118
119	219	40:33	James Layton		Male	114	40:38	117
120	106	40:33	Lee Forder		Male	115	40:42	124
121	214	40:33	Jason Brunt	Norfolk Gazelles AC	Male	116	40:40	119
122	198	40:34	Sam Wenham		Male	117	40:44	125
123	193	40:34	Mark Clues	Tri-Anglia Triathlon Club	Male	118	40:42	123
124	1029	40:35	Paul Terreros		Male	119	40:40	120
125	939	40:36	Matt Philpot		Male	120	40:40	121
126	194	40:38	Chris Jones		Male	121	40:59	133
127	149	40:38	Craig Alexander	Tri-Anglia Triathlon Club	Male	122	41:26	155
128	466	40:41	David Thomson		Male	123	41:36	158
129	131	40:41	Darren Liversidge		Male	124	40:57	132
130	838	40:42	Stuart Buchan		Male	125	40:45	126
131	217	40:43	Samuel Pickford		Male	126	40:52	127
132	148	40:44	Radley Fenn	Coltishall Jaguars RC	Male	127	40:54	129
133	1337	40:45	Matthew Plane		Male	128	41:08	138
134	937	40:49	Chris Millsted		Male	129	40:54	128
135	1021	40:52	David Hinton		Male	130	40:54	130
136	965	40:52	Tom McCusker	Newmarket Joggers	Male	131	41:14	143
137	192	40:53	James Halsey		Male	132	40:55	131
138	324	40:56	Shay Walpole	Norwich Road Runners	Male	133	41:06	137
139	178	40:56	Simon Brighten		Male	134	41:00	134
140	188	40:56	Paul Owen		Male	135	41:01	135

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
141	290	40:57	Philip Brockington		Male	136	41:01	136
142	209	40:59	Dominic Richardson		Male	137	41:09	139
143	215	41:01	David Gibbs		Male	138	41:16	148
144	237	41:01	Peter Coe		Male	139	41:35	157
145	180	41:02	Peter Shackleton		Male	140	41:10	140
146	141	41:04	Aston Martin	Norwich Road Runners	Male	141	41:16	147
147	344	41:04	Alice Rees	City Of Norwich AC	Female	6	41:11	141
148	13	41:05	James Halls		Male	142	41:17	151
149	1285	41:05	Mark Banham		Male	143	41:15	146
150	171	41:06	James Carass	Great Yarmouth Road Runners	Male	144	41:15	145
151	196	41:07	Neil Button	Coltishall Jaguars RC	Male	145	41:17	149
152	1436	41:07	David Foreman	Norwich Road Runners	Male	146	41:19	152
153	75	41:08	Trevor Gannon	Norwich Road Runners	Male	147	41:12	142
154	99	41:10	Dominic Doggett		Male	148	41:17	150
155	70	41:12	Ashley Hobbs	Norwich Road Runners	Male	149	41:15	144
156	951	41:13	Andrew Buckley		Male	150	41:37	159
157	895	41:14	Steven Garland		Male	151	41:22	154
158	225	41:14	Will Layton	Tri-Anglia Triathlon Club	Male	152	41:20	153
159	1030	41:17	Adam Noakes		Male	153	42:20	192
160	898	41:21	Stuart Coe		Male	154	41:39	162
161	152	41:24	Daniel Tarr		Male	155	41:45	166
162	1063	41:24	Andrew Black		Male	156	41:46	167
163	236	41:27	Anthony Kendrick		Male	157	41:35	156
164	1009	41:27	Lee Fairweather		Male	158	41:57	173
165	924	41:29	Archie Campbell		Male	159	41:51	168
166	308	41:29	Patrick Benson		Male	160	41:53	171
167	261	41:31	Ross Ashton		Male	161	41:39	161
168	953	41:32	Phillip Bray		Male	162	41:40	163
169	22	41:32	Tyrone Young		Male	163	42:08	181
170	94	41:33	Stu Barnard	Wymondham AC	Male	164	41:38	160
171	1007	41:34	Jason Ford		Male	165	41:41	164
172	162	41:36	Jon Wiles	Bungay Black Dog RC	Male	166	41:43	165
173	962	41:36	Henry Morrison		Male	167	42:01	174
174	912	41:38	Simon Bales		Male	168	41:53	172
175	855	41:39	Rhys Foyster	City Of Norwich AC	Male	169	41:53	170
176	964	41:40	Richard Scargill		Male	170	42:33	201
177	160	41:40	Ronnie Mount	Norwich Road Runners	Male	171	41:52	169
178	242	41:46	Darren Woodward	Tri-Anglia Triathlon Club	Male	172	42:05	177
179	1022	41:49	Martijn Muntingh		Male	173	42:11	182
180	271	41:49	Howard Bailey		Male	174	44:55	323
181	177	41:51	Ian Bailey		Male	175	42:26	198
182	115	41:54	David Stevens		Male	176	42:02	175
183	377	41:55	Matt Tomlinson		Male	177	42:48	207
184	212	41:57	Matthew Bird		Male	178	42:12	186
185	949	41:58	John Fensom	Bungay Black Dog RC	Male	179	42:07	179
186	950	41:58	Steven Guy	City Of Norwich AC	Male	180	42:07	178
187	958	42:00	Tim Ford		Male	181	42:12	184
188	207	42:01	Jonathan Tucker		Male	182	42:15	188
189	1339	42:01	Carl Duckworth		Male	183	42:05	176
190	208	42:02	Mark Allen		Male	184	42:34	202
191	976	42:02	Paul Rose		Male	185	42:16	189
192	1028	42:04	Mark Storey	City Of Norwich AC	Male	186	42:11	183
193	190	42:04	Matt Clarke		Male	187	43:11	226
194	886	42:05	Rick Ward		Male	188	42:08	180
195	1069	42:05	Juliette Watkinson	Wymondham AC	Female	7	42:12	185
196	117	42:06	Alexandra Smith	Wymondham AC	Female	8	42:12	187
197	1361	42:08	Simon Bekker		Male	189	42:21	193
198	118	42:10	Andy Keeler		Male	190	42:19	190
199	963	42:10	Adam Parke		Male	191	42:25	197
200	167	42:10	Lewis Spurgin	Norwich Road Runners	Male	192	42:21	194
201	142	42:13	Richard Dade	Wymondham AC	Male	193	42:19	191
202	946	42:13	William Whittam	Norwich Road Runners	Male	194	42:24	196
203	480	42:15	Dom Copping		Male	195	42:30	200
204	957	42:16	Matt Collier	Norfolk Gazelles AC	Male	196	42:23	195
205	975	42:21	Jeremy Bell		Male	197	42:27	199
206	1083	42:26	Dean Howard	North Norfolk Beach Runners	Male	198	42:41	204
207	839	42:29	Alex McGregor		Male	199	42:59	212
208	68	42:30	Robert Skinn		Male	200	43:06	218
209	264	42:32	David Allum	Norfolk Harriers RC	Male	201	42:40	203
210	938	42:33	Shaun Copland	Norwich Road Runners	Male	202	43:13	229

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by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
211	348	42:33	Rose Waterman		Female	9	42:41	205
212	1064	42:33	Harry Hook		Male	203	42:58	210
213	705	42:38	Matthew Goldspink		Male	204	42:47	206
214	2152	42:39	George Shiplee		Male	205	45:41	376
215	989	42:41	Andrew Ayers	Waveney Valley AC	Male	206	42:58	211
216	158	42:41	Mark Shields		Male	207	43:19	234
217	238	42:43	Lee Wilson		Male	208	43:01	215
218	19	42:43	Roger Hyland		Male	209	42:53	208
219	2510	42:45	Paul Collins		Male	210	49:39	714
220	364	42:46	Owen Calder		Male	211	43:49	256
221	195	42:47	Mark Ogden		Male	212	42:54	209
222	1340	42:47	Catriona Ward Sell		Female	10	43:10	224
223	345	42:47	William Robb		Male	213	43:01	213
224	969	42:47	Jacob Wells		Male	214	43:19	235
225	1154	42:49	Matthew Fiske		Male	215	45:52	383
226	1496	42:49	Tom Bloomfield		Male	216	43:10	223
227	1000	42:49	Neil Bunnage	Norwich Road Runners	Male	217	43:01	216
228	1342	42:51	Cleveland Bennett		Male	218	43:05	217
229	1023	42:51	Sean Donoghue		Male	219	43:09	222
230	1100	42:54	George Crane		Male	220	43:26	242
231	278	42:55	Jason Corner	Coltishall Jaguars RC	Male	221	43:44	254
232	1351	42:56	Kevin Brown		Male	222	43:15	231
233	1128	42:56	Craig Smitherman	Norfolk Gazelles AC	Male	223	43:12	227
234	307	42:57	Stephen Benson		Male	224	43:22	239
235	267	42:59	Lewis Barrett		Male	225	43:01	214
236	1087	43:01	Stefan Payne		Male	226	43:14	230
237	319	43:02	Jason Hurst	Bungay Black Dog RC	Male	227	43:09	221
238	277	43:04	Steven Elvin	Tri-Anglia Triathlon Club	Male	228	43:09	220
239	218	43:04	Sam Evans		Male	229	43:18	233
240	174	43:04	Ben Burgess		Male	230	43:13	228
241	919	43:05	Ryan Kennedy	Norwich Road Runners	Male	231	43:15	232
242	258	43:05	Des Michael	Barnet & District AC	Male	232	43:09	219
243	91	43:06	Sam Powell		Male	233	43:37	249
244	1600	43:06	Laurence Hall		Male	234	46:08	402
245	241	43:08	Ashley Cairns		Male	235	43:10	225
246	181	43:10	Jody Warner	Norwich Road Runners	Male	236	43:21	237
247	245	43:13	Shaun Cleworth	Norwich Road Runners	Male	237	43:24	241
248	1611	43:13	Harry Crowe		Male	238	48:14	594
249	1113	43:14	Michael Quantrill	Waveney Valley AC	Male	239	43:31	246
250	745	43:14	Natalie King	Thetford AC	Female	11	43:20	236
251	497	43:14	Darren Moore		Male	240	43:33	247
252	933	43:16	Ricci Wilson	Waveney Valley AC	Male	241	43:22	238
253	140	43:19	Mark Ewin		Male	242	43:30	245
254	176	43:19	Jonny Cockerill		Male	243	43:35	248
255	1006	43:19	Rachel Bull		Female	12	43:24	240
256	1011	43:19	Kevin Sadd		Male	244	46:23	417
257	128	43:22	Richard Doyle		Male	245	43:27	243
258	1384	43:23	Christine Faulkner		Female	13	44:07	276
259	321	43:23	Ian Todd		Male	246	43:27	244
260	485	43:27	Tom Bartram		Male	247	43:42	251
261	440	43:29	Matt Earl		Male	248	43:37	250
262	510	43:29	Jamie Marrison		Male	249	44:01	268
263	1643	43:29	Daniel Johnstone		Male	250	46:32	428
264	707	43:31	Isabelle Pendleton		Female	14	44:11	279
265	465	43:33	Mark Griffin		Male	251	44:03	271
266	478	43:33	David Waters		Male	252	43:45	255
267	145	43:35	Gary Grand	Norwich Road Runners	Male	253	44:00	266
268	235	43:35	Lee Emmett	Coltishall Jaguars RC	Male	254	44:05	274
269	980	43:37	Mathew Green		Male	255	43:50	257
270	378	43:38	Sam Osborne		Male	256	43:42	252
271	629	43:39	Matthew Grimwood		Male	257	43:54	261
272	654	43:39	Jamie Garner		Male	258	44:19	288
273	893	43:39	Adam Craske	City Of Norwich AC	Male	259	43:42	253
274	666	43:40	Ben Player		Male	260	44:09	277
275	298	43:43	Mel Alexander		Female	15	44:29	296
276	918	43:44	Liam Swift		Male	261	44:02	269
277	599	43:44	David Gabell		Male	262	44:15	283
278	138	43:45	Dan Goodwin		Male	263	43:52	258
279	250	43:45	Ellie Wilkinson	East London Runners	Female	16	43:58	264
280	354	43:46	Andrew Callen	Diss and District AC	Male	264	43:56	262

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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
281	932	43:48	Helen Aldous	Diss and District AC	Female	17	43:54	259
282	670	43:48	Jason Yan		Male	265	46:53	459
283	1038	43:48	Lee Johnson	Three Counties Running Club	Male	266	44:59	330
284	332	43:48	Tom Campbell		Male	267	44:11	278
285	1004	43:48	John Drewry		Male	268	43:54	260
286	283	43:50	Daniel Smith		Male	269	44:02	270
287	223	43:50	Lorena Latisaite		Female	18	43:57	263
288	857	43:50	Ben Ling		Male	270	44:20	289
289	67	43:50	Dan Harris	GoodGym Race team	Male	271	43:59	265
290	57	43:51	Stephen Nicholls		Male	272	44:17	287
291	247	43:52	Ross Lenton		Male	273	44:27	294
292	164	43:53	Mark Merrywest		Male	274	44:14	282
293	285	43:54	Matthew Jones	City Of Norwich AC	Male	275	44:16	286
294	928	43:55	Lee Gooderham	Lowestoft Road Runners	Male	276	44:01	267
295	1065	43:55	Toby Armiger		Male	277	44:42	309
296	464	43:56	Mark Bloomfield		Male	278	44:25	293
297	551	43:57	Leon Edwards		Male	279	44:34	299
298	922	43:58	Colin Galer	Waveney Valley AC	Male	280	44:03	272
299	613	43:58	Olly Huggett		Male	281	44:51	316
300	1354	44:00	Christopher Steward		Male	282	44:20	290
301	1002	44:00	Sharon Hurren	Wymondham AC	Female	19	44:13	281
302	376	44:00	Richard Hancock	Norwich Road Runners	Male	283	44:38	302
303	182	44:00	Paul Chamberlain		Male	284	44:05	273
304	455	44:01	Jordan Isbill		Male	285	44:40	305
305	305	44:01	Andrew Cheshire		Male	286	44:53	318
306	170	44:02	Paul Suggitt		Male	287	44:15	284
307	346	44:02	Michael Hollidge	Waveney Valley AC	Male	288	44:06	275
308	221	44:02	Joe Howes		Male	289	44:16	285
309	186	44:04	Sam Webb		Male	290	44:12	280
310	1077	44:10	Theresa Dooley	Norfolk Gazelles AC	Female	20	44:25	292
311	570	44:12	Scott Bemment	Clapham Chasers	Male	291	44:28	295
312	1103	44:16	David Brammer		Male	292	44:39	304
313	971	44:16	Adam Thompson		Male	293	44:33	297
314	363	44:18	Erik Gibbons	Norwich Road Runners	Male	294	44:24	291
315	268	44:18	Caroline Houghton	Norwich Road Runners	Female	21	44:34	298
316	1206	44:18	Terry Hubbard	Great Yarmouth Road Runners	Male	295	44:39	303
317	313	44:20	Tom Buckham	Tri-Anglia Triathlon Club	Male	296	44:41	308
318	844	44:20	Jason Howes		Male	297	44:41	306
319	227	44:22	Daryl London	North Norfolk Beach Runners	Male	298	44:36	301
320	291	44:22	Tom Hutchings	Norfolk Gazelles AC	Male	299	44:56	325
321	504	44:22	Andrew Lockey		Male	300	45:20	353
322	2259	44:23	Greg Howard	Bure Valley Harriers	Male	301	47:27	517
323	1341	44:24	Will Kitchener		Male	302	45:22	355
324	1041	44:24	Mike Allum		Male	303	44:54	321
325	191	44:24	Nicholas Hood		Male	304	44:52	317
326	1408	44:25	Suzy Hill	Norwich Road Runners	Female	22	44:35	300
327	314	44:25	Matt Baldry	Waveney Valley AC	Male	305	44:42	311
328	1322	44:27	Toyah Ward		Female	23	44:49	314
329	251	44:27	Alex Walton		Male	306	44:48	313
330	380	44:28	Roly Cook		Male	307	44:41	307
331	523	44:29	Tom English		Male	308	44:58	328
332	402	44:29	Sean Ward		Male	309	44:42	310
333	1492	44:29	Simon Button		Male	310	44:54	320
334	3773	44:29	Jenna Lord	Norwich Road Runners	Female	24	50:31	809
335	887	44:30	Kim Bowling		Male	311	45:39	371
336	1273	44:31	Dan Perrin	Harborough Athletics Club	Male	312	45:08	342
337	460	44:31	Jim Fitch		Male	313	47:36	532
338	1386	44:32	Kieran Mellett		Male	314	45:19	351
339	1051	44:32	Wayne Easlea		Male	315	44:54	322
340	636	44:33	Iain Hill		Male	316	45:03	336
341	921	44:33	Ben Moore		Male	317	44:43	312
342	656	44:35	Leon Gooch		Male	318	45:02	334
343	1114	44:36	Oliver Dennis		Male	319	44:59	329
344	2208	44:37	Andrew Fleetwood		Male	320	48:15	597
345	349	44:37	David Hudson	Tri-Anglia Triathlon Club	Male	321	44:56	324
346	390	44:38	David Crow	Norwich Road Runners	Male	322	44:51	315
347	3998	44:38	Henry Horner-Glister		Male	323	50:41	825
348	453	44:39	Gav Smith		Male	324	45:00	331
349	420	44:42	Nick Smith		Male	325	45:23	356
350	329	44:42	Charlie Vogwill		Male	326	45:01	333

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
351	1147	44:43	Bonamy Grimes		Male	327	44:53	319
352	163	44:43	Craig Smallbone		Male	328	44:56	326
353	507	44:44	Toby Smith		Male	329	45:32	362
354	418	44:45	Stuart Clark		Male	330	45:16	349
355	280	44:45	Clive Steward		Male	331	45:03	335
356	459	44:46	Rachel Miller	Norwich Road Runners	Female	25	44:57	327
357	2362	44:46	Sam Poulter		Male	332	47:59	576
358	1309	44:46	Mark Nussey		Male	333	45:06	340
359	580	44:47	Tom Durrell		Male	334	45:47	382
360	494	44:47	Chris Furby		Male	335	45:38	370
361	634	44:48	Jonny Ray		Male	336	45:41	375
362	1075	44:49	James Paul	Sandbach Striders	Male	337	45:32	361
363	1036	44:49	Shaun Sparkes	Norwich Road Runners	Male	338	45:08	343
364	826	44:49	Autumn Hales	Bure Valley Harriers	Female	26	45:05	339
365	998	44:49	Simon Stevens		Male	339	45:25	357
366	20	44:49	James Hopgood		Male	340	45:36	367
367	601	44:51	Sean Cockrell		Male	341	46:00	392
368	644	44:55	Alexandra French	City Of Norwich AC	Female	27	45:11	345
369	427	44:55	Richard Looney		Male	342	45:01	332
370	284	44:56	Nicholas Hudson	Coltishall Jaguars RC	Male	343	45:17	350
371	1005	44:56	Luke Thompson		Male	344	45:13	347
372	979	44:57	Mark Armstrong		Male	345	45:36	366
373	984	44:58	Andrew Thomas	Great Yarmouth Road Runners	Male	346	45:07	341
374	276	44:58	Paul Reeve	Great Yarmouth Road Runners	Male	347	45:12	346
375	2369	44:59	Matt King		Male	348	48:06	586
376	1012	45:00	James Norman		Male	349	45:21	354
377	543	45:01	Alice Horney		Female	28	45:05	337
378	544	45:01	Nigel Horney	Keswick AC	Male	350	45:05	338
379	3091	45:03	Harry Burt		Male	351	51:08	861
380	1438	45:05	Daniel Stobbart		Male	352	45:39	372
381	222	45:06	Harriet Carr	City Of Norwich AC	Female	29	45:43	378
382	680	45:07	Pat Wallace		Male	353	45:10	344
383	272	45:07	Craig McCann		Male	354	45:33	363
384	452	45:07	Steve Bird	Tri-Anglia Triathlon Club	Male	355	45:20	352
385	146	45:07	Andrew Skiggs	Tri-Anglia Triathlon Club	Male	356	45:26	358
386	185	45:08	Emma Layton		Female	30	45:14	348
387	231	45:10	Marc Gridley		Male	357	45:52	384
388	476	45:11	Daniel Gilbert		Male	358	45:40	374
389	26	45:11	Alan Dawson		Male	359	45:39	373
390	3706	45:13	Vicky Brasnett		Female	31	52:14	946
391	567	45:14	Elly Young	Coltishall Jaguars RC	Female	32	46:04	396
392	1209	45:14	Daniel Gorton		Male	360	48:23	604
393	849	45:16	Byron McGill		Male	361	46:26	419
394	1186	45:18	Sam Dearing		Female	33	46:05	399
395	506	45:19	Shaun Marshall		Male	362	46:29	424
396	990	45:19	Richard Dolman	Thetford AC	Male	363	45:31	360
397	1350	45:21	Paul Freestone		Male	364	46:05	398
398	1185	45:21	William Cutts		Male	365	45:46	380
399	1078	45:21	Martin Doherty	Norfolk Gazelles AC	Male	366	46:18	412
400	1566	45:22	Manuel Oliveira		Male	367	48:25	608
401	462	45:23	Nic Redfern		Male	368	45:52	385
402	1489	45:25	Benjamin Kent		Male	369	48:44	634
403	972	45:25	Chris Vernon		Male	370	45:44	379
404	2366	45:27	Tom Moore		Male	371	48:32	615
405	677	45:27	Ian Moncur		Male	372	45:28	359
406	123	45:27	Michael Savvas		Male	373	49:59	747
407	901	45:27	Thomas Persich	Beccles Triathlon Club	Male	374	45:53	386
408	1112	45:27	Cameron Green		Male	375	45:34	364
409	246	45:27	Andy Bobbin		Male	376	46:03	395
410	394	45:27	Guy Shearwood	Norwich Road Runners	Male	377	45:54	387
411	421	45:29	David Kellaway	Dereham Runners & AC	Male	378	45:36	368
412	4969	45:29	Gintare Ravi		Female	34	54:32	1172
413	463	45:29	Darren Johnson		Male	379	46:36	432
414	960	45:30	Jason Elrick	Thetford AC	Male	380	45:37	369
415	282	45:31	Keith Blake	Norwich Road Runners	Male	381	45:35	365
416	1055	45:31	Bob Empson	Fulham RC	Male	382	45:41	377
417	265	45:32	Eva Wilkes	Norwich Road Runners	Female	35	45:54	388
418	825	45:32	Simon Howard		Male	383	46:45	447
419	288	45:33	David Powles		Male	384	46:06	400
420	150	45:33	Eddie Warren		Male	385	46:03	394

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
421	4230	45:34	Chloe Larkins		Female	36	52:32	977
422	275	45:35	James Larnder		Male	386	46:18	413
423	1327	45:36	Tom Leeder		Male	387	48:43	631
424	1347	45:36	Dan Edwards		Male	388	46:32	427
425	435	45:37	Mark Stone	Great Yarmouth Road Runners	Male	389	45:47	381
426	1415	45:40	Graeme Wooden		Male	390	46:51	456
427	2735	45:40	Matt Nelson		Male	391	49:15	679
428	617	45:41	Daniel Brocklehurst	Wymondham AC	Male	392	46:17	411
429	1171	45:41	Richard Moore		Male	393	46:45	449
430	243	45:42	Garry Whiting	Wymondham AC	Male	394	46:19	414
431	36	45:44	Rob Stevens		Male	395	45:54	389
432	1122	45:44	Gavin Moody	Newmarket Joggers	Male	396	45:58	390
433	432	45:45	Howard Harper	Coltishall Jaguars RC	Male	397	48:55	650
434	21	45:46	Andrew Piff		Male	398	46:20	415
435	382	45:47	Matthew Staff		Male	399	46:39	437
436	2808	45:47	Nicola Black		Female	37	50:08	763
437	1090	45:47	Steven Tuttle		Male	400	46:09	403
438	655	45:48	Andrew Clark		Male	401	46:10	404
439	675	45:48	Becky Willett	Norwich Road Runners	Female	38	45:59	391
440	17	45:48	Dan North		Male	402	46:47	453
441	230	45:48	Laura Jones		Female	39	46:34	430
442	266	45:50	Nick Ross	Norfolk Gazelles AC	Male	403	46:11	405
443	607	45:53	Richard Stanley		Male	404	46:05	397
444	649	45:53	Ben Halpin		Male	405	46:43	445
445	400	45:54	Stephen Ramm		Male	406	46:42	443
446	977	45:54	Paul Todd		Male	407	47:01	473
447	239	45:55	Doug Faulkner		Male	408	46:08	401
448	948	45:56	Andrew Barrett	Wymondham AC	Male	409	46:14	407
449	296	45:57	Elliott Wood		Male	410	46:22	416
450	205	45:57	Glen Nelson	Bure Valley Harriers	Male	411	46:02	393
451	379	45:57	Catherine Henery	City Of Norwich AC	Female	40	46:14	408
452	770	45:59	Jon Goodson		Male	412	46:50	455
453	1035	46:00	Maryanne Peters		Female	41	46:14	409
454	2126	46:02	David Wright		Male	413	49:06	662
455	993	46:02	Ruth MacKenzie	Durham City Harriers	Female	42	46:30	425
456	1080	46:02	Andrew Spencer		Male	414	46:35	431
457	519	46:03	Oliver Palmer		Male	415	47:08	484
458	738	46:03	Paul Baisley		Male	416	46:55	461
459	433	46:04	Chris Williams		Male	417	49:12	672
460	295	46:04	Lee Bryer		Male	418	46:46	452
461	1420	46:05	Chris Howard		Male	419	46:27	421
462	1388	46:05	Paul Utting		Male	420	47:20	506
463	2818	46:05	Reuben Barnard		Male	421	49:30	704
464	1082	46:06	Philip Rowland		Male	422	46:28	422
465	1364	46:06	Kevin Raisborough		Male	423	47:16	499
466	1076	46:07	Jason Black	Norfolk Gazelles AC	Male	424	46:41	441
467	853	46:08	Daniel Grocott		Male	425	47:09	485
468	724	46:08	Paul Richardson	Dereham Runners & AC	Male	426	46:25	418
469	228	46:08	Chris Sexton		Male	427	47:21	509
470	338	46:11	Nathan Wride		Male	428	46:26	420
471	310	46:11	Owen Reynolds		Male	429	46:12	406
472	248	46:12	Lucian Iftimie Hau		Male	430	46:16	410
473	854	46:12	Mark Sellick		Male	431	46:33	429
474	1391	46:12	Dan Skipper		Male	432	47:08	483
475	2583	46:13	Amit Marks		Male	433	49:25	696
476	614	46:13	Chris Kidd		Male	434	46:45	448
477	469	46:13	Mark Bircham		Male	435	46:38	434
478	1294	46:14	Ed Weller		Male	436	47:16	501
479	356	46:15	Claire Brown	Wymondham AC	Female	43	46:29	423
480	257	46:15	Sean Radford		Male	437	47:22	510
481	337	46:16	Katherine Trehane	Norfolk Gazelles AC	Female	44	47:29	522
482	1101	46:16	Liam Hogan		Male	438	47:23	513
483	860	46:16	Nicholas Dash	North Norfolk Beach Runners	Male	439	46:55	464
484	1353	46:16	Shaun Hurr		Male	440	46:58	470
485	430	46:16	Tim Lamb	Norfolk Harriers RC	Male	441	47:19	504
486	2852	46:17	Aaron Hooper		Male	442	49:34	708
487	1198	46:17	Alex Holland	Victoria Park Harriers	Male	443	46:32	426
488	2456	46:18	Charles Fry		Male	444	52:21	957
489	240	46:18	Jason Sparkes		Male	445	46:37	433
490	2376	46:18	William Terry		Male	446	49:45	727

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
491	1094	46:18	Chris Chorley	Bungay Black Dog RC	Male	447	47:29	523
492	1068	46:20	Paul Gallop		Male	448	46:52	458
493	3336	46:21	Duncan Eaglesham		Male	449	52:24	963
494	1645	46:22	Dale Larwood		Male	450	49:26	698
495	2192	46:22	Rueben Lane		Male	451	50:06	757
496	2742	46:23	Malcolm Fisher	Dereham Runners & AC	Male	452	49:35	709
497	23	46:26	Steve Blomfield		Male	453	47:03	477
498	981	46:27	Justin Pearce		Male	454	47:03	478
499	782	46:27	Anton Perkins		Male	455	46:52	457
500	445	46:28	Roisin Marks	Norwich Road Runners	Female	45	46:39	436
501	493	46:28	James Conley		Male	456	47:15	495
502	573	46:28	Tom Halliwell		Male	457	46:57	467
503	531	46:28	Mark Sharman		Male	458	46:58	469
504	294	46:28	Neil Walpole	Norwich Road Runners	Male	459	46:38	435
505	1104	46:29	David Neeve	Bungay Black Dog RC	Male	460	47:01	472
506	608	46:29	Sam Harbrow		Male	461	47:44	550
507	451	46:29	Pete Ward		Male	462	46:56	466
508	32	46:30	Anne Ellen	Norfolk Gazelles AC	Female	46	47:02	476
509	155	46:30	Amy Beck	Norwich Road Runners	Female	47	46:41	440
510	293	46:31	Michael Armes	Norwich Road Runners	Male	463	46:41	442
511	765	46:31	Kyle Hipperson		Male	464	49:36	711
512	107	46:32	Craig Speirs		Male	465	47:21	507
513	1357	46:32	Robert Stevens		Male	466	47:43	545
514	996	46:32	Steven Boast		Male	467	47:40	543
515	457	46:32	Matt Sanders		Male	468	46:55	463
516	1396	46:32	Neil Osborne		Male	469	47:06	480
517	315	46:33	Richard Crewe	Thetford AC	Male	470	46:40	439
518	232	46:35	Matthew Metcalf		Male	471	46:55	462
519	1121	46:35	Mark Winfield		Male	472	46:58	471
520	401	46:35	Andreas Paterson		Male	473	47:06	481
521	708	46:35	William Snagge		Male	474	46:56	465
522	840	46:35	Greg Scriven		Male	475	46:39	438
523	591	46:35	Tom Garland		Male	476	46:46	450
524	1214	46:36	Stuart Baker		Male	477	47:23	512
525	249	46:36	Nick Clarke		Male	478	46:50	454
526	505	46:38	Neil McDonald		Male	479	46:44	446
527	372	46:38	Richard Tubb	Wymondham AC	Male	480	47:15	494
528	477	46:39	Graham Worsfold		Male	481	46:46	451
529	1348	46:40	Matthew Renforth		Male	482	47:21	508
530	692	46:40	Neil Stevens		Male	483	49:44	721
531	244	46:40	Kevin Youngs	Norfolk Gazelles AC	Male	484	46:54	460
532	1164	46:41	Andrew Thompson	Ely Runners	Male	485	47:13	491
533	306	46:41	David Van Den Bergh		Male	486	47:02	474
534	848	46:42	Thomas Hunnisett	Saxmundham Sports Running & Fitness Club	Male	487	46:42	444
535	791	46:42	Gareth Allen		Male	488	47:20	505
536	610	46:42	Michael Clark		Male	489	47:17	503
537	343	46:42	Paul Dowson		Male	490	47:24	514
538	340	46:42	Martin McConnell	Norwich Road Runners	Male	491	49:50	734
539	535	46:43	Roger Madle		Male	492	46:57	468
540	1184	46:44	Jamie Tufts		Male	493	47:17	502
541	1037	46:44	Chris Greenough		Male	494	47:39	538
542	978	46:45	Robert Milner	Waveney Valley AC	Male	495	47:02	475
543	2909	46:46	Colin Brown		Male	496	50:11	767
544	292	46:47	Adrian Leddy		Male	497	47:05	479
545	1132	46:47	Martyn Benstead		Male	498	47:46	555
546	370	46:48	O Gillard-Eastop		Male	499	47:33	526
547	982	46:48	Joseph Tearle		Male	500	47:10	486
548	2658	46:48	Alex George		Male	501	50:23	789
549	1146	46:50	Steve Martin	Newark Striders	Male	502	47:22	511
550	29	46:50	Harvey Lake	City Of Norwich AC	Male	503	47:12	489
551	1260	46:50	Paul Cline	Ipswich Jaffa RC	Male	504	47:41	544
552	524	46:51	Simon Bransby	Norwich Road Runners	Male	505	47:14	493
553	501	46:52	Gary Reeve		Male	506	47:35	531
554	434	46:52	Stephen Knock		Male	507	47:28	521
555	368	46:53	Gary Linder	North Norfolk Beach Runners	Male	508	47:32	525
556	1897	46:53	Benjamin Hutchings		Male	509	50:01	749
557	2499	46:54	David MacKay		Male	510	50:12	769
558	85	46:54	Haydn Lyon	City Of Norwich AC	Male	511	47:16	500
559	520	46:54	Graeme Bentley		Male	512	47:28	518
560	691	46:55	Jonathan Abbs		Male	513	47:46	553

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
561	566	46:55	Richard Huggins	Norwich Road Runners	Male	514	47:13	492
562	304	46:56	Craig Farr	Dereham Runners & AC	Male	515	47:38	536
563	790	46:56	Jonathan McManus		Male	516	48:08	588
564	385	46:57	Sam Bartram		Male	517	47:12	488
565	216	46:58	Joshua Craske		Male	518	47:49	560
566	274	46:58	Andrew Rowles	Dereham Runners & AC	Male	519	47:06	482
567	316	46:59	Ian Jones	Wellingborough & District Athletics Club	Male	520	47:15	496
568	3319	46:59	Richard Smith		Male	521	54:02	1131
569	716	47:00	Gary Tuttle		Male	522	50:07	761
570	210	47:00	Lee Webster	City Of Norwich AC	Male	523	50:04	754
571	1145	47:01	Ryan Hickey		Male	524	47:11	487
572	339	47:01	Adam Pearce		Male	525	47:16	497
573	352	47:01	Mark Townsend		Male	526	47:25	516
574	270	47:01	Stacey Harper	Norwich Road Runners	Female	48	47:12	490
575	1954	47:02	Maria Lewis		Female	49	50:08	762
576	800	47:02	Peter Fox		Male	527	48:01	578
577	2236	47:03	Julie Hughes	Sherfield Park Runners	Female	50	50:06	760
578	947	47:03	Dean Preston		Male	528	47:33	527
579	137	47:03	Sam Bellotti	Thetford AC	Male	529	47:35	530
580	422	47:03	Jonathan Rowden	Norwich Road Runners	Male	530	47:56	570
581	1170	47:04	Liam Blofeld		Male	531	47:55	568
582	289	47:04	David Allen	Norwich Road Runners	Male	532	47:44	548
583	555	47:05	Sam Weller	North Norfolk Beach Runners	Male	533	47:43	546
584	633	47:07	Steven Mead		Male	534	47:51	564
585	792	47:07	Michael Strefford		Male	535	47:44	549
586	3113	47:07	Adam Carpenter		Male	536	53:09	1046
587	955	47:09	Stacy Tovell		Male	537	47:39	539
588	1563	47:09	Michelle Atkinson		Female	51	50:14	772
589	615	47:10	Chris Boyle		Male	538	47:45	551
590	1148	47:10	Steve Fisher		Male	539	48:05	582
591	1362	47:10	Lloyd Quinton		Male	540	47:24	515
592	2675	47:10	Oliver Dack		Male	541	50:25	797
593	1315	47:10	Teilo Pearce	Norfolk Harriers RC	Male	542	47:39	540
594	450	47:12	Kevin Ames		Male	543	47:51	562
595	371	47:12	Paul Spooner		Male	544	47:28	519
596	404	47:12	James Roberts		Male	545	47:45	552
597	1253	47:12	Ian Hawkes	Waveney Valley AC	Male	546	47:30	524
598	690	47:12	Steve Bell		Male	547	47:35	529
599	2335	47:13	Peter Adams		Male	548	51:29	890
600	386	47:13	Joe Blackwell		Male	549	47:16	498
601	1149	47:14	Julian Smith	Coltishall Jaguars RC	Male	550	48:03	580
602	384	47:14	Warren Newell		Male	551	47:39	541
603	373	47:14	Adrian Dyde	North Norfolk Beach Runners	Male	552	47:53	566
604	467	47:15	James Fullam		Male	553	47:28	520
605	1018	47:15	Emily Woodfield	Tri-Anglia Triathlon Club	Female	52	48:11	589
606	2438	47:16	Fiona Cooley		Female	53	50:33	810
607	1025	47:16	Garvan Foan		Male	554	47:34	528
608	5691	47:16	Jamie Riley		Male	555	50:41	824
609	374	47:16	Nicholas Richardson		Male	556	47:56	571
610	575	47:17	Nick Cason	Norfolk Gazelles AC	Male	557	48:13	593
611	503	47:17	Iain Inglis		Male	558	50:50	839
612	281	47:18	Stuart Baird		Male	559	48:04	581
613	740	47:18	Tom Clarke		Male	560	50:28	803
614	561	47:18	Matt Bailey		Male	561	50:40	820
615	1413	47:18	Terence Attwood		Male	562	50:55	846
616	1493	47:19	Gregory Stevenson		Male	563	50:25	792
617	1732	47:20	Alistair Laidlaw		Male	564	50:24	790
618	1397	47:21	Paul Sell		Male	565	48:31	612
619	4802	47:22	Philip Robinson		Male	566	56:25	1385
620	1070	47:23	Paul Dunthorne		Male	567	47:36	533
621	6650	0:47:23	Amelia Whiting	Norfolk Gazelles AC	Female	54	1:00:26	1839
622	1187	47:24	Andrew Green		Male	568	50:26	799
623	5151	47:24	Oliver Stone		Male	569	56:48	1437
624	1105	47:24	Rob Evans		Male	570	47:59	574
625	1331	47:25	Stuart Webber		Male	571	47:50	561
626	367	47:25	Ruth Gaunt	Norwich Road Runners	Female	55	47:37	534
627	233	47:26	Neil Boyce	Norwich Road Runners	Male	572	47:40	542
628	15	47:26	Kevin MacE	Norwich Road Runners	Male	573	47:38	537
629	426	47:27	Dale Cooper	Norfolk Harriers RC	Male	574	47:55	567
630	456	47:27	Michael Illingsworth	Waveney Valley AC	Male	575	47:43	547

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
631	490	47:27	Paul Eves	Norwich Road Runners	Male	576	48:05	583
632	618	47:27	Colin Oswald		Male	577	47:46	556
633	1111	47:27	Laszlo Pall		Male	578	50:48	836
634	2446	47:28	Roy Tait		Male	579	50:45	834
635	10	47:28	Wayne Ramsbottom	Dereham Runners & AC	Male	580	47:37	535
636	25	47:28	Josh Horton		Male	581	48:13	592
637	845	47:29	Daniel Clements		Male	582	47:56	569
638	1261	47:29	Sarah Keeble		Female	56	50:43	828
639	1143	47:30	Harley Peek		Male	583	47:59	575
640	803	47:30	Joseph Gilman		Male	584	48:05	585
641	1380	47:30	Carl Shipee		Male	585	47:51	563
642	640	47:31	Tom Steverson	Tri-Anglia Triathlon Club	Male	586	48:20	601
643	1713	47:31	William Stoner		Male	587	50:35	815
644	642	47:31	Andrea Kelly		Female	57	48:40	626
645	330	47:32	Sarah Stubbs	City Of Norwich AC	Female	58	47:48	558
646	986	47:32	Paul Rogers		Male	588	47:48	557
647	302	47:33	Sebastian Kubiesa		Male	589	50:43	832
648	229	47:33	Ryan Hills		Male	590	47:46	554
649	830	47:33	Steve Parry		Male	591	50:55	843
650	1118	47:35	Matthew Johnson		Male	592	47:52	565
651	5046	47:37	John Barrett		Male	593	57:04	1464
652	1390	47:37	Richard Pallett		Male	594	50:40	822
653	1928	47:37	Lee Frost		Male	595	50:58	851
654	4737	47:38	Katie Bacon		Female	59	56:43	1423
655	311	47:38	Tim Dixon		Male	596	50:43	831
656	589	47:38	Olly Glasspoole		Male	597	48:12	591
657	27	47:38	Rhys Vertigans		Male	598	48:05	584
658	2442	47:39	Morgan Jones		Male	599	51:09	866
659	2089	47:39	Matt Walker		Male	600	50:42	827
660	1091	47:41	Mark Holroyd		Male	601	51:05	859
661	624	47:41	Paul Durrant		Male	602	47:59	573
662	3968	47:41	Mark Flatman		Male	603	53:43	1100
663	606	47:42	Andrew Griffiths		Male	604	48:35	619
664	64	47:42	Daniel Halifax		Male	605	48:01	579
665	255	47:42	Michael Martin		Male	606	47:58	572
666	1296	47:43	Matthew Smith		Male	607	48:54	648
667	2149	47:43	John Bishop		Male	608	51:08	862
668	934	47:44	Nicci Manning		Female	60	47:49	559
669	529	47:45	William Mills		Male	609	48:43	633
670	1371	47:46	Hayley Strivens		Female	61	48:52	646
671	1715	47:46	Negar Mirshekar		Female	62	51:15	872
672	2418	47:46	James Deacon		Male	610	51:14	871
673	286	47:47	Matthew Spillman	Tri-Anglia Triathlon Club	Male	611	48:12	590
674	715	47:48	Melissa Clarke		Female	63	48:40	627
675	602	47:48	Jonathan Cracknell		Male	612	48:32	616
676	1205	47:48	Paul Knightley		Male	613	48:49	641
677	1125	47:48	Will Buck	Norwich Road Runners	Male	614	48:00	577
678	414	47:49	Christopher Doggett		Male	615	48:30	611
679	1673	47:50	John Gates		Male	616	51:09	868
680	2819	47:51	Jamie Rose		Male	617	51:00	855
681	1160	47:51	Edward Aveling		Male	618	48:37	622
682	2927	47:53	Sam Pope		Male	619	51:44	907
683	762	47:53	Emiliya Lazarova		Female	64	48:42	630
684	419	47:54	Eleanor Stevens	City Of Norwich AC	Female	65	48:16	598
685	852	47:54	Adam Leech		Male	620	48:47	639
686	1138	47:54	Andrew Thorpe		Male	621	48:22	603
687	2210	47:55	Steve Kitchener	North Norfolk Beach Runners	Male	622	51:26	885
688	1564	47:56	Andrew Barkell		Male	623	51:11	870
689	1255	47:57	James Nice	City Of Norwich AC	Male	624	48:15	596
690	484	47:57	Kieron Hetherington		Male	625	48:34	618
691	1402	47:57	Elies Mann		Female	66	48:26	610
692	1641	47:57	Neil Anderson		Male	626	51:52	917
693	366	47:57	Gary Cheesman		Male	627	48:26	609
694	2812	47:58	James Brabben		Male	628	51:57	927
695	671	47:58	Lisa Bolton		Female	67	48:44	636
696	483	48:00	Jack Ellwood		Male	629	48:36	621
697	2697	48:00	Helen Allman		Female	68	51:05	860
698	1165	48:01	Ryan Peacock		Male	630	48:20	602
699	184	48:01	Corin Thoday	Reepham Runners	Male	631	49:06	661
700	736	48:02	Emma Ray		Female	69	48:07	587

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
701	1172	48:02	David Mower	Waveney Valley AC	Male	632	51:08	864
702	1060	48:02	Alan Wadsworth	Northampton Road Runners	Male	633	48:35	620
703	1194	48:02	Adrian Sweeney		Male	634	48:43	632
704	4874	48:02	Garry Thompson		Male	635	58:27	1629
705	917	48:03	Peter Cooper		Male	636	48:14	595
706	967	48:03	Eddie Greenland	Great Yarmouth Road Runners	Male	637	48:18	600
707	1095	48:03	Jordan Hunt		Male	638	51:40	904
708	1193	48:03	Jonathan Mawer		Male	639	48:49	642
709	941	48:04	Andrew Pond	Tri-Anglia Triathlon Club	Male	640	48:17	599
710	744	48:04	Alex Coburn		Male	641	49:12	671
711	698	48:05	Joanne Walmsley	Wymondham AC	Female	70	48:53	647
712	2524	48:05	Jake Ward		Male	642	51:45	909
713	2838	48:05	Dominic Smith		Male	643	51:55	924
714	1257	48:05	Ashley Tyne	TriHarder	Male	644	48:24	606
715	999	48:05	Thomas Rivett	North Norfolk Beach Runners	Male	645	48:44	635
716	1441	48:07	James Bulman		Male	646	51:19	877
717	3108	48:07	Ben Warminger		Male	647	54:42	1195
718	1158	48:07	Justin Smith	Ely Runners	Male	648	48:39	625
719	3639	48:08	Steven Young		Male	649	55:45	1310
720	1010	48:09	Ashley Speight		Male	650	48:37	623
721	1092	48:10	Shaun Conway		Male	651	48:34	617
722	829	48:11	Rob Whittle		Male	652	51:16	874
723	696	48:11	Sarah Norman	Waveney Valley AC	Female	71	51:17	875
724	1756	48:11	Chris Fisher		Male	653	51:45	910
725	1179	48:11	Simon Farrow		Male	654	48:58	653
726	1190	48:11	Daniel Chapman		Male	655	48:32	613
727	1151	48:12	Steve Smith		Male	656	48:44	637
728	187	48:12	Stuart Peck		Male	657	48:48	640
729	590	48:13	Glenn Matthews		Male	658	51:38	902
730	509	48:14	Thomas Woods		Male	659	48:32	614
731	521	48:14	Robert Organ		Male	660	49:20	686
732	626	48:14	Steven Rix	Dereham Runners & AC	Male	661	48:24	605
733	1314	48:14	Richard Rance		Male	662	49:09	667
734	639	48:15	Andy Sexton		Male	663	48:38	624
735	609	48:15	Lewis Daniels		Male	664	49:24	692
736	2435	48:16	Frazer Brooks		Male	665	51:45	908
737	369	48:16	Dan Bell	Norwich Road Runners	Male	666	49:18	682
738	991	48:16	Richard Hubbard		Male	667	48:25	607
739	1150	48:17	Wayne Munns		Male	668	51:25	884
740	706	48:17	Adam Beckett		Male	669	48:47	638
741	1175	48:18	Clare Douglas	Stowmarket Striders RC	Female	72	52:25	968
742	576	48:18	Karyn Bray	Bure Valley Harriers	Female	73	49:02	659
743	1177	48:19	Indunil Gunawardena		Male	670	48:51	645
744	1640	48:19	Andrew Walker-Hall		Male	671	51:21	879
745	741	48:20	John Cashen		Male	672	48:56	652
746	1319	48:20	Jen Clarke		Female	74	51:23	881
747	424	48:23	Patrick Lock	Wymondham AC	Male	673	48:42	629
748	428	48:23	Rajesh Logasundaram		Male	674	49:12	673
749	1288	48:23	Jo Lockhart	Bungay Black Dog RC	Female	75	51:27	887
750	1026	48:25	Lee Glacken		Male	675	48:59	655
751	322	48:25	Jonathan Sinclair		Male	676	48:51	644
752	135	48:26	Martin Jackson	Grange Farm & Dunmow Runners	Male	677	52:20	952
753	449	48:27	Claudia Milburn	Fenland Running Club	Female	76	49:10	670
754	1264	48:27	Christopher Stones		Male	678	48:55	651
755	723	48:27	Robert Duncan		Male	679	51:38	899
756	2582	48:28	Alan Duncan		Male	680	51:38	901
757	1412	48:28	Aaron Thacker		Male	681	48:54	649
758	2575	48:28	Sam Woolcock		Male	682	54:33	1174
759	2926	48:29	Edward Clarke		Male	683	52:03	931
760	1718	48:29	Neil Burrage		Male	684	51:51	914
761	320	48:30	Deborah English	Norwich Road Runners	Female	77	48:41	628
762	2281	48:31	Edward Pinch	Tri-Anglia Triathlon Club	Male	685	52:56	1020
763	814	48:31	Peter Smith		Male	686	49:36	710
764	1651	48:32	Richard Tallowin		Male	687	52:51	1009
765	843	48:33	Shaun Rose		Male	688	49:00	656
766	1554	48:33	Simon Smith		Male	689	51:43	905
767	1133	48:33	C Christopherson		Female	78	49:18	680
768	3573	48:34	Francisco Artola		Male	690	54:37	1185
769	1039	48:35	Simon Andrews		Male	691	49:07	663
770	1313	48:35	Donnie Cameron		Male	692	49:13	675

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by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
771	254	48:35	David Allen		Male	693	49:25	695
772	1490	48:35	Bradley Watker		Male	694	51:38	900
773	1745	48:36	Ben Wilson		Male	695	52:48	1006
774	864	48:37	Bryn Mainwaring		Male	696	49:44	722
775	256	48:37	Steve Baldwin		Male	697	49:19	683
776	1141	48:37	Andy Robertson		Male	698	51:53	920
777	550	48:37	Marcus Sajnog		Male	699	49:33	707
778	1444	48:37	John Downs		Male	700	49:09	668
779	1774	48:38	Lee Rudd		Male	701	51:59	928
780	1789	48:38	Peter Crowley		Male	702	52:51	1008
781	549	48:39	Glyn Manton	Norwich Road Runners	Male	703	49:08	665
782	1216	48:39	Matt Deller		Male	704	51:54	922
783	1115	48:40	Mark Timm		Male	705	52:06	934
784	1395	48:40	Alasdair Hadden		Male	706	49:08	664
785	773	48:40	Daniel Crowder		Male	707	49:14	678
786	405	48:40	Christopher Dent		Male	708	49:01	658
787	804	48:41	Lisa Hall	Norwich Road Runners	Female	79	49:27	700
788	4004	48:41	Wayne Brandon		Male	709	54:44	1202
789	1019	48:41	Matt Wickham		Male	710	49:39	715
790	1192	48:42	Christopher Rickman		Male	711	48:50	643
791	1245	48:42	Paul Rogerson		Male	712	49:38	713
792	1770	48:42	Brooke Clarke		Female	80	51:47	912
793	468	48:43	Nick Saunders		Male	713	49:54	739
794	5934	48:43	Bevan Mills		Male	714	57:46	1558
795	1267	48:44	Peter Keogh	Norwich Road Runners	Male	715	49:13	674
796	6190	0:48:44	Westley Byford		Male	716	1:02:29	2094
797	1159	48:44	Ben Coghill		Male	717	49:29	702
798	1557	48:44	Alem Gebremedhin		Male	718	51:54	923
799	604	48:44	Andrew Hammond	Norfolk Gazelles AC	Male	719	49:18	681
800	540	48:44	George Webster		Male	720	49:53	738
801	2829	48:44	Louis Bond		Male	721	52:08	938
802	1180	48:45	James Savage		Male	722	49:04	660
803	684	48:45	Ashley Ruthven		Female	81	49:46	729
804	147	48:45	Paul Smith	Norwich Road Runners	Male	723	49:25	697
805	673	48:45	Craig Skipper		Male	724	51:51	916
806	709	48:46	Mark Ollett	Great Yarmouth Road Runners	Male	725	49:08	666
807	1430	48:47	Thomas Rowley		Male	726	49:51	735
808	211	48:47	Chloe Pellican		Female	82	49:00	657
809	588	48:47	Peter Single		Male	727	49:19	684
810	584	48:49	Louise Grinsdale		Female	83	49:44	723
811	3213	48:49	Shane Eke	Waveney Valley AC	Male	728	55:58	1328
812	835	48:49	Katie Allan		Female	84	51:52	919
813	616	48:49	Brittany Bathgate		Female	85	51:53	921
814	623	48:49	Lisa Oakley	North Norfolk Beach Runners	Female	86	49:39	716
815	1048	48:50	Charles Allen		Male	729	49:44	724
816	1776	48:51	Scott Roofe		Male	730	52:10	939
817	577	48:51	Ilona Utting	Norwich Road Runners	Female	87	49:56	742
818	3719	48:51	Samuel Southgate		Male	731	55:14	1255
819	518	48:51	Aaron Leverett		Male	732	49:59	746
820	2772	48:51	Neil Collins		Male	733	52:20	954
821	560	48:52	Sarah Crockett		Female	88	49:45	726
822	665	48:53	Charles Austin		Male	734	49:23	691
823	2718	48:54	Joe Faulkner		Male	735	52:23	961
824	1779	48:54	Liam Brown		Male	736	52:53	1013
825	359	48:56	Brian Elliott		Male	737	49:19	685
826	335	48:56	Niall Mahoney	Wymondham AC	Male	738	49:46	730
827	4173	48:56	Matthew Taylor		Male	739	55:06	1244
828	355	48:57	Phil Caley		Male	740	49:14	676
829	703	48:57	Wayne Rostant		Male	741	50:02	751
830	2255	48:57	Matthew Webber	Beccles & Bungay Harriers	Male	742	52:55	1017
831	731	48:57	Colin Richards		Male	743	49:22	690
832	4250	48:58	Richard Leighton		Male	744	55:56	1326
833	31	48:58	Dean Tovell		Male	745	53:19	1057
834	1419	48:58	Matthew Stone		Male	746	48:58	654
835	2858	48:59	Neil Dobson		Male	747	52:24	962
836	650	48:59	Anna Boden		Female	89	49:21	687
837	1913	48:59	Tony Harland		Male	748	52:47	1004
838	1163	49:00	Jeremy Hook		Male	749	49:26	699
839	3829	49:00	Peter Van Houten		Male	750	55:04	1236
840	2613	49:00	Jason Cowles		Male	751	52:16	949

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by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
841	858	49:00	Andrius Jefimovas		Male	752	49:10	669
842	683	49:01	Tim Seely		Male	753	49:46	728
843	204	49:01	Tristan Cossey		Male	754	50:05	756
844	1274	49:02	Juliette Meek	Ryston Runners	Female	90	49:22	688
845	1553	49:02	Jamie Childs		Male	755	52:25	967
846	1773	49:03	Chris Watling		Male	756	52:25	966
847	1280	49:03	Simon Feakes	Diss and District AC	Male	757	49:52	736
848	552	49:03	Deborah Blackwell		Female	91	49:14	677
849	2212	49:04	Dios Fernandez	Norwich Road Runners	Male	758	52:11	940
850	2430	49:04	James King		Male	759	53:08	1044
851	1712	49:05	Andrew Hannant		Male	760	52:08	937
852	1733	49:05	Jonny Burrell		Male	761	52:41	992
853	2370	49:05	Armin Palmer		Male	762	52:14	947
854	697	49:05	Chris Harvey		Male	763	52:13	941
855	515	49:06	Gav Dent		Male	764	50:19	782
856	678	49:06	Steve McCarthy		Male	765	49:53	737
857	758	49:06	Laura Morton	Norwich Road Runners	Female	92	49:28	701
858	1119	49:07	Todd Strehlow	Framlingham Flyers	Male	766	49:25	694
859	1176	49:07	Andrew Hart		Male	767	49:45	725
860	341	49:07	Oliver Gibbons		Male	768	52:14	944
861	545	49:07	Michael Quinton		Male	769	49:22	689
862	1947	49:08	Kerri Gibbons		Female	93	52:13	942
863	2876	49:09	K Harrington-Ball		Male	770	52:35	981
864	1692	49:11	James Bates		Male	771	52:55	1018
865	168	49:11	Ranieri Spina		Male	772	49:25	693
866	2416	49:11	Stephen Broom		Male	773	52:59	1026
867	856	49:12	Oliver Parris		Male	774	49:55	741
868	1916	49:12	Adam Piddock		Male	775	52:23	958
869	778	49:12	Chris Parsons		Male	776	50:25	794
870	3441	49:12	Allan McDuff		Male	777	55:42	1306
871	751	49:13	Robin Jones	Waveney Valley AC	Male	778	49:31	705
872	3896	49:13	Thomas Kerin		Male	779	55:19	1261
873	828	49:13	Richard Deswarte		Male	780	49:46	731
874	2865	49:14	Tom Clark		Male	781	52:24	964
875	448	49:14	Benjamin Morgan		Male	782	52:46	1000
876	585	49:14	Adam Lawrence		Male	783	50:04	753
877	4632	49:14	Ben Houldsworth		Male	784	58:20	1611
878	2566	49:14	Clive Johnson		Male	785	53:44	1101
879	1635	49:14	Andy McAlister		Male	786	52:23	959
880	1562	49:15	Ryan Higgins		Male	787	52:32	978
881	1366	49:15	Loz Harvey		Male	788	50:03	752
882	752	49:15	Andy Palmer	Norwich Road Runners	Male	789	49:43	720
883	4631	49:15	Guy Houldsworth		Male	790	58:21	1613
884	1983	49:15	Oliver Morgan		Male	791	52:38	989
885	2097	49:15	Alan Sillett		Male	792	52:21	956
886	931	49:15	Stewart Marden	Coltishall Jaguars RC	Male	793	49:57	744
887	2750	49:15	Caroline Dickens	North Norfolk Beach Runners	Female	94	52:59	1025
888	813	49:16	Ian Milburn	Fenland Running Club	Male	794	49:33	706
889	3865	49:16	Leo Stead		Male	795	56:18	1370
890	783	49:16	Darren Collison		Male	796	50:20	784
891	587	49:16	Lucy Campbell	Norfolk Harriers RC	Female	95	49:36	712
892	578	49:16	Steven Hitcham	Norwich Road Runners	Male	797	50:24	791
893	1867	49:16	Simon Grand		Male	798	52:27	970
894	6623	0:49:16	A Postle-Knowles		Male	799	1:02:20	2069
895	40	49:17	Nigel Bradley	Wymondham AC	Male	800	50:17	777
896	360	49:18	Shaun Wilkinson		Male	801	50:25	795
897	2849	49:18	Daniel Reynolds		Male	802	52:43	995
898	2462	49:19	Malcolm Jones		Male	803	52:35	983
899	517	49:19	David Jay		Male	804	50:06	758
900	2863	49:19	Rael Optimus Turnell		Male	805	52:38	986
901	582	49:19	Ben Winstanley		Male	806	50:14	770
902	635	49:19	Mark Sanders		Male	807	50:22	786
903	784	49:20	Ben Makepeace		Male	808	49:58	745
904	1585	49:20	Oliver Bellotti		Male	809	53:32	1078
905	417	49:20	James Hoyle		Male	810	50:14	773
906	157	49:21	Paul Tripp		Male	811	50:20	783
907	593	49:21	Alexander Pendleton		Male	812	50:01	748
908	995	49:21	Carl Beaney		Male	813	49:40	718
909	968	49:23	Dale Skoulding	Bungay Black Dog RC	Male	814	49:30	703
910	3365	49:23	Ian Archer		Male	815	55:25	1273

Run Norwich

5th August 2018

RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
911	1015	49:23	Mrs Lisa Marie		Female	96	50:06	759
912	973	49:23	L Chipperfield		Male	816	50:14	771
913	396	49:24	Michael Townsend		Male	817	50:15	775
914	333	49:24	Joshua Lane	Norwich Road Runners	Male	818	52:31	975
915	2847	49:24	Shaun Long		Male	819	52:54	1016
916	358	49:24	David Wyatt		Male	820	50:15	774
917	2688	49:24	Mark Watson		Male	821	52:44	997
918	1067	49:24	Brett Atkins		Male	822	49:40	717
919	1040	49:25	Joshua Cadwallader		Male	823	50:33	811
920	3506	49:25	Brett Cornish	Norwich Road Runners	Male	824	55:38	1298
921	2489	49:26	Edward Clarke		Male	825	52:29	972
922	1269	49:26	James Grantham	Harling Athletic Club	Male	826	50:04	755
923	2336	49:26	Ben Hallatt		Male	827	53:06	1040
924	2214	49:26	Liam Hackett	Norwich Road Runners	Male	828	52:54	1014
925	1200	49:26	Andy Wood		Male	829	50:02	750
926	2408	49:26	Tim Gunter		Male	830	53:02	1032
927	1299	49:27	Sam Collard		Male	831	50:30	808
928	959	49:27	Callum Harling		Male	832	50:26	798
929	1197	49:27	Adam Thompson		Male	833	49:49	732
930	966	49:27	Dan Cole	Halstead RRC	Male	834	50:34	812
931	1276	49:27	Nick Lawrence		Male	835	52:32	976
932	1290	49:28	Rachel Plant	Lowestoft Road Runners	Female	97	50:34	813
933	742	49:29	Stephen Charman		Male	836	50:39	819
934	1747	49:29	Steve Sanders		Male	837	53:04	1038
935	750	49:29	Andrew Wicks		Male	838	52:38	988
936	733	49:30	Anthony Howard		Male	839	50:22	787
937	2822	49:30	Andew Doyle		Male	840	52:35	980
938	4886	49:30	Shaun Long		Male	841	58:32	1639
939	777	49:30	Gerry Watson	Wymondham AC	Male	842	49:54	740
940	499	49:30	Richard Manington		Male	843	50:10	765
941	1324	49:30	Joe Parker		Male	844	49:42	719
942	2531	49:30	Adrian Lincoln		Male	845	53:05	1039
943	1258	49:31	David Palmer		Male	846	50:29	806
944	392	49:33	Richard Tatterton	Felixstowe RRC	Male	847	49:50	733
945	7416	0:49:34	Oliver Harman-Howes		Male	848	1:05:25	2481
946	1666	49:35	David Bell		Male	849	56:11	1355
947	403	49:36	Matt Richardson		Male	850	50:11	766
948	2619	49:36	Mark Cutting		Male	851	52:44	996
949	279	49:37	Liam Tanner		Male	852	50:18	780
950	1578	49:38	Sarah Pickard		Female	98	52:54	1015
951	1045	49:38	Daniel Critoph	Waveney Valley AC	Male	853	49:56	743
952	1106	49:38	David Washer		Male	854	50:25	796
953	200	49:38	Samual Brown		Male	855	52:46	1002
954	3950	49:38	Colin Lockwood		Male	856	57:13	1491
955	1291	49:40	James Barnes		Male	857	58:55	1700
956	33	49:40	Gareth Thompson		Male	858	52:46	1001
957	2294	49:40	Tris Holtzer	Waveney Valley AC	Male	859	53:03	1035
958	6192	0:49:42	Jonathan Percival		Male	860	1:02:53	2146
959	1552	49:42	Chris Armes		Male	861	53:46	1103
960	1249	49:43	John Bone	Great Yarmouth Road Runners	Male	862	50:18	781
961	768	49:44	Ian Fisher		Male	863	53:03	1034
962	546	49:44	Ben Hing		Male	864	53:33	1080
963	1303	49:44	James Heron		Male	865	50:55	845
964	387	0:49:44	Simon Gibson	North Norfolk Beach Runners	Male	866	1:01:21	1946
965	2443	49:45	Angela Bower		Female	99	52:58	1024
966	717	49:45	Ruth Steele	Norwich Road Runners	Female	100	50:11	768
967	1057	49:45	Jonathan Harrold		Male	867	50:40	821
968	942	49:45	Chris Linehan		Male	868	50:15	776
969	728	49:46	Brad Rivers		Male	869	50:36	816
970	511	49:46	Neil Timms		Male	870	50:49	837
971	621	49:46	Joel Nelson		Male	871	50:41	823
972	4133	49:46	Andrew Bell		Male	872	56:20	1376
973	5327	49:47	Amis Clifford		Male	873	58:49	1682
974	1693	49:47	Spencer Ellis		Male	874	53:21	1059
975	851	49:47	Kevin Farquhar	Ryston Runners	Male	875	50:42	826
976	1326	49:47	Victoria Walker		Female	101	50:27	802
977	1577	49:47	Ian Arrowsmith		Male	876	53:48	1110
978	1047	49:47	Brett Fordham		Male	877	50:47	835
979	732	49:47	Cameron Heath		Male	878	50:57	848
980	870	49:47	Matthew Freezer	Dereham Runners & AC	Male	879	50:30	807

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
981	2897	49:47	Wes McIntosh		Male	880	52:52	1011
982	1181	49:48	Richard Dye	Bungay Black Dog RC	Male	881	50:59	852
983	818	49:48	Helen Haywood		Female	102	50:37	817
984	1689	49:48	Amy Vallis		Female	103	52:59	1027
985	1369	49:48	Jason Peck		Male	882	50:09	764
986	4058	49:49	Christopher Burt		Male	883	55:41	1303
987	817	49:49	Alexander Cockburn		Male	884	50:37	818
988	3520	49:49	Tom Flahive		Male	885	54:19	1153
989	2395	49:52	Greg Mills		Male	886	53:07	1043
990	297	49:52	Mark Gotts		Male	887	50:22	788
991	645	49:52	Uzoma Ihedoro		Male	888	53:01	1030
992	1996	49:52	Alycia Thomson		Female	104	53:48	1109
993	1791	49:52	Andy Oakley		Male	889	53:06	1042
994	863	49:53	Robert Walton		Male	890	52:57	1022
995	6545	0:49:53	Liam Upton		Male	891	1:03:56	2278
996	527	49:53	Ian Carrell		Male	892	50:27	800
997	395	49:53	Kathryn Head	North Norfolk Beach Runners	Female	105	50:52	842
998	2407	49:53	Hugh Worsnop		Male	893	53:28	1067
999	672	49:54	Louise Wilkinson	City Of Norwich AC	Female	106	50:29	805
1000	807	49:55	Joanna Godwin	Wymondham AC	Female	107	51:03	857
1001	1286	49:56	Robert Fleetcroft		Male	894	50:27	801
1002	2506	49:56	Simon Kemp		Male	895	53:28	1066
1003	568	49:57	Kevin Powles		Male	896	53:03	1037
1004	1153	49:57	Adam Haylett		Male	897	50:34	814
1005	712	49:58	Owen Hoy		Male	898	53:31	1075
1006	1644	49:58	Steven Mills		Male	899	53:13	1050
1007	1027	49:58	Martin Goulder		Male	900	53:17	1055
1008	789	49:58	Steve Hutchinson		Male	901	50:51	841
1009	1102	49:58	George Burton	QBE Running Club	Male	902	50:44	833
1010	1250	49:59	Stuart Andrews		Male	903	51:00	854
1011	3486	49:59	Heidi Isbill		Female	108	56:04	1339
1012	2490	0:50:00	Toby Meek		Male	904	1:00:47	1883
1013	1901	50:00	Beverley Marshall		Female	109	56:05	1341
1014	399	50:00	James Pritchard		Male	905	51:09	865
1015	260	50:00	Liam Marshall		Male	906	50:17	779
1016	556	50:01	Theresa Colby	Norwich Road Runners	Female	110	50:17	778
1017	472	50:01	Silje Hovstad	City Of Norwich AC	Female	111	50:25	793
1018	2869	50:02	Dean Burrage		Male	907	53:18	1056
1019	1215	50:03	A Gilbert-Dunnings		Male	908	54:26	1166
1020	682	50:03	Craig Blakemore		Male	909	51:04	858
1021	788	50:03	Max Sargeant		Male	910	50:29	804
1022	2762	50:03	Clive Purbrook	Newmarket Joggers	Male	911	53:16	1053
1023	1330	50:03	Paul Reed		Male	912	51:09	869
1024	1649	50:03	David Hunt		Male	913	53:37	1090
1025	2388	50:03	Kevin Whittred		Male	914	56:07	1343
1026	1233	50:04	Richard Edwards		Male	915	50:57	849
1027	1661	50:05	Rachel Matthews		Female	112	54:02	1132
1028	1631	50:05	Stuart Simpson		Male	916	53:42	1099
1029	686	50:06	Susan Aves	Springfield Striders RC	Female	113	50:43	829
1030	479	50:06	Paul Higgins		Male	917	53:37	1088
1031	820	50:06	Santino Piccoli		Male	918	50:50	838
1032	2770	50:07	Hayley Anne Coates	Saint Edmund Pacers	Female	114	54:35	1180
1033	2473	50:08	Tobias Ellenor		Male	919	53:27	1065
1034	1323	50:09	Daniel Gibb		Male	920	50:20	785
1035	660	50:10	Declan Nicol		Male	921	53:39	1095
1036	3433	50:10	Jonathan Snelling		Male	922	56:18	1371
1037	4685	50:10	Matthew Nichols		Male	923	59:12	1724
1038	1137	50:10	Neil Dennis	Stowmarket Striders RC	Male	924	51:03	856
1039	502	50:11	John Reeve		Male	925	50:55	844
1040	5672	0:50:11	Sarah Fitzgerald		Female	115	1:00:06	1805
1041	834	50:12	James Kent		Male	926	53:16	1052
1042	353	50:13	Stuart Thompson		Male	927	50:50	840
1043	2217	50:13	Julia Perry	Norwich Road Runners	Female	116	56:16	1365
1044	1567	50:14	Steven Cleveland		Male	928	53:29	1070
1045	498	50:14	Sam Bence		Male	929	53:22	1061
1046	2594	50:15	Nathan Lake		Male	930	54:52	1213
1047	1618	50:16	Michael Bailey		Male	931	53:53	1120
1048	1790	50:16	Daniel Burrett		Male	932	53:56	1125
1049	815	50:16	Matthew Jones		Male	933	51:22	880
1050	388	50:16	Declan Green		Male	934	54:51	1211

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1051	2726	50:16	Simon Burke		Male	935	53:34	1085
1052	603	50:17	Paul Smithson		Male	936	50:55	847
1053	809	50:17	Martin Hanner		Male	937	50:43	830
1054	5065	50:18	Michael Bradley		Male	938	59:27	1746
1055	1886	50:18	Gareth Payne		Male	939	53:37	1089
1056	1755	50:18	Chris Francis		Male	940	53:33	1081
1057	1074	50:18	Chris Boden		Male	941	51:08	863
1058	3142	50:19	Dylan Thomas	Norfolk Harriers RC	Male	942	56:34	1403
1059	2371	50:19	Sally Bryson		Female	117	53:37	1087
1060	3725	50:19	Anthony Munro		Male	943	56:47	1435
1061	541	50:20	Rebecca Ferris		Female	118	53:32	1077
1062	2587	50:20	Andrew Hustler		Male	944	53:42	1098
1063	542	50:21	Nipuna Senaratne		Male	945	53:32	1079
1064	4063	50:21	Paula Lawson		Female	119	56:31	1399
1065	1676	50:22	Matthew Downing		Male	946	53:50	1116
1066	7072	0:50:22	Scott Bruce	Lowestoft Road Runners	Male	947	1:03:48	2261
1067	5320	0:50:23	George Wheadon		Male	948	1:00:07	1808
1068	6170	0:50:23	Richard Clinnick		Male	949	1:03:30	2223
1069	3177	50:24	Tom Musker		Male	950	56:50	1440
1070	648	50:25	Mark Whiting		Male	951	53:31	1076
1071	2385	50:25	Greg Pearson		Male	952	54:05	1135
1072	812	50:26	Adam Palmer		Male	953	51:23	882
1073	336	50:26	Toby Moy	Warwick University Athletics and Cross Country Clu	Male	954	54:24	1163
1074	1796	50:26	Ed Bailey		Male	955	53:48	1108
1075	1851	50:27	Charlotte Mintz		Female	120	53:39	1093
1076	2409	50:27	Ursie Webber		Female	121	54:08	1139
1077	1709	50:28	Ben Blewitt		Male	956	53:49	1113
1078	2595	50:29	Chris Parke		Male	957	53:40	1096
1079	1760	50:29	Matthew Hamm		Male	958	57:02	1458
1080	1807	50:29	Alex Marshall		Male	959	53:48	1112
1081	2868	50:30	Grant Wheeler		Male	960	53:38	1092
1082	2855	50:30	Mike Rout		Male	961	53:34	1082
1083	1705	50:30	Liam Ray		Male	962	54:19	1154
1084	1372	50:30	Ben De Tarrier		Male	963	50:57	850
1085	1433	50:30	Chris Edwards		Male	964	55:04	1235
1086	2588	50:30	Chris Ghent		Male	965	53:53	1118
1087	1130	50:30	Matt Goode		Male	966	54:35	1178
1088	513	50:31	Will Robinson		Male	967	57:40	1548
1089	1140	50:31	Steve Wheatley		Male	968	51:29	891
1090	1178	50:31	Craig Knights		Male	969	51:09	867
1091	2414	50:33	Paul Lawrence		Male	970	54:40	1190
1092	2426	50:34	Stephen Riches		Male	971	53:50	1115
1093	1671	50:35	Stuart Odell		Male	972	53:39	1094
1094	1497	50:36	Michael Payne		Male	973	51:33	896
1095	1876	50:36	Scott Hollings		Male	974	53:54	1121
1096	3380	50:36	Neil Sallis		Male	975	56:45	1430
1097	4660	0:50:37	Ben Liddiard		Male	976	1:01:24	1951
1098	492	50:38	Craig Spurr		Male	977	51:27	886
1099	1882	50:38	Adam Kobylecki		Male	978	53:48	1111
1100	538	50:38	Grant King		Male	979	53:44	1102
1101	822	50:39	Stephen Pointing		Male	980	55:00	1227
1102	2496	50:39	Madison Wright		Female	122	54:12	1146
1103	1277	50:41	Kate Childs		Female	123	51:24	883
1104	2474	50:42	Paul Myhill		Male	981	53:46	1104
1105	3126	50:42	Glynn White		Male	982	57:06	1467
1106	491	50:43	Matthew Paul		Male	983	53:53	1119
1107	1638	50:43	Lauren Kemp		Female	124	54:34	1175
1108	2229	50:43	Ruth Hoyle	Norwich Road Runners	Female	125	53:54	1122
1109	5842	0:50:43	Joseph Royal		Male	984	1:00:31	1849
1110	318	50:44	Navin Kumar Ghosh		Male	985	55:14	1256
1111	2597	50:44	Craig Parke		Male	986	53:56	1124
1112	2508	50:45	Robert Hemmens		Male	987	53:57	1128
1113	262	50:45	Richard Palmer		Male	988	54:07	1138
1114	1763	50:45	Adam Gilbertson		Male	989	55:02	1231
1115	1378	50:46	James Fearne		Male	990	54:27	1167
1116	1376	50:46	Philip Nicholson		Male	991	50:59	853
1117	2851	50:46	Andrew Fearne		Male	992	54:28	1168
1118	4016	50:47	Jenna Harper		Female	126	56:55	1448
1119	1728	50:48	Ben Davis		Male	993	54:09	1140
1120	1962	50:49	Kelly Bailey		Female	127	54:10	1142

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1121	5437	0:50:49	Rebecca Westmoreland	Coltishall Jaguars RC	Female	128	1:00:01	1795
1122	4794	50:49	Farz Seddigh		Male	994	59:51	1778
1123	596	50:49	Richard Crossland	Bungay Black Dog RC	Male	995	54:02	1133
1124	2303	50:50	Debbie Powles	Norfolk Gazelles AC	Female	129	55:18	1258
1125	514	50:50	Mal Taylor		Male	996	51:28	888
1126	2464	50:50	Richard Holland		Male	997	54:12	1147
1127	1222	50:51	Adam Britcher		Male	998	51:55	925
1128	2467	50:51	George Wadsley		Male	999	54:56	1220
1129	1265	50:51	Joanna Clarke		Female	130	51:15	873
1130	2882	0:50:51	Paul Smith		Male	1000	1:04:56	2411
1131	1759	50:52	Tiffany Atkinson		Female	131	54:18	1151
1132	1607	50:52	Jonathan Shackshaft		Male	1001	53:57	1126
1133	2363	50:53	Lindsay Black		Female	132	54:00	1130
1134	4761	0:50:53	Mark Read		Male	1002	1:00:05	1804
1135	4083	50:54	Antony Davies		Male	1003	57:03	1461
1136	2425	50:54	David Hart		Male	1004	53:57	1127
1137	1311	50:54	Steve Brown	North Norfolk Beach Runners	Male	1005	51:47	911
1138	1183	50:55	Donna Guy		Female	133	51:18	876
1139	781	50:55	Alex Sellers		Male	1006	54:07	1137
1140	2365	50:55	Julie Austin		Female	134	54:20	1156
1141	806	50:56	Emma Meiring	Bungay Black Dog RC	Female	135	54:11	1145
1142	638	50:57	Rosie Sexton		Female	136	51:20	878
1143	2612	50:57	Joe Meadows		Male	1007	54:48	1207
1144	526	50:57	Josef Konieczny		Male	1008	52:07	935
1145	3360	50:57	Huseyin Girgin		Male	1009	57:28	1525
1146	1219	50:58	James Snow		Male	1010	54:13	1149
1147	3859	51:00	Adam Buffin		Male	1011	57:12	1487
1148	2106	51:00	Steve Lawrence		Male	1012	54:10	1143
1149	5633	0:51:00	Richard Paterson	Gordonian Running Club	Male	1013	1:01:32	1971
1150	1228	51:00	Julian Hanton		Male	1014	51:32	893
1151	5319	0:51:00	Drew Mason		Male	1015	1:00:44	1875
1152	1735	51:01	Timothy Howard		Male	1016	54:46	1203
1153	5397	0:51:01	David Nolloth		Male	1017	1:00:03	1799
1154	3140	51:01	Mathew Gill		Male	1018	57:16	1499
1155	3430	51:01	Ashley Judd		Male	1019	57:18	1502
1156	2005	51:02	Adam Julian		Male	1020	58:35	1644
1157	4113	51:02	Rob Leigh		Male	1021	57:16	1496
1158	43	51:02	Glenn Orford		Male	1022	51:52	918
1159	704	51:02	Lewis Brooker		Male	1023	52:01	929
1160	558	51:02	Amanda Hards		Female	137	51:34	897
1161	1573	51:03	Daniel Frappell		Male	1024	55:05	1242
1162	1670	51:04	Kieran Rudrum		Male	1025	55:01	1228
1163	2239	51:04	Giles Kerkham	Norwich Road Runners	Male	1026	54:22	1161
1164	2512	51:05	Dave Wilson		Male	1027	54:48	1206
1165	1717	51:05	Ray Prescott		Male	1028	54:49	1210
1166	1144	51:06	Tony Beales	Wymondham AC	Male	1029	51:43	906
1167	2791	51:07	Maria Goodby	Bungay Black Dog RC	Female	138	54:12	1148
1168	4658	0:51:07	Sam Moon		Male	1030	1:00:32	1851
1169	831	51:07	Conor Marks		Male	1031	54:35	1179
1170	4948	0:51:08	Graham Stothard		Male	1032	1:01:07	1927
1171	662	51:08	Matthew Hinchliffe		Male	1033	52:14	945
1172	1590	51:08	Rick Page		Male	1034	54:44	1200
1173	381	51:08	Dave Walton		Male	1035	51:33	895
1174	4404	51:08	Paul Redbarnes		Male	1036	57:11	1483
1175	824	51:08	James Hipperson		Male	1037	51:39	903
1176	3259	51:09	Jonny Sayer		Male	1038	57:27	1523
1177	1344	51:09	Oliver Hurren		Male	1039	51:36	898
1178	4003	51:09	Lee Ingram		Male	1040	57:26	1520
1179	2513	51:10	Jason Wilson		Male	1041	54:19	1155
1180	2367	51:10	Craig Gage		Male	1042	54:30	1170
1181	1488	51:10	Emily King		Female	139	51:28	889
1182	1579	51:11	James O'Grady		Male	1043	54:28	1169
1183	3205	51:11	J Kendrick-Eriksen		Male	1044	57:32	1536
1184	1595	51:12	Karl Steward		Male	1045	54:21	1157
1185	1710	51:13	Andrew Hardy		Male	1046	54:33	1173
1186	646	51:15	Daryl Aldous		Male	1047	52:02	930
1187	647	51:16	Barry Grimes		Male	1048	54:25	1164
1188	1345	51:16	Jim Moran		Male	1049	57:29	1526
1189	2397	51:16	Jason Knights		Male	1050	55:05	1239
1190	1317	51:17	Edward Young		Male	1051	52:04	932

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1191	3876	51:17	Andy Kurton	Wymondham AC	Male	1052	57:37	1544
1192	2482	51:17	Tony Wenlock		Male	1053	55:24	1271
1193	7384	0:51:17	Liam Catchpole		Male	1054	1:04:20	2321
1194	6291	51:18	Mo Bah		Male	1055	51:31	892
1195	729	51:18	Mark Noakes		Male	1056	52:20	953
1196	2546	51:18	May Wong		Female	140	54:37	1182
1197	1116	51:18	Graham O'Hara		Male	1057	54:46	1205
1198	572	51:19	James Fee		Male	1058	52:16	948
1199	1684	51:19	Caroline Bidewell		Female	141	55:13	1254
1200	1565	51:19	Anthony Hughes		Male	1059	56:08	1345
1201	1370	51:19	Melissa Baker		Female	142	51:32	894
1202	2563	51:19	Russell Harmer		Male	1060	54:39	1187
1203	1665	51:22	Marian Crossland		Female	143	54:36	1181
1204	795	51:22	Emily Goodey		Female	144	52:30	974
1205	1949	51:23	Marie Clark		Female	145	54:46	1204
1206	1725	51:23	Tom Newman		Male	1061	57:30	1530
1207	2879	51:23	Shaun Mary		Male	1062	55:06	1243
1208	776	51:23	Matt Howes	Norwich Road Runners	Male	1063	55:39	1300
1209	2767	51:23	Mark Fowler	Norfolk Gazelles AC	Male	1064	55:01	1229
1210	1956	51:23	Adam McClelland		Male	1065	54:49	1209
1211	2892	51:23	Charlotte Garden		Female	146	54:40	1189
1212	2285	51:23	Simon Smith	Bungay Black Dog RC	Male	1066	55:17	1257
1213	1437	51:23	Arpit Jain		Male	1067	55:21	1265
1214	1363	51:24	Daniel Andrews		Male	1068	54:40	1191
1215	676	51:24	Alison Stewart	Norwich Road Runners	Female	147	52:13	943
1216	1933	51:25	Gavin Leeder		Male	1069	55:02	1232
1217	6308	0:51:25	Martin Larkins		Male	1070	1:04:42	2380
1218	667	51:25	Mark King		Male	1071	52:39	990
1219	2268	51:26	Anneke Cook	Wymondham AC	Female	148	54:41	1194
1220	6709	0:51:26	Luke Cornwall		Male	1072	1:04:31	2349
1221	767	51:26	Martyn Taylor		Male	1073	52:29	973
1222	2135	51:26	Robert Pointer		Male	1074	54:37	1184
1223	446	51:27	Laura Parry	City Of Norwich AC	Female	149	51:51	915
1224	694	51:27	Mark Stocker		Male	1075	54:42	1197
1225	1574	51:28	Robert Barker		Male	1076	55:03	1234
1226	1227	51:28	Stephen Page	Stowmarket Striders RC	Male	1077	52:25	965
1227	1202	51:28	Julia Norman	Ryston Runners	Female	150	51:48	913
1228	2063	51:29	Matthew Field		Male	1078	55:07	1245
1229	557	51:29	Andy Winkworth		Male	1079	52:17	950
1230	3493	51:30	Andrew Woods		Male	1080	57:59	1582
1231	2835	51:30	Jonathan Cole		Male	1081	55:57	1327
1232	1485	51:31	Morgan Crane		Male	1082	52:07	936
1233	727	51:31	Matt Windle		Male	1083	51:56	926
1234	496	51:31	Lee Cheung		Male	1084	52:38	987
1235	685	51:32	Richard Woodard		Male	1085	54:38	1186
1236	3511	51:32	Stephen Warncken		Male	1086	57:41	1550
1237	1690	51:32	Alison Riches		Female	151	55:47	1314
1238	595	51:32	Shaune Gooch	Norwich Road Runners	Male	1087	52:23	960
1239	3975	51:33	Ryan Mason		Male	1088	57:39	1546
1240	1714	51:33	Eric Payne		Male	1089	55:10	1251
1241	2729	51:33	Mark Madle		Male	1090	54:41	1192
1242	1226	51:33	Graeme Johnson		Male	1091	52:48	1005
1243	2372	51:34	Barry Edgar		Male	1092	54:42	1196
1244	3095	51:34	Tony Jones		Male	1093	58:41	1658
1245	407	51:34	Mark Higgins		Male	1094	55:05	1238
1246	1746	51:35	Keith James		Male	1095	55:20	1262
1247	2472	51:35	Chris Gough		Male	1096	54:39	1188
1248	2780	51:36	Clare Moodie	Framlingham Flyers	Female	152	56:04	1337
1249	226	51:36	Nick Overy		Male	1097	52:05	933
1250	1044	51:37	Robbie Breach		Male	1098	54:53	1217
1251	2890	51:37	Abigail Ottolangui		Female	153	57:40	1549
1252	2711	51:37	Phoebe Crane		Female	154	54:52	1212
1253	1892	51:38	James Aldwinckle		Male	1099	56:14	1361
1254	3454	51:38	Nicola Jepson		Female	155	57:41	1552
1255	2364	51:38	Emma Pearson		Female	156	55:03	1233
1256	2523	51:39	Matt Licence		Male	1100	55:21	1267
1257	2358	51:39	Jerry Thaxton		Male	1101	55:42	1305
1258	749	51:39	Steve Woolston		Male	1102	52:19	951
1259	389	51:40	Gary Hurrell	Norwich Road Runners	Male	1103	52:20	955
1260	2406	51:40	Chris Hill		Male	1104	54:53	1218

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1261	2232	51:40	Robert Crockford	Dereham Runners & AC	Male	1105	55:34	1289
1262	1648	51:41	Simon Snell		Male	1106	55:35	1295
1263	687	51:42	George Firth	Stowmarket Striders RC	Male	1107	52:35	979
1264	2253	51:42	Louise Hudson	Dereham Runners & AC	Female	157	56:07	1344
1265	37	51:43	Jonathan Foot	Bure Valley Harriers	Male	1108	52:27	969
1266	1667	51:44	James Cooper		Male	1109	55:08	1248
1267	458	51:45	Sean O'Loughlin	Bungay Black Dog RC	Male	1110	54:59	1226
1268	3120	51:45	Dharan Hunter		Male	1111	57:48	1560
1269	1271	51:46	Bob Cameron		Male	1112	52:36	984
1270	4241	51:47	Luke Moorhouse		Male	1113	57:51	1573
1271	1757	51:48	Adam Motts		Male	1114	56:21	1378
1272	1896	51:48	Christopher Drummee		Male	1115	56:22	1383
1273	7255	0:51:49	Dominic Lambert		Male	1116	1:05:53	2541
1274	2137	51:49	Jacob Golden		Male	1117	54:58	1224
1275	2608	51:49	Claire Sumpton		Female	158	56:17	1366
1276	5265	0:51:49	Jake Gardiner		Male	1118	1:01:18	1937
1277	6441	0:51:49	Farah Chaudry		Female	159	1:05:02	2422
1278	1687	51:49	Jake Lambert		Male	1119	55:39	1299
1279	5910	0:51:50	David Poynton		Male	1120	1:01:29	1962
1280	719	51:50	Steve Clark		Male	1121	52:37	985
1281	1740	51:50	Matt Himsworth		Male	1122	56:30	1395
1282	2497	51:50	Matthew O'Brien		Male	1123	55:23	1270
1283	1024	51:50	Nigel Billing		Male	1124	52:57	1023
1284	1627	51:50	Emma Fiddy		Female	160	56:02	1335
1285	1685	51:50	Robin Jolly		Male	1125	54:57	1222
1286	199	51:50	Dane Boyle-Smith	City Of Norwich AC	Male	1126	52:52	1010
1287	2254	51:50	Nigel Hodge	City Of Norwich AC	Male	1127	55:05	1237
1288	793	51:51	Keith Yaxley		Male	1128	52:28	971
1289	3175	51:51	Thomas Bevan		Male	1129	58:29	1638
1290	1736	51:51	Callum Jolly		Male	1130	54:58	1223
1291	801	51:52	Ady Penfold		Male	1131	55:18	1259
1292	6578	51:52	Lesley Hawkes		Female	161	58:56	1701
1293	1783	51:53	Elliot Morris		Male	1132	55:20	1264
1294	7423	0:51:53	Joshua Harmes		Male	1133	1:08:04	2820
1295	2093	51:54	Andrew Carter		Male	1134	56:20	1375
1296	6837	0:51:55	Anthony Moss		Male	1135	1:06:17	2591
1297	1152	51:56	Martin Hutchison		Male	1136	52:57	1021
1298	2273	51:56	Stephanie Hall	Coltishall Jaguars RC	Female	162	55:05	1241
1299	2282	51:56	Matthew Wicks	Lowestoft Road Runners	Male	1137	56:22	1379
1300	2665	51:56	Matthew Seaman		Male	1138	56:38	1418
1301	2694	51:56	Jamie Tink		Male	1139	56:11	1354
1302	1936	51:56	Will Barker		Male	1140	58:26	1627
1303	1925	51:56	Hope Paganini		Female	163	55:27	1277
1304	2387	51:56	Katie Huggins		Female	164	58:00	1584
1305	2233	51:56	Jane Williams	Harling Athletic Club	Female	165	55:10	1250
1306	1056	51:56	Mike Roughsedge		Male	1141	53:00	1028
1307	2509	51:57	Edward Day		Male	1142	55:36	1297
1308	869	51:57	Chris Adams		Male	1143	52:45	999
1309	1804	51:57	Elizabeth Earwaker		Female	166	55:43	1307
1310	2405	51:59	Tim Garrod		Male	1144	55:35	1294
1311	1570	51:59	Steve Watts		Male	1145	55:07	1246
1312	2707	51:59	Jez Dowsing		Male	1146	55:34	1291
1313	4410	52:00	Sarah Lowery		Female	167	59:19	1730
1314	5406	0:52:00	Sam Hodgson		Male	1147	1:02:47	2132
1315	3068	52:01	Samuel Jenkins		Male	1148	58:25	1624
1316	259	52:01	Ben Kinsella		Male	1149	52:42	994
1317	2646	52:01	Aneurin Palmer		Male	1150	55:19	1260
1318	859	52:02	Ray Howard		Male	1151	52:41	991
1319	2144	52:02	Benedetta Gattari		Female	168	56:15	1362
1320	2261	52:02	Matt Barton	Steel City Striders RC	Male	1152	55:55	1324
1321	2478	52:02	Kevin Willoughby		Male	1153	55:31	1282
1322	2548	52:04	Craig Law		Male	1154	56:45	1429
1323	1669	52:04	Ben Walker		Male	1155	55:41	1302
1324	2596	52:04	James Claxton		Male	1156	55:27	1278
1325	1599	52:05	Michael Jackson		Male	1157	55:48	1316
1326	1168	52:05	Natasha McGlinchey	North Norfolk Beach Runners	Female	169	55:08	1247
1327	2731	52:05	Ceri Theobald	Norfolk Gazelles AC	Male	1158	55:33	1288
1328	2318	52:06	Kirk Price	North Norfolk Beach Runners	Male	1159	55:49	1317
1329	2549	52:06	Grahame Bartlett		Male	1160	56:01	1331
1330	4124	52:08	Richard Bennett		Male	1161	58:22	1617

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1331	1681	52:09	Richard Sage		Male	1162	55:21	1269
1332	1256	52:09	Simon Cutts	Saint Edmund Pacers	Male	1163	52:35	982
1333	1301	52:09	John Morgan		Male	1164	53:01	1029
1334	1786	0:52:09	Tom Cole		Male	1165	1:01:20	1945
1335	714	52:10	Neil Staveley	Norfolk Gazelles AC	Male	1166	52:42	993
1336	2459	52:10	Bobby Burrage		Male	1167	55:26	1274
1337	1959	52:10	Jennifer Gould		Female	170	55:56	1325
1338	3508	52:11	Kate Bartrum		Female	171	58:20	1610
1339	2815	52:11	Richard Taylor		Male	1168	55:28	1279
1340	1085	52:11	Chris Pitman	Waveney Valley AC	Male	1169	52:53	1012
1341	3166	52:11	Philip Semmence		Male	1170	58:48	1679
1342	1691	52:12	Neil McColl		Male	1171	56:19	1373
1343	2220	52:12	Becky Copeland	Norwich Road Runners	Female	172	55:21	1266
1344	1305	52:13	Neil Lawes		Male	1172	53:25	1063
1345	2571	52:13	Victoria Ferrar		Female	173	55:44	1308
1346	439	52:13	Daren Maeer	Waveney Valley AC	Male	1173	53:02	1031
1347	721	52:14	Jo Ross	Norfolk Gazelles AC	Female	174	53:26	1064
1348	2161	52:14	Colin Forshaw		Male	1174	55:32	1285
1349	7365	0:52:14	William Harvey		Male	1175	1:05:21	2474
1350	2857	52:15	Toby Thomas		Male	1176	55:33	1286
1351	1142	52:15	Isaac Diwa		Male	1177	56:44	1427
1352	2743	52:15	Nouha Tate	Coltishall Jaguars RC	Female	175	55:25	1272
1353	2827	52:16	Angus Campbell		Male	1178	55:21	1268
1354	5421	0:52:17	Adam Webb		Male	1179	1:01:26	1955
1355	2877	52:18	Rafal Kasikowski		Male	1180	56:22	1382
1356	2940	52:18	Anna Bentley		Female	176	55:34	1292
1357	1225	52:18	Oliver Duval		Male	1181	53:03	1036
1358	2341	52:19	Damian Humphrey		Male	1182	55:59	1329
1359	2609	52:19	Adam Fiddament		Male	1183	55:51	1320
1360	2381	52:19	Gary Coleman		Male	1184	56:09	1349
1361	2520	52:20	Paul McCarthy		Male	1185	56:48	1436
1362	2896	52:20	Jonathan Brown		Male	1186	55:32	1284
1363	2344	52:21	Dominic Jarvis		Male	1187	56:29	1394
1364	2399	52:21	Heather Bush		Female	177	55:29	1280
1365	2004	52:21	George Crowe		Male	1188	57:24	1512
1366	2378	52:22	Austin Spence		Male	1189	56:09	1350
1367	5756	0:52:22	Jeremy Haslett	100 Marathon Club	Male	1190	1:01:32	1972
1368	7414	0:52:24	James Babb		Male	1191	1:05:39	2508
1369	2947	52:24	Simon Gilchrist		Male	1192	55:55	1323
1370	756	52:24	H Richardson-Gunn		Female	178	53:09	1047
1371	1754	52:25	Matthew White		Male	1193	55:51	1322
1372	1325	52:25	Simon McAlone		Male	1194	53:30	1071
1373	761	52:25	Nico Paganini		Male	1195	55:33	1287
1374	1668	52:27	Chris Scott		Male	1196	55:40	1301
1375	2125	52:27	Paul Henery		Male	1197	56:46	1431
1376	797	52:28	Gary Melton		Male	1198	52:47	1003
1377	3194	52:28	Dom Drzymala		Male	1199	59:25	1741
1378	620	52:29	Gareth Nicholls		Male	1200	52:45	998
1379	5321	0:52:29	Adrian George		Male	1201	1:02:09	2047
1380	737	52:29	Emmalouise Smith	Norwich Road Runners	Female	179	53:22	1060
1381	3847	52:30	Simon Parker		Male	1202	58:56	1702
1382	2243	52:30	William Wilson	Norfolk Gazelles AC	Male	1203	55:50	1319
1383	810	52:31	Nicky Dowson	Norwich Road Runners	Female	180	57:05	1466
1384	1632	52:31	Jonathan Mulley		Male	1204	56:36	1410
1385	819	52:31	Peter Scarfe		Male	1205	53:09	1045
1386	38	52:32	David Litchfield	Norwich Road Runners	Male	1206	55:42	1304
1387	2079	52:32	Lisa Greengrass		Female	181	57:12	1489
1388	153	52:32	Chris Bone		Male	1207	53:06	1041
1389	2760	52:32	Nicola Drew	City Of Norwich AC	Female	182	55:46	1313
1390	530	52:32	Michael Berridge	Norwich Road Runners	Male	1208	53:36	1086
1391	2864	52:32	Raven Boyce		Male	1209	56:18	1372
1392	2374	52:33	Martin Moore		Male	1210	56:15	1363
1393	2757	52:33	Tony Morley	Bungay Black Dog RC	Male	1211	55:47	1315
1394	628	52:34	Chris Scarfe		Male	1212	53:11	1049
1395	4209	52:34	Harvey Walters		Male	1213	58:59	1705
1396	4261	52:34	Shaun Oastler		Male	1214	58:43	1663
1397	5896	0:52:34	Vivian Moyo		Female	183	1:02:34	2102
1398	1931	52:36	Oliver Kempson		Male	1215	56:03	1336
1399	2231	52:36	Emily Jordan	Norwich Road Runners	Female	184	56:13	1359
1400	4055	52:36	Anne-Marie Falgate		Female	185	58:48	1681

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by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1401	2390	52:37	Jack Parnell		Male	1216	56:06	1342
1402	651	52:37	Paul Honeyman		Male	1217	52:56	1019
1403	2553	52:37	Patrick Cox		Male	1218	56:30	1397
1404	4606	0:52:37	Kieran John		Male	1219	1:02:15	2061
1405	2752	52:39	Nicola Lambert-John	Coltishall Jaguars RC	Female	186	56:28	1391
1406	1610	52:39	Emma Mulley		Female	187	56:44	1426
1407	3568	52:39	Charlotte Pollard	Norwich Road Runners	Female	188	58:50	1687
1408	2706	52:40	Martyn Vandewalle		Male	1220	56:36	1409
1409	14	52:40	Mark Duffield	Dunerunner	Male	1221	56:37	1414
1410	2222	52:40	Katie Fenn	Coltishall Jaguars RC	Female	189	56:28	1393
1411	661	52:40	Mary Gillings		Female	190	52:51	1007
1412	3632	52:40	William Perks		Male	1222	58:45	1670
1413	1236	52:41	Brian Black		Male	1223	53:31	1073
1414	5669	0:52:41	John Baldwin		Male	1224	1:01:43	1992
1415	2498	52:43	Kate Wlodarczyk		Female	191	56:09	1346
1416	632	52:44	Justin Dicks		Male	1225	56:09	1348
1417	4603	0:52:44	Kevin Dobson		Male	1226	1:02:03	2034
1418	438	52:45	David Price		Male	1227	53:30	1072
1419	565	52:45	Max Jennings		Male	1228	53:24	1062
1420	3633	0:52:45	Adam Barker		Male	1229	1:00:40	1864
1421	786	52:45	Dan Porter	Bure Valley Harriers	Male	1230	53:29	1069
1422	301	52:45	Tom Ginn		Male	1231	53:02	1033
1423	2386	52:46	Leon Schulz		Male	1232	56:34	1404
1424	1731	52:46	James Lusher		Male	1233	57:10	1480
1425	4683	0:52:46	Chris O'Connor		Male	1234	1:03:31	2224
1426	2837	52:47	Brian Cook		Male	1235	56:24	1384
1427	3278	52:48	Kieran Corder		Male	1236	59:05	1711
1428	2634	52:48	Justin Hobbs		Male	1237	55:59	1330
1429	2717	52:48	Amy Gee		Female	192	57:08	1474
1430	2698	52:49	Curt Watkinson		Male	1238	57:11	1482
1431	3630	52:49	Brendan Tooth		Male	1239	58:51	1691
1432	2352	0:52:49	Junnel Andre		Male	1240	1:02:26	2085
1433	1910	52:50	Matthew Tremayne		Male	1241	57:11	1484
1434	2933	52:51	John Young		Male	1242	56:22	1380
1435	1300	52:52	Martin Brown		Male	1243	53:46	1105
1436	1969	52:53	Steffi Gray		Female	193	56:11	1356
1437	4612	0:52:53	Alex Symington		Male	1244	1:02:00	2027
1438	1218	52:54	Peter Marshall		Male	1245	53:46	1106
1439	1400	52:54	Phil Wright		Male	1246	56:11	1353
1440	2894	52:54	Dharmesh Chandaria		Male	1247	56:05	1340
1441	1229	52:55	Roy Paddock	Ashington Hirst Running Club	Male	1248	53:47	1107
1442	2776	52:55	Ian Smith	North Norfolk Beach Runners	Male	1249	56:12	1357
1443	2230	52:55	Owen Barber	Coltishall Jaguars RC	Male	1250	56:55	1445
1444	688	52:55	Owen Jenkins		Male	1251	53:41	1097
1445	4267	52:55	Lee Grantham		Male	1252	59:40	1766
1446	416	52:56	Richard Fletcher	Dereham Runners & AC	Male	1253	59:10	1720
1447	1191	52:56	Katie Buckley		Female	194	53:21	1058
1448	2260	52:56	Alex Broome	Norwich Road Runners	Male	1254	56:56	1449
1449	1795	52:56	Christopher Taylor		Male	1255	57:16	1498
1450	1424	52:56	Zachary Dean		Male	1256	57:06	1470
1451	743	52:57	Ian Bower		Male	1257	53:49	1114
1452	2521	52:59	Caroline Flello		Female	195	56:22	1381
1453	1139	53:00	Geoff Brown		Male	1258	53:16	1051
1454	2710	53:00	Nerys Botwright		Female	196	56:55	1447
1455	1487	53:00	Martyn Chadwick		Male	1259	53:17	1054
1456	1828	0:53:01	Mark Daw		Male	1260	1:04:38	2369
1457	1201	53:02	Arthur Bland		Male	1261	53:31	1074
1458	1799	53:02	Will Tuttle		Male	1262	56:35	1406
1459	6205	0:53:03	Christian Kemp		Male	1263	1:08:27	2882
1460	747	53:03	Anthony Reveley		Male	1264	54:03	1134
1461	2659	53:03	James Somerfield		Male	1265	56:10	1351
1462	865	53:03	Jordan Woolston	Lowestoft Road Runners	Male	1266	53:10	1048
1463	1875	53:04	Dominic Parr		Male	1267	56:37	1415
1464	2581	53:04	Sophie Mathieson		Female	197	57:30	1528
1465	1584	53:04	Daniel Cox		Male	1268	56:46	1433
1466	1234	53:04	Dominic West		Male	1269	53:28	1068
1467	2359	53:05	Darren Flatt		Male	1270	56:09	1347
1468	5317	0:53:05	Andrew Biss		Male	1271	1:02:50	2141
1469	1838	53:05	Gary Snelling		Male	1272	56:16	1364
1470	1761	53:05	Luke Alderton		Male	1273	57:51	1571

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1471	4583	0:53:06	Alice Watson		Female	198	1:02:10	2048
1472	1259	53:07	Matt Bradfield		Male	1274	53:34	1083
1473	748	53:07	Daniel Brock		Male	1275	57:15	1493
1474	365	53:07	James Wilkins		Male	1276	56:17	1369
1475	4373	0:53:07	Martin Green		Male	1277	1:00:42	1870
1476	1625	53:07	Craig Davies		Male	1278	56:17	1367
1477	1678	53:07	Mark Ramsden		Male	1279	56:51	1443
1478	710	53:07	Anthony Blakemore		Male	1280	54:09	1141
1479	2511	53:08	Elizabeth Goodliffe		Female	199	56:32	1400
1480	6692	0:53:08	Patrick Dickinson		Male	1281	1:06:30	2619
1481	3974	53:08	Tracey Ridge		Female	200	59:18	1728
1482	2870	53:08	David Murrell		Male	1282	56:43	1424
1483	1195	53:09	Fin O'Brien		Male	1283	54:11	1144
1484	1792	53:09	James Wright		Male	1284	57:01	1456
1485	2180	53:09	Anne Millett	Norwich Road Runners	Female	201	56:33	1402
1486	2704	53:10	Colin Fish		Male	1285	56:53	1444
1487	2020	53:10	Stephen Hill		Male	1286	56:43	1425
1488	2375	53:10	Stuart Smith		Male	1287	56:21	1377
1489	197	53:10	Konrad Pytlarz		Male	1288	53:38	1091
1490	397	53:10	Nicola Hill	Norwich Road Runners	Female	202	56:42	1421
1491	2241	53:11	Paul Youngman	Tri-Anglia Triathlon Club	Male	1289	56:27	1388
1492	1950	53:11	Kelly Townshend		Female	203	57:51	1574
1493	447	53:12	Darren Nockels		Male	1290	54:17	1150
1494	2096	53:12	Lucy Mowatt		Female	204	56:30	1396
1495	3240	0:53:12	Paul Martin		Male	1291	1:00:41	1866
1496	722	53:13	Ben Kendall		Male	1292	56:26	1386
1497	785	53:13	Michael Walker		Male	1293	54:22	1159
1498	1594	53:13	Allyson Phillips		Female	205	57:19	1505
1499	1629	53:13	Megan Cook		Female	206	57:21	1508
1500	2179	53:14	Elsie Friel		Female	207	56:19	1374
1501	2562	53:15	Dirk James		Male	1294	56:47	1434
1502	2076	53:15	Hanako Suzuki		Female	208	56:28	1392
1503	2526	0:53:15	Kevin Burrows		Male	1295	1:04:34	2361
1504	1580	53:15	Jamie Loudoun		Male	1296	57:30	1532
1505	2485	53:16	Scott Ablett		Male	1297	57:25	1515
1506	2101	53:16	Jerry Ware		Male	1298	56:33	1401
1507	2775	53:16	Nicky Roper	Framlingham Flyers	Female	209	57:01	1457
1508	3364	0:53:16	Martin Howard		Male	1299	1:00:39	1862
1509	2038	53:16	Aaron Joyce		Male	1300	56:36	1411
1510	2917	53:17	Max Hutchings		Male	1301	57:02	1460
1511	1764	53:17	Stephen Faragher		Male	1302	56:51	1441
1512	3901	53:18	Scott George		Male	1303	59:26	1744
1513	5368	0:53:18	Niki Summers		Male	1304	1:03:45	2251
1514	2795	53:18	Hilary Peachment	Reepham Runners	Female	210	56:59	1453
1515	2025	53:19	James Ringer		Male	1305	57:48	1562
1516	2081	53:20	Mark Rowlands		Male	1306	57:04	1462
1517	2080	53:20	Lorna Rowlands		Female	211	57:04	1463
1518	735	53:20	Conrad Doggett		Male	1307	54:19	1152
1519	3188	53:20	Hannah Smith		Female	212	59:23	1737
1520	1633	53:21	Gary Butcher		Male	1308	56:26	1387
1521	2092	53:21	Rachael Hutchinson		Female	213	56:35	1407
1522	5686	0:53:21	Victoria Marlee		Female	214	1:03:01	2169
1523	1612	53:22	James Kendall		Male	1309	56:38	1417
1524	1613	53:22	Natalie Kendall		Female	215	56:38	1416
1525	4430	53:22	Charlotte Wickham		Female	216	59:27	1747
1526	2223	53:22	Emma Crow	Great Yarmouth Road Runners	Female	217	56:56	1450
1527	2379	53:22	Hannah Cunningham		Female	218	56:35	1405
1528	2593	53:23	Cassie Cox		Female	219	57:51	1572
1529	2116	53:23	Keiron Tovell		Male	1310	56:36	1412
1530	1862	53:24	David Drew		Male	1311	59:57	1789
1531	1960	53:24	Dom Miller		Male	1312	58:27	1632
1532	787	53:25	Christopher MacE		Male	1313	53:51	1117
1533	1953	53:25	George Worrall		Male	1314	57:25	1517
1534	2579	53:26	Neil Vendy		Male	1315	57:20	1507
1535	1576	53:27	Sarah Herman		Female	220	57:28	1524
1536	766	53:27	Carol Betts	Norfolk Gazelles AC	Female	221	53:59	1129
1537	1167	53:28	Paul Malcolm		Male	1316	57:50	1569
1538	2082	53:29	Anna Paterson		Female	222	57:57	1578
1539	2557	53:29	Steve Marsh		Male	1317	56:42	1420
1540	2768	53:29	Oliver Timson	Wymondham AC	Male	1318	57:30	1529

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1541	679	53:30	Kirsty Wheeler	Hercules Wimbledon	Female	223	53:54	1123
1542	1721	53:30	Rakesh Dholiwar		Male	1319	57:15	1494
1543	1846	53:31	Silvia Ferretti		Female	224	56:42	1422
1544	1224	53:32	Matthew Betts		Male	1320	54:44	1201
1545	2753	53:32	Ross Wacey	Dunerunner	Male	1321	57:07	1473
1546	2569	53:32	Jordan Baker		Male	1322	57:07	1471
1547	7579	0:53:32	Benjamin Hardie		Male	1323	1:06:50	2666
1548	423	53:32	Connor Harwood		Male	1324	53:34	1084
1549	5596	0:53:34	Kristina Emmins		Female	225	1:02:36	2107
1550	2141	53:34	Melissa Welton		Female	226	57:13	1490
1551	2360	53:34	George Balding		Male	1325	57:09	1476
1552	1131	53:34	Alasdair Birrell		Male	1326	54:37	1183
1553	1701	53:35	Leon Carrara		Male	1327	57:48	1563
1554	2830	53:35	Richard Lain-Smith		Male	1328	57:36	1543
1555	1293	53:35	Neal Costen		Male	1329	56:55	1446
1556	431	53:35	Tom Stevens		Male	1330	54:05	1136
1557	3976	0:53:35	Robert MacE		Male	1331	1:01:02	1915
1558	1312	53:36	Duncan Hewat		Male	1332	54:22	1160
1559	1582	53:36	S Appleyard-Smith		Female	227	57:06	1469
1560	1032	53:37	Sam Gedge-Gibson	Norwich Road Runners	Male	1333	56:44	1428
1561	4367	0:53:38	Karl Williams		Male	1334	1:00:55	1904
1562	1819	53:38	Carlos Nodar		Male	1335	56:48	1438
1563	2257	53:38	Ben Howlett-Cobb	Norwich Road Runners	Male	1336	56:46	1432
1564	2862	53:38	David Pettit		Male	1337	57:09	1477
1565	2600	53:39	Lauren Stafford		Female	228	57:42	1554
1566	1918	53:39	Dan Bartram		Male	1338	57:09	1478
1567	3269	0:53:40	Lucy Walker	Coltishall Jaguars RC	Female	229	1:00:22	1829
1568	2291	0:53:40	Darren Matthewson	Coltishall Jaguars RC	Male	1339	1:00:22	1831
1569	2745	53:41	Aaron Smart	Lowestoft Road Runners	Male	1340	56:57	1451
1570	1788	53:41	Peter Wright		Male	1341	58:18	1604
1571	2420	53:42	Aaron Smith		Male	1342	57:11	1481
1572	3501	53:42	Maureen Hargreaves		Female	230	59:53	1783
1573	5839	0:53:42	Oliver Bean		Male	1343	1:09:39	3043
1574	2806	53:42	Chris Richardson	Norwich Road Runners	Male	1344	57:00	1455
1575	2727	53:43	Steven Middeton		Male	1345	57:58	1581
1576	1708	53:43	Kathryn Todd		Female	231	57:43	1557
1577	1784	53:43	Thomas Osborne		Male	1346	58:18	1605
1578	2191	53:44	Scott Lane		Male	1347	57:29	1527
1579	2540	53:45	Daniel Hobday		Male	1348	57:49	1565
1580	3124	0:53:45	Alan Anthony		Male	1349	1:00:13	1815
1581	1893	53:46	Scott Laws		Male	1350	57:12	1486
1582	391	53:46	James Plant		Male	1351	54:56	1221
1583	1930	0:53:46	Tom Ellis		Male	1352	1:00:53	1900
1584	2258	53:46	Stephen Terry	Norfolk Gazelles AC	Male	1353	57:06	1468
1585	1915	53:47	James Crisafulli		Male	1354	57:14	1492
1586	2878	53:47	Denis Tuttle		Male	1355	57:19	1506
1587	2410	53:48	Mike Jolly		Male	1356	57:27	1521
1588	323	53:48	Claire Brooke	Wymondham AC	Female	232	54:25	1165
1589	780	53:49	Richard Moore		Male	1357	57:00	1454
1590	1556	53:49	Rebecca Hylton		Female	233	58:06	1591
1591	1639	53:50	C Hodgson		Female	234	57:05	1465
1592	2327	0:53:50	Ian Moore	Norwich Road Runners	Male	1358	1:03:24	2208
1593	1608	53:50	David Wright		Male	1359	57:02	1459
1594	4925	0:53:50	Lucy Curnow		Female	235	1:04:40	2375
1595	4056	0:53:51	Miss E L White		Female	236	1:00:03	1798
1596	763	53:51	James Tully		Male	1360	54:23	1162
1597	2010	53:51	Beth Underwood		Female	237	57:25	1514
1598	1929	0:53:51	Sara Ellis		Female	238	1:00:58	1905
1599	3222	0:53:51	Nic Drake		Male	1361	1:00:31	1848
1600	1593	53:52	Barney Goodrum		Male	1362	58:00	1587
1601	1247	0:53:52	Stephen Curnow	Norwich Road Runners	Male	1363	1:04:41	2377
1602	871	53:52	Glen Reynolds		Male	1364	54:52	1214
1603	2922	53:52	Rachel Harvey		Female	239	56:59	1452
1604	2534	53:52	Gillian Thacker		Female	240	57:23	1510
1605	4066	0:53:53	Karen Wraighte	Bure Valley Harriers	Female	241	1:00:40	1863
1606	1655	53:53	Laura Noakes		Female	242	58:37	1652
1607	2098	53:53	Jordan Hill		Male	1365	57:07	1472
1608	668	53:53	Nick Excell		Male	1366	54:43	1198
1609	3942	0:53:54	Abigail Grand	Reepham Runners	Female	243	1:00:04	1800
1610	1699	53:54	Philip Wilton		Male	1367	57:12	1485

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1611	1821	53:54	Lisa Richardson		Female	244	57:10	1479
1612	2356	53:55	Sean Harris		Male	1368	57:15	1495
1613	2274	53:55	Annie Leung	Norwich Road Runners	Female	245	58:20	1608
1614	1079	53:56	Chris Read	Norwich Road Runners	Male	1369	58:36	1645
1615	532	53:57	Graham Hardingham	Norfolk Gazelles AC	Male	1370	54:32	1171
1616	1292	53:58	James Benton		Male	1371	54:53	1219
1617	1724	53:58	Tom Bool		Male	1372	57:32	1534
1618	1899	53:58	Paul Ellis		Male	1373	57:17	1500
1619	1924	53:59	Benjamin Edwards		Male	1374	57:32	1537
1620	3399	0:53:59	Edward Seaman		Male	1375	1:00:04	1801
1621	2055	53:59	Richard Cornelius		Male	1376	58:24	1620
1622	300	53:59	Nigel Kinsella		Male	1377	54:41	1193
1623	1767	54:00	Christopher Moore		Male	1378	58:49	1683
1624	2793	54:01	Serena Moden	Ely Runners	Female	246	57:18	1501
1625	2045	54:01	Peter Murdoch		Male	1379	57:48	1561
1626	2845	54:01	Richard Cole		Male	1380	57:39	1547
1627	1855	54:01	Lizzie Arthur		Female	247	57:12	1488
1628	1766	54:02	Michael Childs		Male	1381	57:25	1516
1629	2238	54:02	Sarah Bird	Bure Valley Harriers	Female	248	57:43	1556
1630	4026	0:54:02	Marcus Cooper		Male	1382	1:02:03	2035
1631	3211	0:54:03	Kierstan Foreman		Male	1383	1:01:43	1991
1632	2671	54:03	Jon Dicks		Male	1384	57:55	1576
1633	1768	54:03	Claire Parish		Female	249	57:26	1518
1634	2228	54:03	Becky Lawler	Lowestoft Road Runners	Female	250	57:19	1504
1635	2746	54:04	James Crisp	Lowestoft Road Runners	Male	1385	57:19	1503
1636	3955	0:54:04	Eleanor Overvoorde		Female	251	1:01:48	2000
1637	2519	54:04	Naomi Bowditch		Female	252	57:32	1535
1638	2132	0:54:05	Jennie McCraith		Female	253	1:07:10	2708
1639	1129	54:05	Liam Ward		Male	1386	54:21	1158
1640	6639	0:54:05	Chris Groves	Tri-Anglia Triathlon Club	Male	1387	1:07:13	2716
1641	2601	54:05	Dominic Crook		Male	1388	57:38	1545
1642	5073	0:54:05	Josh Brown		Male	1389	1:04:32	2354
1643	6229	0:54:05	Jutta Koch		Female	254	1:07:11	2710
1644	2662	54:06	David Luton		Male	1390	58:28	1634
1645	6474	0:54:06	Isabelle Rundle		Female	255	1:07:10	2706
1646	7244	0:54:06	Daniel Spiller	Fenland Running Club	Male	1391	1:07:24	2742
1647	2573	54:07	Neil Henery		Male	1392	57:42	1553
1648	930	54:09	Leigh Nobes		Male	1393	57:50	1566
1649	2251	54:09	Nick Davies	Ealing Eagles	Male	1394	57:23	1511
1650	2574	54:09	Leona Broughton		Female	256	57:50	1568
1651	1239	54:09	Julie Doughty		Female	257	57:50	1570
1652	3780	0:54:09	Bradley Day		Male	1395	1:00:35	1858
1653	3135	0:54:09	Sam Mellor		Male	1396	1:00:20	1827
1654	4988	0:54:10	Lisa Prisk		Female	258	1:03:12	2191
1655	1409	54:10	Carla Da Silva		Female	259	57:16	1497
1656	1381	54:10	Kieran Hughes		Male	1397	54:52	1215
1657	2452	54:10	Steve Gowing		Male	1398	57:33	1538
1658	4883	0:54:11	Selena Wright		Female	260	1:01:17	1935
1659	5921	0:54:12	Tom Parsley		Male	1399	1:03:27	2215
1660	4944	0:54:13	Christopher Davis		Male	1400	1:03:42	2246
1661	759	54:13	Lawrence Hill		Male	1401	55:26	1276
1662	2900	54:13	Kevin Farrow		Male	1402	58:36	1649
1663	2755	54:13	Roland Talbot	Coltishall Jaguars RC	Male	1403	57:24	1513
1664	3411	0:54:15	Nicola Byford		Female	261	1:00:18	1822
1665	1321	54:15	Oliver Kent		Male	1404	57:36	1542
1666	2550	54:16	Amanda Archer		Female	262	58:44	1665
1667	2067	54:16	Carol Riley		Female	263	57:41	1551
1668	2771	54:16	Graham Bloomfield	Cambridge Triathlon Club	Male	1405	58:23	1618
1669	2543	54:16	David Burlingham		Male	1406	57:27	1522
1670	2384	54:18	Jason Roberts		Male	1407	57:47	1559
1671	1707	54:18	Sarah Everett		Female	264	57:26	1519
1672	5085	0:54:18	M Antoniou-Kourounioti		Female	265	1:05:03	2427
1673	794	54:18	William Trow		Male	1408	58:11	1596
1674	547	54:18	Josh Gowen		Male	1409	58:26	1628
1675	1977	0:54:19	Hayley Clarke		Female	266	1:00:34	1854
1676	2151	0:54:19	Sam Clack		Male	1410	1:03:47	2259
1677	1373	54:19	Alex Payne		Male	1411	54:59	1225
1678	4145	0:54:19	Hana Barringer		Female	267	1:00:53	1897
1679	3134	0:54:20	Charlotte Hood		Female	268	1:00:24	1835
1680	1758	54:20	Norman Phipps		Male	1412	57:35	1541

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1681	3258	0:54:20	Tony Werner		Male	1413	1:01:55	2021
1682	1881	54:21	Matthew Peek		Male	1414	58:20	1612
1683	3848	0:54:21	Richard Bell		Male	1415	1:00:47	1885
1684	2494	54:21	James Loach		Male	1416	58:23	1619
1685	2353	54:22	Edward O'Rourke		Male	1417	58:02	1588
1686	2439	54:22	David James		Male	1418	57:52	1575
1687	2885	0:54:22	Lee Cologne		Male	1419	1:01:36	1981
1688	3449	0:54:22	David Winch		Male	1420	1:01:36	1982
1689	1682	54:22	Darrell Green		Male	1421	58:40	1657
1690	1831	54:22	Dennis Rogers		Male	1422	58:55	1698
1691	3769	0:54:23	Stephanie Gardiner		Female	269	1:00:47	1884
1692	3580	0:54:23	Donna Wilkins	Orion Harriers	Female	270	1:00:34	1856
1693	1898	0:54:23	David Hall		Male	1423	1:01:04	1918
1694	3458	0:54:23	Stephen Barker		Male	1424	1:00:54	1903
1695	1232	54:24	Gary Hindle		Male	1425	55:20	1263
1696	3891	54:24	Ashley Watson		Male	1426	58:53	1696
1697	1628	54:24	Grand Michael		Male	1427	58:15	1601
1698	2814	0:54:24	Vikki Harper		Female	271	1:01:06	1923
1699	1196	54:25	Adam Pope		Male	1428	54:43	1199
1700	1071	54:25	Matthew Ware	Norwich Road Runners	Male	1429	55:34	1290
1701	6638	0:54:25	Paul Cosgrove		Male	1430	1:10:04	3084
1702	2047	54:26	Matthew Forrester		Male	1431	57:50	1567
1703	1398	54:26	Wil Holman		Male	1432	55:08	1249
1704	2504	54:26	James Kybird		Male	1433	57:34	1539
1705	3843	0:54:26	Tracy Williamson		Female	272	1:00:52	1896
1706	2460	0:54:26	F Da Silva Andrade		Male	1434	1:00:38	1860
1707	1174	54:26	Sam Burton		Male	1435	55:32	1283
1708	2247	54:26	Paul Robbins	Norwich Road Runners	Male	1436	58:28	1633
1709	726	54:26	Kirk Moore		Male	1437	54:34	1176
1710	3250	0:54:27	Richard Bowater		Male	1438	1:01:50	2011
1711	3273	0:54:27	Robert McLaggan		Male	1439	1:00:52	1894
1712	2065	54:27	Barry Tierney		Male	1440	57:42	1555
1713	1698	54:27	Agnes Fitzpatrick		Female	273	59:05	1709
1714	669	0:54:27	Rob Brightwell		Male	1441	1:00:30	1845
1715	725	54:28	Natasha Davies		Female	274	54:35	1177
1716	2603	54:28	Tim Drew		Male	1442	58:17	1602
1717	2802	54:28	Louise Harrod	Waveney Valley AC	Female	275	57:35	1540
1718	2288	54:29	Rachel Taylor	Bungay Black Dog RC	Female	276	59:05	1710
1719	2340	54:30	Laura Harper		Female	277	58:47	1674
1720	2218	54:32	Graham Fryer	Coltishall Jaguars RC	Male	1443	58:27	1631
1721	4718	0:54:32	Gary Stevens		Male	1444	1:03:39	2240
1722	2237	54:32	Gary Gannon	Norwich Road Runners	Male	1445	58:56	1703
1723	1926	54:32	Mark Waters		Male	1446	58:52	1693
1724	720	54:33	Peter Sayer		Male	1447	58:27	1630
1725	4144	0:54:33	Steve Hope		Male	1448	1:00:41	1865
1726	393	54:33	Jessica Large	Wymondham AC	Female	278	55:36	1296
1727	2271	54:34	Viv Morley	Vegan Runners UK	Female	279	58:44	1664
1728	2784	54:34	Georgia Williams	Wymondham AC	Female	280	58:36	1646
1729	1298	54:34	Adam Pead		Male	1449	54:52	1216
1730	2054	54:35	Nigel Janes		Male	1450	59:18	1729
1731	39	54:36	Christopher High		Male	1451	55:26	1275
1732	1780	54:36	Robert Conway		Female	281	58:47	1676
1733	3874	0:54:36	Stephen Cross		Male	1452	1:01:37	1984
1734	2100	54:36	Steve McGillivray		Male	1453	58:03	1589
1735	2515	54:36	Nicola Greenough		Female	282	58:32	1640
1736	481	54:36	Mark Battista		Male	1454	54:49	1208
1737	4171	0:54:37	Simon Feilden		Male	1455	1:01:00	1912
1738	1951	54:37	Gavin Reynolds-Gotts		Male	1456	58:13	1599
1739	4407	0:54:37	William Tait		Male	1457	1:00:49	1889
1740	2821	54:38	Steven Marshall		Male	1458	58:45	1672
1741	3081	0:54:38	Mark Bobby		Male	1459	1:00:45	1878
1742	3092	0:54:38	Steven Chilvers		Male	1460	1:01:33	1973
1743	569	54:38	Pete Sharpe	Wymondham AC	Male	1461	55:44	1309
1744	3872	0:54:39	Sarah Cooke		Female	283	1:00:49	1890
1745	4152	0:54:39	Hannah Edwards		Female	284	1:01:28	1961
1746	2028	54:39	Rose Meleady		Female	285	58:42	1660
1747	1777	54:40	Sophie Best		Female	286	58:42	1661
1748	2003	54:40	Dianne Bird		Female	287	58:19	1606
1749	2661	54:41	Julie Read		Female	288	58:55	1699
1750	172	54:41	Paul Woodyatt	City Of Norwich AC	Male	1462	55:05	1240

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1751	1830	54:42	Charlotte Sutton		Female	289	57:48	1564
1752	2800	54:42	Anna Smith	Stowmarket Striders RC	Female	290	58:28	1635
1753	586	54:42	Robert Hall	Norwich Road Runners	Male	1463	55:30	1281
1754	2339	54:42	Paul Cushing		Male	1464	58:35	1643
1755	695	54:43	Steven Utting	Norwich Road Runners	Male	1465	57:55	1577
1756	2062	0:54:43	Jason Pilbrow		Male	1466	1:01:55	2022
1757	2749	54:44	Rebecca Clare	Woodbridge Shufflers RC	Female	291	59:11	1721
1758	4620	54:45	Justin Harris		Male	1467	59:14	1725
1759	1857	54:46	Trevor Thomas		Male	1468	58:44	1668
1760	4135	0:54:46	James Gladden		Male	1469	1:02:51	2143
1761	1937	54:46	Andrew Loveday		Male	1470	58:22	1616
1762	3608	0:54:47	Simon Skinner	Beccles & Bungay Harriers	Male	1471	1:04:39	2372
1763	2421	54:47	John Leney		Male	1472	58:47	1675
1764	4727	0:54:47	Martin Scent		Male	1473	1:05:32	2498
1765	1609	54:47	Greg Graver		Male	1474	59:05	1712
1766	2272	54:47	Sarah Ewing	Norfolk Harriers RC	Female	292	58:12	1597
1767	3815	0:54:47	Michael Cole		Male	1475	1:01:23	1950
1768	2270	54:47	Nathan Bailey	Norwich Road Runners	Male	1476	58:57	1704
1769	2590	54:48	John Hirst		Male	1477	58:19	1607
1770	2290	54:48	Hazel Brain	Tri-Anglia Triathlon Club	Female	293	58:00	1585
1771	1654	54:48	Jack Tarrant		Male	1478	58:41	1659
1772	3862	0:54:48	K Copeman-Lamoureux	Beccles & Bungay Harriers	Male	1479	1:04:40	2374
1773	1621	54:48	Simon Fields		Male	1480	58:09	1593
1774	1805	54:48	Kerry Coleman		Female	294	58:39	1656
1775	4134	0:54:49	Darren Gladden		Male	1481	1:02:55	2156
1776	6968	0:54:50	James Jewson		Male	1482	1:07:56	2807
1777	1093	54:50	Rob Davies		Male	1483	56:02	1334
1778	1240	54:51	Luke Martin		Male	1484	58:03	1590
1779	2136	0:54:51	Emma Goldsmith		Female	295	1:01:03	1916
1780	581	54:51	Bartosz Tomaszewicz		Male	1485	55:01	1230
1781	3201	0:54:52	Martina Svubova		Female	296	1:00:59	1909
1782	1042	54:52	Vanessa Sewell-Allen		Female	297	55:35	1293
1783	2493	54:52	Jonny O'Brien		Male	1486	58:25	1625
1784	539	54:53	Scott Steward		Male	1487	55:49	1318
1785	1203	54:53	Richard Booth		Male	1488	55:46	1312
1786	1053	54:53	Chris Homewood		Male	1489	55:51	1321
1787	779	54:53	Martin Greiller		Male	1490	58:50	1684
1788	1603	54:54	Cristina Lemus		Female	298	58:21	1615
1789	1604	54:54	Craig Halliday		Male	1491	58:21	1614
1790	4254	0:54:55	Ross Lomax		Male	1492	1:01:52	2016
1791	559	0:54:56	Daniel Rix		Male	1493	1:01:35	1978
1792	2715	54:56	Danielle Rackham		Female	299	59:12	1722
1793	3234	0:54:56	Matthew Bray		Male	1494	1:01:05	1920
1794	1944	54:57	Christopher Cooper		Male	1495	58:00	1586
1795	1943	54:57	Jeremy Clarke		Male	1496	58:00	1583
1796	2121	54:57	Neil Hardingham		Male	1497	58:50	1685
1797	3548	0:54:58	Nathan Baverstock		Male	1498	1:01:06	1924
1798	1752	0:54:58	Chris Wilson		Male	1499	1:02:32	2097
1799	4018	0:54:58	Gemma Garland		Female	300	1:01:00	1913
1800	206	54:59	Rob Poor		Male	1500	59:35	1757
1801	2094	55:00	Sophie-Anne Urry		Female	301	59:35	1758
1802	1486	55:00	Keith Mooney		Male	1501	55:13	1252
1803	1972	55:00	Sarah Reynolds		Female	302	58:15	1600
1804	488	55:00	Dean Mooney		Male	1502	55:13	1253
1805	5373	0:55:01	Timothy Scales		Male	1503	1:05:52	2535
1806	1418	55:01	Angie Bear	Wymondham AC	Female	303	56:04	1338
1807	4299	0:55:01	Chris Goodwin		Male	1504	1:01:22	1947
1808	4300	0:55:01	Amy Sewell		Female	304	1:01:22	1948
1809	4607	0:55:02	Richard Markworth		Male	1505	1:04:22	2325
1810	6701	0:55:02	Colin Clark		Male	1506	1:08:06	2826
1811	4218	0:55:02	Owen Leeder		Male	1507	1:01:25	1954
1812	1778	55:03	Chris Palmer		Male	1508	58:36	1648
1813	4105	0:55:03	Susan Larke		Female	305	1:01:24	1953
1814	1955	55:04	Robert Hardy		Male	1509	59:07	1713
1815	2432	55:04	Jason Rust		Male	1510	58:38	1654
1816	1810	55:04	David Woods		Male	1511	59:09	1719
1817	2602	55:05	James Aylett		Male	1512	58:10	1595
1818	2391	55:05	Rachel Woodier		Female	306	58:36	1650
1819	2846	55:05	Ewan Wilson		Male	1513	58:24	1621
1820	2586	55:05	Sine Garvie Mcinally		Female	307	58:17	1603

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1821	2807	55:06	Ivan Lees	Great Yarmouth Road Runners	Male	1514	59:08	1717
1822	2032	55:06	Adam Sheppard		Male	1515	58:10	1594
1823	2786	55:07	Rebecca Dean	Diss and District AC	Female	308	59:51	1777
1824	2404	55:07	Dan Savage		Male	1516	58:26	1626
1825	1826	55:08	Jeremy Over		Male	1517	58:51	1689
1826	2477	55:08	Georgia Rickman		Female	309	58:37	1651
1827	1942	55:08	Mark Frost		Male	1518	58:45	1669
1828	2252	0:55:09	Mark Bagnall	Tri-Anglia Triathlon Club	Male	1519	1:01:30	1965
1829	811	55:09	Paul Dowson	Norwich Road Runners	Male	1520	59:44	1771
1830	1958	55:09	Emma Gibb		Female	310	59:29	1750
1831	2267	55:10	Caroline Allen	Norwich Road Runners	Female	311	59:44	1770
1832	2283	55:11	Franky Tripp	Romsey Road Runners	Female	312	58:39	1655
1833	1221	55:11	Jason Jeary		Male	1521	56:10	1352
1834	437	55:12	David Platten	Coltishall Jaguars RC	Male	1522	56:14	1360
1835	1287	55:12	Ian Linnett		Male	1523	56:17	1368
1836	2674	55:12	John Bennett		Male	1524	59:33	1754
1837	1797	55:13	Judith Berry		Female	313	59:12	1723
1838	2276	55:13	Keith Walpole	Norwich Road Runners	Male	1525	59:43	1768
1839	3920	0:55:13	Matthew Crawley		Male	1526	1:01:27	1960
1840	1716	55:13	Martin Falkingham		Male	1527	59:08	1715
1841	5386	0:55:13	Elliot Lye		Male	1528	1:06:29	2616
1842	1173	55:13	Richard Laws		Male	1529	58:20	1609
1843	2309	55:14	Holly Bodmer	Norwich Road Runners	Female	314	59:44	1769
1844	1989	0:55:14	Damien Distill		Male	1530	1:01:20	1943
1845	4659	0:55:14	Sarah Liddiard		Female	315	1:06:01	2557
1846	2507	55:14	Paul Sycamore		Male	1531	59:29	1751
1847	3931	0:55:15	Claire Russell		Female	316	1:01:30	1966
1848	5078	0:55:15	Laszlo Mandi		Male	1532	1:04:18	2319
1849	2198	55:15	Lisa Brine		Female	317	58:29	1636
1850	2699	55:16	Josh Pilbrow		Male	1533	58:52	1694
1851	2475	55:16	Tivon Yale		Male	1534	59:26	1743
1852	234	55:16	Laura Brine	Leighton Buzzard Athletic Club	Female	318	58:29	1637
1853	1700	55:16	Michael Haddon		Male	1535	58:25	1623
1854	1677	55:17	Ashley Jones		Male	1536	58:34	1642
1855	4011	0:55:18	Rachel Terry	Stowmarket Striders RC	Female	319	1:01:35	1976
1856	1734	55:19	Stephen Frost		Male	1537	59:52	1781
1857	7374	0:55:19	Ellie Reader		Female	320	1:08:52	2930
1858	1720	55:20	Lee Boswell		Male	1538	58:48	1680
1859	2248	55:20	Christina Boswell	Tri-Anglia Triathlon Club	Female	321	58:47	1677
1860	5578	0:55:20	Rebecca Price		Female	322	1:05:43	2517
1861	5058	0:55:22	Lucy Philpott		Female	323	1:04:36	2364
1862	35	55:22	Mike Persich		Male	1539	56:12	1358
1863	4021	0:55:22	Jonathan Bolton	Ipswich Jaffa RC	Male	1540	1:01:50	2008
1864	6786	0:55:22	Jonathan Jarrold		Male	1541	1:09:31	3024
1865	4223	0:55:23	Andrew McPherson		Male	1542	1:02:23	2079
1866	454	55:23	Brian Wilson		Male	1543	56:31	1398
1867	2177	0:55:24	Ian Cooper		Male	1544	1:02:27	2088
1868	2302	55:25	Fay Wheeler	Wymondham AC	Female	324	59:27	1745
1869	3961	0:55:25	Amy Wright		Female	325	1:03:05	2176
1870	5943	0:55:26	Anne-Marie Palmer		Female	326	1:04:31	2350
1871	2672	55:26	Peter Tassone		Male	1545	59:53	1782
1872	1586	55:27	Sam Grout		Male	1546	59:01	1708
1873	5613	0:55:28	Emma Staton		Female	327	1:05:34	2501
1874	1861	55:29	Peter Harwood		Male	1547	58:36	1647
1875	72	55:29	Martin Farrimond		Male	1548	56:01	1333
1876	4162	0:55:29	Holly Richards		Female	328	1:01:31	1970
1877	2545	55:29	Hung Lai		Male	1549	58:54	1697
1878	4692	0:55:30	Ben Cahill		Male	1550	1:05:26	2484
1879	1356	55:30	Sameer Parekh		Male	1551	58:33	1641
1880	2565	55:30	Jack Long		Male	1552	58:43	1662
1881	1598	55:30	Matthew Gill		Male	1553	59:32	1752
1882	3470	0:55:30	Elizabeth Gibson	Diss and District AC	Female	329	1:01:51	2014
1883	2064	55:31	Gillian Grand		Female	330	58:45	1671
1884	2279	55:31	Paul Waters	Bure Valley Harriers	Male	1554	58:37	1653
1885	5481	0:55:31	Aaron Beck		Male	1555	1:04:35	2362
1886	6609	0:55:32	Stephen Topley		Male	1556	1:10:06	3087
1887	2656	55:32	Rick Bowler		Male	1557	59:28	1749
1888	3909	0:55:32	Miss Stoner		Female	331	1:01:59	2026
1889	2525	55:32	Colin Chamberlain		Male	1558	59:14	1726
1890	1840	55:33	Keith Spanswick		Male	1559	59:50	1775

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1891	4174	0:55:33	Tim Ratcliffe		Male	1560	1:01:36	1979
1892	2329	0:55:33	Jonathan Brighton	Norfolk Gazelles AC	Male	1561	1:00:22	1830
1893	2199	55:34	Alex Saunders		Male	1562	59:09	1718
1894	3298	0:55:36	Julie Dilrew		Female	332	1:02:04	2038
1895	970	55:36	S Bland	Norwich Road Runners	Female	333	58:52	1692
1896	1658	55:36	Ilona Gray		Female	334	58:52	1695
1897	3152	0:55:36	Lynda Howard		Female	335	1:01:48	2001
1898	3103	0:55:36	Emma Yardy		Female	336	1:01:47	1999
1899	2842	55:36	Richard Greenwood		Male	1563	59:01	1707
1900	2234	0:55:36	Simon Hagg	Tri-Anglia Triathlon Club	Male	1564	1:00:13	1817
1901	3252	0:55:37	Heidi Hudson		Female	337	1:02:26	2084
1902	4240	0:55:37	Andrew Mundy		Male	1565	1:02:00	2028
1903	832	55:37	Andrew Lillycrop		Male	1566	55:45	1311
1904	2797	0:55:37	Sophie Saunders	North Norfolk Beach Runners	Female	338	1:01:50	2009
1905	2701	0:55:38	Nicola Seaman		Female	339	1:02:28	2090
1906	3130	55:38	David Thornhill		Male	1567	59:20	1732
1907	7148	0:55:38	Jack Rayner		Male	1568	1:08:41	2908
1908	554	55:38	Kirsty Johnstone	Barnet & District AC	Female	340	56:01	1332
1909	6746	0:55:39	Nick Harris		Male	1569	1:08:55	2938
1910	1908	55:40	Jamie Tubby		Male	1570	59:36	1759
1911	2246	55:40	Kayleigh Bailey	Thetford AC	Female	341	59:15	1727
1912	4360	0:55:40	Dominic Straw		Male	1571	1:01:44	1994
1913	2324	55:40	Charles Wood	Norwich Road Runners	Male	1572	58:44	1666
1914	6076	0:55:40	Chris Bugg		Male	1573	1:10:00	3073
1915	3254	0:55:40	Tracy Harker		Female	342	1:02:03	2036
1916	1431	55:41	Daniel Shanks		Male	1574	56:51	1442
1917	3153	0:55:41	Edward Savage		Male	1575	1:01:52	2017
1918	7337	0:55:41	Becky Edwards		Female	343	1:08:45	2916
1919	2736	0:55:41	Andrew Slattery		Male	1576	1:00:00	1791
1920	2227	55:41	Peter Kean-Cockburn	Coltishall Jaguars RC	Male	1577	58:51	1690
1921	2578	55:42	Liz Poole		Female	344	59:25	1740
1922	2008	55:42	David Dilrew		Male	1578	59:08	1716
1923	3261	0:55:42	Adam Avery		Male	1579	1:02:39	2118
1924	362	55:42	Nathan Reynolds		Male	1580	58:48	1678
1925	3385	0:55:43	Tom Marrison		Male	1581	1:02:18	2065
1926	5329	0:55:43	Clare Bland		Female	345	1:05:22	2476
1927	1217	55:43	Alison Armstrong		Female	346	58:50	1686
1928	1230	55:43	Carl Bergdahl	Ipswich Jaffa RC	Male	1582	56:35	1408
1929	4434	0:55:43	Tom Purchase		Male	1583	1:02:00	2029
1930	6715	0:55:43	Amanda Barmby		Female	347	1:08:49	2920
1931	3849	0:55:44	Nicola Doggett		Female	348	1:02:01	2031
1932	6278	0:55:44	Somayya Kajee		Female	349	1:10:21	3110
1933	711	55:44	Christopher Carver		Male	1584	56:37	1413
1934	3052	0:55:45	Glenn Basham	Wymondham AC	Male	1585	1:01:58	2024
1935	1841	55:45	Michael Ducker		Male	1586	59:22	1736
1936	3457	0:55:45	Christian Amos		Male	1587	1:02:30	2095
1937	4095	0:55:45	Daryl Bunting		Male	1588	1:01:59	2025
1938	2221	0:55:46	Claire Smith	Norwich Road Runners	Female	350	1:00:30	1847
1939	3235	0:55:46	Kevin Wright		Male	1589	1:02:05	2042
1940	3871	0:55:46	Sarah Walkeden		Female	351	1:02:14	2055
1941	1212	0:55:46	Kevin Bray	Norwich Road Runners	Male	1590	1:00:30	1846
1942	3371	0:55:46	Richard Todd		Male	1591	1:02:33	2100
1943	3346	0:55:46	Olivia Thomas		Female	352	1:02:17	2062
1944	6223	0:55:46	Lottie Wakeling		Female	353	1:08:50	2922
1945	1568	55:47	Gary Rowley		Male	1592	59:27	1748
1946	2792	55:47	Jane Harrison	Norwich Road Runners	Female	354	58:51	1688
1947	2264	0:55:48	Paul Saunders	Tri-Anglia Triathlon Club	Male	1593	1:00:21	1828
1948	2164	55:48	Emily Linnell		Female	355	59:00	1706
1949	3869	0:55:48	Georgina Sutton	Tri-Anglia Triathlon Club	Female	356	1:02:36	2109
1950	2450	0:55:48	Paul Davis		Male	1594	1:00:00	1790
1951	3063	0:55:48	Helena Daniell		Female	357	1:02:15	2060
1952	1742	0:55:48	Lizzie Moulton		Female	358	1:02:20	2072
1953	760	0:55:49	Dariush Fassihi		Male	1595	1:04:56	2414
1954	1834	0:55:49	Gail Thomas		Female	359	1:02:20	2071
1955	1987	55:50	Emma Dady		Female	360	59:07	1714
1956	2153	0:55:51	Iain Kermode		Male	1596	1:00:18	1823
1957	1443	55:51	Nigel Roberts		Male	1597	56:39	1419
1958	3347	0:55:51	Megan Kendrick		Female	361	1:03:01	2168
1959	5095	0:55:51	Cathy Tyrrell		Female	362	1:04:53	2405
1960	4356	0:55:52	Simon Hersey		Male	1598	1:02:40	2119

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by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1961	6149	0:55:52	Peter Beck		Male	1599	1:10:21	3109
1962	5094	0:55:52	David Tyrrell		Male	1600	1:04:54	2407
1963	3255	0:55:52	Alex Brightwell		Female	363	1:01:55	2023
1964	2683	0:55:53	Ben Jones		Male	1601	1:00:13	1816
1965	2468	0:55:53	Emma Beard		Female	364	1:00:01	1794
1966	3890	0:55:54	Edward Thomsett	Wymondham AC	Male	1602	1:02:21	2074
1967	2350	0:55:54	Calvin Pearson		Male	1603	1:05:31	2496
1968	4065	0:55:54	Brian Lewis		Male	1604	1:02:20	2070
1969	2912	0:55:56	Jan Davis		Male	1605	1:00:07	1806
1970	2295	0:55:56	Karen Evans	Coltishall Jaguars RC	Female	365	1:02:42	2127
1971	2256	55:56	Christopher Carr	Norwich Road Runners	Male	1606	59:50	1776
1972	2544	0:55:57	Kate Gooding		Female	366	1:00:32	1850
1973	3875	0:55:57	Chris Gibbons	Ipswich Jaffa RC	Male	1607	1:02:14	2057
1974	1927	55:58	Hannah Seago		Female	367	59:19	1731
1975	2598	55:59	Laura Seago		Female	368	59:20	1733
1976	3156	0:55:59	Roderick Main	Tri-Anglia Triathlon Club	Male	1608	1:03:38	2238
1977	3345	0:55:59	Mark Watlow		Male	1609	1:02:02	2033
1978	2518	0:55:59	Lee Todd		Male	1610	1:00:48	1888
1979	1971	55:59	John Organ		Male	1611	59:37	1763
1980	1659	55:59	Richard Gedge		Male	1612	59:36	1761
1981	5382	0:56:00	Mareks Sprogis		Male	1613	1:05:36	2505
1982	5471	0:56:00	Layla Bedford	Waveney Valley AC	Female	369	1:05:12	2444
1983	2803	0:56:00	Debbie Nevard	Norwich Road Runners	Female	370	1:02:08	2044
1984	2875	56:00	Steven Guy		Male	1614	59:54	1784
1985	3164	0:56:01	Declan Marks		Male	1615	1:03:34	2232
1986	3266	0:56:01	Carri Vendy		Female	371	1:02:21	2073
1987	2559	0:56:01	Lindsay Howlett		Female	372	1:00:28	1843
1988	3954	0:56:02	James Dale		Male	1616	1:05:18	2462
1989	3569	0:56:02	Liam Humphrey		Male	1617	1:02:11	2051
1990	2444	0:56:03	Natalie Czykieta		Female	373	1:00:07	1807
1991	2486	0:56:03	Linda Baxter		Female	374	1:00:35	1857
1992	2310	0:56:03	D Gray	Norwich Road Runners	Male	1618	1:02:11	2052
1993	2105	0:56:04	Richard Goodenough		Male	1619	1:00:12	1812
1994	2209	56:04	Johanna Brakenbury		Female	375	59:35	1755
1995	41	0:56:04	David Crotch		Male	1620	1:03:47	2257
1996	4803	0:56:05	K Tangen-Sorgendal		Male	1621	1:05:19	2466
1997	1161	56:05	Alex Gaunt	Norwich Road Runners	Male	1622	56:49	1439
1998	2916	56:06	Scott Aldridge		Male	1623	59:52	1780
1999	4213	0:56:06	Chris Wiseman		Male	1624	1:03:27	2214
2000	3969	56:06	Zsolt Benedek		Male	1625	59:26	1742
2001	4386	0:56:06	Daniel Snowden		Male	1626	1:09:30	3019
2002	3358	0:56:06	Leanne Botwright	Bure Valley Harriers	Female	376	1:02:53	2147
2003	4192	0:56:07	Simon Blackwell		Male	1627	1:02:39	2116
2004	1263	0:56:07	David Hogg	Beccles & Bungay Harriers	Male	1628	1:02:39	2117
2005	5850	0:56:07	April Herathge		Female	377	1:05:08	2438
2006	3882	0:56:07	Benjamin Howard		Male	1629	1:02:49	2135
2007	5636	0:56:07	Paul Campbell		Male	1630	1:05:14	2446
2008	7173	0:56:07	Neil Robertson		Male	1631	1:09:10	2966
2009	827	0:56:08	James Shelton		Male	1632	1:00:27	1840
2010	2455	56:08	Charlotte Dillaway		Female	378	59:24	1739
2011	5072	0:56:08	Stuart Whiley		Male	1633	1:06:36	2637
2012	5844	0:56:08	Daniel Kelly		Male	1634	1:06:38	2643
2013	3342	0:56:10	Jon Archer		Male	1635	1:02:15	2058
2014	6091	0:56:10	Aidan Bull		Male	1636	1:06:32	2626
2015	5076	0:56:11	Richard Green-Street		Male	1637	1:05:14	2447
2016	3344	0:56:11	Andrew Leeder		Male	1638	1:02:54	2153
2017	1254	56:12	Trafford Burrell		Male	1639	59:36	1760
2018	1220	56:12	David Grimes		Male	1640	59:21	1734
2019	1817	0:56:12	Louise Cook		Female	379	1:00:08	1809
2020	1988	0:56:12	Steven Miller		Male	1641	1:00:03	1796
2021	2077	0:56:12	Paul Currie		Male	1642	1:00:01	1793
2022	4217	0:56:12	Nicola Edwards		Female	380	1:02:34	2103
2023	2721	0:56:12	Lucy Naylor		Female	381	1:00:03	1797
2024	1320	56:12	Rebecca Knowles		Female	382	57:23	1509
2025	4714	0:56:13	Tobias Bolton		Male	1643	1:05:34	2502
2026	2655	56:13	Sharon Burrell		Female	383	59:36	1762
2027	1853	0:56:13	Simon George		Male	1644	1:00:54	1902
2028	2448	0:56:13	Dan Osborne		Male	1645	1:02:23	2080
2029	3475	0:56:13	Hayley Thompson		Female	384	1:02:22	2078
2030	2337	56:13	Andy Driscoll		Male	1646	59:46	1773

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
2031	5765	0:56:14	Darren Leck		Male	1647	1:06:34	2632
2032	764	0:56:15	Rob Emery	North Norfolk Beach Runners	Male	1648	1:02:27	2087
2033	3321	0:56:15	Chris Hartley		Male	1649	1:02:42	2128
2034	2779	56:15	Jon Andrews	Waveney Valley AC	Male	1650	59:24	1738
2035	5125	0:56:15	Rory Ives		Male	1651	1:05:20	2469
2036	2168	0:56:16	Melanie Chaplin		Female	385	1:00:12	1814
2037	3295	0:56:16	Tom Bruce		Male	1652	1:02:38	2115
2038	3562	0:56:16	Edward Banks		Male	1653	1:02:35	2106
2039	1904	56:16	Anne Graveling		Female	386	59:43	1767
2040	3065	0:56:17	Mark Fitch	Norfolk Gazelles AC	Male	1654	1:03:11	2190
2041	2649	0:56:17	Leah Knee		Female	387	1:00:44	1874
2042	1973	0:56:17	Linzi Gray		Female	388	1:03:44	2250
2043	1894	0:56:17	Benjamin Humphrey		Male	1655	1:03:45	2252
2044	5402	0:56:17	Claire Humphries		Female	389	1:07:53	2797
2045	3910	0:56:18	Gary Chandler		Male	1656	1:02:22	2077
2046	5905	0:56:18	Jake Rose		Male	1657	1:06:07	2568
2047	2902	0:56:19	Rob Whalen		Male	1658	1:00:48	1887
2048	4435	0:56:19	Frances Brown		Female	390	1:02:44	2130
2049	3916	0:56:19	Liam Buffin		Male	1659	1:02:33	2099
2050	143	56:19	Charli Thomas		Female	391	56:27	1390
2051	1978	56:19	Sarah Withington		Female	392	59:33	1753
2052	988	56:19	Adam Smith		Male	1660	56:27	1389
2053	2293	0:56:19	Dave Catchpole	Waveney Valley AC	Male	1661	1:00:25	1838
2054	1281	56:20	Ashley Mayes		Male	1662	57:31	1533
2055	5848	0:56:21	Ross Amies		Male	1663	1:05:49	2526
2056	4336	0:56:21	Glenn Barkell		Male	1664	1:02:41	2124
2057	3484	0:56:21	Anthony Wall		Male	1665	1:03:25	2210
2058	1793	0:56:21	Philip Holt		Male	1666	1:01:02	1914
2059	563	0:56:21	Dan Jones	Norfolk Gazelles AC	Male	1667	1:00:24	1834
2060	4326	0:56:21	Sally Newnham		Female	393	1:02:37	2111
2061	2325	56:22	Vicky Bailey	Norwich Road Runners	Female	394	59:39	1765
2062	1587	0:56:22	Glen Wilson-Sutter		Male	1668	1:00:58	1906
2063	1246	0:56:22	Barry Woolnough		Male	1669	1:03:49	2266
2064	3496	0:56:23	Tim Ward		Male	1670	1:02:35	2104
2065	4406	0:56:24	Jamie Bennett		Male	1671	1:05:52	2538
2066	2060	0:56:25	Darren Claxton		Male	1672	1:00:19	1825
2067	1748	0:56:26	Joey Plummer		Male	1673	1:00:04	1803
2068	2505	0:56:26	Mark Johnson		Male	1674	1:00:43	1871
2069	1856	0:56:27	Matthew Anderson		Male	1675	1:03:03	2173
2070	3246	0:56:27	Kevin Belsey		Male	1676	1:03:02	2170
2071	6789	0:56:28	Joe Bean		Male	1677	1:12:25	3327
2072	3067	0:56:28	Paul Littlewood		Male	1678	1:05:42	2515
2073	4081	0:56:29	Paul Peek	Waveney Valley AC	Male	1679	1:04:02	2295
2074	2286	0:56:29	Sarah Knapp	Norfolk Gazelles AC	Female	395	1:00:58	1908
2075	1620	0:56:29	Andrew Brinded		Male	1680	1:00:48	1886
2076	3684	0:56:29	Owen Nicholls		Male	1681	1:03:36	2237
2077	3897	0:56:29	Kirsty Schwier		Female	396	1:03:19	2200
2078	2150	56:29	Stuart Charlesworth		Male	1682	59:56	1788
2079	4013	0:56:30	Tara Betts		Female	397	1:02:47	2134
2080	2765	0:56:30	Ella Wakeley	Great Yarmouth & District AC	Female	398	1:00:43	1872
2081	2687	0:56:30	Peter Vrabec		Male	1683	1:00:41	1867
2082	3659	0:56:30	Adrian Rutterford	City Of Norwich AC	Male	1684	1:04:03	2297
2083	1596	0:56:30	Graham Wales		Male	1685	1:00:49	1891
2084	1836	56:31	Louise Radford		Female	399	59:55	1785
2085	4319	0:56:31	Andrew Welsted		Male	1686	1:02:37	2112
2086	2226	0:56:31	Michelle Barker	Wymondham AC	Female	400	1:00:19	1826
2087	5399	0:56:31	Richard Evans		Male	1687	1:06:09	2572
2088	2669	0:56:32	Ray Winney		Male	1688	1:00:15	1818
2089	1818	56:32	Charles Auger		Male	1689	59:55	1786
2090	2031	0:56:33	Richard Lennox		Male	1690	1:00:01	1792
2091	2643	0:56:33	Sherralyn Blakely		Female	401	1:00:43	1873
2092	3873	0:56:33	Clare Steadman		Female	402	1:06:58	2680
2093	7380	0:56:33	Jack Williams Dodd		Male	1691	1:09:38	3040
2094	1704	56:34	Sean Reeve		Male	1692	59:38	1764
2095	2645	0:56:35	Claire Owen		Female	403	1:02:56	2157
2096	1622	0:56:36	Marc Ward		Male	1693	1:00:23	1833
2097	5895	0:56:36	Haydn Orford		Male	1694	1:07:07	2699
2098	2804	0:56:37	Vicky Last	North Norfolk Beach Runners	Female	404	1:00:42	1869
2099	5409	0:56:38	Patrick McCabe	Waveney Valley AC	Male	1695	1:05:57	2553
2100	1569	56:38	Chris Sutcliffe		Male	1696	59:47	1774

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
2101	2828	56:38	Karl Hayward		Male	1697	59:46	1772
2102	4762	0:56:39	Matthew Dagless		Male	1698	1:05:52	2533
2103	4397	0:56:39	Karl Hunter		Male	1699	1:02:57	2160
2104	2826	0:56:40	Chris Bolderstone		Male	1700	1:00:49	1892
2105	2280	56:41	Jess Hollis	Bure Valley Harriers	Female	405	59:51	1779
2106	3503	0:56:41	Rob Hirst		Male	1701	1:04:30	2346
2107	4784	0:56:41	Marcus Tilsley		Male	1702	1:06:20	2599
2108	2691	0:56:41	Julie Smith		Female	406	1:00:36	1859
2109	4139	0:56:41	Natalie Drake	North Norfolk Beach Runners	Female	407	1:03:10	2187
2110	1781	0:56:42	Matthew Conway		Male	1703	1:00:53	1899
2111	2142	0:56:42	Darin Geary		Male	1704	1:01:04	1917
2112	6073	0:56:43	Kevin Bugg		Male	1705	1:11:03	3170
2113	3283	0:56:44	Tiffany Bentley		Female	408	1:03:11	2189
2114	681	56:45	Andy Smith		Male	1706	57:30	1531
2115	3664	0:56:45	Kerry Metcalf	Norwich Road Runners	Female	409	1:02:53	2148
2116	4031	0:56:46	Melanie Whittred		Female	410	1:02:50	2142
2117	4929	0:56:46	S Sweatman-Wright		Male	1707	1:05:48	2525
2118	734	0:56:46	William Brown		Male	1708	1:03:40	2245
2119	2834	0:56:46	Nick Taylor		Male	1709	1:00:11	1811
2120	3396	0:56:46	Ben Howes		Male	1710	1:02:54	2152
2121	7135	0:56:47	Ben Roat		Male	1711	1:12:28	3333
2122	2744	0:56:48	Liz Harris	North Norfolk Beach Runners	Female	411	1:00:41	1868
2123	2925	56:48	Alison Fiddy		Female	412	59:56	1787
2124	2758	0:56:48	Jason Hawes	Ryston Runners	Male	1712	1:00:17	1821
2125	2263	0:56:49	Julian Jardine	Coltishall Jaguars RC	Male	1713	1:00:10	1810
2126	2437	0:56:49	Chukwuemeka Nsonwu		Male	1714	1:00:54	1901
2127	1653	0:56:49	Neal Hussey		Male	1715	1:00:33	1852
2128	2919	0:56:50	Tom Matthews		Male	1716	1:00:34	1855
2129	4172	0:56:50	Alistair Danesh		Male	1717	1:04:18	2317
2130	3922	0:56:51	Kirsty Henning		Female	413	1:03:27	2213
2131	3101	0:56:52	Clive Cartner	Coltishall Jaguars RC	Male	1718	1:03:03	2172
2132	1561	0:56:52	Claire Ramsbottom		Female	414	1:00:16	1819
2133	4415	0:56:52	Chelsea Lea		Female	415	1:03:49	2263
2134	3420	0:56:53	Danny Burton		Male	1719	1:03:08	2183
2135	3856	0:56:53	Stuart Bizley	Dereham Runners & AC	Male	1720	1:03:49	2267
2136	3994	0:56:53	Leanne Hitchin		Female	416	1:03:36	2236
2137	1832	0:56:53	Benny Lok		Male	1721	1:01:18	1936
2138	3329	0:56:53	Benjamin Marshall		Male	1722	1:00:53	1898
2139	3102	0:56:53	Angela Bell	Coltishall Jaguars RC	Female	417	1:03:04	2175
2140	2844	0:56:54	Liam Cleeton		Male	1723	1:01:06	1925
2141	1688	0:56:54	Ian Davies		Male	1724	1:00:27	1841
2142	2297	0:56:54	Karl Dodgson	Coltishall Jaguars RC	Male	1725	1:03:47	2260
2143	2843	0:56:54	Hanna Brown		Female	418	1:01:07	1926
2144	3957	0:56:54	Michael Meller		Male	1726	1:02:59	2163
2145	2133	0:56:55	Nick Howe		Male	1727	1:00:17	1820
2146	3066	0:56:55	Kelly Shaw		Female	419	1:03:02	2171
2147	2883	0:56:55	Leon Egmore		Male	1728	1:00:45	1879
2148	2266	0:56:55	N Middleton-Hall	Wymondham AC	Female	420	1:01:36	1983
2149	528	0:56:55	Nick Welsh		Male	1729	1:00:52	1895
2150	7355	0:56:56	Andrew Webb		Male	1730	1:12:37	3345
2151	2087	0:56:56	Angela Perkins		Female	421	1:00:12	1813
2152	1686	0:56:56	Andrea Mills		Female	422	1:01:26	1956
2153	516	56:57	Elliot Branford		Male	1731	57:09	1475
2154	3911	0:56:59	Nicola Rands	North Norfolk Beach Runners	Female	423	1:04:50	2395
2155	1919	0:56:59	Terry Latimer		Male	1732	1:03:57	2280
2156	2320	0:57:00	Rebecca Parke	Norfolk Gazelles AC	Female	424	1:03:31	2226
2157	1711	0:57:00	Tim Linstead		Male	1733	1:00:19	1824
2158	4052	0:57:01	Chris Tyrrell		Male	1734	1:03:15	2196
2159	3251	0:57:01	Oliver Page		Male	1735	1:03:13	2194
2160	3276	0:57:01	Tim Andrews		Male	1736	1:03:10	2188
2161	3137	0:57:01	Shaun Rackham		Male	1737	1:03:08	2184
2162	3149	0:57:01	Victoria Pinch	Tri-Anglia Triathlon Club	Female	425	1:04:24	2330
2163	3929	0:57:01	Laura Downs		Female	426	1:03:14	2195
2164	3515	0:57:02	Jake Rodwell		Male	1738	1:04:30	2347
2165	1652	0:57:02	Alison Brister		Female	427	1:00:04	1802
2166	3154	0:57:02	Sara Margason		Female	428	1:04:25	2337
2167	4851	0:57:02	Cameron Rudd		Male	1739	1:07:30	2758
2168	2187	0:57:04	Andy Fleet		Male	1740	1:00:59	1910
2169	2703	0:57:04	Natalie Sargent		Female	429	1:03:13	2193
2170	2216	0:57:04	Chris Baldwin	Norwich Road Runners	Male	1741	1:03:21	2203

Run Norwich

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by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
2171	1723	0:57:04	Martin Watson		Male	1742	1:01:46	1996
2172	6243	0:57:04	Ophelie Humphrey		Female	430	1:10:08	3091
2173	1223	0:57:05	Jason Browne	Waveney Valley AC	Male	1743	1:10:08	3090
2174	5436	0:57:05	Karen Bradley		Female	431	1:06:16	2589
2175	2747	0:57:05	Shara Hayes	Ely Runners	Female	432	1:00:45	1880
2176	772	0:57:05	Iain Patterson		Male	1744	1:07:02	2687
2177	1374	57:05	Matthew Cooper		Male	1745	58:06	1592
2178	4931	0:57:06	Joanna Skinner		Female	433	1:07:03	2689
2179	2873	0:57:06	Ben Page		Male	1746	1:01:27	1959
2180	3718	0:57:07	Sarah Gidlow		Female	434	1:03:22	2204
2181	4345	0:57:08	Richard Daly	Dereham Runners & AC	Male	1747	1:08:27	2884
2182	2088	0:57:08	Nicholas Parry		Male	1748	1:01:19	1941
2183	4086	0:57:08	Charlene Calladine	Diss and District AC	Female	435	1:03:54	2275
2184	1806	0:57:08	James Bennett		Male	1749	1:01:30	1968
2185	5486	0:57:09	William Rogers		Male	1750	1:08:24	2873
2186	2434	0:57:10	Rachel Day		Female	436	1:04:36	2363
2187	3945	0:57:10	Fiona Davies		Female	437	1:03:12	2192
2188	2576	0:57:10	Iain Hewett		Male	1751	1:01:47	1997
2189	3973	0:57:13	Tracey Renshaw	Wymondham AC	Female	438	1:03:24	2209
2190	5716	0:57:13	Paul Gould		Male	1752	1:08:54	2935
2191	5044	0:57:14	Tom Casey		Male	1753	1:01:44	1993
2192	2614	0:57:14	Lisa Harris		Female	439	1:00:28	1844
2193	1238	57:14	Alison Buck		Female	440	58:25	1622
2194	3219	0:57:15	Alastair Notley		Male	1754	1:04:17	2315
2195	2419	0:57:16	Victoria Hook		Female	441	1:00:28	1842
2196	1289	0:57:16	Chelsea Pennell		Female	442	1:00:24	1836
2197	4180	0:57:16	Rebecca Soanes		Female	443	1:03:33	2228
2198	2457	0:57:16	Banice Frosdick		Female	444	1:00:25	1837
2199	2415	0:57:16	Steven Norris		Male	1755	1:00:45	1877
2200	2624	0:57:17	Julia Allum		Female	445	1:00:22	1832
2201	2528	0:57:18	Jonathan Howes		Male	1756	1:00:46	1881
2202	562	0:57:18	Jodie Causer	Norwich Road Runners	Female	446	1:06:30	2621
2203	3356	0:57:19	Catriona Morrison	Tri-Anglia Triathlon Club	Female	447	1:05:04	2428
2204	3351	0:57:19	Jess King		Female	448	1:03:46	2256
2205	4365	0:57:20	Daniel Place		Male	1757	1:03:26	2212
2206	4385	0:57:20	Ashley Howard		Male	1758	1:03:36	2235
2207	4824	0:57:20	John Causer	Norwich Road Runners	Male	1759	1:06:31	2625
2208	6780	0:57:20	Lisa Fewtrell	Dereham Runners & AC	Female	449	1:10:32	3124
2209	2204	0:57:21	Caroline Brown		Female	450	1:01:19	1939
2210	1657	0:57:21	James Bacon		Male	1760	1:01:18	1938
2211	4118	0:57:21	Maurice Stafford		Male	1761	1:04:17	2313
2212	1422	0:57:21	Katie Carroll		Female	451	1:06:27	2613
2213	3471	0:57:22	Lucia Fitzpatrick		Female	452	1:05:07	2436
2214	5372	0:57:22	Ian Scales		Male	1762	1:08:13	2843
2215	2113	0:57:22	Garry Ward		Male	1763	1:01:34	1975
2216	1135	57:22	Michael Sharman		Male	1764	57:58	1579
2217	436	0:57:23	Gary Howes		Male	1765	1:01:34	1974
2218	1134	57:23	Alan Waller		Male	1766	57:58	1580
2219	4317	0:57:23	Paul Baker		Male	1767	1:03:25	2211
2220	6125	0:57:23	Alice Hall		Female	453	1:10:28	3118
2221	2564	0:57:24	Thu Millsted		Female	454	1:02:04	2037
2222	3883	0:57:24	Bobbie Sauerzapf	Bungay Black Dog RC	Female	455	1:05:15	2452
2223	4586	0:57:24	Aaron Carter		Male	1768	1:03:42	2247
2224	689	57:25	Nick Eagle		Male	1769	58:13	1598
2225	2684	0:57:25	Stacey Kerrigan		Female	456	1:00:50	1893
2226	5945	0:57:26	Stuart Goodhew		Male	1770	1:10:52	3150
2227	2145	0:57:27	Tom Skinner		Male	1771	1:01:20	1944
2228	3529	0:57:27	Richard Watson		Male	1772	1:04:21	2324
2229	4958	0:57:27	Laura Sides		Female	457	1:06:29	2617
2230	1765	0:57:28	Michael Briggs		Male	1773	1:01:16	1934
2231	4310	0:57:28	Brian Donovan		Male	1774	1:03:50	2268
2232	4049	0:57:28	Kelly Snelling		Female	458	1:04:23	2327
2233	3109	0:57:28	Dieter Coulson		Male	1775	1:03:43	2248
2234	2709	0:57:30	Jonathan Warren		Male	1776	1:01:23	1949
2235	3903	0:57:31	Linsey Wilcox		Female	459	1:04:08	2301
2236	3670	0:57:31	Glenn Masterson		Male	1777	1:03:55	2276
2237	3237	0:57:31	Louise Plunkett		Female	460	1:03:36	2234
2238	1859	0:57:31	Joseph Hemmings		Male	1778	1:04:01	2291
2239	1726	0:57:32	Anna Daniels		Female	461	1:04:38	2368
2240	4115	0:57:32	Adam Rafferty		Male	1779	1:04:08	2300

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
2241	3144	0:57:33	Ian Woods	Norfolk Gazelles AC	Male	1780	1:04:18	2318
2242	1428	0:57:33	Jack Barker		Male	1781	1:05:05	2431
2243	4634	0:57:34	Tim Buttifant		Male	1782	1:08:41	2906
2244	2728	0:57:34	Gary Mortishire		Male	1783	1:00:38	1861
2245	2754	0:57:35	Gemma Aylen	Great Yarmouth Road Runners	Female	462	1:07:18	2724
2246	2666	0:57:35	Daniel Davis		Male	1784	1:01:26	1957
2247	5508	0:57:35	Lewis Patterson		Male	1785	1:06:39	2645
2248	2412	0:57:35	Shane Loftus		Male	1786	1:06:39	2644
2249	4866	0:57:36	Rachel Ollett	Great Yarmouth Road Runners	Female	463	1:07:18	2726
2250	3510	0:57:36	Ian Boreham		Male	1787	1:03:49	2264
2251	3077	0:57:36	Sarah Pitt	Norfolk Gazelles AC	Female	464	1:04:06	2299
2252	2621	0:57:36	Ian Robinson		Male	1788	1:01:06	1921
2253	2628	0:57:37	Tom Rampling		Male	1789	1:00:46	1882
2254	2542	0:57:37	Martin Roberts		Male	1790	1:01:42	1990
2255	5511	0:57:37	Katie Goakes		Female	465	1:06:40	2646
2256	4019	0:57:37	Daniel Burton		Male	1791	1:03:39	2242
2257	2622	0:57:38	Debbie Deonysiou		Female	466	1:01:38	1985
2258	2774	0:57:38	S Melton-Whitelam	Three Counties Running Club	Female	467	1:01:39	1987
2259	1845	0:57:38	Nick Fox		Male	1792	1:01:36	1980
2260	2788	0:57:39	Sarah Johnson	Three Counties Running Club	Female	468	1:01:39	1986
2261	3935	0:57:39	David Jones		Male	1793	1:04:52	2399
2262	2411	0:57:39	Joanna Cottrell		Female	469	1:04:24	2329
2263	2006	0:57:39	David Freezer		Male	1794	1:01:11	1931
2264	4206	0:57:39	Andrew Ridout		Male	1795	1:04:33	2356
2265	2139	0:57:39	Giles Long		Male	1796	1:01:19	1940
2266	4721	0:57:40	Connie Vallis		Female	470	1:08:49	2918
2267	3426	0:57:40	Paul Gerber	Coltishall Jaguars RC	Male	1797	1:04:25	2335
2268	1427	0:57:40	Hattie Swain		Female	471	1:04:24	2331
2269	5783	0:57:40	Martin Keeler		Male	1798	1:07:46	2779
2270	3953	0:57:40	Sonya Wragg	Coltishall Jaguars RC	Female	472	1:04:24	2333
2271	4119	0:57:40	Imogen Clarke		Female	473	1:03:53	2274
2272	3419	0:57:41	Martyn Carver		Male	1799	1:05:15	2451
2273	1833	0:57:41	Paula McGrath		Female	474	1:00:58	1907
2274	3498	0:57:41	Joanna Bevan		Female	475	1:04:23	2328
2275	1874	0:57:42	Jack Northwood		Male	1800	1:02:28	2091
2276	3233	0:57:42	Nicola Carroll-Hull		Female	476	1:04:02	2294
2277	2073	0:57:42	Andrew Earl		Male	1801	1:01:08	1929
2278	2640	0:57:42	Marc Hasketh-Boston		Male	1802	1:01:08	1928
2279	3382	0:57:43	Shayney Blyth		Female	477	1:03:51	2271
2280	3981	0:57:43	Steven Brown		Male	1803	1:03:59	2285
2281	5795	0:57:43	John Gavin		Male	1804	1:08:26	2880
2282	3951	0:57:43	Helen McCall		Female	478	1:04:02	2293
2283	2491	0:57:43	Jessica Brown		Female	479	1:03:59	2284
2284	4048	0:57:43	Bill Wilkins		Male	1805	1:05:10	2441
2285	2492	0:57:43	Mathew Leroy Hood		Male	1806	1:03:59	2287
2286	3333	0:57:43	Randall Socrates		Male	1807	1:03:53	2273
2287	4827	0:57:43	Rachel Burt		Female	480	1:07:00	2685
2288	5631	0:57:44	Alicia Masson		Female	481	1:06:59	2682
2289	2522	0:57:44	Charlotte Stokes		Female	482	1:01:11	1930
2290	474	0:57:44	Chris Mahoney		Male	1808	1:04:39	2373
2291	2319	0:57:45	Angie Martin	Wymondham AC	Female	483	1:02:00	2030
2292	2872	0:57:46	Antony Hinchliffe		Male	1809	1:01:54	2020
2293	4594	0:57:46	Caitlin Notley		Female	484	1:07:47	2781
2294	4142	0:57:46	Finola Lundgren		Female	485	1:01:47	1998
2295	2785	0:57:47	Kate Hutson	Ipswich Jaffa RC	Female	486	1:01:52	2018
2296	2903	0:57:47	Danny Sharpe		Male	1810	1:01:06	1922
2297	2607	0:57:48	Kurt Bish		Male	1811	1:02:05	2041
2298	1870	0:57:48	Kayley Boreham		Female	487	1:01:49	2003
2299	4637	0:57:48	Darren Clack		Male	1812	1:08:11	2835
2300	3902	0:57:49	James Allen		Male	1813	1:04:31	2353
2301	5394	0:57:49	Mark Hurren		Male	1814	1:07:35	2766
2302	7303	0:57:49	David Wakelin		Male	1815	1:10:56	3154
2303	5111	0:57:50	Tom Arnold		Male	1816	1:07:09	2704
2304	4647	0:57:50	Ncik Hawkes		Male	1817	1:07:11	2709
2305	3111	0:57:50	David Spurgeon		Male	1818	1:04:16	2311
2306	2034	0:57:51	Estelle Corner		Female	488	1:01:41	1988
2307	3088	0:57:51	Sarah Sutton		Female	489	1:04:28	2341
2308	3395	0:57:51	Anne Florence		Female	490	1:04:32	2355
2309	3171	0:57:51	Liam Mullen		Male	1819	1:03:57	2282
2310	3886	0:57:51	Victoria Laughland		Female	491	1:03:58	2283

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
2311	4114	0:57:52	Edward Whall		Male	1820	1:04:55	2408
2312	2184	0:57:52	Katie Doughty		Female	492	1:01:35	1977
2313	1967	0:57:52	Neil Barlow		Male	1821	1:01:48	2002
2314	6052	0:57:53	Orlagh Marks		Female	493	1:10:59	3160
2315	2058	0:57:53	Glenn Harcourt		Male	1822	1:04:44	2383
2316	4203	0:57:54	Daniel Cooper		Male	1823	1:05:29	2492
2317	2027	0:57:54	Dianne Tilbrook		Female	494	1:02:04	2039
2318	4715	0:57:55	Dominique Hudson		Female	495	1:08:54	2936
2319	2331	0:57:55	Lee Roth	Waveney Valley AC	Male	1824	1:02:41	2126
2320	3105	0:57:55	Richard Truswell		Male	1825	1:04:00	2289
2321	4568	0:57:55	Mercedez Butler		Female	496	1:07:46	2778
2322	4183	0:57:56	Lee Waddington		Male	1826	1:04:20	2322
2323	627	57:56	Andy Ives	Dunerunner	Male	1827	58:47	1673
2324	3755	0:57:56	Matthew Hussey		Male	1828	1:04:49	2394
2325	2934	0:57:57	Tom Hutt		Male	1829	1:02:24	2081
2326	2019	0:57:57	Victoria Utting		Female	497	1:02:32	2098
2327	757	0:57:57	Georgie Sexton	Tri-Anglia Triathlon Club	Female	498	1:01:20	1942
2328	3845	0:57:57	Alex Atkinson		Male	1830	1:04:05	2298
2329	1680	0:57:57	Matthew English		Male	1831	1:01:45	1995
2330	7015	0:57:58	Tom Hilton		Male	1832	1:11:17	3200
2331	3400	0:57:58	Chris Brooks		Male	1833	1:04:25	2334
2332	2777	0:57:59	Julie Rickards	Bungay Black Dog RC	Female	499	1:01:05	1919
2333	2024	0:58:00	Richard Allsworth		Male	1834	1:01:13	1933
2334	3056	0:58:00	Louise Firman		Female	500	1:05:25	2480
2335	4697	0:58:00	Victoria Binnie		Female	501	1:07:02	2688
2336	3575	0:58:00	Matt Mullins		Male	1835	1:07:09	2705
2337	4006	0:58:00	Matt Green		Male	1836	1:04:52	2400
2338	3528	0:58:01	Christopher Lodge		Male	1837	1:06:02	2560
2339	3139	0:58:01	Bethan Gill		Female	502	1:04:16	2312
2340	3525	0:58:01	Imogen James		Female	503	1:04:41	2376
2341	4684	0:58:01	Helen Mullins		Female	504	1:07:10	2707
2342	2693	0:58:02	Gary Thurtle		Male	1838	1:04:47	2389
2343	3658	0:58:02	Louis Warnes		Male	1839	1:04:33	2358
2344	1656	0:58:02	Jamie Allison		Male	1840	1:02:38	2113
2345	3199	0:58:02	Laura Richardson	Norfolk Gazelles AC	Female	505	1:04:33	2357
2346	3937	0:58:02	Alice Wakeley	Great Yarmouth & District AC	Female	506	1:04:51	2397
2347	2049	0:58:02	Simon Lawler		Male	1841	1:01:29	1963
2348	564	58:03	Joe Marriott		Male	1842	58:44	1667
2349	2783	0:58:03	Tamara Mills	Coltishall Jaguars RC	Female	507	1:02:43	2129
2350	3418	0:58:03	Mark Nicholls		Male	1843	1:04:16	2310
2351	1406	0:58:03	Michal Zak		Male	1844	1:01:30	1967
2352	2050	0:58:04	Carolyn Lawler		Female	508	1:01:30	1964
2353	6977	0:58:05	Robert Cummings		Male	1845	1:11:52	3270
2354	3605	0:58:06	Katherine Staines		Female	509	1:04:21	2323
2355	2941	0:58:06	Chris Lubbock		Male	1846	1:01:11	1932
2356	5430	0:58:06	Jack Burton		Male	1847	1:07:25	2746
2357	6610	0:58:06	Elise Aho		Female	510	1:11:25	3214
2358	4636	0:58:06	David Ward		Male	1848	1:08:41	2907
2359	2938	0:58:07	Peter Alder		Male	1849	1:02:29	2093
2360	3376	0:58:07	Mat Ewing	Norfolk Harriers RC	Male	1850	1:06:20	2601
2361	2354	0:58:07	James Tarling		Male	1851	1:01:49	2004
2362	3421	0:58:08	Karl Walpole		Male	1852	1:04:24	2332
2363	3879	0:58:08	Alison Bennett	Runners Next the Sea	Female	511	1:04:36	2366
2364	3567	0:58:10	Carla Cole		Female	512	1:04:53	2404
2365	3606	0:58:10	Steven Burrell		Male	1853	1:04:38	2371
2366	536	0:58:11	Michael Ward		Male	1854	1:01:50	2007
2367	2738	0:58:11	Steven Boyd		Male	1855	1:04:48	2391
2368	2866	0:58:11	Paul Gaffer		Male	1856	1:02:09	2046
2369	4552	0:58:12	Robert Thorpe		Male	1857	1:09:16	2979
2370	2823	0:58:12	Neil Bird		Male	1858	1:01:41	1989
2371	2839	0:58:12	Neil Baxter		Male	1859	1:02:40	2123
2372	4751	0:58:12	Amelia Sissons		Female	513	1:08:58	2941
2373	2224	0:58:12	Martin Jones	Wymondham AC	Male	1860	1:01:50	2006
2374	1558	0:58:13	Christopher Kett		Male	1861	1:02:40	2120
2375	5647	0:58:15	Phil Leamon		Male	1862	1:07:19	2731
2376	2118	0:58:15	Mark Colman		Male	1863	1:04:25	2336
2377	2277	0:58:15	Josh Mannall	Norwich Road Runners	Male	1864	1:04:42	2382
2378	2427	0:58:15	Jurgen Long		Male	1865	1:02:40	2122
2379	2029	0:58:16	John Tilbrook		Male	1866	1:02:27	2086
2380	3262	0:58:16	John Sharpe		Male	1867	1:05:56	2548

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
2381	5429	0:58:17	Ali Hallam		Male	1868	1:08:08	2829
2382	3162	0:58:17	Helen Walden		Female	514	1:04:28	2342
2383	2225	0:58:18	Nina Green	Norfolk Harriers RC	Female	515	1:01:53	2019
2384	867	0:58:18	Mark Routledge		Male	1869	1:01:31	1969
2385	2066	0:58:18	George Nicholls		Male	1870	1:06:04	2562
2386	2250	0:58:18	Tracy Stevens	Wymondham AC	Female	516	1:02:31	2096
2387	2676	0:58:18	Robert Hodges		Male	1871	1:01:51	2013
2388	4050	0:58:18	Victoria Newstead		Female	517	1:04:42	2381
2389	3908	0:58:19	Tracey Melville	Coltishall Jaguars RC	Female	518	1:05:31	2494
2390	6214	0:58:19	Helen Emerson		Female	519	1:13:20	3421
2391	4363	0:58:19	Mark Catling		Male	1872	1:04:36	2365
2392	3465	0:58:20	Alex Wynn		Female	520	1:04:46	2387
2393	5414	0:58:20	Gemma Minors		Female	521	1:07:34	2764
2394	1355	0:58:21	Yueying Bao		Female	522	1:01:24	1952
2395	3296	0:58:21	Kayleigh Gibbons	Norwich Road Runners	Female	523	1:04:34	2359
2396	2140	0:58:22	Will Moy		Male	1873	1:03:01	2167
2397	3242	0:58:22	Mark Whysall		Male	1874	1:04:27	2338
2398	3125	0:58:22	John Adams		Male	1875	1:05:00	2420
2399	3239	0:58:23	Iain White		Male	1876	1:04:57	2416
2400	2172	0:58:24	Kirsty Chapman		Female	524	1:02:28	2089
2401	2856	0:58:25	Joe Forshaw		Male	1877	1:02:33	2101
2402	5557	0:58:25	Thoang Marriott		Female	525	1:07:27	2751
2403	5912	0:58:26	Tracy Want		Female	526	1:07:28	2753
2404	3413	0:58:27	Mark Cator		Male	1878	1:04:31	2351
2405	2328	0:58:27	Oliver Haswell	Bure Valley Harriers	Male	1879	1:05:19	2467
2406	2015	0:58:27	Sadie Smith		Female	527	1:02:19	2068
2407	2532	0:58:27	Robert Pyke		Male	1880	1:05:40	2511
2408	5845	0:58:28	Keith Williamson		Male	1881	1:07:38	2772
2409	4177	0:58:28	Alex Hilling-Smith		Male	1882	1:05:04	2430
2410	4258	0:58:28	Katy Carroll		Female	528	1:07:30	2757
2411	4178	0:58:28	Emma Hilling-Smith		Female	529	1:05:04	2429
2412	3930	0:58:28	Mark Peacher		Male	1883	1:05:56	2549
2413	3660	0:58:29	Peter Thomas		Male	1884	1:05:02	2424
2414	2639	0:58:29	Adrian Wicks		Male	1885	1:02:14	2054
2415	3933	0:58:29	Carina McLellan		Female	530	1:05:38	2507
2416	3538	0:58:29	Darren Hoadley		Male	1886	1:04:52	2402
2417	3307	0:58:29	Sarah Blyth		Female	531	1:05:40	2510
2418	6739	0:58:30	Nathan Prigg		Male	1887	1:11:34	3232
2419	44	58:30	Philip Powles		Male	1888	59:21	1735
2420	1966	0:58:31	Neil Oxbury		Male	1889	1:02:02	2032
2421	3959	0:58:31	Jake Bellamy		Male	1890	1:04:52	2401
2422	2322	0:58:31	Elaine Hudson	Norfolk Gazelles AC	Female	532	1:02:57	2159
2423	1852	0:58:32	Lauren Devine		Female	533	1:09:30	3021
2424	4060	0:58:32	Mark Duckett		Male	1891	1:04:49	2393
2425	4027	0:58:32	Graham Haveron		Male	1892	1:05:31	2495
2426	3589	0:58:32	Samantha Beales		Female	534	1:05:18	2461
2427	2712	0:58:32	Teresa Futter		Female	535	1:02:04	2040
2428	5250	0:58:32	Peter Hibbit		Male	1893	1:08:33	2890
2429	2078	0:58:33	Stephen Goff		Male	1894	1:02:25	2083
2430	6678	0:58:33	Robert Loone		Male	1895	1:11:39	3241
2431	4695	0:58:33	Shameem Golamy		Male	1896	1:07:54	2802
2432	2705	0:58:34	Joanne Fox		Female	536	1:03:07	2181
2433	6699	0:58:34	Brogan Crosby		Male	1897	1:11:39	3243
2434	4863	0:58:34	Richard Harrison		Male	1898	1:07:54	2800
2435	3155	0:58:34	Richard Hollings		Male	1899	1:04:48	2390
2436	4696	0:58:34	Anna Golamy		Female	537	1:07:55	2803
2437	4033	0:58:35	Claire Rose	Beccles & Bungay Harriers	Female	538	1:08:18	2850
2438	269	0:58:35	Stephen Moseley	Norwich Road Runners	Male	1900	1:09:00	2945
2439	3167	0:58:35	Heather Terry		Female	539	1:06:20	2598
2440	1555	0:58:35	Freya Tooley		Female	540	1:05:51	2532
2441	4293	0:58:36	Stuart Warner		Male	1901	1:04:41	2378
2442	5210	0:58:36	Peter Grant		Male	1902	1:09:00	2944
2443	5752	0:58:36	Lisa Lummis		Female	541	1:07:48	2784
2444	4185	0:58:36	Robert Elliott		Male	1903	1:04:45	2385
2445	5627	0:58:36	Claire Baker		Female	542	1:10:11	3097
2446	5364	0:58:37	Jo Potter		Female	543	1:10:10	3095
2447	3220	0:58:37	Tim Cook	Norfolk Gazelles AC	Male	1904	1:05:18	2460
2448	1626	0:58:37	Rachel Pailes		Female	544	1:02:36	2108
2449	4343	0:58:37	Debbie Secret		Female	545	1:06:14	2579
2450	2182	0:58:37	Emma Silk		Female	546	1:03:29	2220

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
2451	5045	0:58:37	Stephen Taylor		Male	1905	1:09:44	3050
2452	1891	0:58:38	Jeremy Howard		Male	1906	1:03:27	2216
2453	2107	0:58:38	Richard Beastall		Male	1907	1:03:09	2185
2454	3131	0:58:39	Stephanie Evans	Norfolk Gazelles AC	Female	547	1:05:26	2487
2455	3447	0:58:39	Naomi Reid		Female	548	1:05:01	2421
2456	3424	0:58:39	Ryan Duffer		Male	1908	1:04:50	2396
2457	3271	0:58:40	Craig Hill		Male	1909	1:04:58	2418
2458	2162	0:58:40	Simon Boyd		Male	1910	1:03:06	2180
2459	2514	0:58:41	Mital Dholakia		Male	1911	1:02:28	2092
2460	2617	0:58:41	Steve Whyte		Male	1912	1:02:10	2049
2461	1581	0:58:41	Katie Hupton		Female	549	1:03:32	2227
2462	3852	0:58:42	Jon Marsh		Male	1913	1:05:44	2520
2463	2611	0:58:42	Mandy Fryer		Female	550	1:01:50	2010
2464	4377	0:58:42	Lydia Chatwin		Female	551	1:04:54	2406
2465	2610	0:58:43	Stuart Fryer		Male	1914	1:01:50	2012
2466	4417	0:58:43	James Buchan		Male	1915	1:06:29	2618
2467	5675	0:58:45	Sue Daly		Female	552	1:10:03	3079
2468	1663	0:58:46	Victoria Pollington		Female	553	1:02:54	2150
2469	2538	0:58:46	Daniel Ryan		Male	1916	1:02:54	2154
2470	1664	0:58:46	Michael Clark		Male	1917	1:02:54	2149
2471	1642	0:58:46	Rob Sillett		Male	1918	1:04:57	2417
2472	4107	0:58:46	Lydia Chwarszczynski		Female	554	1:04:51	2398
2473	4024	0:58:47	Clare Self		Female	555	1:04:57	2415
2474	4765	0:58:47	Lucy Blakey		Female	556	1:08:24	2874
2475	2033	0:58:48	Kelly Powell		Female	557	1:03:27	2217
2476	3179	0:58:48	Paul Mitchelmore		Male	1919	1:06:14	2583
2477	2605	0:58:49	Alan Pruce		Male	1920	1:02:08	2045
2478	4626	0:58:49	Mark Harvey		Male	1921	1:09:31	3023
2479	3885	0:58:49	Dean Sharman		Male	1922	1:04:59	2419
2480	4340	0:58:49	Sarah Daniels		Female	558	1:05:25	2483
2481	4387	0:58:51	Anthony Wakeling		Male	1923	1:07:21	2734
2482	3466	0:58:52	Sarah Jarvis		Female	559	1:05:17	2459
2483	5391	0:58:52	Estelle Howard		Female	560	1:08:20	2860
2484	2075	0:58:52	Kate Wakeling		Female	561	1:07:21	2736
2485	3810	0:58:53	Shaun Walton		Male	1924	1:06:18	2597
2486	2069	0:58:53	Lee George		Male	1925	1:05:07	2435
2487	1672	0:58:53	Damo Steward		Male	1926	1:03:40	2244
2488	3600	0:58:53	Simon Fogg		Male	1927	1:06:21	2602
2489	2831	0:58:53	Matthew Abram		Male	1928	1:03:29	2219
2490	7333	0:58:54	Kevin Chapman		Male	1929	1:13:42	3462
2491	5915	0:58:54	Elizabeth Johnstone		Female	562	1:08:13	2840
2492	3265	0:58:54	Patricia McCarthy		Female	563	1:05:16	2454
2493	2724	0:58:54	Cheryl Brown		Female	564	1:05:12	2445
2494	3389	0:58:54	Justine Temple		Female	565	1:05:21	2471
2495	2629	0:58:54	Craig Osben		Male	1930	1:02:06	2043
2496	4563	0:58:54	Nicky Fuller		Female	566	1:08:05	2825
2497	425	0:58:54	Peter Laddiman	Norfolk Harriers RC	Male	1931	1:08:05	2822
2498	3788	0:58:55	Rachael Laws		Female	567	1:06:15	2587
2499	3674	0:58:55	Will Munday		Male	1932	1:06:40	2649
2500	1880	0:58:55	Roger Eglen		Male	1933	1:02:12	2053
2501	3603	0:58:55	Simon Jones		Male	1934	1:08:15	2846
2502	3248	0:58:55	Svitlana Zinchenko	Newmarket Joggers	Female	568	1:05:34	2499
2503	3570	0:58:56	Jasmine Carr-Daynes		Female	569	1:05:22	2475
2504	2429	0:58:56	Kaori King		Female	570	1:03:01	2166
2505	3226	0:58:56	Douglas Shawcross		Male	1935	1:06:44	2653
2506	2790	0:58:56	Sarah Lake	Dereham Runners & AC	Female	571	1:02:10	2050
2507	2148	0:58:56	Matthew Reeve		Male	1936	1:02:54	2151
2508	3178	0:58:56	Jo Scott		Female	572	1:02:18	2066
2509	4582	0:58:57	Debbie Tulloch	Orion Harriers	Female	573	1:08:19	2855
2510	3260	0:58:57	James Driscoll		Male	1937	1:05:21	2472
2511	4870	0:58:57	Damian Jermy		Male	1938	1:09:16	2978
2512	5015	0:58:58	Emma Lincoln	Norwich Road Runners	Female	574	1:08:53	2933
2513	2599	0:58:58	Dominic Haslam		Male	1939	1:03:35	2233
2514	4423	0:58:58	Darren Francis		Male	1940	1:05:41	2514
2515	3756	0:58:58	Jo Parr		Female	575	1:06:51	2668
2516	5665	0:58:59	Hayley Villarde		Female	576	1:08:21	2863
2517	3076	0:58:59	John Munday		Male	1941	1:06:46	2659
2518	2041	0:58:59	C Nowicka-Dylag		Female	577	1:02:19	2067
2519	4650	0:58:59	Darren Kent		Male	1942	1:09:33	3031
2520	3913	0:58:59	Carl Neale	North Norfolk Beach Runners	Male	1943	1:05:28	2490

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
2521	2284	0:59:00	Kiara Hamis	Norwich Road Runners	Female	578	1:02:55	2155
2522	2304	0:59:00	Stephen Harvey	Beccles & Bungay Harriers	Male	1944	1:02:58	2161
2523	3988	0:59:00	Alan Dix		Male	1945	1:05:20	2468
2524	3615	0:59:00	Tim Evans		Male	1946	1:05:47	2524
2525	5307	0:59:01	Lauren Woodcock		Female	579	1:12:16	3312
2526	3618	0:59:01	Alison Ewin		Female	580	1:05:15	2450
2527	1059	59:02	Andrew Wadsworth		Male	1947	59:35	1756
2528	4848	0:59:02	Jenna Hyam		Female	581	1:08:13	2841
2529	3934	0:59:02	David Drew		Male	1948	1:05:06	2433
2530	3526	0:59:03	Charlotte Darvill		Female	582	1:05:06	2432
2531	1842	0:59:03	Gabriella Cawston		Female	583	1:02:18	2064
2532	2117	0:59:03	Chris Penn		Male	1949	1:03:20	2202
2533	1957	0:59:03	Annina Whipp		Female	584	1:06:00	2555
2534	1034	0:59:03	Luke Tyce		Male	1950	1:03:05	2178
2535	2071	0:59:03	Margaret Blair		Female	585	1:03:45	2254
2536	3802	0:59:04	Richard Marks		Male	1951	1:06:36	2640
2537	4067	0:59:04	Demelza Hammond	Waveney Valley AC	Female	586	1:07:01	2686
2538	6463	0:59:04	Claire Sims		Female	587	1:02:21	2075
2539	3830	0:59:04	John Brighten		Male	1952	1:05:14	2448
2540	4704	0:59:05	Ann Sommazzi		Female	588	1:09:14	2977
2541	2555	0:59:05	Cate Moore		Female	589	1:02:59	2162
2542	3440	0:59:05	Sinead Livesey	Hatch Warren Runners	Female	590	1:05:10	2440
2543	4703	0:59:06	Lawrence Malyon		Male	1953	1:09:14	2976
2544	2702	0:59:06	Karen Bell		Female	591	1:03:19	2201
2545	2042	0:59:06	Melanie Holl		Female	592	1:02:24	2082
2546	3821	0:59:06	Sarah Scott		Female	593	1:05:17	2457
2547	2664	0:59:06	Blue Clarke		Male	1954	1:02:14	2056
2548	3634	0:59:06	James Fryer		Male	1955	1:05:27	2489
2549	4357	0:59:07	Claire Turnbull		Female	594	1:05:21	2473
2550	442	0:59:07	Nick Poskitt	Hatch Warren Runners	Male	1956	1:05:11	2443
2551	4599	0:59:07	Phil Hewitt		Male	1957	1:07:13	2715
2552	6916	0:59:08	Lee McCowen		Male	1958	1:12:14	3307
2553	6082	0:59:08	Jack Fairhead		Male	1959	1:13:57	3486
2554	2048	0:59:08	Jonathan Frary		Male	1960	1:02:18	2063
2555	3657	0:59:08	Harriet Groves		Female	595	1:08:17	2847
2556	2242	0:59:08	Maureen Hamis	Norwich Road Runners	Female	596	1:03:03	2174
2557	3253	0:59:09	Neil Clark		Male	1961	1:05:56	2552
2558	1922	0:59:10	Lucy Wright		Female	597	1:05:16	2455
2559	3928	0:59:10	Helen Robinson		Female	598	1:05:26	2488
2560	3069	0:59:10	Bevy Rackham		Female	599	1:05:17	2458
2561	3805	0:59:10	Samantha Brighten		Female	600	1:05:20	2470
2562	2663	0:59:10	Gary Harris		Male	1962	1:03:17	2198
2563	1252	0:59:10	Dawn Collyer	Norfolk Harriers RC	Female	601	1:06:14	2581
2564	5113	0:59:11	Alex Wiseman		Male	1963	1:08:18	2854
2565	1785	0:59:11	Lily Power		Female	602	1:02:22	2076
2566	3841	0:59:11	K Trautmans		Male	1964	1:08:49	2919
2567	2618	0:59:12	Nicholas Gibbs		Male	1965	1:02:40	2121
2568	2921	0:59:12	Stewart Gillion		Male	1966	1:03:52	2272
2569	1008	0:59:12	Richard Collyer	Norfolk Harriers RC	Male	1967	1:06:14	2584
2570	5706	0:59:13	Samantha Faulkner		Female	603	1:08:17	2849
2571	1909	0:59:13	Karl Tutt		Male	1968	1:03:22	2205
2572	3740	0:59:14	Julia Boom		Female	604	1:05:41	2512
2573	4041	0:59:14	Jason Wilkinson		Male	1969	1:05:40	2509
2574	3322	0:59:14	Jennifer Nash		Female	605	1:05:58	2554
2575	2719	0:59:14	Ashley Langran		Male	1970	1:03:50	2269
2576	5338	0:59:15	Simon Gilbert		Male	1971	1:09:29	3017
2577	2451	0:59:15	Malcolm Munnelly		Male	1972	1:02:37	2110
2578	4598	0:59:15	Hannah Harper		Female	606	1:08:26	2881
2579	3392	0:59:16	Jonathan Rider		Male	1973	1:06:50	2667
2580	4702	0:59:16	Peter Dickerson		Male	1974	1:08:21	2862
2581	3921	0:59:17	Carmel Perrin	Harborough Athletics Club	Female	607	1:06:44	2654
2582	4040	0:59:17	Gary Drewry		Male	1975	1:06:28	2615
2583	4091	0:59:17	Carl Cramp		Male	1976	1:06:13	2577
2584	2167	0:59:17	Oliver Best		Male	1977	1:03:18	2199
2585	4945	0:59:17	Julian Blakey		Male	1978	1:10:04	3083
2586	3533	0:59:17	Stephanie Brown		Female	608	1:05:45	2522
2587	4359	0:59:17	Olivia Maguire		Female	609	1:05:50	2527
2588	4181	0:59:18	Dawn Kettell		Female	610	1:05:52	2534
2589	4358	0:59:18	James Quinn		Male	1979	1:05:50	2529
2590	6164	0:59:18	Neil Bradford		Male	1980	1:12:27	3331

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
2591	7342	0:59:18	Jamie Woodcock		Male	1981	1:12:24	3325
2592	2433	0:59:19	Tiffinie Gowing		Female	611	1:02:49	2137
2593	4601	0:59:19	Jack Lowe		Male	1982	1:09:20	2987
2594	1352	0:59:19	Mark Woodcock		Male	1983	1:12:23	3323
2595	4428	0:59:20	Anna Fox		Female	612	1:08:23	2871
2596	2043	0:59:20	Nicola Green		Female	613	1:06:26	2612
2597	2129	0:59:20	Neil Brant		Male	1984	1:02:56	2158
2598	2205	0:59:20	Sharon Chatfield		Female	614	1:02:49	2138
2599	3198	0:59:21	Michael Barber		Male	1985	1:06:21	2603
2600	4617	0:59:21	Kate Bultitude		Female	615	1:10:08	3089
2601	2825	0:59:22	Paul Bray		Male	1986	1:04:11	2305
2602	6071	0:59:22	Simon Fisher		Male	1987	1:12:31	3338
2603	4374	0:59:22	Tom Lucas		Male	1988	1:06:02	2559
2604	2539	0:59:22	Heidi Hobday		Female	616	1:03:27	2218
2605	3423	0:59:22	Tim Dunthorne		Male	1989	1:08:35	2900
2606	5864	0:59:22	Kelly Tipple		Female	617	1:11:21	3205
2607	2026	0:59:23	Morgan Haynes		Male	1990	1:04:11	2303
2608	2737	0:59:23	Katrina Sitch		Female	618	1:03:00	2164
2609	3398	0:59:24	Jane Middleton		Female	619	1:05:30	2493
2610	2085	0:59:24	David Shirley		Male	1991	1:02:49	2136
2611	5379	0:59:24	Julie Gardner		Female	620	1:11:08	3182
2612	5101	0:59:24	Melanie Quinn		Female	621	1:11:08	3183
2613	4140	0:59:24	Alison Lowe	North Norfolk Beach Runners	Female	622	1:05:53	2543
2614	4887	0:59:24	Bernard Nunn		Male	1992	1:09:30	3020
2615	7513	0:59:24	Louise Fisher		Female	623	1:12:33	3343
2616	4657	0:59:25	Sean Cahill		Male	1993	1:09:59	3069
2617	4138	0:59:25	Tracey Showers	North Norfolk Beach Runners	Female	624	1:05:53	2544
2618	3723	0:59:25	John Greenwood		Male	1994	1:05:43	2518
2619	2120	0:59:26	Rita Okeke		Female	625	1:02:35	2105
2620	1738	0:59:26	Ewan Downes		Male	1995	1:03:06	2179
2621	4766	0:59:26	Amanda Goldsmith		Female	626	1:09:53	3057
2622	3129	0:59:26	Zoe Moloney		Female	627	1:05:35	2504
2623	6449	0:59:27	Matthew Lodge		Male	1996	1:12:29	3336
2624	1072	0:59:27	Tom Johnson	Coltishall Jaguars RC	Male	1997	1:05:36	2506
2625	5603	0:59:27	James Broughton		Male	1998	1:09:19	2985
2626	2723	0:59:27	David Jeffries		Male	1999	1:09:27	3010
2627	2072	0:59:27	Peter Wapshott		Male	2000	1:02:38	2114
2628	2789	0:59:28	David Smith	Lowestoft Road Runners	Male	2001	1:05:50	2528
2629	3114	0:59:28	Andrew Green		Male	2002	1:06:34	2631
2630	2606	0:59:29	Alicia Higueruelo		Female	628	1:03:23	2206
2631	6129	0:59:29	Andrew Tibble		Male	2003	1:15:19	3611
2632	5875	0:59:30	Chris Wrycraft		Male	2004	1:08:35	2898
2633	4847	0:59:30	Ella Richards		Female	629	1:11:17	3201
2634	3057	0:59:30	Daniel Firman		Male	2005	1:06:56	2677
2635	2313	0:59:30	Jacqueline Wood	Dereham Runners & AC	Female	630	1:02:47	2133
2636	3494	0:59:30	Samantha Wall	Norwich Road Runners	Female	631	1:06:34	2633
2637	3474	0:59:30	Damien Minnis		Male	2006	1:06:13	2578
2638	4289	0:59:30	Matthew Grimmer		Male	2007	1:05:46	2523
2639	5933	0:59:30	Glenn Russell		Male	2008	1:11:21	3204
2640	2652	0:59:31	Joshua Griffiths		Male	2009	1:02:52	2144
2641	2651	0:59:31	Francesca Lawton		Female	632	1:02:52	2145
2642	5807	0:59:31	Elise Mitchell	Great Yarmouth Road Runners	Female	633	1:08:45	2915
2643	4143	0:59:32	Claire Husband		Female	634	1:06:01	2556
2644	3649	0:59:33	Michele Walters		Female	635	1:07:22	2738
2645	2685	0:59:33	Victoria Millbank		Female	636	1:03:48	2262
2646	3267	0:59:34	Rosemary Terry		Female	637	1:07:00	2684
2647	3795	0:59:34	Jack Moore		Male	2010	1:05:52	2537
2648	2083	0:59:35	Troy Allen		Male	2011	1:02:46	2131
2649	3060	0:59:35	Zara Joyce		Female	638	1:06:22	2605
2650	4079	0:59:35	Jonathan Peppiatt		Male	2012	1:06:31	2624
2651	2114	0:59:35	Rachel Dance		Female	639	1:07:36	2771
2652	4202	0:59:35	Beth Licence		Female	640	1:06:58	2681
2653	4678	0:59:36	Ryan Stone		Male	2013	1:10:07	3088
2654	2471	0:59:36	David Buckenham		Male	2014	1:02:41	2125
2655	3212	0:59:37	Louise Adamson	Waveney Valley AC	Female	641	1:07:23	2739
2656	2773	0:59:37	Jonathan Eagle	Norwich Road Runners	Male	2015	1:03:44	2249
2657	5215	0:59:37	Barry Wells		Male	2016	1:09:03	2956
2658	2920	0:59:37	Phil Davis		Male	2017	1:03:50	2270
2659	2932	0:59:38	Jackie Gowing		Female	642	1:02:50	2139
2660	4554	0:59:39	Emily Thacker		Female	643	1:09:09	2964

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
2661	4010	0:59:39	Andrew Terry	Stowmarket Striders RC	Male	2018	1:05:55	2545
2662	7201	0:59:39	Tomasz Kwiatkowski		Male	2019	1:09:01	2949
2663	1911	0:59:40	Sarah Clack		Female	644	1:03:00	2165
2664	2558	0:59:40	Hayley Roan		Female	645	1:03:34	2229
2665	3878	0:59:40	David Bennett		Male	2020	1:06:08	2570
2666	4196	0:59:40	Lynsey Long		Female	646	1:06:06	2567
2667	2413	0:59:41	Sarah Kimberley		Female	647	1:03:34	2231
2668	2584	0:59:41	Adam Northcut		Male	2021	1:03:47	2258
2669	3631	0:59:41	Sarah Ward		Female	648	1:07:26	2749
2670	3138	0:59:41	Kathryn Jervis	Norwich Road Runners	Female	649	1:07:08	2701
2671	59	0:59:41	Tracey Nobbs	Sudbury Joggers	Female	650	1:06:05	2565
2672	1990	0:59:42	Elisabeth Stodel		Female	651	1:03:45	2253
2673	3741	0:59:42	Nick Johnson		Male	2022	1:07:28	2752
2674	3263	0:59:42	Matthew Aldous		Male	2023	1:06:28	2614
2675	1991	0:59:43	Robert Rickard		Male	2024	1:03:46	2255
2676	2112	0:59:44	Clare Haynes		Female	652	1:03:49	2265
2677	3842	0:59:44	Adam Gretton		Male	2025	1:07:32	2761
2678	6758	0:59:44	Michael Ager		Male	2026	1:15:34	3628
2679	3270	0:59:44	Nicola Squires		Female	653	1:06:45	2656
2680	2910	0:59:44	Emma Bolam		Female	654	1:06:24	2609
2681	3072	0:59:45	Sarah Barber		Female	655	1:06:34	2629
2682	4369	0:59:46	Timothy Puttick		Male	2027	1:05:52	2536
2683	3784	0:59:46	Tanna Van Poortvliet		Female	656	1:06:03	2561
2684	3793	0:59:47	John Sturgeon		Male	2028	1:06:31	2623
2685	3502	0:59:47	Edward Hill		Male	2029	1:06:09	2573
2686	2644	0:59:47	Daniel Jones		Male	2030	1:05:52	2539
2687	3778	0:59:48	Jazmine Rennie		Female	657	1:06:04	2563
2688	2700	0:59:48	Kieron Davies		Male	2031	1:03:57	2281
2689	3210	0:59:49	Anna Plunkett	Wymondham AC	Female	658	1:06:14	2585
2690	3612	0:59:49	Caroline Nunn		Female	659	1:05:56	2550
2691	2123	0:59:49	Amanda Sturgeon		Female	660	1:07:21	2735
2692	2373	0:59:50	Martin Law		Male	2032	1:03:29	2221
2693	4189	0:59:50	Jordan Jones		Male	2033	1:06:12	2576
2694	4276	0:59:52	Bob Cutter		Male	2034	1:07:59	2812
2695	1798	0:59:52	Lauren Sims		Female	661	1:03:09	2186
2696	4584	0:59:53	Ami Thomas		Female	662	1:11:03	3168
2697	2119	0:59:53	Alison Hood		Female	663	1:03:39	2241
2698	4125	0:59:54	Michael Mills		Male	2035	1:06:48	2663
2699	3714	0:59:54	Adam Jackson		Male	2036	1:07:25	2745
2700	4416	0:59:54	Sarah Steel		Female	664	1:06:15	2586
2701	3384	0:59:54	Lydia Warnes		Female	665	1:06:30	2620
2702	3230	0:59:55	Chris Bailes		Male	2037	1:09:23	2995
2703	3927	0:59:55	Mark Robinson		Male	2038	1:06:12	2575
2704	1900	0:59:56	Nick Catchpole		Male	2039	1:06:14	2580
2705	3228	0:59:56	Alice Williams		Female	666	1:06:22	2604
2706	6742	0:59:57	Oakley West		Male	2040	1:13:02	3392
2707	2143	0:59:57	David Messiter		Male	2041	1:07:54	2801
2708	4104	0:59:57	Bob Cloughton	Norwich Road Runners	Male	2042	1:08:04	2819
2709	2686	0:59:57	John Lynch		Male	2043	1:03:38	2239
2710	3771	0:59:57	Thom Partridge		Male	2044	1:06:48	2662
2711	5553	0:59:58	Anna Codling		Female	667	1:09:13	2968
2712	5314	0:59:58	Colette Dexter		Female	668	1:10:30	3120
2713	2306	0:59:59	Christina Lakey	Wymondham AC	Female	669	1:04:14	2308
2714	2739	0:59:59	Hannah Boyd		Female	670	1:06:36	2639
2715	3404	0:59:59	Amanda Tooke		Female	671	1:06:36	2638
2716	6565	0:59:59	Martin Harvey		Male	2045	1:13:59	3487
2717	5554	0:59:59	Lizzie Syer		Female	672	1:09:13	2972
2718	3775	1:00:00	Alan Kenyon		Male	2046	1:07:56	2805
2719	730	1:00:00	Michelle Bull		Female	673	1:03:05	2177
2720	4934	1:00:00	Jake Montanarini		Male	2047	1:09:21	2989
2721	1741	1:00:01	Stephen Gook		Male	2048	1:04:23	2326
2722	3512	1:00:02	Ryan Bigland		Male	2049	1:07:22	2737
2723	3715	1:00:02	Daisy Field		Female	674	1:06:16	2590
2724	3332	1:00:02	Anne Sinclair		Female	675	1:07:50	2789
2725	4346	1:00:02	Nick Wright		Male	2050	1:07:12	2712
2726	2577	1:00:03	Ashley Schrader		Male	2051	1:07:12	2713
2727	1879	1:00:03	Peter Milam		Male	2052	1:03:08	2182
2728	2625	1:00:03	Dean Linge		Male	2053	1:03:56	2279
2729	3989	1:00:04	Billy Ledain		Male	2054	1:06:42	2652
2730	3690	1:00:05	Andrew Smith		Male	2055	1:07:04	2690

Run Norwich

5th August 2018

RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
2731	3442	1:00:05	Karen McDuff		Female	676	1:06:36	2636
2732	3691	1:00:05	Tracy Smith		Female	677	1:07:05	2692
2733	1382	1:00:05	Cristian Ciurlic		Male	2056	1:00:44	1876
2734	4017	1:00:05	Donna Dingle		Female	678	1:06:55	2674
2735	3416	1:00:07	Jodie Cole		Female	679	1:07:39	2773
2736	1814	1:00:07	Finn Wright		Male	2057	1:03:16	2197
2737	4378	1:00:07	Davina Tebbutt		Female	680	1:06:18	2596
2738	2626	1:00:07	Annette Linge		Female	681	1:03:59	2286
2739	5333	1:00:07	Pete Waters		Male	2058	1:09:12	2967
2740	5146	1:00:08	Daniel Burgess		Male	2059	1:11:07	3181
2741	299	1:00:08	Donatas Staniulis		Male	2060	1:00:59	1911
2742	4096	1:00:09	Andrew Dougal		Male	2061	1:06:17	2592
2743	2824	1:00:09	Steven Paddy		Male	2062	1:03:29	2222
2744	3074	1:00:11	Gemma Chernin		Female	682	1:07:11	2711
2745	4896	1:00:11	Esther Brooks		Female	683	1:12:06	3287
2746	4635	1:00:11	Christopher Dobinson		Male	2063	1:11:14	3193
2747	4216	1:00:11	Katherine Hubbard		Female	684	1:06:51	2669
2748	4094	1:00:11	Yasmine Reeves		Female	685	1:06:25	2610
2749	6465	1:00:12	Liam Powers		Male	2064	1:13:38	3456
2750	4215	1:00:13	Jon Garland		Male	2065	1:06:51	2670
2751	1980	1:00:13	Phil Soanes		Male	2066	1:07:23	2740
2752	3682	1:00:13	Danielle Howes		Female	686	1:07:26	2747
2753	3183	1:00:13	Christine Wright		Female	687	1:07:06	2695
2754	1630	1:00:13	Steve Beck		Male	2067	1:04:27	2339
2755	2914	1:00:14	Hayley Summerfield		Female	688	1:06:25	2611
2756	2355	1:00:14	Katie Egle		Female	689	1:04:16	2309
2757	4102	1:00:14	Jo Fisher	Waveney Valley AC	Female	690	1:06:33	2628
2758	2635	1:00:14	Robert Dawson		Male	2068	1:08:11	2836
2759	4186	1:00:14	Sarah Cassels		Female	691	1:06:38	2641
2760	1697	1:00:15	Chris Wright		Male	2069	1:07:07	2700
2761	1401	1:00:15	Peter Foster		Male	2070	1:01:27	1958
2762	3705	1:00:16	Bryony Ecclestone		Female	692	1:08:01	2815
2763	1432	1:00:17	Grainne Purvis	Waveney Valley AC	Female	693	1:03:24	2207
2764	4390	1:00:17	Veronika Simonova		Female	694	1:06:22	2606
2765	2074	1:00:18	Harry Peek		Male	2071	1:06:35	2635
2766	6636	1:00:18	Elise Faiers		Female	695	1:15:58	3660
2767	1871	1:00:19	Mark Godfrey		Male	2072	1:04:44	2384
2768	3323	1:00:19	Kevin Southwell		Male	2073	1:07:18	2725
2769	3877	1:00:19	Karen Phillips		Female	696	1:07:45	2776
2770	3190	1:00:19	Brett Jury		Male	2074	1:07:52	2793
2771	2124	1:00:19	Tessa Beecroft		Female	697	1:04:01	2290
2772	1809	1:00:19	Mike Canham		Male	2075	1:04:02	2292
2773	7493	1:00:20	Ray Latif		Male	2076	1:14:21	3524
2774	4691	1:00:20	Joseph Dooley		Male	2077	1:13:27	3431
2775	1423	1:00:20	James Beecroft		Male	2078	1:04:02	2296
2776	4767	1:00:21	Alyson Day		Female	698	1:09:28	3014
2777	28	1:00:21	Stephen Bowgen		Male	2079	1:00:33	1853
2778	836	1:00:21	James Shelley		Male	2080	1:03:34	2230
2779	3513	1:00:21	Mick Atkins		Male	2081	1:08:47	2917
2780	1844	1:00:22	Anna Stevenson		Female	699	1:03:56	2277
2781	1820	1:00:22	Marcus Kilpatrick		Male	2082	1:04:41	2379
2782	4286	1:00:22	Matthew Warrington		Male	2083	1:07:52	2792
2783	4565	1:00:23	Emily Drake		Female	700	1:11:22	3208
2784	1812	1:00:23	Christopher Faraday		Male	2084	1:04:12	2306
2785	3158	1:00:23	Stuart Sayer	Norwich Road Runners	Male	2085	1:07:25	2744
2786	1811	1:00:23	Sarah Cole		Female	701	1:04:12	2307
2787	4201	1:00:23	Rachel Hirst	Bungay Black Dog RC	Female	702	1:08:22	2866
2788	5773	1:00:24	Anastasia Wright		Female	703	1:09:28	3013
2789	4100	1:00:24	Tom McCabe		Male	2086	1:07:48	2783
2790	1624	1:00:25	Matthew Cawston		Male	2087	1:03:40	2243
2791	2130	1:00:25	Chris Southwell		Male	2088	1:07:23	2741
2792	1945	1:00:25	Bethan Harvey		Female	704	1:07:19	2729
2793	2154	1:00:25	Jocasta Staines		Female	705	1:07:56	2804
2794	3348	1:00:25	Stefano Calleja		Male	2089	1:07:20	2732
2795	7240	1:00:25	Mary Costello		Female	706	1:15:00	3581
2796	1346	1:00:25	Nick Roberts		Male	2090	1:06:45	2658
2797	3309	1:00:26	Stephanie Deeks	Great Yarmouth Road Runners	Female	707	1:06:48	2661
2798	3272	1:00:27	Lisa Carroll		Female	708	1:06:46	2660
2799	7074	1:00:27	Jacqui Saunderson		Female	709	1:13:37	3455
2800	4922	1:00:27	Chelsea Garrett		Female	710	1:10:27	3117

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
2801	3299	1:00:27	Lizzie Matthews		Female	711	1:08:20	2858
2802	3159	1:00:27	Andrew Willington		Male	2091	1:06:44	2655
2803	4396	1:00:28	Emily Moerkerk		Female	712	1:07:28	2754
2804	3051	1:00:28	Imogen Lees	Norfolk Gazelles AC	Female	713	1:06:55	2676
2805	4184	1:00:29	Charlotte Mears		Female	714	1:06:38	2642
2806	2781	1:00:29	Lee Oxbury	Norfolk Gazelles AC	Male	2092	1:06:57	2679
2807	2326	1:00:29	Samantha Barwick	Norfolk Gazelles AC	Female	715	1:06:56	2678
2808	5171	1:00:30	Mark Quadling		Male	2093	1:09:37	3039
2809	2036	1:00:30	Amy Poynton		Female	716	1:05:14	2449
2810	3089	1:00:30	Victoria Leggett		Female	717	1:07:08	2702
2811	1769	1:00:31	Simon Juden		Male	2094	1:08:42	2909
2812	5457	1:00:31	Kim Seymour White		Female	718	1:10:37	3132
2813	2160	1:00:32	Ali Linford		Male	2095	1:07:26	2748
2814	3073	1:00:32	Robert Alves		Male	2096	1:08:04	2821
2815	3642	1:00:33	Lesley Cologne		Female	719	1:07:49	2786
2816	2805	1:00:33	Jackie Eastaugh-King	Norwich Road Runners	Female	720	1:04:19	2320
2817	3286	1:00:34	Louise MacKley		Female	721	1:06:41	2650
2818	6942	1:00:34	Steve Muncey		Male	2097	1:13:42	3463
2819	4043	1:00:34	Shane Miles		Male	2098	1:10:36	3131
2820	3412	1:00:35	Robert Belcher	Norwich Road Runners	Male	2099	1:06:42	2651
2821	3516	1:00:35	Paul Dodimead		Male	2100	1:06:40	2647
2822	2014	1:00:36	Nick Davidson		Male	2101	1:04:17	2314
2823	1940	1:00:36	Henry Hale		Male	2102	1:04:30	2345
2824	5426	1:00:37	Bethany Harper		Female	722	1:09:41	3046
2825	2517	1:00:37	Chris Anderson		Male	2103	1:04:18	2316
2826	821	1:00:38	Duncan Yuile		Male	2104	1:06:45	2657
2827	1858	1:00:38	Nicky Morley		Female	723	1:03:59	2288
2828	3978	1:00:39	Martin Strowger	Dereham Runners & AC	Male	2105	1:07:17	2723
2829	4022	1:00:39	Travis Fitt		Male	2106	1:07:35	2767
2830	2436	1:00:39	Penny Hannant		Female	724	1:04:09	2302
2831	2178	1:00:39	Joe Bone		Male	2107	1:04:11	2304
2832	6672	1:00:40	John Stevens		Male	2108	1:16:19	3697
2833	1907	1:00:40	Craig Schranz		Male	2109	1:05:25	2482
2834	5074	1:00:40	Mark Lemmon		Male	2110	1:11:08	3185
2835	2131	1:00:40	Darrell Roper		Male	2111	1:04:30	2348
2836	2348	1:00:42	David Jefferies		Male	2112	1:04:34	2360
2837	1878	1:00:43	Jamie Thompson		Male	2113	1:07:52	2794
2838	7238	1:00:44	Andy Fuller	Great Bentley Running Club	Male	2114	1:14:55	3572
2839	3587	1:00:45	Josh Melling		Male	2115	1:14:15	3513
2840	4111	1:00:45	Richard Terry		Male	2116	1:07:54	2799
2841	2950	1:00:47	Simon Ludkin		Male	2117	1:04:56	2413
2842	4087	1:00:47	Steve Coe		Male	2118	1:07:56	2808
2843	3112	1:00:47	Rhianna Broadway		Female	725	1:07:19	2730
2844	3236	1:00:47	Sylvia Dady	Wymondham AC	Female	726	1:06:53	2673
2845	2315	1:00:48	Simon Alcock	Norwich Road Runners	Male	2119	1:05:17	2456
2846	1923	1:00:48	Ryan Le Roy		Male	2120	1:04:55	2410
2847	3480	1:00:49	Ben Burton		Male	2121	1:07:58	2810
2848	659	1:00:49	Michael Bradley		Male	2122	1:04:29	2343
2849	7386	1:00:50	Dean Munnings		Male	2123	1:13:54	3480
2850	4992	1:00:50	Benjamin Smith		Male	2124	1:11:35	3235
2851	3565	1:00:51	Lynn Lambert	Coltishall Jaguars RC	Female	727	1:07:36	2770
2852	4939	1:00:51	Thomas Rose		Male	2125	1:12:24	3324
2853	5235	1:00:52	Gerry Kasprzok		Male	2126	1:10:35	3130
2854	4769	1:00:53	David Evans		Male	2127	1:11:57	3276
2855	3899	1:00:53	Angela O'Sullivan		Female	728	1:07:32	2762
2856	5435	1:00:53	Suzy Horth	Norfolk Harriers RC	Female	729	1:11:24	3211
2857	1307	1:00:54	Dennis Simpson	Norwich Road Runners	Male	2128	1:04:31	2352
2858	6830	1:00:54	Alan Wagner		Male	2129	1:14:02	3493
2859	4442	1:00:55	David Hender		Male	2130	1:07:08	2703
2860	3813	1:00:55	Amanda Alger		Female	730	1:07:35	2768
2861	5296	1:00:56	Lucie Legg		Female	731	1:10:58	3158
2862	1743	1:00:56	Martin Thornhill		Male	2131	1:04:38	2370
2863	5920	1:00:57	Chris Gedge		Male	2132	1:10:11	3096
2864	3467	1:00:57	Sarah Hanson		Female	732	1:10:25	3114
2865	5103	1:00:58	Carla Morphett		Female	733	1:10:22	3111
2866	3782	1:00:58	Donna Lorne		Female	734	1:08:03	2818
2867	2937	1:00:58	Emily Youngs		Female	735	1:05:02	2423
2868	4099	1:00:59	Kim Bennett		Female	736	1:08:10	2832
2869	4329	1:00:59	Claire Saini		Female	737	1:07:15	2719
2870	4224	1:00:59	Jennifer Chamberlain		Female	738	1:07:04	2691

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
2871	6100	1:00:59	Nick Foot		Male	2133	1:11:28	3218
2872	3215	1:00:59	Abi Pritchard		Female	739	1:11:33	3229
2873	3324	1:00:59	Roger Wells		Male	2134	1:07:06	2693
2874	3602	1:01:00	Cheryl Goymer	Waveney Valley AC	Female	740	1:07:06	2697
2875	5868	1:01:00	K Robertson-Hutchinson		Female	741	1:10:04	3082
2876	6539	1:01:00	Simon Coleman		Male	2135	1:15:04	3588
2877	3315	1:01:02	Trevor Smith	Wymondham AC	Male	2136	1:07:57	2809
2878	5642	1:01:02	Stephen Bunce		Male	2137	1:12:08	3291
2879	2832	1:01:02	Jack Kelleher		Male	2138	1:04:55	2409
2880	2667	1:01:02	Rick Herdman		Male	2139	1:05:07	2434
2881	5418	1:01:02	Zoe Cattermole		Female	742	1:11:24	3212
2882	2930	1:01:03	Horst Zimmer		Male	2140	1:05:02	2425
2883	2929	1:01:03	Julika Hartz		Female	743	1:05:03	2426
2884	5908	1:01:03	Gemma Green		Female	744	1:11:09	3186
2885	7196	1:01:04	Helen Davies		Female	745	1:14:56	3574
2886	3539	1:01:04	Samantha Arterton	Norfolk Gazelles AC	Female	746	1:07:36	2769
2887	653	1:01:05	Steven Andrews		Male	2141	1:01:52	2015
2888	2197	1:01:05	Matthew Smith		Male	2142	1:05:29	2491
2889	4447	1:01:06	Daniel Oakenfold		Male	2143	1:08:17	2848
2890	3858	1:01:06	Alan Jary		Male	2144	1:07:17	2722
2891	4235	1:01:06	Ian George		Male	2145	1:07:21	2733
2892	5577	1:01:06	Clare Johnson		Female	747	1:12:56	3381
2893	3582	1:01:06	Tom Richardson		Male	2146	1:08:10	2833
2894	2146	1:01:08	Stu Hillman		Male	2147	1:11:04	3173
2895	2287	1:01:08	J A Wilson	Tri-Anglia Triathlon Club	Male	2148	1:04:52	2403
2896	2202	1:01:08	Paul Gray		Male	2149	1:04:27	2340
2897	3301	1:01:09	Rebecca Cockerill		Female	748	1:07:45	2777
2898	3500	1:01:09	Mary Wilson		Female	749	1:07:59	2811
2899	5606	1:01:09	Janice Nottingham		Female	750	1:10:13	3098
2900	5629	1:01:10	Benjamin Harvey		Male	2150	1:11:00	3162
2901	3483	1:01:11	Steve Sharp		Male	2151	1:07:30	2755
2902	4655	1:01:11	Christine Barnett		Female	751	1:12:20	3319
2903	2714	1:01:11	Ian Stubbs		Male	2152	1:04:37	2367
2904	5592	1:01:12	Phil Casson		Male	2153	1:10:17	3103
2905	4654	1:01:12	David Buck		Male	2154	1:12:21	3320
2906	4129	1:01:13	Michelle Eves	Goodgym Race Team	Female	752	1:13:20	3420
2907	2057	1:01:13	Gary Jones		Male	2155	1:05:41	2513
2908	5440	1:01:14	Paul Wheeler		Male	2156	1:10:16	3102
2909	3482	1:01:14	Hannah Stroud		Female	753	1:08:53	2932
2910	3128	1:01:14	James Pallant		Male	2157	1:07:49	2787
2911	2660	1:01:14	Laura Foster		Female	754	1:05:09	2439
2912	2111	1:01:14	Matthew Peplow		Male	2158	1:04:29	2344
2913	1883	1:01:15	John Oliver		Male	2159	1:10:51	3148
2914	4645	1:01:15	Clare Bradley		Female	755	1:10:51	3147
2915	4781	1:01:16	M Martinez De Alvaro		Female	756	1:14:27	3531
2916	3566	1:01:16	Glenn Marvell-James		Male	2160	1:09:32	3028
2917	3624	1:01:16	Hannah Douglas		Female	757	1:07:26	2750
2918	4093	1:01:16	Carl Reeves		Male	2161	1:07:30	2756
2919	4628	1:01:17	Damian Baker		Male	2162	1:11:58	3277
2920	3964	1:01:17	Mike Harling		Male	2163	1:07:31	2759
2921	4195	1:01:18	Alan Colegate		Male	2164	1:07:41	2774
2922	5513	1:01:18	Holly Stone		Female	758	1:10:59	3161
2923	2732	1:01:18	Paul Brookes		Male	2165	1:07:51	2790
2924	4605	1:01:18	Shaun Potter		Male	2166	1:11:31	3226
2925	3141	1:01:19	Madeline Beale	Wymondham AC	Female	759	1:08:18	2853
2926	4426	1:01:19	Philip Nightingale		Male	2167	1:07:35	2765
2927	508	1:01:19	Leah Bowes		Female	760	1:01:49	2005
2928	4443	1:01:20	Calum Simpson		Male	2168	1:08:21	2865
2929	6887	1:01:20	Martine Palmer		Female	761	1:15:13	3602
2930	1961	1:01:20	Ivor McNaugher		Male	2169	1:04:47	2388
2931	5439	1:01:20	Tom Porteous		Male	2170	1:12:45	3365
2932	7073	1:01:21	Madelie Van Niekerk		Female	762	1:14:28	3533
2933	4864	1:01:21	Lisa Cone	Waveney Valley AC	Female	763	1:10:34	3127
2934	3284	1:01:22	Daniel Patterson		Male	2171	1:08:55	2939
2935	2913	1:01:22	Samantha Barrs		Female	764	1:05:42	2516
2936	3354	1:01:23	Paul Strowger		Male	2172	1:08:56	2940
2937	2044	1:01:24	Simon Warr		Male	2173	1:04:45	2386
2938	4225	1:01:25	Nicola Kermez		Female	765	1:08:24	2875
2939	1739	1:01:25	Michelle Himsworth		Female	766	1:06:05	2564
2940	4379	1:01:25	Peter Studer		Male	2174	1:08:52	2931

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
2941	2001	1:01:26	Simon Gillies		Male	2175	1:05:53	2542
2942	3695	1:01:26	Sarah Rhoden		Female	767	1:08:52	2926
2943	7185	1:01:26	Georgia Keen		Female	768	1:15:41	3642
2944	5475	1:01:26	Matthew Harwood		Male	2176	1:10:34	3129
2945	3207	1:01:26	Carly Key		Female	769	1:08:34	2895
2946	3206	1:01:26	Christopher Key		Male	2177	1:08:34	2894
2947	5861	1:01:27	Georgie Evans		Female	770	1:10:45	3139
2948	4438	1:01:29	Luke Boddy		Male	2178	1:08:26	2879
2949	5357	1:01:29	Gemma Pearson		Female	771	1:13:25	3430
2950	5093	1:01:29	Michelle Hewitt	Beccles & Bungay Harriers	Female	772	1:11:21	3207
2951	5865	1:01:29	Tony Grayling		Male	2179	1:11:18	3202
2952	6054	1:01:30	Lisa Wright		Female	773	1:14:41	3559
2953	2017	1:01:30	Paul Gooch		Male	2180	1:05:52	2540
2954	3223	1:01:31	Joshua Bell		Male	2181	1:07:43	2775
2955	3977	1:01:31	Keith Melton		Male	2182	1:08:22	2868
2956	5161	1:01:31	Louise Deacon		Female	774	1:10:40	3134
2957	2810	1:01:31	David Hill		Male	2183	1:06:18	2595
2958	4176	1:01:31	Chris Jones		Male	2184	1:07:56	2806
2959	2809	1:01:31	Hettie Hill		Female	775	1:06:18	2593
2960	2305	1:01:31	Hannah Purvis	Wymondham AC	Female	776	1:05:34	2500
2961	2301	1:01:32	Katie Whitmore	Wymondham AC	Female	777	1:05:35	2503
2962	3826	1:01:32	Colin Ford		Male	2185	1:09:21	2988
2963	1061	1:01:32	Callum Richards		Male	2186	1:02:15	2059
2964	1050	1:01:32	Nicola Rivett		Female	778	1:05:22	2477
2965	2134	1:01:34	Trevor Burton		Male	2187	1:05:10	2442
2966	3335	1:01:34	Amy Maamoun		Female	779	1:07:51	2791
2967	6502	1:01:34	Carl Jessup	Great Yarmouth Road Runners	Male	2188	1:13:29	3439
2968	2037	1:01:35	Sean Underwood		Male	2189	1:06:20	2600
2969	4103	1:01:35	Alison Bailey		Female	780	1:08:22	2867
2970	2195	1:01:36	Laura London		Female	781	1:05:19	2465
2971	4328	1:01:37	Sarah Edwards	Framlingham Flyers	Female	782	1:09:36	3037
2972	2053	1:01:37	Jason Gotts		Male	2190	1:05:08	2437
2973	3176	1:01:37	Damian Conway		Male	2191	1:08:09	2830
2974	6062	1:01:38	Anjeli Adlawan		Female	783	1:16:28	3714
2975	5663	1:01:38	Sharon Wright		Female	784	1:10:58	3159
2976	1868	1:01:39	Ross Carter		Male	2192	1:09:16	2980
2977	4394	1:01:39	Samantha Carter		Female	785	1:09:16	2981
2978	4285	1:01:39	Nicola Kemp		Female	786	1:09:00	2947
2979	3675	1:01:39	Phil Wright		Male	2193	1:09:02	2953
2980	2109	1:01:40	Neil Scarborough		Male	2194	1:04:49	2392
2981	4155	1:01:40	Katy Knowles		Female	787	1:08:51	2924
2982	2402	1:01:40	Jonathon Callingham		Male	2195	1:05:56	2551
2983	3116	1:01:40	Diane Frior		Female	788	1:08:10	2834
2984	4070	1:01:41	Dennis Smith		Male	2196	1:07:50	2788
2985	6816	1:01:41	Daniella Barrow		Female	789	1:15:05	3592
2986	4418	1:01:41	David Holdsworth		Male	2197	1:08:52	2928
2987	3231	1:01:41	Chris Hildebrand		Male	2198	1:09:27	3012
2988	3444	1:01:41	Vikki Powles	Runners Next the Sea	Female	790	1:09:25	3002
2989	5199	1:01:41	Charlotte Archer		Female	791	1:10:51	3149
2990	4713	1:01:41	Rachel Ryan		Female	792	1:13:36	3454
2991	6072	1:01:42	Edward Notley		Male	2199	1:16:00	3664
2992	3736	1:01:42	Melissa Aspin		Female	793	1:09:02	2951
2993	4728	1:01:42	Stacey Halford		Female	794	1:12:50	3369
2994	4953	1:01:42	Lesley Oliver		Female	795	1:11:18	3203
2995	3947	1:01:43	Simon Roddis		Male	2200	1:09:59	3068
2996	3509	1:01:43	Catherine Legrys		Female	796	1:09:49	3054
2997	4233	1:01:43	Natalie Townsend		Female	797	1:09:33	3029
2998	3238	1:01:43	Bethia Seager		Female	798	1:08:13	2842
2999	3665	1:01:43	Adrian McCrum		Male	2201	1:09:59	3067
3000	3455	1:01:43	Joanne Orford		Female	799	1:08:14	2844
3001	4413	1:01:43	Danni Birkin		Female	800	1:09:13	2973
3002	3422	1:01:44	Alan Clarke		Male	2202	1:08:31	2888
3003	4309	1:01:45	Hannah Jones		Female	801	1:08:51	2925
3004	3986	1:01:45	Rupert Fox		Male	2203	1:08:08	2828
3005	4007	1:01:45	Emma Grafton		Female	802	1:08:21	2864
3006	1963	1:01:45	James Cushing		Male	2204	1:06:16	2588
3007	3379	1:01:45	Katie Swann		Female	803	1:08:07	2827
3008	1097	1:01:45	Chris Paton		Male	2205	1:11:41	3246
3009	5043	1:01:45	Lindsay Paton		Female	804	1:11:40	3245
3010	5794	1:01:46	Freya Barker		Female	805	1:10:51	3146

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3011	3731	1:01:46	Caroline Fletcher	Dereham Runners & AC	Female	806	1:08:00	2814
3012	2052	1:01:46	Emma Keen		Female	807	1:05:18	2463
3013	5356	1:01:46	Gareth Ross		Male	2206	1:13:43	3466
3014	3107	1:01:47	Deborah Kennedy		Female	808	1:07:53	2798
3015	4852	1:01:47	Sarah Dugdell		Female	809	1:10:54	3153
3016	3394	1:01:49	Laura Pitchford		Female	810	1:07:53	2796
3017	1619	1:01:50	Alex Wallace		Male	2207	1:07:53	2795
3018	4110	1:01:50	Ryan Ward		Male	2208	1:08:10	2831
3019	3860	1:01:50	Joanne Taylor	Bungay Black Dog RC	Female	811	1:08:27	2883
3020	3627	1:01:50	Rob Thornley		Male	2209	1:09:34	3032
3021	5204	1:01:51	A Stewart-Pond		Female	812	1:11:09	3187
3022	5408	1:01:52	David Milliken		Male	2210	1:12:03	3283
3023	5050	1:01:52	Andy Cowan		Male	2211	1:12:13	3306
3024	2801	1:01:52	Lucy Ring	Norwich Road Runners	Female	813	1:11:04	3177
3025	3086	1:01:52	Alexandra Sherwood		Female	814	1:09:35	3035
3026	5282	1:01:52	Amy Ring		Female	815	1:11:04	3178
3027	3381	1:01:53	Valerie Gidney	City Of Norwich AC	Female	816	1:08:03	2817
3028	4242	1:01:53	Garrick Fox	Bungay Black Dog RC	Male	2212	1:09:02	2954
3029	1588	1:01:54	Gary Carpenter		Male	2213	1:04:56	2412
3030	1994	1:01:54	Sheila Smith		Female	817	1:05:26	2486
3031	3595	1:01:55	Craig Jarvis		Male	2214	1:08:30	2886
3032	4084	1:01:55	Jeffrey Skipper		Male	2215	1:12:40	3350
3033	7155	1:01:55	Ryan Westrop		Male	2216	1:16:58	3771
3034	6248	1:01:55	Andrew McDonell		Male	2217	1:16:58	3770
3035	4253	1:01:55	Matthew Bensley		Male	2218	1:08:35	2899
3036	3099	1:01:55	Michael Punt		Male	2219	1:09:17	2983
3037	1606	1:01:56	David Clayton		Male	2220	1:05:22	2478
3038	4879	1:01:56	Margaret Ray		Female	818	1:11:03	3169
3039	2906	1:01:57	Karianne Jordan		Female	819	1:05:19	2464
3040	5365	1:01:57	Amanda Pavy		Female	820	1:11:04	3176
3041	3889	1:01:57	Annette Manning	Bungay Black Dog RC	Female	821	1:08:33	2893
3042	6177	1:01:57	David Knights		Male	2221	1:16:15	3690
3043	6416	1:01:59	Karley Wade		Female	822	1:13:55	3483
3044	2904	1:02:00	Rachel Martell		Female	823	1:10:04	3085
3045	2398	1:02:00	Andy Bradley		Male	2222	1:05:55	2547
3046	3518	1:02:00	Richard Reade		Male	2223	1:09:40	3044
3047	3243	1:02:00	Mary Cordeaux	City Of Norwich AC	Female	824	1:08:21	2861
3048	3059	1:02:01	Paul Tarsey		Male	2224	1:09:30	3022
3049	1974	1:02:01	Mel Bullock		Female	825	1:06:33	2627
3050	3247	1:02:01	Rowan York-Smith		Female	826	1:10:06	3086
3051	6530	1:02:01	Ronce Saputil		Male	2225	1:16:08	3679
3052	6867	1:02:01	Mark Wicker		Male	2226	1:16:42	3748
3053	7379	1:02:02	Chantelle Tyrrell		Female	827	1:15:15	3606
3054	3479	1:02:03	Lucy Burton		Female	828	1:09:13	2969
3055	4616	1:02:03	Hayley Preston		Female	829	1:11:17	3199
3056	4651	1:02:03	Peter Sturman		Male	2227	1:13:24	3427
3057	1835	1:02:03	Alison Warner		Female	830	1:05:16	2453
3058	4159	1:02:04	Roberta Bland		Female	831	1:08:14	2845
3059	3676	1:02:04	Rebecca Wilson	Beccles & Bungay Harriers	Female	832	1:08:38	2904
3060	5183	1:02:04	Jordan Sibley	Beccles & Bungay Harriers	Female	833	1:11:55	3273
3061	3361	1:02:04	Teresa Fallon		Female	834	1:09:54	3063
3062	5433	1:02:05	Phil Howlett		Male	2228	1:12:12	3303
3063	2623	1:02:06	Richard Stimpson		Male	2229	1:06:10	2574
3064	4327	1:02:06	Garry Keen		Male	2230	1:09:45	3052
3065	6795	1:02:07	Danielle Rowe		Female	835	1:09:27	3009
3066	2648	1:02:07	Jack Atkins		Male	2231	1:05:23	2479
3067	1850	1:02:07	Keith Cutting		Male	2232	1:05:51	2531
3068	4402	1:02:08	Jackie Orford		Female	836	1:09:38	3041
3069	4303	1:02:08	Amelia Hacking		Female	837	1:08:23	2872
3070	4836	1:02:09	Adrian Harris		Male	2233	1:13:32	3447
3071	5935	1:02:09	Debbie Clarvis		Female	838	1:11:24	3210
3072	3721	1:02:10	Samantha Bron		Female	839	1:08:18	2852
3073	3828	1:02:10	Jess Craigs		Female	840	1:08:18	2851
3074	5400	1:02:10	Daniel Matthams		Male	2234	1:11:29	3221
3075	5923	1:02:11	Seb Atkinson		Male	2235	1:11:25	3213
3076	2860	1:02:12	David Matthams		Male	2236	1:11:31	3227
3077	2292	1:02:12	Sue Mason	Norwich Road Runners	Female	841	1:08:25	2876
3078	5567	1:02:12	Richard West	North Norfolk Beach Runners	Male	2237	1:12:15	3310
3079	2300	1:02:12	Hayley Gerrard	Norwich Road Runners	Female	842	1:10:20	3106
3080	1696	1:02:12	Simon Avery		Male	2238	1:05:44	2519

Run Norwich

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by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3081	1976	1:02:12	Alex Gray		Male	2239	1:05:31	2497
3082	2046	1:02:13	Rachael Karakanna		Female	843	1:08:25	2878
3083	2051	1:02:13	Rachel Cooke		Female	844	1:08:25	2877
3084	3499	1:02:13	Michael Palmer		Male	2240	1:09:44	3049
3085	3297	1:02:13	Suzanne Sharman		Female	845	1:10:21	3108
3086	3302	1:02:14	Leon Raby		Male	2241	1:09:00	2948
3087	5200	1:02:14	Victoria Millington		Female	846	1:11:24	3209
3088	7151	1:02:14	Line Copland		Female	847	1:18:30	3906
3089	5424	1:02:14	Rob Snelling		Male	2242	1:11:34	3231
3090	4341	1:02:14	Lesley Heath	Harling Athletic Club	Female	848	1:10:02	3077
3091	3055	1:02:14	James Goodman		Male	2243	1:08:37	2902
3092	4395	1:02:15	A Trudgill-Barra		Male	2244	1:10:25	3113
3093	1702	1:02:16	Jules Carrara		Female	849	1:06:30	2622
3094	4001	1:02:16	Ash Brown		Male	2245	1:08:35	2897
3095	6124	1:02:17	Rachel Duke		Female	850	1:16:06	3672
3096	3907	1:02:17	James Gooding		Male	2246	1:09:17	2982
3097	2616	1:02:17	Helen Lewis		Female	851	1:05:45	2521
3098	3401	1:02:17	Sharon Bracey		Female	852	1:16:07	3676
3099	4296	1:02:18	Jonathan Ayres		Male	2247	1:09:03	2958
3100	3720	1:02:18	Mark Shepstone		Male	2248	1:08:33	2891
3101	1073	1:02:18	Graham Johnson	Coltishall Jaguars RC	Male	2249	1:16:07	3677
3102	3079	1:02:19	Michelle Youngs		Female	853	1:09:04	2960
3103	3078	1:02:19	Lee Youngs		Male	2250	1:09:05	2962
3104	3100	1:02:19	Niki Kaiser		Female	854	1:11:41	3247
3105	409	1:02:19	Sabrina Norton	Bungay Black Dog RC	Female	855	1:08:49	2921
3106	4869	1:02:19	Craig Pearsall		Male	2251	1:12:49	3367
3107	2741	1:02:20	Emily Burrows		Female	856	1:13:35	3452
3108	6829	1:02:20	Jacob Stone		Male	2252	1:16:53	3765
3109	6058	1:02:20	Joe Purshouse		Male	2253	1:15:39	3638
3110	3552	1:02:21	Alexandra Haswell	Bure Valley Harriers	Female	857	1:09:13	2970
3111	4405	1:02:21	Sonia Walker		Female	858	1:09:26	3007
3112	4239	1:02:21	James Stevenson		Male	2254	1:08:59	2943
3113	4425	1:02:21	Chris Drewett		Male	2255	1:08:44	2913
3114	746	1:02:21	Sarah Jay	Bure Valley Harriers	Female	859	1:09:13	2971
3115	3956	1:02:22	Louise Thompson	Bungay Black Dog RC	Female	860	1:08:52	2927
3116	7217	1:02:22	Richard Sawyer		Male	2256	1:15:50	3651
3117	6760	1:02:22	Jon Easter		Male	2257	1:18:12	3885
3118	3687	1:02:22	Andrea Meek	Leighton Buzzard Athletic Club	Female	861	1:08:28	2885
3119	6519	1:02:22	Edita Vrbova		Female	862	1:18:03	3868
3120	5840	1:02:22	Jo Davies		Female	863	1:16:27	3711
3121	7352	1:02:22	Sian Brooks		Female	864	1:16:27	3710
3122	2840	1:02:23	Stuart Haysman		Male	2258	1:05:55	2546
3123	3668	1:02:23	Steven Kirkendall		Male	2259	1:08:33	2892
3124	3614	1:02:24	Liam Davison	Norwich Road Runners	Male	2260	1:14:32	3543
3125	3462	1:02:24	Chris MacE		Male	2261	1:09:04	2961
3126	4325	1:02:25	Ian Goody		Male	2262	1:09:22	2992
3127	5301	1:02:25	Chloe Church		Female	865	1:15:56	3658
3128	4051	1:02:25	Luke Taylor		Male	2263	1:09:48	3053
3129	3833	1:02:25	James Ingham		Male	2264	1:08:38	2903
3130	4191	1:02:25	Hayley Sendall		Female	866	1:08:50	2923
3131	5563	1:02:25	Robert Dowe		Male	2265	1:12:56	3382
3132	4984	1:02:25	Penny Stoner		Female	867	1:11:49	3263
3133	2734	1:02:26	Nathan Hubbard		Male	2266	1:09:45	3051
3134	2891	1:02:26	James Wilby		Male	2267	1:06:18	2594
3135	6814	1:02:27	Tommy Elvin		Male	2268	1:17:29	3824
3136	3367	1:02:27	Gina Mattioli		Female	868	1:10:01	3074
3137	7314	1:02:28	Alexandra Holt		Female	869	1:16:45	3755
3138	2189	1:02:28	Rebecca Utton		Female	870	1:10:01	3075
3139	4722	1:02:29	Hannah Owens		Female	871	1:12:38	3347
3140	3368	1:02:29	Glen Scott		Male	2269	1:09:23	2997
3141	1328	1:02:29	Philip Thacker	Norwich Road Runners	Male	2270	1:02:50	2140
3142	5719	1:02:30	Emma Green		Female	872	1:12:52	3373
3143	7218	1:02:31	Kayleigh Ridgewell		Female	873	1:15:37	3635
3144	2535	1:02:31	Calum McPherson		Male	2271	1:06:02	2558
3145	1425	1:02:32	Natasha Sumner	North Norfolk Beach Runners	Female	874	1:09:04	2959
3146	4666	1:02:32	Kate McIntosh		Female	875	1:12:26	3330
3147	4330	1:02:33	Jo Bennett		Female	876	1:09:36	3036
3148	3791	1:02:33	Elizabeth Cooke		Female	877	1:09:36	3038
3149	2307	1:02:34	Liz Browne	Norwich Road Runners	Female	878	1:07:18	2728
3150	3704	1:02:34	Elizabeth Farrant		Female	879	1:09:44	3048

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by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3151	4687	1:02:35	Matt Watson		Male	2272	1:12:32	3340
3152	1394	1:02:35	Jonathan Leunis		Male	2273	1:08:59	2942
3153	5367	1:02:36	Georgie Swift		Female	880	1:11:44	3256
3154	4437	1:02:36	Louise Leunis		Female	881	1:09:00	2946
3155	4266	1:02:36	Joanna Andrews	Beccles & Bungay Harriers	Female	882	1:09:10	2965
3156	3663	1:02:37	Clare Lawry		Female	883	1:09:01	2950
3157	4272	1:02:39	Kerry Amos		Female	884	1:09:22	2993
3158	4595	1:02:39	Simon Gooch		Male	2274	1:12:06	3289
3159	4122	1:02:40	Davina Balls		Female	885	1:08:43	2912
3160	5515	1:02:40	Elizabeth Ward		Female	886	1:12:19	3315
3161	3796	1:02:40	Ella Rogers		Female	887	1:09:02	2952
3162	3427	1:02:40	Clare Gooch	Norwich Road Runners	Female	888	1:09:13	2974
3163	4297	1:02:40	Sarah Rogers		Female	889	1:09:03	2957
3164	4421	1:02:41	Sadie Rogers		Female	890	1:11:51	3269
3165	5745	1:02:41	Alison Earl		Female	891	1:12:53	3378
3166	4153	1:02:41	Michael Balls		Male	2275	1:08:44	2914
3167	4108	1:02:42	Gavin Hamilton	Waveney Valley AC	Male	2276	1:09:59	3070
3168	5788	1:02:42	Barry Grimwood		Male	2277	1:12:54	3379
3169	4014	1:02:43	Lisa Raby		Female	892	1:09:28	3015
3170	1948	1:02:44	Nick Dann		Male	2278	1:09:31	3025
3171	4700	1:02:44	Leila McKenna		Female	893	1:13:20	3419
3172	2207	1:02:44	Freddy Goymer		Male	2279	1:07:15	2720
3173	3106	1:02:44	Tracy Woods		Female	894	1:10:22	3112
3174	1993	1:02:45	Shayne Mason		Male	2280	1:13:12	3410
3175	2312	1:02:45	Mark Spackman	Waveney Valley AC	Male	2281	1:06:52	2671
3176	2206	1:02:45	Beth Goymer		Female	895	1:07:16	2721
3177	3861	1:02:45	Louise Reed	Bungay Black Dog RC	Female	896	1:09:23	2994
3178	6776	1:02:45	Andrew Mills	Vegan Runners UK	Male	2282	1:18:05	3871
3179	1992	1:02:46	Peter West		Male	2283	1:13:13	3411
3180	2924	1:02:46	Helen James		Female	897	1:12:09	3294
3181	4686	1:02:46	Charlotte Soanes		Female	898	1:12:09	3295
3182	3992	1:02:46	Adam Tucker		Male	2284	1:09:22	2991
3183	2012	1:02:46	Gemma Sullivan		Female	899	1:06:23	2607
3184	2347	1:02:47	Gary Smith		Male	2285	1:07:25	2743
3185	2013	1:02:47	Lorna Sullivan		Female	900	1:06:24	2608
3186	4940	1:02:47	Kevin Gunton		Male	2286	1:12:51	3371
3187	4165	1:02:48	Sarah Marsden		Female	901	1:10:09	3092
3188	5242	1:02:49	Stuart Bailey		Male	2287	1:12:26	3329
3189	1854	1:02:49	Ian Hollings		Male	2288	1:06:07	2569
3190	3282	1:02:49	Alan Varle	Waveney Valley AC	Male	2289	1:10:10	3094
3191	4856	1:02:50	C Knoglinger		Male	2290	1:12:24	3326
3192	4681	1:02:50	Darren Coleman		Male	2291	1:14:12	3506
3193	5398	1:02:50	Stephen Frostwick		Male	2292	1:12:00	3279
3194	3386	1:02:51	Simone Warnes		Female	902	1:09:26	3006
3195	6558	1:02:51	David Barton		Male	2293	1:16:07	3678
3196	3316	1:02:51	Amy Husband		Female	903	1:09:20	2986
3197	5028	1:02:52	John Brown		Male	2294	1:13:07	3402
3198	4109	1:02:52	Karen Hamilton	Waveney Valley AC	Female	904	1:10:09	3093
3199	1914	1:02:53	Katie Davis		Female	905	1:06:14	2582
3200	6906	1:02:53	Tania Gonzalez Duran		Female	906	1:15:59	3663
3201	4676	1:02:53	Martin Taylor		Male	2295	1:13:24	3428
3202	4805	1:02:53	Antony Warner		Male	2296	1:12:04	3285
3203	4804	1:02:54	Lisa Warner		Female	907	1:12:05	3286
3204	2269	1:02:54	Shana Walpole	Norwich Road Runners	Female	908	1:07:18	2727
3205	3912	1:02:54	Stephen Long		Male	2297	1:09:26	3005
3206	3203	1:02:55	Peter Hosking		Male	2298	1:10:16	3101
3207	3170	1:02:55	Alison Howes		Female	909	1:10:48	3141
3208	3169	1:02:55	Kevin Smith		Male	2299	1:10:48	3140
3209	5723	1:02:56	Steve Lofts		Male	2300	1:13:41	3461
3210	3636	1:02:56	Clare Walton		Female	910	1:09:34	3033
3211	3375	1:02:56	Joanne Forster	Norwich Road Runners	Female	911	1:12:06	3288
3212	2396	1:02:57	Andrew Cole		Male	2301	1:06:06	2566
3213	3432	1:02:57	Lesa Easton		Female	912	1:10:49	3143
3214	5514	1:02:57	Neil Wilson		Male	2302	1:14:21	3522
3215	5432	1:02:58	Mrs Jessica		Female	913	1:12:08	3293
3216	2091	1:02:58	Chris Cope		Male	2303	1:06:09	2571
3217	4884	1:02:58	Elizabeth Morgan		Female	914	1:12:40	3351
3218	1703	1:02:59	Dean Cook		Male	2304	1:06:55	2675
3219	4179	1:02:59	Karen Rayner		Female	915	1:09:32	3027
3220	3610	1:02:59	John Bellotti		Male	2305	1:10:32	3123

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3221	2127	1:02:59	Adam Kimberley		Male	2306	1:07:32	2760
3222	4009	1:03:01	Maria Smith		Female	916	1:10:00	3071
3223	4720	1:03:01	Becky Walsh		Female	917	1:14:55	3573
3224	3300	1:03:01	Katie White		Female	918	1:10:53	3151
3225	4322	1:03:01	Maria Cruickshank		Female	919	1:10:01	3076
3226	6053	1:03:02	Sean Ferris		Male	2307	1:16:08	3680
3227	5856	1:03:02	Robin Smith		Male	2308	1:12:10	3300
3228	3729	1:03:02	Malcolm Robertson		Male	2309	1:09:23	2996
3229	6815	1:03:03	Neil Pettican		Male	2310	1:16:24	3703
3230	5904	1:03:03	Chris Smith		Male	2311	1:12:11	3302
3231	3997	1:03:03	Terry Seeger		Male	2312	1:09:53	3058
3232	6831	1:03:04	Alan Wagner		Female	920	1:16:13	3687
3233	6859	1:03:05	Lorna Blackmore	Bungay Black Dog RC	Female	921	1:16:17	3694
3234	4391	1:03:05	Kelly Kenny		Female	922	1:09:54	3062
3235	4998	1:03:05	Tertia Douglas		Female	923	1:12:22	3321
3236	3325	1:03:05	Marisa Forbes		Female	924	1:12:11	3301
3237	2949	1:03:05	Robert Gibdon		Male	2313	1:16:18	3695
3238	1266	1:03:06	Matthew Clarke		Male	2314	1:03:31	2225
3239	4005	1:03:07	Andy Curtis		Male	2315	1:09:27	3011
3240	5491	1:03:07	Richard Evans	Dunstable RRC	Male	2316	1:12:13	3305
3241	5458	1:03:08	Sarah Moir		Female	925	1:13:14	3413
3242	2401	1:03:08	Tom Dove		Male	2317	1:12:19	3317
3243	6740	1:03:08	Sam Wharton		Male	2318	1:16:13	3688
3244	5488	1:03:09	Stephanie Burt		Female	926	1:12:19	3318
3245	2039	1:03:09	Jessica Pye		Female	927	1:06:49	2665
3246	4166	1:03:09	Jessica Tres		Female	928	1:10:30	3121
3247	4039	1:03:10	Keith Burnett	Beccles Triathlon Club	Male	2319	1:09:51	3055
3248	5503	1:03:10	Laura Button		Female	929	1:13:01	3390
3249	7369	1:03:10	Darren Peberday		Male	2320	1:16:30	3721
3250	2554	1:03:11	Rachel Welch		Female	930	1:06:59	2683
3251	6888	1:03:11	Philip Webster		Male	2321	1:18:02	3866
3252	5852	1:03:12	Kate Knowlden		Female	931	1:16:22	3700
3253	6300	1:03:12	Rob Greenwood		Male	2322	1:18:15	3887
3254	5031	1:03:12	Veronica Slade		Female	932	1:15:18	3610
3255	3071	1:03:12	Annie Hughes	Norwich Road Runners	Female	933	1:11:03	3171
3256	5882	1:03:13	Peter Knowles		Male	2323	1:13:25	3429
3257	3428	1:03:13	Claire Bull		Female	934	1:10:26	3116
3258	2275	1:03:13	Kim Blazer	Norwich Road Runners	Female	935	1:11:03	3172
3259	5918	1:03:13	Kim Harrower		Female	936	1:12:38	3346
3260	3387	1:03:13	Jeremy Sinclair		Male	2324	1:11:02	3165
3261	2316	1:03:13	Sue Emmett	Coltishall Jaguars RC	Female	937	1:07:13	2714
3262	5507	1:03:14	George Lawrence		Male	2325	1:12:18	3313
3263	4747	1:03:14	Pat Woodwards		Female	938	1:12:23	3322
3264	3341	1:03:14	Claire Beckett		Female	939	1:11:05	3179
3265	3185	1:03:14	Dani Lynch	Wymondham AC	Female	940	1:09:24	2998
3266	4832	1:03:15	Victoria Myhill		Female	941	1:15:22	3619
3267	1920	1:03:16	Mark Dungar		Male	2326	1:06:34	2630
3268	6835	1:03:17	Claire Gray		Female	942	1:16:32	3727
3269	6711	1:03:17	Kate Andrews		Female	943	1:18:17	3889
3270	6537	1:03:17	James Holliday		Male	2327	1:17:21	3804
3271	5374	1:03:18	Samantha Brewer		Female	944	1:18:17	3891
3272	4758	1:03:18	Simon Piff		Male	2328	1:13:47	3469
3273	3571	1:03:18	David Glason		Male	2329	1:10:56	3156
3274	3650	1:03:18	Phill Gray		Male	2330	1:09:29	3018
3275	3651	1:03:18	Jacqui Gray	Wymondham AC	Female	945	1:09:29	3016
3276	3217	1:03:19	Hannah Higham		Female	946	1:09:26	3008
3277	2440	1:03:19	Georgia Banbury		Female	947	1:06:48	2664
3278	4810	1:03:19	Georgie Sheward	Thetford AC	Female	948	1:12:46	3366
3279	4306	1:03:19	Andrew Taylor	Norwich Road Runners	Male	2331	1:09:31	3026
3280	5473	1:03:20	Laura Blackwell		Female	949	1:12:43	3356
3281	2194	1:03:20	Stacey Mill		Female	950	1:07:48	2785
3282	3452	1:03:20	Jan Totterdale	Dereham Runners & AC	Female	951	1:09:58	3066
3283	3436	1:03:20	Ejike Ndaji		Male	2332	1:09:51	3056
3284	5917	1:03:21	Karen Davies		Female	952	1:12:44	3357
3285	6148	1:03:21	Annette Green		Female	953	1:16:37	3738
3286	3748	1:03:21	Rachel Matthews		Female	954	1:10:53	3152
3287	4023	1:03:21	Jim Nottingham		Male	2333	1:11:00	3163
3288	4611	1:03:23	Sarah Smith		Female	955	1:16:36	3735
3289	3491	1:03:23	Kevin Goodings		Male	2334	1:10:57	3157
3290	5579	1:03:25	Caitlin Avery		Female	956	1:13:54	3482

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3291	2090	1:03:25	Andrew Howe		Male	2335	1:08:02	2816
3292	3110	1:03:26	Lindsey Anderson		Female	957	1:10:02	3078
3293	5741	1:03:26	Olivia Towler		Female	958	1:12:51	3370
3294	2323	1:03:26	Durrant Jude	Norwich Road Runners	Female	959	1:06:53	2672
3295	5035	1:03:26	Chris Eve		Male	2336	1:14:11	3505
3296	4833	1:03:28	Lauren Alden		Female	960	1:14:26	3528
3297	3733	1:03:28	Abbie Shorrock		Female	961	1:11:14	3192
3298	5323	1:03:29	Kiri Jimmieson		Female	962	1:12:35	3344
3299	4707	1:03:29	Olivia Nicholas	Norfolk Harriers RC	Female	963	1:15:17	3608
3300	3374	1:03:29	Sophie Getley	Norfolk Harriers RC	Female	964	1:15:17	3607
3301	6929	1:03:30	Bill Edmonds		Male	2337	1:18:47	3922
3302	6764	1:03:30	Colin Smith		Male	2338	1:19:19	3972
3303	5927	1:03:31	David Crabb		Male	2339	1:14:16	3514
3304	5337	1:03:31	Vicky Hampson	North Norfolk Beach Runners	Female	965	1:12:44	3359
3305	3537	1:03:31	Susan Hoadley		Female	966	1:09:54	3061
3306	2794	1:03:31	Tracie Emerson	Stowmarket Striders RC	Female	967	1:07:06	2694
3307	3892	1:03:32	Richard Napthen		Male	2340	1:09:57	3065
3308	6240	1:03:32	Tom Oxley		Male	2341	1:17:27	3821
3309	2893	1:03:32	V Senthilvel		Male	2342	1:06:35	2634
3310	3133	1:03:32	Lee Coolahan		Male	2343	1:13:47	3470
3311	4071	1:03:32	Richard Read		Male	2344	1:10:04	3080
3312	3285	1:03:33	Terry Rawlinson		Male	2345	1:14:18	3519
3313	5124	1:03:33	Stanley Hamilton		Male	2346	1:12:39	3348
3314	5604	1:03:33	Jeanette Attwood		Female	968	1:14:18	3520
3315	4570	1:03:34	Emma Curran		Female	969	1:14:10	3504
3316	3894	1:03:35	Natasha Butler		Female	970	1:09:40	3045
3317	4891	1:03:36	Jennie Kimbley		Female	971	1:13:16	3414
3318	3196	1:03:36	Ewing Hannah		Female	972	1:12:42	3354
3319	2942	1:03:36	Leanne Trenerry		Female	973	1:07:34	2763
3320	4248	1:03:37	Claire Randall	Waveney Valley AC	Female	974	1:09:56	3064
3321	1825	1:03:37	Tim Cheesman		Male	2347	1:07:14	2717
3322	5584	1:03:40	Craig Davies		Male	2348	1:14:22	3525
3323	3274	1:03:40	Sally-Ann Edmonds		Female	975	1:16:44	3753
3324	5349	1:03:40	Laura Webster		Female	976	1:13:51	3474
3325	4661	1:03:41	Frances Bailey		Female	977	1:13:17	3416
3326	3654	1:03:41	Harriet Orrell		Female	978	1:12:44	3360
3327	1592	1:03:41	Chris Clow		Male	2349	1:15:28	3624
3328	5623	1:03:41	Anna Ramsay		Female	979	1:13:02	3391
3329	4255	1:03:41	Katrina Harrison		Female	980	1:16:45	3756
3330	1985	1:03:42	Georgina Crowe		Female	981	1:08:19	2856
3331	2787	1:03:42	Martin Yaxley	Great Yarmouth Road Runners	Male	2350	1:07:06	2696
3332	1491	1:03:42	Pete Armfield		Male	2351	1:13:11	3409
3333	5416	1:03:42	John Kenyon	Ampthill & Flitwick Flyers RC	Male	2352	1:15:24	3620
3334	5009	1:03:42	Caroline Stacey	North Norfolk Beach Runners	Female	982	1:12:58	3383
3335	6726	1:03:43	Sebastian Ambaye		Male	2353	1:18:06	3873
3336	1984	1:03:43	Kevin Hyden		Male	2354	1:08:19	2857
3337	1902	1:03:43	Iain Chettleburgh		Male	2355	1:07:06	2698
3338	4936	1:03:43	Anders Poulsen		Male	2356	1:13:04	3398
3339	4649	1:03:44	Chris De Main		Male	2357	1:14:18	3521
3340	3305	1:03:45	Bradley Bedingfield		Male	2358	1:09:54	3060
3341	3459	1:03:45	Sally Porter	Bure Valley Harriers	Female	983	1:11:38	3239
3342	3625	1:03:46	Donna Tarr		Female	984	1:10:00	3072
3343	3334	1:03:46	Charles Harrowing		Male	2359	1:10:04	3081
3344	5881	1:03:48	Shabia Ali		Female	985	1:13:02	3393
3345	4604	1:03:48	Ross Buckingham		Male	2360	1:13:32	3446
3346	4566	1:03:48	Glenn Franklin		Male	2361	1:13:08	3404
3347	4348	1:03:49	Luke Boobyer		Male	2362	1:10:33	3126
3348	5591	1:03:49	Rachel Hutchinson		Female	986	1:13:06	3401
3349	4256	1:03:51	Rosie E Matthewson		Female	987	1:11:49	3265
3350	4229	1:03:52	Mandy Halls		Female	988	1:11:43	3253
3351	7183	1:03:53	Kirsty Howe	Waveney Valley AC	Female	989	1:16:56	3767
3352	4182	1:03:53	Kerrie Page		Female	990	1:11:27	3217
3353	7576	1:03:53	Lauren Grantham		Female	991	1:19:38	3999
3354	5455	1:03:53	Rosemary Plant	Waveney Valley AC	Female	992	1:16:57	3768
3355	1982	1:03:53	Jane Webber		Female	993	1:18:52	3931
3356	3450	1:03:54	Hilary Winch		Female	994	1:11:01	3164
3357	4662	1:03:55	Nicola Green		Female	995	1:13:36	3453
3358	4590	1:03:56	Sarah Preston		Female	996	1:13:19	3418
3359	2086	1:03:57	Bradley Spanton		Male	2363	1:08:23	2869
3360	4080	1:03:57	Nikki Brown	Norfolk Harriers RC	Female	997	1:10:50	3144

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3361	2480	1:03:59	Elysa Varvel		Female	998	1:08:35	2896
3362	7371	1:03:59	Keri Williams		Male	2364	1:17:59	3859
3363	3809	1:03:59	Stephen Wingrove		Male	2365	1:11:30	3225
3364	4280	1:04:00	Chris Lintern		Male	2366	1:10:14	3100
3365	4860	1:04:00	J Figura-Drane		Male	2367	1:14:58	3575
3366	1662	1:04:00	Jonathan Haywood		Male	2368	1:11:45	3258
3367	3366	1:04:00	Carol Baker	Norfolk Gazelles AC	Female	999	1:10:31	3122
3368	3143	1:04:01	Michael Franks		Male	2369	1:11:54	3272
3369	5674	1:04:01	Steven Alexander		Male	2370	1:15:48	3648
3370	2479	1:04:01	Richard Lovett		Male	2371	1:08:36	2901
3371	6882	1:04:01	Catherine Paul		Female	1000	1:11:45	3257
3372	5580	1:04:01	Gary Heading		Male	2372	1:14:07	3501
3373	3204	1:04:01	Rebecca Woods		Female	1001	1:11:33	3230
3374	5569	1:04:01	Ellie Carroll		Female	1002	1:14:39	3555
3375	3288	1:04:02	Lisa Rodgers	Wymondham AC	Female	1003	1:14:27	3530
3376	5020	1:04:03	Paul Corder	Norwich Road Runners	Male	2373	1:14:58	3577
3377	5699	1:04:03	Adrian Rayner		Male	2374	1:13:34	3449
3378	3281	1:04:03	Kate Holtzer	Waveney Valley AC	Female	1004	1:11:51	3267
3379	4979	1:04:03	Julie Allinson		Female	1005	1:19:44	4014
3380	4562	1:04:04	William MacK		Male	2375	1:18:55	3935
3381	5121	1:04:04	Siobhan Laskey		Female	1006	1:14:29	3537
3382	3314	1:04:05	Neal Luther		Male	2376	1:10:18	3104
3383	3181	1:04:05	Marianne Saunders		Female	1007	1:13:09	3406
3384	4798	1:04:05	Wendy Stewart		Female	1008	1:13:23	3425
3385	4895	1:04:06	Sharon Ingham		Female	1009	1:13:23	3424
3386	4712	1:04:06	Chloe Harcourt	Norwich Road Runners	Female	1010	1:13:27	3434
3387	4097	1:04:06	Hannah Mary Goodlad		Female	1011	1:07:59	2813
3388	5948	1:04:07	Eilish Brogan		Female	1012	1:13:28	3435
3389	4871	1:04:07	Fiona Munn		Female	1013	1:14:12	3507
3390	6494	1:04:07	Chris Jackson		Male	2377	1:19:41	4008
3391	4308	1:04:07	Alison Jones		Female	1014	1:11:14	3191
3392	4943	1:04:08	Harriet Bradstock		Female	1015	1:14:15	3512
3393	6800	1:04:08	Judith Hurren		Female	1016	1:17:16	3794
3394	1429	1:04:09	Lauren Brown		Female	1017	1:11:40	3244
3395	5630	1:04:09	David Royal		Male	2378	1:15:14	3603
3396	1968	1:04:09	Jacqui Millard		Female	1018	1:12:14	3308
3397	4729	1:04:09	Andrew Huggins		Male	2379	1:14:32	3540
3398	7322	1:04:10	Garry Hoadley		Male	2380	1:17:18	3796
3399	3200	1:04:10	Nicola Borel		Female	1019	1:13:33	3448
3400	5198	1:04:10	Lee Fletcher		Male	2381	1:15:15	3605
3401	1434	1:04:11	Simon Millard		Male	2382	1:12:15	3311
3402	5371	1:04:11	Rebecca Irwing		Female	1020	1:13:28	3437
3403	4334	1:04:11	Chris Atkins		Male	2383	1:11:49	3262
3404	5544	1:04:11	Sarah Tabiner		Female	1021	1:13:35	3451
3405	4349	1:04:11	Madeleine Lameris		Female	1022	1:11:48	3261
3406	4639	1:04:12	Beverley Childs		Female	1023	1:14:35	3549
3407	652	1:04:12	Georgina Dinnage		Female	1024	1:11:08	3184
3408	3096	1:04:13	Sophy Tarsey		Female	1025	1:11:43	3252
3409	5069	1:04:13	Louis Wahl		Male	2384	1:14:40	3556
3410	5256	1:04:13	Daniel Oxbury		Male	2385	1:14:09	3503
3411	3469	1:04:13	Christopher Dinnage		Male	2386	1:11:09	3188
3412	2345	1:04:14	Bronwyn Elsden		Female	1026	1:13:48	3471
3413	1986	1:04:15	Tracey Goodrum		Female	1027	1:13:49	3472
3414	5524	1:04:15	Jacqueline Perring		Female	1028	1:13:38	3458
3415	3702	1:04:15	Amanda Gray		Female	1029	1:11:38	3237
3416	5474	1:04:15	Elly Haylock		Female	1030	1:13:50	3473
3417	7214	1:04:16	Jon Doran		Male	2387	1:19:40	4004
3418	2740	1:04:17	Calvin Daines		Male	2388	1:08:31	2887
3419	3362	1:04:17	Jo Segasby		Female	1031	1:10:49	3142
3420	4446	1:04:18	Andy Payne		Male	2389	1:12:09	3298
3421	4284	1:04:18	Sian Seaman		Female	1032	1:11:15	3196
3422	6874	1:04:19	James Ehren		Male	2390	1:17:23	3809
3423	4283	1:04:19	Jennie Mead		Female	1033	1:11:16	3197
3424	5644	1:04:19	Hannah Adcock		Female	1034	1:16:02	3669
3425	6873	1:04:19	Leigh Ehren		Female	1035	1:17:23	3810
3426	4313	1:04:19	Katherine Bignal		Female	1036	1:11:46	3260
3427	4263	1:04:19	Lisa Leeder		Female	1037	1:10:44	3135
3428	3746	1:04:19	Becky Carter		Female	1038	1:10:44	3136
3429	4234	1:04:20	Peter Anthony		Male	2391	1:16:02	3670
3430	5632	1:04:20	Alice Sizeland		Female	1039	1:13:59	3489

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3431	3558	1:04:20	Helen Crowley		Female	1040	1:11:39	3242
3432	5867	1:04:20	Darren Carter		Male	2392	1:10:44	3137
3433	850	1:04:20	Tom Kelleher		Male	2393	1:05:26	2485
3434	4246	1:04:21	Gary Huggins		Male	2394	1:11:04	3174
3435	3287	1:04:21	Christie O'Gorman		Female	1041	1:11:02	3166
3436	5786	1:04:21	Robert Holliday		Male	2395	1:14:18	3517
3437	3445	1:04:21	Himan Amarawickrama		Male	2396	1:11:51	3268
3438	5781	1:04:23	Andrew Keeler		Male	2397	1:15:22	3616
3439	4238	1:04:23	David Field	Norwich Road Runners	Male	2398	1:11:29	3220
3440	5485	1:04:24	Nicholas Waddick		Male	2399	1:15:48	3649
3441	4965	1:04:24	James Duggan		Male	2400	1:15:13	3601
3442	6723	1:04:24	Sarah Lucas		Female	1042	1:19:16	3967
3443	5640	1:04:25	Sarah Paterson		Female	1043	1:13:30	3441
3444	4305	1:04:27	Carole Locke		Female	1044	1:10:33	3125
3445	5703	1:04:27	Katie Easter		Female	1045	1:14:43	3564
3446	3708	1:04:27	Leon Wilde		Male	2401	1:11:36	3236
3447	3098	1:04:27	David Killingback		Male	2402	1:15:54	3654
3448	4085	1:04:27	Rebecca Thomas		Female	1046	1:10:56	3155
3449	7189	1:04:27	Abigail Alderton		Female	1047	1:15:54	3655
3450	5847	1:04:28	Kyle Farr		Male	2403	1:15:25	3622
3451	4331	1:04:28	Sara Tansley		Female	1048	1:10:34	3128
3452	5305	1:04:29	Steven Kovacevic		Male	2404	1:14:32	3541
3453	2147	1:04:29	Dale Coleman		Male	2405	1:08:11	2838
3454	3544	1:04:29	Robert Jones		Male	2406	1:11:03	3167
3455	4894	1:04:29	Charles Mathews		Male	2407	1:16:10	3681
3456	5682	1:04:30	Kathryn Gordon		Female	1049	1:14:27	3532
3457	3157	1:04:31	Andrew Bird	Bure Valley Harriers	Male	2408	1:11:10	3189
3458	5520	1:04:32	Lynn Cook		Female	1050	1:15:56	3657
3459	4709	1:04:32	Laura Briggs		Female	1051	1:15:07	3595
3460	3391	1:04:32	Andy Edwards		Male	2409	1:11:16	3198
3461	5656	1:04:32	Charlie Flint		Female	1052	1:15:01	3582
3462	6075	1:04:32	A Bolingbroke		Female	1053	1:19:17	3969
3463	3800	1:04:33	Paula Carr		Female	1054	1:19:17	3968
3464	4846	1:04:33	Michael Parsons		Male	2410	1:15:34	3629
3465	3640	1:04:33	Joe Webb		Male	2411	1:11:27	3216
3466	2175	1:04:34	Kelly Wisdom		Female	1055	1:07:46	2780
3467	4072	1:04:35	G Castleton-White		Male	2412	1:11:06	3180
3468	1623	1:04:35	Rick Bisset		Male	2413	1:11:11	3190
3469	2174	1:04:35	Paul Wisdom		Male	2414	1:07:47	2782
3470	5947	1:04:36	David Farmer		Male	2415	1:15:34	3630
3471	3393	1:04:36	Gemma Johnson		Female	1056	1:11:30	3224
3472	5837	1:04:36	Zoe Webber		Female	1057	1:09:14	2975
3473	2636	1:04:36	Anthony Osborne		Male	2416	1:08:32	2889
3474	3703	1:04:37	Darren Male		Male	2417	1:11:57	3274
3475	3534	1:04:38	Duncan Green		Male	2418	1:12:08	3292
3476	6380	1:04:38	Alan Parsons		Male	2419	1:19:07	3954
3477	6503	1:04:39	Elizabeth Pope		Female	1058	1:17:44	3847
3478	631	1:04:39	Lucy Woodrow		Female	1059	1:17:44	3848
3479	4068	1:04:40	Lucy Monk		Female	1060	1:11:15	3195
3480	3764	1:04:40	Laura Freeman	Norwich Road Runners	Female	1061	1:11:33	3228
3481	6824	1:04:40	Samantha Bartram		Female	1062	1:18:00	3862
3482	3241	1:04:41	Dave Eaves		Male	2420	1:10:50	3145
3483	6959	1:04:42	Samantha Hill		Female	1063	1:18:00	3863
3484	4291	1:04:42	Darren Hutchings		Male	2421	1:18:00	3861
3485	4164	1:04:42	Sami Griggs		Female	1064	1:12:44	3358
3486	4304	1:04:44	Caroline Clamp	Waveney Valley AC	Female	1065	1:14:03	3496
3487	4163	1:04:44	Benjamin Cook		Male	2422	1:12:45	3364
3488	7394	1:04:44	Jade Anderson		Female	1066	1:17:54	3854
3489	5683	1:04:45	Zoe Darwin-Bunn		Female	1067	1:14:41	3562
3490	3338	1:04:45	Matthew Burrell		Male	2423	1:12:09	3296
3491	3410	1:04:46	Julia Lawrence		Female	1068	1:11:04	3175
3492	3172	1:04:47	Jane Buck		Female	1069	1:12:52	3374
3493	6983	1:04:47	Luke Smith		Male	2424	1:18:34	3909
3494	3709	1:04:48	Tracy Wilde		Female	1070	1:11:57	3275
3495	4646	1:04:48	Ashley Armstrong		Male	2425	1:14:33	3544
3496	1435	1:04:48	Karen Patterson		Female	1071	1:11:42	3250
3497	2871	1:04:48	Nicky Salt		Female	1072	1:08:20	2859
3498	7313	1:04:49	Lee Taylor		Male	2426	1:18:24	3899
3499	7341	1:04:50	Millie Daviss		Female	1073	1:19:41	4009
3500	5055	1:04:50	Rachel Devonshire		Female	1074	1:13:59	3488

Run Norwich

5th August 2018

RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3501	4613	1:04:50	Theo Burne		Male	2427	1:19:01	3947
3502	6683	1:04:51	Tom Saxton		Male	2428	1:17:56	3856
3503	2944	1:04:51	Leanne Hardy		Female	1075	1:08:05	2824
3504	2943	1:04:51	Becky Hardy		Female	1076	1:08:05	2823
3505	3476	1:04:52	Emma Flack		Female	1077	1:12:40	3352
3506	6984	1:04:52	Jamie Groom		Male	2429	1:18:25	3900
3507	5377	1:04:53	Victoria Thompson		Female	1078	1:14:42	3563
3508	3760	1:04:54	Abi Rudd		Female	1079	1:12:29	3335
3509	3993	1:04:54	Pete Edwards	Norwich Road Runners	Male	2430	1:12:41	3353
3510	4667	1:04:54	Kate Purling		Female	1080	1:16:06	3673
3511	3759	1:04:54	Amelia Hunt		Female	1081	1:12:30	3337
3512	2158	1:04:55	Daniel Smith		Male	2431	1:09:24	2999
3513	4749	1:04:55	Trina Beare		Female	1082	1:14:03	3494
3514	2159	1:04:56	Kate Smith		Female	1083	1:09:25	3003
3515	5404	1:04:57	Kristian Brown		Male	2432	1:17:06	3784
3516	3080	1:04:59	Ceri Sumner		Female	1084	1:12:25	3328
3517	4680	1:04:59	Kirsty Warford		Female	1085	1:16:49	3762
3518	5375	1:05:00	Naomi Shelmerdine		Female	1086	1:15:05	3593
3519	5247	1:05:00	Louise Pitcher		Female	1087	1:14:43	3565
3520	5306	1:05:01	Iain Dempster		Male	2433	1:15:34	3631
3521	6685	1:05:01	Bethan Sommerfield		Female	1088	1:18:06	3874
3522	3685	1:05:01	Karen Peart		Female	1089	1:14:55	3571
3523	3638	1:05:02	Libby Ashton	North Norfolk Beach Runners	Female	1090	1:12:51	3372
3524	2346	1:05:02	Chloe Bird		Female	1091	1:08:42	2910
3525	2633	1:05:02	Beth Hamilton		Female	1092	1:09:03	2955
3526	7387	1:05:02	A Follas-Shell		Female	1093	1:18:06	3875
3527	5522	1:05:03	Sue Carver	Norwich Road Runners	Female	1094	1:14:38	3553
3528	5659	1:05:03	Abi Harvey		Female	1095	1:14:06	3500
3529	4665	1:05:03	Wendy Smith	Norwich Road Runners	Female	1096	1:14:37	3552
3530	4128	1:05:03	Theresa Fernandez		Female	1097	1:11:41	3248
3531	4127	1:05:03	Joel Fernandez		Male	2434	1:11:42	3249
3532	2203	1:05:05	Victoria Reynolds		Female	1098	1:08:11	2837
3533	6716	1:05:05	Andy Pridmore		Male	2435	1:20:46	4111
3534	2183	1:05:05	Emma Hunt		Female	1099	1:08:12	2839
3535	6864	1:05:06	Liz Cox	Great Yarmouth Road Runners	Female	1100	1:18:17	3892
3536	4160	1:05:07	Dave Cumbridge		Male	2436	1:12:14	3309
3537	5502	1:05:08	Anna Palmer		Female	1101	1:15:14	3604
3538	5401	1:05:09	Gwen Musker		Female	1102	1:16:40	3744
3539	6080	1:05:10	Emma Greenhall		Female	1103	1:18:20	3895
3540	5883	1:05:10	Andrew Holmes		Male	2437	1:15:09	3597
3541	4384	1:05:12	Matt Brickley		Male	2438	1:12:54	3380
3542	3519	1:05:12	Rachael Friend		Female	1104	1:16:37	3737
3543	7223	1:05:13	David Phillips		Male	2439	1:20:16	4063
3544	1813	1:05:14	Ollie Wright		Male	2440	1:08:23	2870
3545	4689	1:05:14	Toby Ashworth		Male	2441	1:14:34	3545
3546	1316	1:05:14	James Wynn		Male	2442	1:05:50	2530
3547	3355	1:05:15	Jayde Batterham		Female	1105	1:11:38	3240
3548	3527	1:05:16	Louise Steele		Female	1106	1:12:00	3280
3549	4112	1:05:17	Rebecca Crowe		Female	1107	1:12:19	3314
3550	4208	1:05:17	Kate Walters		Female	1108	1:11:43	3254
3551	7009	1:05:17	Christopher Eastoe		Male	2443	1:20:56	4126
3552	3563	1:05:18	Miriam Smither		Female	1109	1:12:50	3368
3553	3655	1:05:18	Stephen Kirk		Male	2444	1:11:38	3238
3554	3647	1:05:19	Lynda Wilcox		Female	1110	1:12:03	3284
3555	1979	1:05:19	Adrian Vivian		Male	2445	1:09:06	2963
3556	2196	1:05:19	Emily Benton		Female	1111	1:09:42	3047
3557	771	1:05:19	Kaylee Meachen	City Of Norwich AC	Female	1112	1:12:28	3332
3558	5448	1:05:20	Graham Kemp		Male	2446	1:16:36	3733
3559	4194	1:05:21	David Brown		Male	2447	1:12:29	3334
3560	4941	1:05:21	Lisa Fitch		Female	1113	1:14:28	3535
3561	7442	1:05:21	Stephen Allen		Male	2448	1:18:37	3912
3562	866	1:05:21	Daniel Garrod		Male	2449	1:16:30	3723
3563	1695	1:05:21	Anna Glover		Female	1114	1:09:25	3001
3564	3331	1:05:21	Helen Lewis	North Norfolk Beach Runners	Female	1115	1:13:13	3412
3565	5461	1:05:22	Rachel Potter		Female	1116	1:16:31	3724
3566	6430	1:05:22	Margaret McCartney	Norfolk Gazelles AC	Female	1117	1:14:58	3576
3567	2556	1:05:22	Jim Lee		Male	2450	1:09:19	2984
3568	4679	1:05:22	Lisa Wright		Female	1118	1:16:01	3668
3569	1694	1:05:22	Andy Mole		Male	2451	1:09:25	3004
3570	4973	1:05:23	Izzy Windle		Female	1119	1:15:04	3589

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3571	7066	1:05:23	M Hagon-Powley		Female	1120	1:19:36	3994
3572	4560	1:05:23	Adam Bridge		Male	2452	1:16:39	3741
3573	5024	1:05:23	Siobhan Conway		Female	1121	1:16:12	3684
3574	4971	1:05:24	Shelley Curtis		Female	1122	1:14:40	3557
3575	3244	1:05:24	Sean Harwood		Male	2453	1:13:17	3417
3576	4809	1:05:24	Andrew Stratton	Wymondham AC	Male	2454	1:15:42	3645
3577	3524	1:05:25	Lizzie Gayton		Female	1123	1:12:19	3316
3578	2630	1:05:26	James Park		Male	2455	1:08:43	2911
3579	2880	1:05:26	Mark Pitcher		Male	2456	1:08:52	2929
3580	5581	1:05:27	Christine Frazer	Wymondham AC	Female	1124	1:16:57	3769
3581	5259	1:05:27	Emily Finch		Female	1125	1:15:26	3623
3582	4000	1:05:27	Larissa Smith		Female	1126	1:13:27	3432
3583	5363	1:05:28	Rebecca Walker		Female	1127	1:17:02	3774
3584	5362	1:05:28	Sam Clarke		Female	1128	1:17:03	3777
3585	4082	1:05:28	Sarah Phillips	Waveney Valley AC	Female	1129	1:13:02	3395
3586	1848	1:05:29	Joanne Pitcher		Female	1130	1:08:54	2937
3587	5506	1:05:29	Sheryl Kemp		Female	1131	1:16:44	3752
3588	7402	1:05:30	Martin Stone		Male	2457	1:20:02	4039
3589	4733	1:05:30	Ian Carter		Male	2458	1:17:37	3836
3590	3058	1:05:31	J Schofield		Male	2459	1:12:02	3281
3591	3673	1:05:31	Rosie Bone		Female	1132	1:12:00	3278
3592	5041	1:05:31	Lily Middleton		Female	1133	1:17:31	3827
3593	2428	1:05:33	Chris Roberts		Male	2460	1:16:12	3685
3594	5664	1:05:33	Kym Taylor		Female	1134	1:16:41	3746
3595	3884	1:05:33	Natalie Freeman		Female	1135	1:12:02	3282
3596	5252	1:05:34	Catherine Kenney		Female	1136	1:17:04	3781
3597	2040	1:05:34	Daniel Warr		Male	2461	1:08:54	2934
3598	4419	1:05:35	Phil South		Male	2462	1:14:41	3561
3599	3613	1:05:36	Kieran Smith		Male	2463	1:11:44	3255
3600	6459	1:05:38	Marie Osborne		Female	1137	1:21:19	4170
3601	3996	1:05:39	Anthony Blake		Male	2464	1:13:53	3478
3602	5390	1:05:39	Gail Barnard	Waveney Valley AC	Female	1138	1:14:59	3579
3603	4411	1:05:39	Jamie Palmer		Female	1139	1:12:10	3299
3604	3811	1:05:40	Emma Doyle		Female	1140	1:13:22	3423
3605	5345	1:05:40	Ian Chisholm		Male	2465	1:16:24	3704
3606	1917	1:05:41	Callum Atkins		Male	2466	1:14:05	3498
3607	4708	1:05:41	Sophie Hudson		Female	1141	1:14:45	3566
3608	3984	1:05:42	Kate Lodge		Male	2467	1:13:38	3457
3609	5083	1:05:42	Angela Brett		Female	1142	1:16:33	3730
3610	5816	1:05:42	Nicola Hartley		Female	1143	1:15:00	3580
3611	3806	1:05:43	Richard Bashton		Male	2468	1:13:57	3485
3612	6762	1:05:43	George Wheeler		Male	2469	1:21:44	4205
3613	2333	1:05:43	Amy Howarth	Norwich Road Runners	Female	1144	1:10:20	3105
3614	6097	1:05:45	Joel Lawrence		Male	2470	1:18:56	3937
3615	3578	1:05:45	Laura Spauls		Female	1145	1:12:12	3304
3616	3337	1:05:45	Laura Hing		Female	1146	1:13:35	3450
3617	4792	1:05:46	Matt Meazey		Male	2471	1:16:35	3732
3618	693	1:05:46	Danny Hawkins		Male	2472	1:06:40	2648
3619	5512	1:05:46	Rachael Tate		Female	1147	1:17:07	3786
3620	3681	1:05:47	Gwyneth Jones		Female	1148	1:11:54	3271
3621	4424	1:05:48	Lynn Greenfield		Female	1149	1:13:05	3399
3622	3456	1:05:49	M Danher-Barber		Female	1150	1:12:52	3375
3623	5392	1:05:50	Fred Auckland		Male	2473	1:16:39	3742
3624	4448	1:05:50	Nicola Reed		Female	1151	1:15:12	3599
3625	3289	1:05:50	Debbie Cushing		Female	1152	1:15:18	3609
3626	6555	1:05:51	Michael Price		Male	2474	1:19:28	3986
3627	5688	1:05:52	Terri Read	Dereham Runners & AC	Female	1153	1:15:21	3614
3628	3850	1:05:54	Kirsty Lewis		Female	1154	1:15:22	3618
3629	4355	1:05:54	Chris Hutchinson		Male	2475	1:15:12	3600
3630	3722	1:05:56	Jennifer Lee		Female	1155	1:13:44	3467
3631	2798	1:05:56	Lucy Cutts	Saint Edmund Pacers	Female	1156	1:09:35	3034
3632	4653	1:05:56	Daniel Lane	Norwich Road Runners	Male	2476	1:17:45	3850
3633	3062	1:05:57	Richard Morris	Wymondham AC	Male	2477	1:16:15	3691
3634	3147	1:05:58	Stephen Jackson		Male	2478	1:13:06	3400
3635	3497	1:05:58	Helen Dingle		Female	1157	1:14:14	3510
3636	4791	1:05:58	Joe Woodley	Norwich Road Runners	Male	2479	1:15:10	3598
3637	3446	1:05:59	Robert Muncaster		Male	2480	1:12:33	3341
3638	2713	1:05:59	Jacob Bonds		Male	2481	1:09:38	3042
3639	5134	1:05:59	Michael Radbourne		Male	2482	1:22:07	4242
3640	1359	1:06:00	Beatriz Lopez Ruiz		Female	1158	1:19:04	3949

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3641	5610	1:06:00	Jane Pattison		Male	2483	1:18:03	3869
3642	3292	1:06:00	Emily Capps		Female	1159	1:16:42	3747
3643	5546	1:06:01	Susan Bond		Female	1160	1:19:11	3959
3644	2720	1:06:01	Claire Punchard		Female	1161	1:09:22	2990
3645	3699	1:06:01	Amanda Bobby		Female	1162	1:15:06	3594
3646	2357	1:06:02	Mark Ryan		Male	2484	1:09:24	3000
3647	3053	1:06:02	Peter Cropley		Male	2485	1:22:03	4239
3648	3814	1:06:02	Stephen Andrews		Male	2486	1:15:41	3641
3649	6543	1:06:03	Abbie Chafer		Female	1163	1:20:07	4050
3650	6546	1:06:03	Victoria Norman		Female	1164	1:20:07	4049
3651	5778	1:06:04	Elizabeth Roberts	Harlow RC	Female	1165	1:16:43	3750
3652	6377	1:06:05	Emma Crane		Female	1166	1:19:45	4016
3653	5697	1:06:05	Lynsey Rodway		Female	1167	1:16:13	3689
3654	2068	1:06:06	Tim Munday		Male	2487	1:13:54	3479
3655	3786	1:06:06	Melita Thorpe		Female	1168	1:12:59	3384
3656	3686	1:06:07	James Chard		Male	2488	1:20:01	4036
3657	3785	1:06:07	Mark Willis		Male	2489	1:12:59	3385
3658	3648	1:06:07	Simon Mitton		Male	2490	1:13:24	3426
3659	4279	1:06:07	Mark Cole		Male	2491	1:13:21	3422
3660	5551	1:06:08	James Bailey		Male	2492	1:17:27	3816
3661	5264	1:06:08	Danielle Winstanley		Female	1169	1:15:42	3644
3662	4376	1:06:09	James Durrant		Male	2493	1:15:20	3612
3663	5353	1:06:09	Adrian Perrin		Male	2494	1:15:20	3613
3664	2104	1:06:10	Matt Woods		Male	2495	1:10:13	3099
3665	2095	1:06:10	Sam Loveys		Male	2496	1:12:31	3339
3666	5169	1:06:10	Jan August		Female	1170	1:16:13	3686
3667	4980	1:06:11	Lesley Hanner		Female	1171	1:17:30	3825
3668	5597	1:06:11	Lesley Hall		Female	1172	1:17:30	3826
3669	6086	1:06:12	Sally Songer		Female	1173	1:21:02	4141
3670	3724	1:06:13	Helen Smith		Female	1174	1:13:40	3459
3671	4381	1:06:14	Paul Young		Male	2497	1:12:33	3342
3672	7358	1:06:16	Irina Ion		Female	1175	1:20:23	4076
3673	5919	1:06:16	Nirmala Raviraj		Female	1176	1:15:42	3643
3674	6884	1:06:17	Joe Cruse		Male	2498	1:22:32	4285
3675	3256	1:06:17	Annelize Taylor		Female	1177	1:13:09	3405
3676	5733	1:06:18	Rachel Morris		Female	1178	1:15:31	3626
3677	4739	1:06:18	Lucy Spinks	Norwich Road Runners	Female	1179	1:17:19	3801
3678	3417	1:06:19	Clare Bradbury	Wymondham AC	Female	1180	1:13:28	3436
3679	4880	1:06:20	Louis Phillippo		Male	2499	1:16:34	3731
3680	2632	1:06:20	Thomas Rose		Male	2500	1:16:27	3712
3681	2484	1:06:20	Jim Flatt		Male	2501	1:10:28	3119
3682	5926	1:06:20	Bethan Rose		Female	1181	1:16:28	3717
3683	4015	1:06:20	Chris Hele		Male	2502	1:12:39	3349
3684	3846	1:06:20	Lewis Leadley		Male	2503	1:14:09	3502
3685	5700	1:06:21	Alice Rayner		Female	1182	1:15:59	3661
3686	3671	1:06:21	Nicole Cole		Female	1183	1:14:01	3492
3687	6735	1:06:21	Jessica Rollingson		Female	1184	1:21:17	4168
3688	3611	1:06:21	James Camelleri		Male	2504	1:13:54	3481
3689	5423	1:06:21	Elizabeth Angel		Female	1185	1:16:27	3709
3690	6122	1:06:22	Sue Allen		Female	1186	1:19:30	3988
3691	1946	1:06:22	Matthew Laxton		Male	2505	1:14:22	3526
3692	5415	1:06:23	Harriet Benfield		Female	1187	1:16:28	3713
3693	4366	1:06:23	Isla McLaren		Female	1188	1:13:09	3407
3694	2311	1:06:24	David Marks	Norwich Road Runners	Male	2506	1:14:32	3542
3695	4403	1:06:24	Jack Goddard		Male	2507	1:12:53	3376
3696	7060	1:06:25	Carrie Catchpole		Female	1189	1:20:51	4118
3697	2278	1:06:25	John Robinson	Norwich Road Runners	Male	2508	1:17:21	3805
3698	5082	1:06:27	Jinda Hills		Female	1190	1:15:43	3646
3699	6676	1:06:27	Marie-Julie Bedja		Female	1191	1:19:47	4018
3700	4020	1:06:27	Julia Pelham	Beccles & Bungay Harriers	Female	1192	1:13:01	3389
3701	5343	1:06:27	Matthew Hume		Male	2509	1:15:55	3656
3702	6117	1:06:28	Myra Daines		Female	1193	1:19:57	4030
3703	4335	1:06:28	Richard King		Male	2510	1:14:17	3516
3704	7287	1:06:28	Piotr Dopart		Male	2511	1:21:05	4146
3705	3626	1:06:28	Chellie Wilkinson		Female	1194	1:13:04	3397
3706	5342	1:06:29	Leila Hume		Female	1195	1:15:57	3659
3707	1414	1:06:29	Ricky Creed		Male	2512	1:07:14	2718
3708	3087	1:06:29	Shaun Rampling		Male	2513	1:14:13	3509
3709	5295	1:06:30	Kyra Cornish	Norwich Road Runners	Female	1196	1:20:27	4080
3710	3803	1:06:30	Elizabeth Wilbourn		Female	1197	1:19:40	4006

Run Norwich

5th August 2018

RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3711	7318	1:06:31	Anne Wilbourn		Female	1198	1:19:41	4007
3712	5869	1:06:31	Hannah Wilson		Female	1199	1:15:40	3640
3713	6268	1:06:31	Kelly Cornish	Norwich Road Runners	Female	1200	1:20:28	4082
3714	4277	1:06:33	Sue Cattermole		Female	1201	1:12:53	3377
3715	3807	1:06:34	Eleanor Howard		Female	1202	1:13:30	3443
3716	5936	1:06:34	Rebecca Wicks		Female	1203	1:16:01	3665
3717	3749	1:06:34	Louise Newson		Female	1204	1:21:10	4160
3718	7269	1:06:35	Jonnie James		Male	2514	1:20:03	4045
3719	7268	1:06:35	Zoe Gibbs		Female	1205	1:20:51	4117
3720	4938	1:06:35	Colin Mullen		Male	2515	1:17:27	3819
3721	7267	1:06:35	Stacey O'donnell		Female	1206	1:20:52	4121
3722	3409	1:06:36	Steven Bailey		Male	2516	1:14:16	3515
3723	3306	1:06:36	Grant Carey		Male	2517	1:12:59	3386
3724	6948	1:06:36	Nicola Green		Female	1207	1:22:10	4244
3725	3797	1:06:37	Julia Westgate		Female	1208	1:13:02	3394
3726	3900	1:06:37	Denis O'sullivan		Male	2518	1:13:16	3415
3727	3161	1:06:38	Paul Westgate	Great Yarmouth Road Runners	Male	2519	1:13:04	3396
3728	5283	1:06:38	Beth Hill		Female	1209	1:21:41	4201
3729	4273	1:06:39	Rebecca Howard	Bungay Black Dog RC	Female	1210	1:13:27	3433
3730	6963	1:06:39	Tracey Campbell		Female	1211	1:19:50	4020
3731	3193	1:06:39	Liz Clues	Tri-Anglia Triathlon Club	Female	1212	1:14:30	3538
3732	2850	1:06:39	Luke Parker		Male	2520	1:09:53	3059
3733	2321	1:06:40	Barbara Button	Coltishall Jaguars RC	Female	1213	1:14:30	3539
3734	6266	1:06:40	Ruth Stokes		Female	1214	1:21:16	4165
3735	4674	1:06:41	Claire Robson		Female	1215	1:18:14	3886
3736	6393	1:06:41	Darren Bateson		Male	2521	1:20:18	4066
3737	3738	1:06:42	Shelley Ames		Female	1216	1:20:18	4068
3738	7134	1:06:42	Marnie Mitchell		Female	1217	1:21:11	4163
3739	6250	1:06:42	Jacqui Williamson		Female	1218	1:21:52	4217
3740	4106	1:06:42	Sharon Frosdick	Alf Tupper Harriers	Female	1219	1:21:52	4218
3741	6697	1:06:42	C Spenceley		Male	2522	1:19:57	4029
3742	5387	1:06:44	Sophie Avard		Female	1220	1:17:34	3833
3743	7508	1:06:47	Kevin Sanford		Male	2523	1:19:56	4027
3744	4913	1:06:47	Sally Gilding		Female	1221	1:17:31	3828
3745	6945	1:06:47	Lucy Day		Female	1222	1:22:33	4287
3746	5033	1:06:48	Stephen Palmer		Male	2524	1:15:53	3652
3747	4351	1:06:49	Rachel Garrod		Female	1223	1:19:56	4028
3748	4046	1:06:49	Nick Watts	Diss and District AC	Male	2525	1:14:36	3550
3749	4054	1:06:50	Leila Bye	Lowestoft Road Runners	Female	1224	1:12:59	3388
3750	3967	1:06:50	James Clarke		Male	2526	1:12:59	3387
3751	4420	1:06:51	Chris Newby		Male	2527	1:13:52	3477
3752	3405	1:06:51	Laura Halstead		Female	1225	1:13:11	3408
3753	4389	1:06:51	Libby Prior		Female	1226	1:16:25	3706
3754	7085	1:06:52	Louise Rayner		Female	1227	1:21:51	4214
3755	6064	1:06:52	Alex Henderson		Male	2528	1:20:54	4125
3756	3132	1:06:52	Brian Gooda		Male	2529	1:14:18	3518
3757	4252	1:06:52	Lucy Hicks	Fenland Running Club	Female	1228	1:13:08	3403
3758	6940	1:06:52	Julie Donnelly		Female	1229	1:20:02	4040
3759	7361	1:06:53	V Pemberton-Dobson		Female	1230	1:20:29	4085
3760	2567	1:06:53	Natalie Edwards		Female	1231	1:10:21	3107
3761	3308	1:06:54	Tanya Nelson	Norwich Road Runners	Female	1232	1:15:03	3585
3762	5026	1:06:54	Stephen Bazire		Male	2530	1:16:06	3674
3763	4188	1:06:55	Rosie Thompson		Female	1233	1:16:06	3675
3764	7250	1:06:55	Sonia Witham	Norwich Road Runners	Female	1234	1:20:02	4041
3765	6612	1:06:56	Steven Copplestone		Male	2531	1:20:40	4104
3766	5021	1:06:57	Andrew Smith		Male	2532	1:16:19	3698
3767	5543	1:06:57	Lindsay Smith		Female	1235	1:17:20	3803
3768	4062	1:06:58	James Phillippo		Male	2533	1:17:13	3791
3769	3225	1:06:58	Jose Garcia		Male	2534	1:14:26	3529
3770	2756	1:06:58	Paul Winter	Stowmarket Striders RC	Male	2535	1:10:26	3115
3771	5347	1:07:00	Paul Greenfield		Male	2536	1:16:40	3743
3772	3559	1:07:00	Lily Hemmens		Female	1236	1:13:56	3484
3773	3949	1:07:01	Rosie Southgate		Female	1237	1:20:31	4088
3774	5892	1:07:01	Sally Franks		Female	1238	1:16:30	3722
3775	5570	1:07:01	Rachael Blunt		Female	1239	1:16:59	3772
3776	5285	1:07:01	Tom Crisp		Male	2537	1:17:58	3858
3777	7293	1:07:02	Sarah O'Malley		Female	1240	1:21:09	4158
3778	4312	1:07:02	Natasha Gridley		Female	1241	1:13:43	3465
3779	4551	1:07:02	Ellie Witt		Female	1242	1:16:32	3726
3780	5836	1:07:02	Marcus Harden		Male	2538	1:21:09	4159

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3781	7347	1:07:03	Gemma Howes		Female	1243	1:20:56	4127
3782	4785	1:07:03	Rosanna Lynch		Female	1244	1:16:11	3682
3783	3963	1:07:03	Kate Leeson		Female	1245	1:15:03	3587
3784	2171	1:07:03	Steph Makins		Female	1246	1:13:52	3476
3785	4828	1:07:04	Gemma Bailey		Female	1247	1:17:35	3834
3786	5393	1:07:04	Dean Pruden		Male	2539	1:17:08	3788
3787	2449	1:07:04	Paul Martell		Male	2540	1:11:26	3215
3788	2235	1:07:05	Nigel Bullen	Norfolk Gazelles AC	Male	2541	1:22:55	4320
3789	3798	1:07:05	Andy Dransfield		Male	2542	1:13:29	3438
3790	4903	1:07:05	Kate Franklin		Female	1248	1:16:28	3715
3791	1803	1:07:05	Rebecca Clarke		Female	1249	1:17:19	3800
3792	3831	1:07:06	Carla Holland		Female	1250	1:13:30	3442
3793	4806	1:07:06	Anita Talby		Female	1251	1:16:16	3693
3794	4819	1:07:07	Jennifer Rowley		Female	1252	1:17:20	3802
3795	4211	1:07:07	Fel Roberts		Female	1253	1:14:03	3495
3796	4648	1:07:09	Gavin Smith		Male	2543	1:18:43	3919
3797	7385	1:07:10	Martin Willis		Male	2544	1:22:35	4291
3798	3268	1:07:11	Marion Bensley	Coltishall Jaguars RC	Female	1254	1:13:52	3475
3799	3593	1:07:11	Joanna Frappell	Wymondham AC	Female	1255	1:17:21	3806
3800	4441	1:07:12	Hugh Furness		Male	2545	1:14:41	3558
3801	5154	1:07:12	Sarah Wright		Female	1256	1:18:56	3936
3802	6646	1:07:13	Tamsin Crossley		Female	1257	1:21:34	4193
3803	5831	1:07:13	Matt Reed		Male	2546	1:18:23	3897
3804	5014	1:07:13	Louise Calf		Female	1258	1:18:58	3942
3805	5445	1:07:14	Rachel Smith		Female	1259	1:16:19	3696
3806	5602	1:07:14	Marcelle Evans		Female	1260	1:18:16	3888
3807	5444	1:07:14	Wendy Cooper		Female	1261	1:16:23	3701
3808	4012	1:07:15	Rachel Hubbard		Female	1262	1:14:34	3546
3809	4837	1:07:15	Charlene Nicholls		Female	1263	1:16:26	3708
3810	5462	1:07:16	Donna Milner	Waveney Valley AC	Female	1264	1:16:29	3720
3811	4904	1:07:17	Carolyn Gerber	Coltishall Jaguars RC	Female	1265	1:16:25	3707
3812	4265	1:07:17	Gary Judge		Male	2547	1:14:00	3491
3813	6825	1:07:18	Richard Furness		Male	2548	1:21:04	4143
3814	5047	1:07:18	Kate Tebble		Female	1266	1:16:25	3705
3815	5276	1:07:18	Pauline Marr		Female	1267	1:17:10	3790
3816	6810	1:07:18	James Nairne-Clark		Male	2549	1:23:02	4333
3817	7388	1:07:19	Jade Spall		Female	1268	1:22:00	4234
3818	5626	1:07:19	Lisa Jones		Female	1269	1:17:23	3811
3819	2689	1:07:21	Simon Candler		Male	2550	1:11:14	3194
3820	3438	1:07:22	Barbara Peek		Female	1270	1:13:41	3460
3821	3621	1:07:23	Claire Berridge		Female	1271	1:21:20	4174
3822	4431	1:07:23	James Bloomfield		Male	2551	1:13:29	3440
3823	5501	1:07:23	Anna Masztalerska		Female	1272	1:16:48	3760
3824	3812	1:07:24	Alan Rampling		Male	2552	1:15:08	3596
3825	2725	1:07:26	Jessica Meyer		Female	1273	1:11:21	3206
3826	5950	1:07:26	Naomi Phillippo		Female	1274	1:17:57	3857
3827	3758	1:07:27	Gemma Thrower	City Of Norwich AC	Female	1275	1:13:31	3444
3828	3669	1:07:28	Maisie Cropley		Female	1276	1:13:31	3445
3829	3195	1:07:28	Joanna Durrant		Female	1277	1:16:32	3725
3830	5288	1:07:29	Kelly Tabiner		Female	1278	1:16:33	3729
3831	7296	1:07:30	Emma Bartlett		Female	1279	1:20:38	4099
3832	2102	1:07:30	Jamie Roe		Female	1280	1:10:38	3133
3833	7136	1:07:30	Louise Smyth		Female	1281	1:20:39	4102
3834	7297	1:07:30	George Bartlett		Male	2553	1:20:39	4101
3835	5624	1:07:30	Craig Richarson		Male	2554	1:18:59	3943
3836	6455	1:07:30	Nigel Barnes		Male	2555	1:20:38	4098
3837	7137	1:07:30	Emma Slaughter		Female	1282	1:20:39	4103
3838	5112	1:07:30	Juliet Cresswell		Female	1283	1:20:52	4122
3839	6096	1:07:31	Vicky Land		Female	1284	1:20:36	4095
3840	3768	1:07:32	Rachael Cole		Female	1285	1:14:28	3534
3841	2128	1:07:32	Martin Steele		Male	2556	1:11:34	3233
3842	4773	1:07:33	Graham Turner		Male	2557	1:19:11	3960
3843	2899	1:07:34	Daryl Hoy		Male	2558	1:11:43	3251
3844	5525	1:07:34	Deborah Green		Female	1286	1:21:52	4215
3845	1970	1:07:35	Alex Scupham		Male	2559	1:11:45	3259
3846	4627	1:07:36	Alison Harvey		Female	1287	1:18:19	3894
3847	5729	1:07:36	A Copeman-Lamoureux	Beccles & Bungay Harriers	Female	1288	1:17:28	3822
3848	3145	1:07:36	Anna Sweeting		Female	1289	1:16:46	3759
3849	4629	1:07:37	Lori Baker		Female	1290	1:18:20	3896
3850	600	1:07:37	Tim Sweeting		Male	2560	1:16:46	3758

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3851	5071	1:07:38	Alex Bennett		Male	2561	1:18:07	3877
3852	3765	1:07:39	Jim Woodcock		Male	2562	1:15:31	3625
3853	1863	1:07:40	Lewis Gotts		Male	2563	1:11:30	3223
3854	1864	1:07:41	Liza Gotts		Female	1291	1:11:29	3222
3855	7350	1:07:41	Rebecca Abbott		Female	1292	1:22:41	4300
3856	4950	1:07:41	Kerry Avery		Female	1293	1:18:11	3881
3857	5673	1:07:41	Matthew Ridden		Male	2564	1:18:59	3944
3858	5245	1:07:42	Kate De Vries		Female	1294	1:18:11	3884
3859	3732	1:07:42	Hannah Bloomfield		Female	1295	1:18:31	3907
3860	4035	1:07:42	Rachel Dawson		Female	1296	1:15:39	3637
3861	4974	1:07:43	Oliver Cann		Male	2565	1:17:32	3829
3862	7424	1:07:44	Kaileigh Blacmore		Female	1297	1:20:57	4128
3863	6923	1:07:45	Nigel Thompson		Male	2566	1:20:53	4123
3864	7510	1:07:45	Jorden Abbs		Male	2567	1:21:01	4139
3865	3117	1:07:45	Karl Hawkins		Male	2568	1:14:14	3511
3866	3620	1:07:46	Miranda Taylor		Female	1298	1:14:00	3490
3867	5802	1:07:47	Gregory Hill		Male	2569	1:18:18	3893
3868	7395	1:07:48	Ruth Redford		Female	1299	1:21:05	4145
3869	1392	1:07:48	Jacqui Blake		Female	1300	1:08:40	2905
3870	7351	1:07:48	Chloe Thompson		Female	1301	1:21:04	4144
3871	3757	1:07:48	Sascha Coombes		Female	1302	1:18:43	3917
3872	4858	1:07:49	David Thrower		Male	2570	1:18:43	3918
3873	6323	1:07:49	Stuart Key		Male	2571	1:20:53	4124
3874	2009	1:07:50	Thomas Beach		Male	2572	1:11:28	3219
3875	5079	1:07:51	James Rogers		Male	2573	1:17:29	3823
3876	4558	1:07:52	Jaclyn Kettley		Female	1303	1:18:05	3870
3877	3064	1:07:52	Pras Mahendra		Male	2574	1:14:21	3523
3878	6725	1:07:53	Tom Watkins		Male	2575	1:22:57	4325
3879	3991	1:07:53	Wilf Dooley		Male	2576	1:17:26	3814
3880	5313	1:07:54	Harriet Woodward		Female	1304	1:19:06	3951
3881	3439	1:07:55	Eloise Peek		Female	1305	1:14:13	3508
3882	3463	1:07:55	Paul Nally		Male	2577	1:17:03	3779
3883	5007	1:07:56	Maria Crutchley		Female	1306	1:19:39	4000
3884	5540	1:07:56	Harriet Stenson		Female	1307	1:17:06	3785
3885	1782	1:07:56	Ben Conway		Male	2578	1:12:07	3290
3886	3083	1:07:56	Mark Willmott		Male	2579	1:17:03	3780
3887	3783	1:07:56	Mark Smithson		Male	2580	1:14:58	3578
3888	5412	1:07:57	Lauren Shearwood		Female	1308	1:17:08	3789
3889	4849	1:07:58	John Mason		Male	2581	1:18:29	3903
3890	6915	1:08:00	Chris Palmer		Male	2582	1:21:25	4180
3891	5887	1:08:01	Chris Barton		Male	2583	1:19:17	3970
3892	5704	1:08:01	Sharon Theobald		Female	1309	1:17:05	3782
3893	5348	1:08:01	Carolyn Kett		Female	1310	1:17:38	3837
3894	6307	1:08:02	Nina Baisley		Female	1311	1:21:06	4151
3895	4656	1:08:02	Natasha Ward		Female	1312	1:18:38	3913
3896	5468	1:08:03	Sarah Avery		Female	1313	1:17:14	3793
3897	6941	1:08:03	Lucie Waterman		Female	1314	1:17:35	3835
3898	4807	1:08:04	Marie Kenworthy		Female	1315	1:19:08	3956
3899	5518	1:08:04	Amanda Anderson		Female	1316	1:19:23	3979
3900	3801	1:08:06	Sarah Wormald		Female	1317	1:15:43	3647
3901	7577	1:08:06	Georgina Hughes		Female	1318	1:23:40	4385
3902	7578	1:08:06	Jeremy Hughes		Male	2584	1:23:40	4386
3903	5654	1:08:07	Charlotte Nash		Female	1319	1:17:32	3830
3904	5561	1:08:07	Fiona Morrison	North Norfolk Beach Runners	Female	1320	1:22:37	4292
3905	5025	1:08:08	Jill Bazire		Female	1321	1:17:19	3799
3906	5549	1:08:08	Sally Henry		Female	1322	1:18:39	3914
3907	1683	1:08:10	Hanna Davies		Female	1323	1:11:35	3234
3908	3490	1:08:11	Katherine Wilcockson		Female	1324	1:20:03	4043
3909	4281	1:08:11	Callum Tartt		Male	2585	1:19:09	3957
3910	6637	1:08:11	Andrew Smith		Male	2586	1:23:50	4401
3911	5396	1:08:12	Graham Fox-Atkins		Male	2587	1:17:33	3831
3912	3761	1:08:14	Sophie Mayes		Female	1325	1:14:23	3527
3913	2898	1:08:15	Hayley Robinson		Female	1326	1:11:49	3264
3914	6693	1:08:15	Lewis White		Male	2588	1:21:20	4172
3915	2503	1:08:16	Matt Stokes		Male	2589	1:11:50	3266
3916	6782	1:08:17	Alex Block		Male	2590	1:24:11	4429
3917	5827	1:08:17	C E Howell		Female	1327	1:21:42	4202
3918	4167	1:08:18	Richard Barnes		Male	2591	1:14:39	3554
3919	6257	1:08:18	Jessica Youngs		Female	1328	1:23:21	4352
3920	3717	1:08:19	Jen Inglis	Norwich Road Runners	Female	1329	1:18:42	3916

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3921	7328	1:08:19	Rosie Marris		Female	1330	1:22:11	4245
3922	6836	1:08:19	Amanda Moss		Female	1331	1:22:42	4303
3923	5568	1:08:20	Sarah McBride		Female	1332	1:19:27	3983
3924	3753	1:08:20	Kelly Tilbury		Female	1333	1:15:36	3634
3925	7054	1:08:20	Claire Pye		Female	1334	1:21:52	4216
3926	3303	1:08:20	Michelle Green	Norwich Road Runners	Female	1335	1:14:34	3548
3927	5040	1:08:21	Stephen Yaxley		Male	2592	1:19:42	4010
3928	5407	1:08:21	Peter Emery		Male	2593	1:20:33	4090
3929	6119	1:08:21	Rosie Smith		Female	1336	1:21:35	4195
3930	5566	1:08:21	Lynne Dugdale		Female	1337	1:19:29	3987
3931	4738	1:08:21	Brindley Spinks		Male	2594	1:18:46	3920
3932	6946	1:08:25	Joanne Taylor		Female	1338	1:22:04	4240
3933	5221	1:08:25	Mark Pearson		Male	2595	1:19:56	4026
3934	3530	1:08:26	Julia Baker		Female	1339	1:17:53	3853
3935	1494	1:08:26	Mike Holroyd		Male	2596	1:14:37	3551
3936	2476	1:08:26	Neil Goward		Male	2597	1:14:34	3547
3937	5586	1:08:28	Angela Wakeley		Female	1340	1:19:00	3946
3938	5799	1:08:28	Bridget Inyang	Great Yarmouth Road Runners	Female	1341	1:19:00	3945
3939	7325	1:08:28	Mark McWilliam		Male	2598	1:24:06	4425
3940	3532	1:08:28	Shauna Gooch	Norwich Road Runners	Female	1342	1:15:02	3583
3941	6330	1:08:30	Fay Colk		Female	1343	1:23:43	4393
3942	6123	1:08:31	Victoria Lintin		Female	1344	1:23:31	4372
3943	4638	1:08:31	Johanna Lloyd	Norwich Road Runners	Female	1345	1:19:45	4017
3944	4556	1:08:34	Bea Cutts		Female	1346	1:20:18	4065
3945	3546	1:08:34	Ian Nundy		Male	2599	1:14:54	3570
3946	3257	1:08:35	C Coulthread	Keighley & Craven AC	Male	2600	1:14:47	3567
3947	7014	1:08:35	Nigel Dennis		Male	2601	1:23:43	4392
3948	3280	1:08:35	Nicola Porter	Bungay Black Dog RC	Female	1347	1:15:37	3636
3949	6886	1:08:35	Kim Burgess		Female	1348	1:22:14	4250
3950	5860	1:08:35	James Lupson		Male	2602	1:17:43	3845
3951	6820	1:08:35	Sharon Haylett		Female	1349	1:21:58	4226
3952	6276	1:08:36	Hayley McConnell		Female	1350	1:24:36	4466
3953	3514	1:08:36	Kate Ertan		Female	1351	1:18:11	3883
3954	6918	1:08:36	Clare Aitchison		Female	1352	1:18:11	3882
3955	5068	1:08:37	Teresa Radcliffe		Female	1353	1:17:41	3844
3956	5460	1:08:38	Nicola Hemnell		Female	1354	1:17:48	3851
3957	612	1:08:39	Adrian Huggett		Male	2603	1:09:33	3030
3958	2173	1:08:40	Declan Craggs		Male	2604	1:12:43	3355
3959	3983	1:08:40	Richard Lodge		Male	2605	1:16:36	3734
3960	1837	1:08:41	Richard Myhill		Male	2606	1:15:32	3627
3961	4909	1:08:42	Stephanie Shore	Norwich Road Runners	Female	1355	1:19:27	3982
3962	7311	1:08:42	Kara Langford		Female	1356	1:22:59	4327
3963	3697	1:08:42	Laura Watling		Female	1357	1:16:37	3739
3964	6306	1:08:44	Michaela Chilvers		Female	1358	1:23:38	4381
3965	4008	1:08:44	Justine Hill		Female	1359	1:20:10	4052
3966	5272	1:08:44	Robbie Spicer		Male	2607	1:19:06	3950
3967	7363	1:08:44	Jane Rainer		Female	1360	1:21:58	4228
3968	3747	1:08:46	Norma Burgess		Female	1361	1:16:15	3692
3969	3656	1:08:46	Melissa Daw		Female	1362	1:20:24	4078
3970	4226	1:08:46	Claire Goldstone	Thetford AC	Female	1363	1:15:35	3632
3971	4278	1:08:46	Lauren Riding		Female	1364	1:15:35	3633
3972	5620	1:08:46	Oksana Leyshon		Female	1365	1:18:27	3901
3973	6695	1:08:47	Steve Duncan		Male	2608	1:21:50	4213
3974	5339	1:08:47	Leanne Wheeldon		Female	1366	1:18:36	3910
3975	6253	1:08:48	Ruth Duggan		Female	1367	1:21:55	4222
3976	5652	1:08:48	Justin Leeks		Male	2609	1:18:03	3867
3977	6288	1:08:48	Kati Bussey		Female	1368	1:22:43	4307
3978	3397	1:08:49	Tal Moore		Female	1369	1:17:01	3773
3979	5913	1:08:49	Phil Good		Male	2610	1:18:57	3939
3980	6796	1:08:49	Katrina Harling		Female	1370	1:21:53	4221
3981	5484	1:08:49	Simon Wicks		Male	2611	1:18:48	3923
3982	6252	1:08:49	Paul Duggan		Male	2612	1:21:55	4223
3983	5483	1:08:49	Erica Wicks		Female	1371	1:18:48	3924
3984	165	1:08:49	Vladimir Moore		Male	2613	1:17:02	3775
3985	6121	1:08:50	Emily O'Connell		Female	1372	1:24:34	4459
3986	6818	1:08:50	Helen Debbage		Female	1373	1:23:52	4403
3987	6817	1:08:50	Tim Debbage		Male	2614	1:23:52	4402
3988	6204	1:08:50	Janet Kemp		Female	1374	1:24:15	4435
3989	5016	1:08:52	Mike Wray	Wymondham AC	Male	2615	1:18:02	3865
3990	1903	1:08:52	Peter Pepper		Male	2616	1:12:45	3362

Run Norwich

5th August 2018

RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
3991	4576	1:08:53	Jacqueline Keeling		Female	1375	1:18:01	3864
3992	4034	1:08:54	Kevin Finch		Male	2617	1:16:37	3736
3993	5335	1:08:55	Cody Thorndyke		Female	1376	1:17:59	3860
3994	6809	1:08:55	Deborah Miles		Female	1377	1:22:27	4269
3995	4701	1:08:55	Malcolm Randall		Male	2618	1:20:15	4059
3996	4962	1:08:55	Paula Jordan	Norwich Road Runners	Female	1378	1:19:07	3953
3997	5634	1:08:55	Juliet Shillingford	Dulwich Park Runners	Female	1379	1:19:07	3955
3998	6512	1:08:56	Ian Roper		Male	2619	1:22:28	4273
3999	4147	1:08:57	Hannah Donnarumma		Female	1380	1:16:43	3751
4000	5535	1:08:57	Josh Edwards		Male	2620	1:20:58	4130
4001	7504	1:08:58	Stephen Norris	Coltishall Jaguars RC	Male	2621	1:23:24	4357
4002	3596	1:08:59	Holly Sweatman		Female	1381	1:23:43	4391
4003	2673	1:08:59	Nicholas Bradley		Male	2622	1:19:59	4031
4004	5545	1:09:00	Charlie Tooke		Female	1382	1:21:00	4138
4005	6081	1:09:00	Helen Fitzhugh		Female	1383	1:22:28	4272
4006	3623	1:09:00	Stacey Carter		Female	1384	1:16:01	3666
4007	5330	1:09:00	Haley Griggs	Run Mummy Run	Female	1385	1:18:29	3902
4008	4963	1:09:00	Linda Price		Female	1386	1:20:00	4034
4009	5538	1:09:01	Jayne Peek		Female	1387	1:18:07	3879
4010	3517	1:09:02	Victoria Coleman		Female	1388	1:15:22	3615
4011	5801	1:09:02	Julianne Smith		Female	1389	1:20:15	4058
4012	4752	1:09:02	Gemma Mitchell		Female	1390	1:18:58	3941
4013	4148	1:09:02	Frank Donnarumma		Male	2623	1:16:48	3761
4014	4641	1:09:03	Isabella Spanswick		Female	1391	1:22:55	4321
4015	7503	1:09:04	Sherry Gowing		Female	1392	1:15:53	3653
4016	5385	1:09:04	Stephen Lye		Male	2624	1:20:20	4070
4017	5498	1:09:05	Mike Marshall	North Norfolk Beach Runners	Male	2625	1:21:06	4149
4018	5601	1:09:06	Robyn Freeman		Female	1393	1:18:09	3880
4019	6382	1:09:07	Rhosyn Almond		Female	1394	1:22:29	4283
4020	5236	1:09:09	Jennifer Whitaker		Female	1395	1:22:27	4271
4021	7251	1:09:09	Steve Bacon		Male	2626	1:22:42	4301
4022	3372	1:09:09	Terry Parke		Male	2627	1:17:07	3787
4023	5251	1:09:09	Gemma Seager		Female	1396	1:19:10	3958
4024	6225	1:09:10	Jane Bailey		Female	1397	1:22:27	4270
4025	5234	1:09:10	Samantha Rajasingham		Female	1398	1:22:28	4277
4026	161	1:09:10	Tracey Davies		Female	1399	1:16:01	3667
4027	5742	1:09:10	Jo Swo		Female	1400	1:22:29	4278
4028	4835	1:09:10	C Hodgkinson Lahiff		Female	1401	1:22:28	4274
4029	2615	1:09:11	Grant MacDonald		Male	2628	1:13:43	3464
4030	6183	1:09:11	G Walker Churchman		Female	1402	1:22:29	4280
4031	3672	1:09:12	Philippa Bindley		Female	1403	1:17:19	3797
4032	5679	1:09:12	Terry Norman		Male	2629	1:21:03	4142
4033	6090	1:09:12	Nicola Young		Female	1404	1:22:43	4308
4034	3550	1:09:13	Trudi Bradley		Female	1405	1:23:17	4349
4035	4926	1:09:13	Lesley Tindall		Female	1406	1:20:49	4113
4036	5476	1:09:13	Nikki Collins		Female	1407	1:16:41	3745
4037	6132	1:09:14	Jason Kercher		Male	2630	1:23:25	4360
4038	3451	1:09:15	Marc Jones		Male	2631	1:18:52	3930
4039	7096	1:09:15	Sandy Wells		Female	1408	1:24:37	4469
4040	3819	1:09:15	Pippa Newman	Norwich Road Runners	Female	1409	1:17:24	3812
4041	3536	1:09:15	Luke Yates		Male	2632	1:23:47	4397
4042	2631	1:09:15	Brett Cruickshank		Male	2633	1:12:45	3363
4043	2641	1:09:15	Emma Henry		Female	1410	1:12:44	3361
4044	3857	1:09:16	Matthew Buffin		Male	2634	1:15:49	3650
4045	4344	1:09:16	Amanda Cook	Dereham Runners & AC	Female	1411	1:20:36	4096
4046	4995	1:09:17	Neil Bridger		Male	2635	1:22:51	4318
4047	42	1:09:18	Chris Hayes		Male	2636	1:16:46	3757
4048	3905	1:09:19	Suzie Cubitt		Female	1412	1:22:42	4304
4049	6655	1:09:19	Claire Viner		Female	1413	1:23:14	4343
4050	4652	1:09:19	Stephanie Campbell		Female	1414	1:18:32	3908
4051	3619	1:09:19	Joanne Johnson		Female	1415	1:18:30	3904
4052	1617	1:09:19	Manuela Moxon		Female	1416	1:19:28	3985
4053	6654	1:09:20	Donna Decooper Wride		Female	1417	1:23:15	4345
4054	6653	1:09:21	Claire Honess		Female	1418	1:23:15	4348
4055	5812	1:09:22	Alice Parker		Female	1419	1:18:49	3925
4056	5049	1:09:23	Hannah Smith		Female	1420	1:19:31	3989
4057	7022	1:09:23	Jan Walker		Female	1421	1:22:29	4279
4058	5823	1:09:23	Sarah Scott		Female	1422	1:20:18	4067
4059	4621	1:09:24	Danielle Green		Female	1423	1:20:58	4131
4060	3487	1:09:25	Georgina Wall	Norwich Road Runners	Female	1424	1:23:22	4354

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
4061	5885	1:09:26	Rachel Thompson		Female	1425	1:21:22	4178
4062	4199	1:09:27	Angelika Reichstein		Female	1426	1:22:45	4310
4063	5425	1:09:27	Liam Verlinden		Male	2637	1:18:42	3915
4064	4932	1:09:27	Hilary Ball	Bungay Black Dog RC	Female	1427	1:19:07	3952
4065	6318	1:09:28	Sara Westwood		Female	1428	1:23:33	4375
4066	5428	1:09:29	Lucy Matthews	North Norfolk Beach Runners	Female	1429	1:19:37	3997
4067	4564	1:09:29	Andrew Verney		Male	2638	1:21:31	4189
4068	5192	1:09:30	Mary-Ann Foxcroft		Female	1430	1:19:14	3964
4069	5182	1:09:30	Jessica Hallybone		Female	1431	1:19:54	4025
4070	4753	1:09:30	Ruth Mitchell		Female	1432	1:19:25	3981
4071	6828	1:09:30	Sara Skarp		Female	1433	1:23:01	4332
4072	4053	1:09:30	Sarah Everitt		Female	1434	1:16:03	3671
4073	5751	1:09:31	Salina Cumbridge		Female	1435	1:20:57	4129
4074	7045	1:09:31	Catherine Thompson		Female	1436	1:23:57	4408
4075	4899	1:09:32	Clare Langhorn		Female	1437	1:19:27	3984
4076	7049	1:09:32	Joanne Vasdev		Female	1438	1:23:57	4409
4077	3943	1:09:32	Adam Bevington		Male	2639	1:16:12	3683
4078	5541	1:09:32	James Clifton		Male	2640	1:21:42	4203
4079	7046	1:09:34	Will Thompson		Male	2641	1:24:00	4414
4080	5614	1:09:34	Daniel Wallage		Male	2642	1:21:00	4137
4081	6547	1:09:34	Julie Thallon		Female	1439	1:22:52	4319
4082	5838	1:09:35	Chris Nichols		Male	2643	1:21:10	4161
4083	4198	1:09:35	Jane Seager		Female	1440	1:16:23	3702
4084	3824	1:09:36	Robert Miller		Male	2644	1:17:24	3813
4085	3097	1:09:37	Laura Waters		Female	1441	1:17:03	3778
4086	5237	1:09:37	Cassie Hollis		Female	1442	1:20:02	4042
4087	3148	1:09:37	Michael Tobin	Norwich Road Runners	Male	2645	1:20:03	4046
4088	6239	1:09:37	Karen Dawson		Female	1443	1:22:55	4322
4089	3770	1:09:38	Andrea Bell		Female	1444	1:20:07	4048
4090	4821	1:09:38	Lucy Todd		Female	1445	1:20:07	4051
4091	5685	1:09:39	Jane Crane		Female	1446	1:24:42	4474
4092	3727	1:09:39	Rachel Flatt		Female	1447	1:17:40	3843
4093	3799	1:09:40	David Wormald		Male	2646	1:20:22	4072
4094	3294	1:09:40	Emma Soanes		Female	1448	1:16:51	3764
4095	6057	1:09:41	Nichola Thatcher	Wymondham AC	Female	1449	1:24:29	4452
4096	5662	1:09:44	Kerry Wilkinson		Female	1450	1:24:38	4470
4097	5188	1:09:44	Hilary Murdoch		Female	1451	1:19:40	4003
4098	4623	1:09:44	Louise Coleman		Female	1452	1:23:07	4337
4099	4670	1:09:45	Anne Harper		Female	1453	1:18:50	3927
4100	1295	1:09:45	Paula Gundry	Norwich Road Runners	Female	1454	1:18:51	3929
4101	4393	1:09:46	Heather Musk		Female	1455	1:16:43	3749
4102	6791	1:09:46	Janine MacSporran		Female	1456	1:24:29	4451
4103	4782	1:09:49	Susan Adams		Female	1457	1:19:15	3965
4104	4959	1:09:49	George Watkins		Male	2647	1:20:49	4114
4105	6881	1:09:49	Beryl Knowles	Norwich Road Runners	Female	1458	1:24:18	4439
4106	7475	1:09:50	Steve Smith		Male	2648	1:25:09	4498
4107	6747	1:09:50	Max Emmerson		Male	2649	1:24:55	4482
4108	6750	1:09:50	Karl Appleton		Male	2650	1:24:55	4483
4109	823	1:09:50	Gina Hunt		Female	1459	1:10:45	3138
4110	5494	1:09:51	Julie Garnham		Female	1460	1:19:22	3978
4111	5594	1:09:52	Stuart Rose		Male	2651	1:23:25	4359
4112	5061	1:09:52	Dave Allen		Male	2652	1:20:52	4120
4113	5495	1:09:52	Emma Lemon		Female	1461	1:19:03	3948
4114	5279	1:09:53	Stefania Nobbs		Female	1462	1:19:20	3973
4115	4175	1:09:54	Claire Loates		Female	1463	1:16:28	3716
4116	3982	1:09:54	Jason Loates		Male	2653	1:16:29	3719
4117	4677	1:09:54	Jumara Begum		Female	1464	1:20:27	4081
4118	4910	1:09:54	Emma Hauserman		Female	1465	1:19:42	4011
4119	5275	1:09:55	Zep Ciarla		Male	2654	1:20:15	4060
4120	5273	1:09:55	Danni Ciarla		Female	1466	1:20:16	4062
4121	6894	1:09:55	Kirsty Burgess	Bungay Black Dog RC	Female	1467	1:25:15	4506
4122	6182	1:09:55	Lorraine Cason	Bungay Black Dog RC	Female	1468	1:21:58	4227
4123	6212	1:09:57	Marcel Kinrade		Male	2655	1:24:00	4416
4124	4949	1:09:59	Louise East		Female	1469	1:21:08	4155
4125	3232	1:09:59	Sarah Roberts		Female	1470	1:17:55	3855
4126	7039	1:09:59	Bill Walker		Male	2656	1:25:23	4515
4127	5942	1:10:00	Carl Staff		Male	2657	1:19:21	3975
4128	6388	1:10:00	Stuart Corfield		Male	2658	1:23:42	4389
4129	5136	1:10:01	Patrick Layton		Male	2659	1:20:49	4115
4130	6366	1:10:02	Vincent Crouch		Male	2660	1:25:10	4499

Run Norwich

5th August 2018

RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
4131	5616	1:10:02	Emma Norris		Female	1471	1:20:20	4069
4132	111	1:10:02	Thomas Harvey	Norwich Road Runners	Male	2661	1:17:34	3832
4133	3403	1:10:04	Andy Hughes	Wymondham AC	Male	2662	1:19:14	3963
4134	4338	1:10:05	Vikki Lawes		Female	1472	1:18:05	3872
4135	5617	1:10:05	Becky Moore		Female	1473	1:20:23	4075
4136	3094	1:10:05	Lauren Squance	Norwich Road Runners	Female	1474	1:17:39	3839
4137	4961	1:10:06	Liz Stirling		Female	1475	1:19:44	4013
4138	3084	1:10:06	Matt Hunt		Male	2663	1:16:28	3718
4139	3377	1:10:06	Donna Sayer		Female	1476	1:19:34	3990
4140	3677	1:10:07	Fiona O'Hara		Female	1477	1:16:38	3740
4141	4337	1:10:07	Sarah Ford		Female	1478	1:18:06	3876
4142	4812	1:10:08	Bob Fossey	Norwich Road Runners	Male	2664	1:20:01	4035
4143	5772	1:10:09	Steve Wells	Thetford Runners & Walkers	Male	2665	1:24:36	4467
4144	5139	1:10:09	Ann Greenizan		Female	1479	1:19:36	3996
4145	3478	1:10:09	Kirsty Paradot	City Of Norwich AC	Female	1480	1:19:36	3995
4146	5701	1:10:11	Steve Whitelam	Three Counties Running Club	Male	2666	1:22:12	4248
4147	6281	1:10:11	Dena Eden		Female	1481	1:25:06	4492
4148	6775	1:10:13	Lisa Anthony		Female	1482	1:23:26	4362
4149	7126	1:10:13	Laura Harrison		Female	1483	1:26:00	4573
4150	5505	1:10:13	Jenny Roberson		Female	1484	1:22:12	4247
4151	7125	1:10:13	Sean Ellis		Male	2667	1:26:00	4577
4152	5268	1:10:15	Kevin Burgess	Great Yarmouth & District AC	Male	2668	1:21:16	4166
4153	4793	1:10:15	Joe Fearnley		Male	2669	1:22:21	4263
4154	2181	1:10:17	Josephine Isaac		Female	1485	1:13:46	3468
4155	6194	1:10:17	Clare Withey		Female	1486	1:25:37	4535
4156	6209	1:10:18	Alison Mead		Female	1487	1:25:36	4532
4157	6863	1:10:18	Robert Mills		Male	2670	1:25:39	4539
4158	6208	1:10:18	Emma Mead		Female	1488	1:25:37	4534
4159	5906	1:10:18	Alex Walker		Female	1489	1:21:22	4177
4160	5004	1:10:19	Naomi Webb		Female	1490	1:21:22	4176
4161	4354	1:10:19	Emily Parker		Female	1491	1:19:44	4015
4162	6957	1:10:21	Lynsey Davison		Female	1492	1:23:48	4398
4163	6936	1:10:21	Susan Steel		Female	1493	1:24:08	4427
4164	6736	1:10:22	Gaby Lister		Female	1494	1:25:18	4511
4165	6671	1:10:22	Carrie Parker		Female	1495	1:23:28	4367
4166	4921	1:10:22	Joanna Usher		Female	1496	1:19:40	4005
4167	5670	1:10:23	Megan Oram	Dereham Runners & AC	Female	1497	1:21:59	4230
4168	1997	1:10:23	Matt Kitchin		Male	2671	1:14:41	3560
4169	2211	1:10:23	Hannah Monteverde	Norfolk Gazelles AC	Female	1498	1:21:59	4229
4170	5064	1:10:23	Paul Monteverde		Male	2672	1:21:59	4231
4171	3641	1:10:24	Lorraine Thompson		Female	1499	1:16:32	3728
4172	6404	1:10:26	David Wynn		Male	2673	1:26:23	4603
4173	7406	1:10:26	And?elika Abbs		Female	1500	1:25:13	4502
4174	5747	1:10:26	Eleanor Jarvis		Female	1501	1:20:23	4073
4175	7309	1:10:27	Charlie Douglas		Female	1502	1:25:24	4518
4176	5537	1:10:27	Rachel Parker		Female	1503	1:20:26	4079
4177	6206	1:10:28	Matthew Molloy		Male	2674	1:25:25	4520
4178	5911	1:10:28	Emma Cook		Female	1504	1:25:25	4519
4179	5930	1:10:28	Kerrie Fisher		Female	1505	1:19:54	4024
4180	6264	1:10:29	Frances Howard		Female	1506	1:25:55	4561
4181	7077	1:10:31	Michael Cornford		Male	2675	1:24:30	4453
4182	6283	1:10:32	Sophie Van Raalte		Female	1507	1:25:49	4553
4183	7326	1:10:33	Mark Watts		Male	2676	1:24:14	4433
4184	4872	1:10:34	Mandy Beresford		Female	1508	1:21:00	4135
4185	3707	1:10:34	Hanna Dean	Bungay Black Dog RC	Female	1509	1:22:38	4294
4186	4844	1:10:35	Ali Masterson		Female	1510	1:22:38	4295
4187	5191	1:10:35	Katie Gallagher		Female	1511	1:20:30	4086
4188	4197	1:10:35	Helen Driver		Female	1512	1:16:54	3766
4189	4873	1:10:35	Amy Thompson		Female	1513	1:21:01	4140
4190	5834	1:10:36	Ella Dodge		Female	1514	1:21:20	4173
4191	2011	1:10:37	Ross Luther-Veitch		Male	2677	1:16:50	3763
4192	7304	1:10:37	Carl Ryder		Male	2678	1:23:47	4396
4193	4759	1:10:37	David Pugh		Male	2679	1:20:10	4054
4194	754	1:10:38	Zoe Sanders		Female	1515	1:14:05	3497
4195	6084	1:10:39	Kevin Rallison		Male	2680	1:26:06	4585
4196	4169	1:10:39	Emily Hardy		Female	1516	1:17:19	3798
4197	5123	1:10:39	Neil Barron		Male	2681	1:22:29	4281
4198	755	1:10:40	Paul Sanders		Male	2682	1:14:06	3499
4199	5190	1:10:41	Shirley Rush		Female	1517	1:20:36	4097
4200	4247	1:10:41	Helen Smith		Female	1518	1:18:24	3898

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
4201	6842	1:10:42	Lindsay Churchman		Female	1519	1:24:04	4422
4202	3592	1:10:43	Sarah Marsh		Female	1520	1:21:06	4152
4203	7509	1:10:44	Gemma Perry		Female	1521	1:24:17	4437
4204	7343	1:10:44	Keela Middleton		Female	1522	1:23:58	4412
4205	7105	1:10:46	Amanda Hodson		Female	1523	1:25:12	4500
4206	6088	1:10:46	Ciara Cavanagh		Female	1524	1:24:22	4442
4207	7106	1:10:47	Sarah Thompson		Female	1525	1:25:12	4501
4208	5438	1:10:47	Lily Woods		Female	1526	1:22:00	4235
4209	5876	1:10:47	Jason Borthwick		Male	2683	1:22:15	4252
4210	5609	1:10:48	Hope Rowden		Female	1527	1:21:50	4212
4211	1865	1:10:49	Oliver Marriott		Male	2684	1:22:02	4237
4212	3837	1:10:50	David Cushway		Male	2685	1:18:30	3905
4213	3579	1:10:51	Stephanie Wenn	Norwich Road Runners	Female	1528	1:17:14	3792
4214	3363	1:10:51	Jim Simmons		Male	2686	1:17:17	3795
4215	6179	1:10:52	Fiona Jackson		Female	1529	1:24:01	4417
4216	5696	1:10:52	Sarah James	Waveney Valley AC	Female	1530	1:22:38	4293
4217	6528	1:10:53	Charlotte Jessop		Female	1531	1:24:34	4460
4218	6813	1:10:53	Carol McIntosh	Newmarket Joggers	Female	1532	1:24:04	4423
4219	5530	1:10:53	Colin Browne		Male	2687	1:21:19	4169
4220	4324	1:10:53	Megan Broughton		Female	1533	1:20:45	4108
4221	6934	1:10:54	Kevin Jarman		Male	2688	1:26:05	4582
4222	5871	1:10:54	Richard Jermy		Male	2689	1:20:03	4044
4223	5381	1:10:54	Terry Broughton		Male	2690	1:20:46	4110
4224	5464	1:10:54	Kirsty Grint	Norfolk Gazelles AC	Female	1534	1:22:17	4258
4225	5782	1:10:55	Mavis Thomson		Female	1535	1:22:15	4251
4226	4025	1:10:55	S Shambayati-Ghajar		Female	1536	1:18:57	3938
4227	4748	1:10:55	Gemma Mays		Female	1537	1:22:15	4254
4228	3085	1:10:57	Mark Andrews		Male	2691	1:24:17	4436
4229	3820	1:10:58	Shane Boyle		Male	2692	1:17:06	3783
4230	6895	1:10:58	David Ball		Male	2693	1:24:31	4457
4231	4320	1:10:58	Bethany Wiskin		Female	1538	1:22:17	4257
4232	5477	1:10:59	Jane Lowrie	Wymondham AC	Female	1539	1:21:44	4204
4233	7310	1:10:59	Harriet Darbon		Female	1540	1:24:04	4421
4234	4811	1:10:59	Marina Murdoch	Wymondham AC	Female	1541	1:21:45	4207
4235	7349	1:10:59	Aimee Durrant		Female	1542	1:25:51	4554
4236	7348	1:11:00	Summer Ward		Female	1543	1:25:51	4556
4237	6975	1:11:00	Matthew Downes		Male	2694	1:26:18	4600
4238	5086	1:11:00	Chris Feeney		Male	2695	1:25:07	4494
4239	4706	1:11:00	Sian Stevenson		Female	1544	1:21:00	4136
4240	6670	1:11:01	Elaine Kozlik		Female	1545	1:26:00	4576
4241	5759	1:11:01	Kelly Bolt		Female	1546	1:23:08	4338
4242	1824	1:11:02	Mark Fletcher		Male	2696	1:17:22	3808
4243	512	1:11:02	Michael Johnson	Norwich Road Runners	Male	2697	1:17:22	3807
4244	5138	1:11:02	Fi Tyas		Female	1547	1:21:59	4232
4245	4850	1:11:02	Edward D'Silva		Male	2698	1:20:10	4053
4246	4251	1:11:03	Jason Root		Male	2699	1:18:07	3878
4247	5147	1:11:04	Katherine Abel		Female	1548	1:20:23	4074
4248	5228	1:11:04	Zoe Jervis		Female	1549	1:20:21	4071
4249	4640	1:11:05	Nick Ginn		Male	2700	1:21:29	4187
4250	2021	1:11:06	Lauren Wood		Female	1550	1:15:05	3591
4251	2022	1:11:06	Lucy Brooks		Female	1551	1:15:05	3590
4252	4775	1:11:06	Carolyn Bisset		Female	1552	1:20:34	4093
4253	4750	1:11:07	Alison Bassam		Female	1553	1:20:34	4092
4254	4928	1:11:07	Graham Wade		Male	2701	1:21:59	4233
4255	5456	1:11:07	Sarah Scales		Female	1554	1:20:11	4055
4256	2733	1:11:08	Samantha Hele		Female	1555	1:17:26	3815
4257	4585	1:11:08	Denise West		Female	1556	1:17:27	3817
4258	1054	1:11:08	Amy Mills		Female	1557	1:12:09	3297
4259	3598	1:11:09	Alison Cook		Female	1558	1:17:27	3818
4260	3590	1:11:09	Jo Cooper		Female	1559	1:17:27	3820
4261	5748	1:11:10	Ian Jarvis		Male	2702	1:21:06	4150
4262	5219	1:11:11	Rosie Dunthorne		Female	1560	1:20:23	4077
4263	6399	1:11:11	Miranda Rowlands		Female	1561	1:26:26	4606
4264	6207	1:11:12	Amy Coby		Female	1562	1:25:47	4552
4265	2016	1:11:12	Aaron Smith		Male	2703	1:22:50	4317
4266	6596	1:11:13	Louisa Pavis		Female	1563	1:24:41	4473
4267	5770	1:11:13	Jim Leck		Male	2704	1:21:33	4191
4268	4865	1:11:14	Hazel Flower	Norfolk Harriers RC	Female	1564	1:21:08	4157
4269	4854	1:11:14	Fiona Fogg		Female	1565	1:20:39	4100
4270	4911	1:11:15	Janette Franks		Female	1566	1:22:42	4302

Run Norwich

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by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
4271	7199	1:11:15	Melanie Griffin		Female	1567	1:24:34	4461
4272	3383	1:11:15	Louise Taylor		Female	1568	1:19:22	3977
4273	6615	1:11:16	Penny Craft		Female	1569	1:24:34	4462
4274	7241	1:11:16	Mark Huggins		Male	2705	1:26:44	4628
4275	6573	1:11:17	Aidan Lewis		Male	2706	1:24:48	4480
4276	1787	1:11:18	Graham Stafford		Male	2707	1:14:48	3568
4277	3868	1:11:18	Aimee Boreham	Great Yarmouth Road Runners	Female	1570	1:17:39	3838
4278	4829	1:11:18	Martyn Dunsdon		Male	2708	1:22:04	4241
4279	3822	1:11:19	Michael Blake		Male	2709	1:21:05	4147
4280	6432	1:11:19	Hannah Lambert		Female	1571	1:24:31	4456
4281	5013	1:11:19	Paul Bloomfield		Male	2710	1:23:04	4334
4282	5105	1:11:20	Jennifer Sparkes	Norwich Road Runners	Female	1572	1:22:16	4256
4283	3473	1:11:21	Natasha Cooper		Female	1573	1:18:49	3926
4284	5730	1:11:22	John Manders		Male	2711	1:23:23	4355
4285	7056	1:11:22	David Hilburn		Male	2712	1:25:59	4571
4286	5220	1:11:22	Melissa Baines	Norwich Road Runners	Female	1574	1:22:18	4260
4287	6295	1:11:22	Hannah Pickering		Female	1575	1:24:31	4455
4288	6157	1:11:22	Rachael Fretter		Female	1576	1:25:51	4557
4289	3711	1:11:23	Donna Buttolph		Female	1577	1:17:53	3852
4290	6297	1:11:23	William Tasker-Brown		Male	2713	1:26:07	4588
4291	6296	1:11:24	Rosie Tasker-Brown		Female	1578	1:26:08	4590
4292	2157	1:11:24	Jack Watling		Male	2714	1:14:52	3569
4293	3990	1:11:24	Jo Garner		Female	1579	1:19:18	3971
4294	4859	1:11:24	Stephanie Brighton	Norfolk Gazelles AC	Female	1580	1:22:48	4314
4295	5872	1:11:25	Kelly Philpot		Female	1581	1:23:29	4368
4296	4999	1:11:25	Victoria Smart		Female	1582	1:20:33	4091
4297	1808	1:11:25	James Shiplee		Male	2715	1:14:29	3536
4298	5160	1:11:26	Rochine Symonds	Great Yarmouth Road Runners	Female	1583	1:21:33	4192
4299	6900	1:11:26	Jo Doughty		Female	1584	1:27:00	4658
4300	5360	1:11:26	Emma Manning		Female	1585	1:20:29	4084
4301	7324	1:11:26	Karen Stimpson		Female	1586	1:25:09	4497
4302	5611	1:11:26	Jane Pattison	Bungay Black Dog RC	Female	1587	1:23:29	4369
4303	5886	1:11:26	Steven George		Male	2716	1:20:44	4106
4304	3214	1:11:27	Rose Barnes		Female	1588	1:18:17	3890
4305	5126	1:11:28	Susanna Sweatman		Female	1589	1:26:11	4592
4306	1601	1:11:28	Natalie Roebuck		Female	1590	1:20:45	4109
4307	4736	1:11:28	Lucy Heyhoe		Female	1591	1:20:45	4107
4308	6085	1:11:28	M Kaur Jagdev	Norwich Road Runners	Female	1592	1:24:36	4465
4309	4301	1:11:28	Hollie Hacking		Female	1593	1:17:44	3846
4310	4597	1:11:28	Anna Dean	Thetford AC	Female	1594	1:23:33	4376
4311	4288	1:11:29	Georgia Grimmer		Female	1595	1:17:44	3849
4312	4596	1:11:29	Alan Dean		Male	2717	1:23:34	4378
4313	5708	1:11:30	Cat Knight		Female	1596	1:21:37	4197
4314	6145	1:11:30	Olivia Belton		Female	1597	1:24:45	4478
4315	5817	1:11:30	Colin Downton		Male	2718	1:23:01	4331
4316	6529	1:11:30	Eirini Maniou		Female	1598	1:25:37	4536
4317	5261	1:11:31	Sydney Ames		Male	2719	1:23:29	4370
4318	5355	1:11:31	Duncan Drake		Male	2720	1:22:26	4264
4319	6396	1:11:32	Natalie Stoner		Female	1599	1:24:44	4476
4320	5196	1:11:32	Anna Harrison		Female	1600	1:24:49	4481
4321	4799	1:11:32	James Madsen		Male	2721	1:23:36	4379
4322	7440	1:11:33	Felicity Hopper		Female	1601	1:24:44	4477
4323	5446	1:11:34	Victoria Brownsell	Great Yarmouth Road Runners	Female	1602	1:21:44	4206
4324	5441	1:11:35	Linzi Clarke	Great Yarmouth Road Runners	Female	1603	1:21:45	4209
4325	6429	1:11:36	Philippa Mahoney		Female	1604	1:26:51	4644
4326	4149	1:11:36	Elena Neculae		Female	1605	1:17:40	3841
4327	6226	1:11:37	Mia Linehan		Female	1606	1:26:27	4608
4328	2901	1:11:38	Richard Pilch		Male	2722	1:15:02	3584
4329	4898	1:11:38	Lisa Hurry		Female	1607	1:22:56	4323
4330	4867	1:11:39	Tasha Hart		Female	1608	1:22:47	4313
4331	2620	1:11:39	Mark Cummins		Male	2723	1:15:59	3662
4332	6188	1:11:40	Jayne Quinn		Female	1609	1:25:02	4489
4333	4710	1:11:40	Amy Dunham		Female	1610	1:20:48	4112
4334	6189	1:11:40	Gregory Quinn		Male	2724	1:25:03	4490
4335	7292	1:11:41	Becky Gill		Female	1611	1:25:41	4544
4336	7290	1:11:43	Lily Lawrence		Female	1612	1:25:42	4546
4337	5761	1:11:44	Karen Grainger		Female	1613	1:22:13	4249
4338	3825	1:11:44	Arthur McCarthy		Male	2725	1:19:38	3998
4339	5224	1:11:45	Phillip Laurier	Lowestoft Road Runners	Male	2726	1:20:50	4116
4340	4711	1:11:46	Hannah Waters		Female	1614	1:20:52	4119

Run Norwich

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by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
4341	7317	1:11:46	Debbie Sporle		Female	1615	1:25:09	4496
4342	5153	1:11:47	Liessa Moy		Female	1616	1:21:21	4175
4343	6819	1:11:48	C Gessler-Stillman		Female	1617	1:25:06	4493
4344	6766	1:11:48	Naomi Costley		Female	1618	1:27:50	4708
4345	7276	1:11:49	Helena Wooltorton		Female	1619	1:26:40	4621
4346	6924	1:11:50	Sarah Levett		Female	1620	1:24:57	4487
4347	6201	1:11:50	Sarah Persich		Female	1621	1:26:15	4596
4348	6773	1:11:50	Dudley Garner		Male	2727	1:27:55	4717
4349	5777	1:11:50	Linda Bygrave		Female	1622	1:21:08	4156
4350	5490	1:11:51	Gay Webster		Female	1623	1:21:08	4153
4351	4204	1:11:51	Donna Todd		Female	1624	1:21:08	4154
4352	6763	1:11:51	Natasha Grist		Female	1625	1:27:56	4718
4353	4927	1:11:52	Kiran Devlukia		Male	2728	1:22:26	4267
4354	7017	1:11:52	Linda Diggines		Female	1626	1:25:13	4504
4355	6234	1:11:52	Katie Parsons		Female	1627	1:26:01	4579
4356	4868	1:11:52	Nilixa Devlukia		Female	1628	1:22:27	4268
4357	6722	1:11:54	Alex Watson		Female	1629	1:25:22	4514
4358	4923	1:11:54	Jon-Paul Court		Male	2729	1:23:12	4340
4359	2536	1:11:55	Lauren Jordan		Female	1630	1:15:03	3586
4360	5560	1:11:55	Louise Bond		Female	1631	1:25:27	4523
4361	5922	1:11:56	Jordan Wilson		Female	1632	1:21:11	4164
4362	7108	1:11:56	Angela St Hill		Female	1633	1:25:15	4505
4363	7031	1:11:57	Charlene Chick		Female	1634	1:25:21	4513
4364	7032	1:11:57	Claire Gray		Female	1635	1:25:20	4512
4365	3535	1:11:57	Martyn Webb		Male	2730	1:19:21	3974
4366	6098	1:11:58	Stuart Tottle		Male	2731	1:27:04	4664
4367	2332	1:11:58	Clare Broughton	Norwich Road Runners	Female	1636	1:23:32	4373
4368	6328	1:11:59	Laura Clark		Female	1637	1:26:42	4625
4369	5533	1:11:59	Laura Bagshaw	Norfolk Harriers RC	Female	1638	1:23:54	4405
4370	6477	1:11:59	Ali Hindell		Female	1639	1:26:42	4623
4371	6665	1:11:59	Ray Whiting		Male	2732	1:26:49	4637
4372	5467	1:11:59	Robert Bradley		Male	2733	1:21:19	4171
4373	1417	1:11:59	Matt Phipps		Male	2734	1:19:39	4001
4374	5005	1:11:59	Lorraine Robertson	Norwich Road Runners	Female	1640	1:23:33	4374
4375	2547	1:11:59	Kelly Chan		Female	1641	1:15:24	3621
4376	6664	1:11:59	Hannah Airdrie		Female	1642	1:26:50	4640
4377	6427	1:12:00	Johnathan Roberts		Male	2735	1:27:20	4681
4378	6516	1:12:01	Adam Bennett		Male	2736	1:26:51	4645
4379	4157	1:12:01	Kate Rossetti		Female	1643	1:19:40	4002
4380	6419	1:12:02	Ann Marie Pointer		Female	1644	1:25:57	4567
4381	5828	1:12:03	Nicky Howarth		Female	1645	1:21:11	4162
4382	6405	1:12:03	Nathan Wilson		Male	2737	1:25:17	4509
4383	4954	1:12:04	Jean Whiting		Female	1646	1:23:10	4339
4384	5135	1:12:05	Thomas Frosdick		Male	2738	1:21:46	4210
4385	5170	1:12:06	Hannah Adams	Norwich Road Runners	Female	1647	1:21:25	4181
4386	6187	1:12:07	Jo Shorrock		Female	1648	1:26:17	4599
4387	5599	1:12:07	Melanie Chisholm		Female	1649	1:22:34	4288
4388	4831	1:12:07	Lowenna Hackett		Female	1650	1:21:25	4182
4389	6892	1:12:07	Kylie Burke	Bungay Black Dog RC	Female	1651	1:27:27	4691
4390	4221	1:12:08	Cherie Milbourn		Female	1652	1:20:00	4033
4391	4222	1:12:08	Nicola Godleman		Female	1653	1:20:00	4032
4392	4602	1:12:08	Lou Boyce		Female	1654	1:21:35	4194
4393	6246	1:12:08	Elizabeth Boddy		Female	1655	1:25:13	4503
4394	5229	1:12:09	Julie Hicks		Female	1656	1:24:22	4443
4395	4779	1:12:09	Jake Newitt		Male	2739	1:22:20	4262
4396	4916	1:12:10	Sl Lakey		Female	1657	1:23:26	4361
4397	5077	1:12:10	Jane Morgan		Female	1658	1:21:53	4220
4398	3751	1:12:10	Lesley Greenwood		Female	1659	1:19:34	3991
4399	6332	1:12:10	Joanna Seaman		Female	1660	1:25:56	4564
4400	6354	1:12:11	Danielle Easter		Female	1661	1:25:56	4566
4401	4187	1:12:11	Olivia Newstead	Coltishall Jaguars RC	Female	1662	1:18:51	3928
4402	4588	1:12:11	Caroline Thorpe		Female	1663	1:21:27	4185
4403	4587	1:12:11	Andrew Thorpe		Male	2740	1:21:27	4184
4404	6911	1:12:12	Kerry Craik		Female	1664	1:25:44	4548
4405	3629	1:12:13	Amy Barton		Female	1665	1:23:45	4395
4406	6211	1:12:13	Shue Lo		Female	1666	1:26:15	4597
4407	4600	1:12:14	Elizabeth Sumners		Female	1667	1:19:21	3976
4408	5718	1:12:15	Paula Gould		Female	1668	1:24:27	4448
4409	5310	1:12:15	Jess Owen		Female	1669	1:27:11	4671
4410	6848	1:12:16	Kirsty Sturman		Female	1670	1:27:57	4719

Run Norwich

5th August 2018

RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
4411	4245	1:12:16	Jonathan Jenkyn	Felixstowe RRC	Male	2741	1:19:16	3966
4412	5583	1:12:17	Sonia Rush		Female	1671	1:23:01	4330
4413	5821	1:12:19	Trevor Groves		Male	2742	1:21:31	4190
4414	4952	1:12:19	Elizabeth Poor		Female	1672	1:25:38	4538
4415	5808	1:12:19	Beth Whalley		Female	1673	1:23:34	4377
4416	5131	1:12:20	Jack Bentley		Male	2743	1:27:23	4685
4417	4789	1:12:21	Caroline England		Female	1674	1:22:26	4265
4418	7306	1:12:21	Kelly Andrews		Female	1675	1:25:37	4533
4419	6195	1:12:21	Addam Brailey		Male	2744	1:27:12	4674
4420	3692	1:12:21	Lynsey Weston		Female	1676	1:21:57	4225
4421	6335	1:12:21	Anna Clark		Female	1677	1:25:57	4569
4422	6858	1:12:22	Helen Brailey		Female	1678	1:27:13	4676
4423	5260	1:12:22	Vanessa Ames		Female	1679	1:24:20	4441
4424	6381	1:12:22	Gillian Smith		Female	1680	1:25:30	4524
4425	5480	1:12:23	Sarah Cheal		Female	1681	1:21:36	4196
4426	7367	1:12:24	Kelly King		Female	1682	1:25:47	4551
4427	5037	1:12:24	Hamed Karimi		Male	2745	1:28:08	4728
4428	6853	1:12:24	Martin Massingham		Male	2746	1:25:51	4555
4429	5331	1:12:25	Andrew Burton		Male	2747	1:23:13	4342
4430	5658	1:12:25	Nicola Angel		Female	1683	1:22:28	4276
4431	6116	1:12:25	Katie Still		Female	1684	1:25:31	4525
4432	1706	1:12:25	Louise Roberts		Female	1685	1:15:40	3639
4433	5657	1:12:25	Tristan Angel		Male	2748	1:22:28	4275
4434	4975	1:12:26	Jo Longe		Female	1686	1:24:09	4428
4435	3320	1:12:26	Amy Snowling		Female	1687	1:25:56	4565
4436	4966	1:12:26	Justina Duggan		Female	1688	1:23:14	4344
4437	6799	1:12:27	Glenn Bate	Diss and District AC	Male	2749	1:26:36	4617
4438	5841	1:12:27	Kathryn Dunhill		Female	1689	1:21:53	4219
4439	6447	1:12:28	Helen Moxey		Female	1690	1:27:00	4659
4440	6448	1:12:28	James Moxey		Male	2750	1:27:01	4661
4441	3713	1:12:28	Georgina Chapple		Female	1691	1:18:58	3940
4442	3304	1:12:29	Nick Hazell		Male	2751	1:19:43	4012
4443	6321	1:12:30	Lucy Richardson	Norwich Road Runners	Female	1692	1:27:11	4673
4444	6186	1:12:30	Gerlinde Diehl		Female	1693	1:26:59	4656
4445	2867	1:12:30	Mike Wall		Male	2752	1:16:22	3699
4446	5267	1:12:30	George Cunningham		Male	2753	1:23:22	4353
4447	3586	1:12:30	Grace Lees-Maffei		Female	1694	1:18:47	3921
4448	7186	1:12:31	Tanya Kirton		Female	1695	1:26:29	4610
4449	5184	1:12:31	Joanne Mason		Female	1696	1:22:18	4259
4450	4116	1:12:32	Stuart Aldridge		Male	2754	1:19:25	3980
4451	6203	1:12:32	Jennifer Batten		Female	1697	1:27:10	4670
4452	3146	1:12:32	Jo Lockwood		Female	1698	1:19:34	3993
4453	4432	1:12:32	Matthew Coe		Male	2755	1:20:43	4105
4454	6089	1:12:32	Siobhan McGrath		Female	1699	1:26:07	4589
4455	3340	1:12:33	Emma May		Female	1700	1:19:34	3992
4456	5736	1:12:33	Ray Smith		Male	2756	1:24:07	4426
4457	4991	1:12:33	Sarah Goldser		Female	1701	1:22:02	4238
4458	2185	1:12:35	Craig Moore		Male	2757	1:16:45	3754
4459	3556	1:12:35	Andie Miller		Female	1702	1:19:12	3961
4460	7131	1:12:35	Angela Lawry		Female	1703	1:28:20	4733
4461	6172	1:12:35	Lorraine Andrews		Female	1704	1:25:56	4563
4462	3557	1:12:35	Emily Keel		Female	1705	1:19:13	3962
4463	5133	1:12:36	Alex Mills		Male	2758	1:27:08	4668
4464	4744	1:12:38	Laura Jay		Female	1706	1:25:55	4562
4465	5692	1:12:39	Charlotte McDonald	Norfolk Gazelles AC	Female	1707	1:22:47	4312
4466	6143	1:12:39	James Chamberlin		Male	2759	1:27:21	4683
4467	3617	1:12:39	Sophie Cooper		Female	1708	1:22:15	4253
4468	4237	1:12:40	Yasmin Hoy		Female	1709	1:18:54	3933
4469	4745	1:12:40	Michelle Doughty		Female	1710	1:25:57	4568
4470	4760	1:12:41	Bethan Page		Female	1711	1:24:03	4420
4471	6435	1:12:41	Cherie Carman		Female	1712	1:28:32	4745
4472	5536	1:12:41	Chelsea Blofeld		Female	1713	1:21:49	4211
4473	5158	1:12:42	Caroline Pritchard		Female	1714	1:23:15	4347
4474	6074	1:12:42	Andres Pradales		Male	2760	1:28:26	4740
4475	6577	1:12:43	Carolyn Penn		Female	1715	1:26:03	4580
4476	6230	1:12:44	Rob Chapman		Male	2761	1:28:52	4773
4477	6387	1:12:44	Trina Wheeler		Female	1716	1:26:05	4584
4478	4755	1:12:44	Trevor Potter	Norwich Road Runners	Male	2762	1:24:43	4475
4479	5809	1:12:45	Amanda-Jayne Barnes		Female	1717	1:22:49	4315
4480	7184	1:12:45	Jill Keenan		Female	1718	1:26:06	4586

Run Norwich

5th August 2018

RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
4481	7102	1:12:45	Stuart Eastoe		Male	2763	1:28:22	4737
4482	6282	1:12:45	Chris Sears		Female	1719	1:27:25	4687
4483	3730	1:12:46	Vicky Ershadi		Female	1720	1:20:01	4037
4484	4788	1:12:46	Ian Sears		Male	2764	1:27:25	4688
4485	3906	1:12:46	Leanne Heavens		Female	1721	1:20:01	4038
4486	6497	1:12:46	Bryony Best		Female	1722	1:27:34	4692
4487	5207	1:12:47	Caroline Williams		Female	1723	1:23:44	4394
4488	4219	1:12:48	Karen Bell		Female	1724	1:19:48	4019
4489	3165	1:12:48	Ulai Chaladyaem		Female	1725	1:18:53	3932
4490	1872	1:12:50	Kelly-Marie Loftus		Female	1726	1:19:52	4022
4491	4141	1:12:51	Sarah Robertson		Female	1727	1:23:13	4341
4492	4002	1:12:51	Kirsty Loftus		Female	1728	1:19:51	4021
4493	5366	1:12:51	Mark Everard		Male	2765	1:23:15	4346
4494	5687	1:12:54	Carly Hughes		Female	1729	1:23:56	4406
4495	4890	1:12:54	Teresa Solomon		Female	1730	1:22:33	4286
4496	7092	1:12:56	Lois Baker		Female	1731	1:27:43	4702
4497	3789	1:12:56	Lewis Ablett	Tri-Anglia Triathlon Club	Male	2766	1:20:35	4094
4498	7334	1:12:56	Ursula Walker		Female	1732	1:27:58	4720
4499	3594	1:12:56	Ness Dent		Female	1733	1:23:25	4358
4500	6912	1:12:58	Eleanor Craik		Female	1734	1:26:30	4612
4501	7220	1:12:59	Danielle Collier		Female	1735	1:26:53	4649
4502	7055	1:13:00	Kirsty Barker		Female	1736	1:28:33	4747
4503	3448	1:13:00	Robyn Keers		Female	1737	1:20:30	4087
4504	3291	1:13:02	Nicolette Neile		Female	1738	1:20:05	4047
4505	4790	1:13:04	Richard Cutler		Male	2767	1:22:59	4328
4506	4845	1:13:04	Sarah Cutler		Female	1739	1:22:59	4329
4507	5707	1:13:05	David Nash		Male	2768	1:24:37	4468
4508	5298	1:13:05	Jane Neville		Female	1740	1:22:50	4316
4509	6436	1:13:06	Marcus De Souza		Male	2769	1:26:16	4598
4510	5562	1:13:06	Valerie Skipper		Female	1741	1:23:52	4404
4511	3694	1:13:06	Helen Gilligan		Female	1742	1:21:24	4179
4512	252	1:13:07	Matthew Parkhouse		Male	2770	1:20:14	4057
4513	3734	1:13:08	Claire Vincent		Female	1743	1:20:14	4056
4514	7103	1:13:10	Nicola Hankey		Female	1744	1:26:47	4633
4515	4591	1:13:10	Tim Block		Male	2771	1:23:38	4382
4516	6603	1:13:11	Samantha Parker		Female	1745	1:26:48	4635
4517	7058	1:13:12	Stuart Hathaway		Male	2772	1:29:16	4803
4518	6431	1:13:13	Andrea Line		Female	1746	1:29:12	4797
4519	6675	1:13:14	Howard Line		Male	2773	1:29:13	4799
4520	2200	1:13:15	Robert McKillop		Male	2774	1:17:02	3776
4521	4422	1:13:15	Georgia Watson		Female	1747	1:21:26	4183
4522	5038	1:13:18	Amy Shawcross	Tri-Anglia Triathlon Club	Female	1748	1:29:21	4807
4523	5677	1:13:19	Jasmin Farebrother		Female	1749	1:23:43	4390
4524	4882	1:13:19	Zoe Fenn		Female	1750	1:24:39	4471
4525	4158	1:13:20	Cheryl Burgess		Female	1751	1:23:41	4387
4526	5725	1:13:20	Andrea English		Female	1752	1:23:41	4388
4527	6971	1:13:20	Tom Hamling		Male	2775	1:26:38	4618
4528	4985	1:13:22	Marie Mattin		Female	1753	1:22:45	4311
4529	7398	1:13:24	Kelly Ready		Female	1754	1:26:38	4620
4530	5106	1:13:25	Aimee Konieczny		Female	1755	1:25:24	4517
4531	6919	1:13:25	Nicola Shearing		Female	1756	1:27:40	4700
4532	5063	1:13:25	Andie Brookes		Female	1757	1:24:56	4484
4533	5651	1:13:25	Callum Dornan		Male	2776	1:24:25	4447
4534	5891	1:13:26	Gabrielle Tregidga		Female	1758	1:25:04	4491
4535	6184	1:13:26	Rachel Blakemore		Female	1759	1:26:46	4629
4536	5062	1:13:26	Adam Hill		Male	2777	1:24:57	4486
4537	6185	1:13:26	Dale Blakemore		Male	2778	1:26:46	4631
4538	4625	1:13:26	Claire Baldock		Female	1760	1:22:39	4296
4539	6893	1:13:28	Amy Warren		Female	1761	1:28:48	4767
4540	5205	1:13:28	Wendy Brett-Reynolds		Female	1762	1:23:39	4384
4541	5132	1:13:28	Kirsten Kirk		Female	1763	1:22:58	4326
4542	486	1:13:28	Linzi Geens	Norwich Road Runners	Female	1764	1:22:43	4306
4543	5097	1:13:29	Sophie MacRae	Norwich Road Runners	Female	1765	1:22:42	4305
4544	2188	1:13:30	Paul Cunningham		Male	2779	1:17:40	3840
4545	6580	1:13:31	Jo Somerville		Female	1766	1:26:47	4632
4546	5639	1:13:32	Jill Walker		Female	1767	1:25:41	4543
4547	5107	1:13:34	Katie Gedge		Female	1768	1:25:33	4527
4548	5287	1:13:34	Rita Robbins		Female	1769	1:24:29	4450
4549	6403	1:13:34	Sarah Wynn		Female	1770	1:29:36	4820
4550	6910	1:13:35	Tracey Bunting		Female	1771	1:26:47	4634

Run Norwich

5th August 2018

RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
4551	6962	1:13:36	Kate Kennedy		Female	1772	1:28:34	4749
4552	6950	1:13:36	Carole Armstrong		Female	1773	1:26:50	4641
4553	4307	1:13:39	Graham Robinson		Male	2780	1:21:06	4148
4554	3461	1:13:40	Leigh Taylor	Great Yarmouth Road Runners	Male	2781	1:20:18	4064
4555	4853	1:13:43	Yasmin Smith		Female	1774	1:24:01	4418
4556	6522	1:13:44	Sarah Willcox		Female	1775	1:26:58	4654
4557	6527	1:13:44	Aneliese Chapman		Female	1776	1:26:57	4652
4558	4889	1:13:44	Laura Head	Waveney Valley AC	Female	1777	1:23:07	4335
4559	6741	1:13:44	Francine Connaghan		Female	1778	1:27:18	4679
4560	4888	1:13:45	David Head		Male	2782	1:23:07	4336
4561	6265	1:13:46	Tanya Isbill		Female	1779	1:28:52	4772
4562	7294	1:13:47	Nadine Thoday-Bunn		Female	1780	1:29:14	4800
4563	4205	1:13:48	Tamson Chipperfield		Female	1781	1:19:53	4023
4564	6889	1:13:48	Ruth Laws-Chapman		Female	1782	1:26:58	4655
4565	7390	1:13:49	John Davy		Male	2783	1:27:20	4682
4566	6899	1:13:50	Paul-Jon Ellison		Male	2784	1:29:32	4818
4567	5734	1:13:50	Zoe Winterbottom		Female	1783	1:23:17	4350
4568	4571	1:13:51	Stephanie Bruinsma		Female	1784	1:25:52	4558
4569	1031	1:13:51	Ian Gostling	Kent AC	Male	2785	1:29:49	4836
4570	5590	1:13:51	Vicki Hardman		Female	1785	1:29:02	4786
4571	6823	1:13:51	Emily Warner		Female	1786	1:29:49	4837
4572	4970	1:13:51	Alex Burrell		Female	1787	1:22:56	4324
4573	5720	1:13:51	Helen Robertshaw		Female	1788	1:23:18	4351
4574	2431	1:13:52	Dale Gedge		Male	2786	1:29:49	4834
4575	6562	1:13:52	Anita Glanfield		Female	1789	1:27:00	4657
4576	7359	1:13:52	Tim Warner		Male	2787	1:29:50	4839
4577	7445	1:13:53	Ian Williams		Male	2788	1:29:49	4838
4578	5712	1:13:53	Xenia Tyler		Female	1790	1:23:28	4366
4579	4955	1:13:53	Edward Attoe		Male	2789	1:24:25	4445
4580	5884	1:13:53	Louise Knights		Female	1791	1:25:42	4545
4581	2585	1:13:54	Simon Bowles		Male	2790	1:29:52	4843
4582	5470	1:13:54	Miriam Tyler		Female	1792	1:23:29	4371
4583	489	1:13:55	Matthew Knights		Male	2791	1:25:43	4547
4584	3560	1:13:55	Jack Warner		Male	2792	1:29:51	4840
4585	6673	1:13:56	Maria Chriba		Female	1793	1:27:19	4680
4586	6285	1:13:57	Rebecca Warner		Female	1794	1:29:55	4844
4587	6958	1:13:57	Sarah Lanchbury	Coltishall Jaguars RC	Female	1795	1:28:03	4722
4588	3823	1:13:58	Hayley Holmes		Female	1796	1:20:16	4061
4589	6166	1:13:59	Julie Stearman		Female	1797	1:27:17	4678
4590	6500	1:14:00	Charlotte Adams		Female	1798	1:27:07	4667
4591	4038	1:14:01	Paul Barkshire		Male	2793	1:21:30	4188
4592	6875	1:14:01	Emma Nicholson		Female	1799	1:28:32	4743
4593	4768	1:14:01	J Gillard-Eastop		Female	1800	1:23:23	4356
4594	6238	1:14:01	Rachel Smith		Female	1801	1:28:58	4779
4595	6501	1:14:02	Julia O'Rourke		Female	1802	1:28:19	4732
4596	3643	1:14:03	Melanie Young	Coltishall Jaguars RC	Female	1803	1:20:59	4132
4597	7286	1:14:03	Sarah Keene		Female	1804	1:27:36	4697
4598	4756	1:14:03	Vicky Keene		Female	1805	1:27:36	4698
4599	6150	1:14:04	Malcolm Capps		Male	2794	1:29:02	4787
4600	5291	1:14:05	Sharon Moy		Female	1806	1:26:00	4574
4601	5449	1:14:05	Neil Wells		Male	2795	1:25:34	4528
4602	5292	1:14:05	Duncan Moy		Male	2796	1:26:00	4572
4603	3604	1:14:06	Gemma Groom		Female	1807	1:21:40	4200
4604	6193	1:14:06	Joanne Pipe		Female	1808	1:27:21	4684
4605	6217	1:14:06	Andrea Curson		Female	1809	1:28:40	4757
4606	6216	1:14:07	Alison Dennis		Female	1810	1:28:40	4756
4607	5090	1:14:07	Emily Groves		Female	1811	1:26:07	4587
4608	6976	1:14:07	Lottie Haynes		Female	1812	1:27:53	4712
4609	2751	1:14:07	Angelene Ayers	Waveney Valley AC	Female	1813	1:21:45	4208
4610	3688	1:14:07	Anna Spackman	Great Yarmouth Road Runners	Female	1814	1:20:28	4083
4611	5197	1:14:08	Kristi Yarham		Female	1815	1:29:42	4827
4612	6827	1:14:09	Claire Jelley		Female	1816	1:28:10	4730
4613	4723	1:14:09	Rebecca Rowe		Female	1817	1:24:12	4432
4614	5159	1:14:09	Jo Pinkney	Great Yarmouth Road Runners	Female	1818	1:24:18	4438
4615	7399	1:14:10	Flora Barrett		Female	1819	1:29:17	4804
4616	3326	1:14:10	Rachel Gale		Female	1820	1:22:19	4261
4617	7357	1:14:11	David Bufton		Male	2797	1:29:05	4790
4618	3701	1:14:12	Robin Turner		Male	2798	1:29:15	4802
4619	6155	1:14:12	Steven Andrews		Male	2799	1:27:40	4699
4620	5731	1:14:13	Leticia Manders		Female	1821	1:26:14	4595

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
4621	4987	1:14:13	Karen Hepple		Female	1822	1:23:27	4363
4622	4037	1:14:13	Beverley Read		Female	1823	1:23:27	4364
4623	7059	1:14:14	Lesley George		Female	1824	1:27:26	4690
4624	4036	1:14:14	A Harrison-Stokes		Male	2800	1:23:28	4365
4625	4901	1:14:14	Mervyn Flatman		Male	2801	1:24:12	4430
4626	3443	1:14:15	Rick Allen		Male	2802	1:20:33	4089
4627	6147	1:14:15	Helen Hutt		Female	1825	1:28:20	4734
4628	6643	1:14:16	Laura Palmer		Female	1826	1:28:47	4766
4629	4316	1:14:16	Amanda Scarff	Waveney Valley AC	Female	1827	1:21:17	4167
4630	4977	1:14:16	Georgia Butterworth		Female	1828	1:26:00	4575
4631	3645	1:14:17	Mark Benfield		Male	2803	1:28:49	4769
4632	7063	1:14:18	Jasmine Stone		Female	1829	1:29:52	4841
4633	5150	1:14:18	Gill Munday		Female	1830	1:25:08	4495
4634	7235	1:14:18	Edward Bates		Male	2804	1:30:13	4868
4635	4671	1:14:18	Jasmine Thomas		Female	1831	1:26:27	4607
4636	7112	1:14:19	Doug Mellon		Male	2805	1:29:37	4821
4637	482	1:14:19	Mark Thorpe	Norfolk Gazelles AC	Male	2806	1:15:22	3617
4638	5176	1:14:19	Kelvin Colbourn		Male	2807	1:30:14	4869
4639	6949	1:14:20	Glynis Hartell		Female	1832	1:27:35	4695
4640	6290	1:14:20	Lauren Wagstaffe		Female	1833	1:27:35	4694
4641	6645	1:14:20	Lisa Wang		Female	1834	1:28:59	4780
4642	5358	1:14:23	Joelle Banks		Female	1835	1:24:02	4419
4643	6247	1:14:23	Connor Bannon		Male	2808	1:27:54	4715
4644	6793	1:14:24	Christopher Bales		Male	2809	1:29:39	4824
4645	7332	1:14:24	Kathryn Heaney		Female	1836	1:28:42	4758
4646	6792	1:14:24	Sara Bales		Female	1837	1:29:39	4825
4647	3407	1:14:25	Stuart Cox		Male	2810	1:22:41	4298
4648	6159	1:14:25	John Rutkowski		Male	2811	1:27:48	4707
4649	4741	1:14:27	Cheryl Robinson		Female	1838	1:29:03	4788
4650	6834	1:14:27	Jamie Gray		Male	2812	1:27:42	4701
4651	5246	1:14:28	Abi Sharp		Female	1839	1:23:36	4380
4652	3435	1:14:28	Hannah Dolman		Female	1840	1:21:00	4134
4653	7300	1:14:28	Beverley Hudson	Waveney Valley AC	Female	1841	1:28:06	4726
4654	4694	1:14:29	Victoria Dolman		Female	1842	1:20:59	4133
4655	5118	1:14:29	Eleanor Lewis		Female	1843	1:25:58	4570
4656	1801	1:14:31	Lawrence Burton		Male	2813	1:18:54	3934
4657	5826	1:14:31	Fudge Farrar	Bungay Black Dog RC	Female	1844	1:26:33	4615
4658	5096	1:14:32	Emma Wilkins		Female	1845	1:24:28	4449
4659	5695	1:14:32	Andrew Merricks		Male	2814	1:26:05	4581
4660	2604	1:14:33	Kyle Barber		Male	2815	1:23:57	4411
4661	5434	1:14:33	Steffan Harwood		Male	2816	1:26:01	4578
4662	3339	1:14:34	Gavin Adcock		Male	2817	1:21:37	4198
4663	5129	1:14:35	Helen Fiske	Norwich Road Runners	Female	1846	1:26:42	4624
4664	5208	1:14:36	Dawn Cook	Norwich Road Runners	Female	1847	1:26:43	4626
4665	6788	1:14:37	Victoria Lipp		Female	1848	1:28:43	4761
4666	6926	1:14:38	Anna Lipp		Female	1849	1:28:44	4763
4667	5489	1:14:39	Louise Averre		Female	1850	1:24:33	4458
4668	6994	1:14:39	Clare Bowler		Female	1851	1:29:09	4793
4669	5189	1:14:40	Jamie Rush		Male	2818	1:24:24	4444
4670	7460	1:14:41	Sarah Lowndes		Female	1852	1:28:04	4724
4671	5453	1:14:41	Sarah Deacon	Stowmarket Striders RC	Female	1853	1:25:38	4537
4672	3521	1:14:43	Frances Turner		Female	1854	1:22:41	4299
4673	3522	1:14:43	Benedict Chastney		Male	2819	1:22:40	4297
4674	4924	1:14:43	Caroline Briggs		Female	1855	1:24:20	4440
4675	3555	1:14:44	Julie Elden		Female	1856	1:21:55	4224
4676	6273	1:14:44	Adam Pryke		Male	2820	1:29:30	4816
4677	5879	1:14:45	Andrea Buckingham		Female	1857	1:25:27	4521
4678	4271	1:14:45	James Catton		Male	2821	1:25:35	4530
4679	6493	1:14:46	John Guymer		Male	2822	1:28:42	4760
4680	7373	1:14:47	Bianka Davies		Female	1858	1:29:27	4812
4681	4557	1:14:51	Nick Riches		Male	2823	1:27:03	4662
4682	6595	1:14:51	Mae Skillen		Female	1859	1:29:47	4830
4683	5303	1:14:51	Helen Boon		Female	1860	1:24:06	4424
4684	4353	1:14:52	Adele McCormick		Female	1861	1:22:34	4289
4685	3938	1:14:53	Adam Beasley		Male	2824	1:22:35	4290
4686	5909	1:14:53	Jodi Millsop		Female	1862	1:26:38	4619
4687	5746	1:14:53	Jessica Steer	Waveney Valley AC	Female	1863	1:26:13	4594
4688	3622	1:14:53	Mary North		Female	1864	1:22:29	4282
4689	3763	1:14:54	Helen Atkinson		Female	1865	1:28:03	4721
4690	6870	1:14:55	Phyllis Mattinson		Female	1866	1:28:29	4742

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
4691	7144	1:14:55	Angela Mower	Waveney Valley AC	Female	1867	1:28:05	4725
4692	4664	1:14:57	M Von Schweitzer		Female	1868	1:24:30	4454
4693	3388	1:14:58	Amy Turner		Female	1869	1:22:15	4255
4694	3481	1:14:59	Samantha Pollard		Female	1870	1:24:12	4431
4695	7319	1:15:00	Alex King		Male	2825	1:30:37	4886
4696	6954	1:15:00	Glenn Tuthill		Male	2826	1:30:42	4895
4697	7382	1:15:01	Samantha Moorhouse		Female	1871	1:28:26	4739
4698	6130	1:15:01	Robert Barrett		Male	2827	1:29:29	4814
4699	6452	1:15:01	Louise Crouch-Read		Female	1872	1:30:09	4864
4700	6256	1:15:02	Kirsty Burns		Female	1873	1:30:16	4872
4701	4968	1:15:02	Steven Pollard		Male	2828	1:24:15	4434
4702	6274	1:15:02	Adela Dann		Female	1874	1:30:16	4871
4703	6420	1:15:04	Theresa Mathias		Female	1875	1:30:44	4897
4704	3468	1:15:04	N Chapman-Young		Female	1876	1:22:00	4236
4705	5167	1:15:05	Lauren Philpott		Female	1877	1:26:49	4638
4706	4830	1:15:06	Helena Cherry		Female	1878	1:26:10	4591
4707	5166	1:15:06	Nigel Philpott		Male	2829	1:26:51	4643
4708	4294	1:15:07	Jo Sedgley		Female	1879	1:21:28	4186
4709	4778	1:15:11	Isabel Johnson		Female	1880	1:28:42	4759
4710	4436	1:15:11	Helen Mason		Female	1881	1:22:31	4284
4711	6165	1:15:13	Andy Rackham		Male	2830	1:29:24	4809
4712	5010	1:15:14	Rohan Mason		Female	1882	1:25:54	4560
4713	5011	1:15:14	Camilla Skarin		Female	1883	1:25:53	4559
4714	6484	1:15:14	Gemma Barnsdale		Female	1884	1:29:52	4842
4715	5800	1:15:14	Alison Smith		Female	1885	1:26:49	4636
4716	6745	1:15:16	Lewis Hollings		Male	2831	1:28:32	4744
4717	6961	1:15:16	Rachel Maydom	Waveney Valley AC	Female	1886	1:28:59	4781
4718	6104	1:15:16	Yvonne Plenderleith	Norfolk Gazelles AC	Female	1887	1:31:07	4920
4719	5775	1:15:16	Karen Axford		Female	1888	1:26:05	4583
4720	7506	1:15:16	Alan Anglin		Male	2832	1:28:33	4746
4721	5233	1:15:18	Donna Mills	Beccles Triathlon Club	Female	1889	1:31:14	4931
4722	5853	1:15:18	Terrie Consterdine		Female	1890	1:26:19	4602
4723	5315	1:15:19	Julia Barraclough		Female	1891	1:28:33	4748
4724	2351	1:15:19	Prashanna Pradhan		Male	2833	1:25:00	4488
4725	3540	1:15:20	Eve Mahoney		Female	1892	1:29:57	4848
4726	5454	1:15:21	Rachel McCarthy		Female	1893	1:26:58	4653
4727	6488	1:15:21	Kate Kelly		Female	1894	1:28:43	4762
4728	5108	1:15:21	Jess Down		Female	1895	1:26:36	4616
4729	5870	1:15:22	Kirsty Murrell		Female	1896	1:24:47	4479
4730	6153	1:15:24	Denise Kirby		Female	1897	1:30:07	4863
4731	2334	1:15:24	Paul Coulthread	Keighley & Craven AC	Male	2834	1:21:39	4199
4732	5608	1:15:26	Emma Meadows		Female	1898	1:26:50	4642
4733	6761	1:15:27	Julian Wheeler		Male	2835	1:31:27	4937
4734	4746	1:15:28	Colin Marriott		Male	2836	1:26:40	4622
4735	4724	1:15:29	Kerry Blakemore		Female	1899	1:24:35	4463
4736	3313	1:15:30	Mark Escott		Male	2837	1:24:35	4464
4737	6584	1:15:30	Frank Campling		Male	2838	1:30:33	4884
4738	2262	1:15:31	Sarah Shiplee	Beccles & Bungay Harriers	Female	1900	1:18:36	3911
4739	6759	1:15:31	Sarah Rider		Female	1901	1:31:34	4941
4740	5213	1:15:32	Claire Ellis	Norwich Road Runners	Female	1902	1:26:29	4611
4741	6131	1:15:33	Lynn McGarry		Female	1903	1:29:00	4785
4742	6932	1:15:34	Fleur Kenneally		Female	1904	1:28:55	4778
4743	3174	1:15:34	Kirsty Fleetcroft		Female	1905	1:22:11	4246
4744	7315	1:15:34	Gemma Cooke		Female	1906	1:28:49	4771
4745	3700	1:15:36	Melanie Manson	Goodgym Race Team	Female	1907	1:27:45	4703
4746	5705	1:15:37	Suzanne Porter	Lowestoft Road Runners	Female	1908	1:29:14	4801
4747	5253	1:15:37	Christian Connell		Male	2839	1:26:44	4627
4748	7002	1:15:37	Aidan Williamson		Male	2840	1:31:16	4932
4749	4817	1:15:38	Cindy Grand		Female	1909	1:25:32	4526
4750	6885	1:15:40	Charlotte Keeler		Female	1910	1:30:41	4892
4751	3293	1:15:42	Rebecca Bone	Bungay Black Dog RC	Female	1911	1:22:09	4243
4752	1017	1:15:43	Gavin Mercer		Male	2841	1:25:16	4507
4753	5625	1:15:44	Kerryn Mercer		Female	1912	1:25:16	4508
4754	6059	1:15:45	Rebecca Irving		Female	1913	1:28:55	4777
4755	5650	1:15:45	Rebecca Berry	Bungay Black Dog RC	Female	1914	1:26:46	4630
4756	6733	1:15:47	Kirsty Hewitt		Female	1915	1:29:20	4806
4757	6171	1:15:47	Anne Farthing		Female	1916	1:29:49	4835
4758	4885	1:15:49	Emma Ainsworth		Female	1917	1:26:13	4593
4759	4567	1:15:49	Tim Butler		Male	2842	1:25:40	4540
4760	4214	1:15:50	Hazel Dade		Female	1918	1:23:48	4400

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by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
4761	1660	1:15:50	Simon Claxton		Male	2843	1:31:43	4952
4762	4212	1:15:50	Diane Marshall		Female	1919	1:23:48	4399
4763	6199	1:15:50	Amanda Sexton		Female	1920	1:31:44	4953
4764	4964	1:15:50	Charlotte Ranson		Female	1921	1:30:40	4890
4765	7354	1:15:51	Catherine Whiting		Female	1922	1:31:24	4936
4766	4875	1:15:51	Ruth Kemp		Female	1923	1:30:32	4882
4767	4569	1:15:52	Bonnie Butler		Female	1924	1:25:41	4542
4768	7418	1:15:52	Tony Millings		Male	2844	1:29:08	4792
4769	6953	1:15:55	Susie Lock		Female	1925	1:29:12	4796
4770	7279	1:15:55	Christopher Belson		Male	2845	1:30:05	4859
4771	6947	1:15:57	Kellie Hewitson		Female	1926	1:30:49	4902
4772	6108	1:15:57	Robin Brown	Bungay Black Dog RC	Male	2846	1:29:08	4791
4773	7174	1:15:59	Susie Jones		Female	1927	1:29:47	4832
4774	5110	1:16:02	Jane Gray		Female	1928	1:25:27	4522
4775	5493	1:16:03	Katie Wales		Female	1929	1:25:35	4531
4776	5225	1:16:03	Marie Hodge		Female	1930	1:27:35	4696
4777	3787	1:16:04	Jo Smithson		Female	1931	1:23:38	4383
4778	6518	1:16:05	Susannah Alexander		Female	1932	1:29:46	4829
4779	6280	1:16:07	Betty Wilby		Female	1933	1:29:18	4805
4780	5012	1:16:08	Julia Jones		Female	1934	1:27:12	4675
4781	5450	1:16:09	Salina Jones	Norwich Road Runners	Female	1935	1:27:11	4672
4782	7289	1:16:09	Emma Graham		Female	1936	1:31:05	4919
4783	4842	1:16:09	Ann Smit		Female	1937	1:25:40	4541
4784	6237	1:16:11	Katherine Parry		Female	1938	1:31:00	4913
4785	5284	1:16:14	Lynn Crombie		Female	1939	1:27:00	4660
4786	6139	1:16:14	Amy Culham		Female	1940	1:30:57	4905
4787	6146	1:16:14	Martin Chapman		Male	2847	1:29:32	4817
4788	6981	1:16:15	Kim Bridge		Female	1941	1:30:07	4862
4789	7051	1:16:15	Matthew Dyball		Male	2848	1:29:34	4819
4790	6935	1:16:15	Fiona Campbell		Female	1942	1:30:07	4861
4791	6599	1:16:16	Sophie Bugg		Female	1943	1:29:42	4826
4792	5803	1:16:18	Sarah Foote	Diss and District AC	Female	1944	1:27:35	4693
4793	5227	1:16:19	Anna Munday		Female	1945	1:27:10	4669
4794	6361	1:16:20	Marianna Darlow		Female	1946	1:29:43	4828
4795	6952	1:16:20	Sonya Gilbey		Female	1947	1:32:12	4977
4796	6951	1:16:20	Chris King		Male	2849	1:32:12	4978
4797	5230	1:16:21	Lorraine Tweedy		Female	1948	1:30:59	4911
4798	7512	1:16:21	Sarah Peregrine		Female	1949	1:30:15	4870
4799	6087	1:16:22	Rachel Mahoney		Female	1950	1:30:58	4910
4800	3985	1:16:22	Chrissy Thurtell		Female	1951	1:30:16	4873
4801	5216	1:16:23	Elizabeth Mathews		Female	1952	1:28:04	4723
4802	4862	1:16:24	Hannah Tomlinson		Female	1953	1:27:52	4709
4803	5263	1:16:24	Wendy Barker		Female	1954	1:27:06	4666
4804	4717	1:16:26	Joanne Timms		Female	1955	1:27:52	4710
4805	5380	1:16:29	Yvonne Laird		Female	1956	1:23:56	4407
4806	7336	1:16:29	Emma Furness		Female	1957	1:23:57	4410
4807	5274	1:16:30	Luke Ciarla		Male	2850	1:26:52	4647
4808	5084	1:16:30	Hayley Smith	Coltishall Jaguars RC	Female	1958	1:26:52	4646
4809	7412	1:16:31	Pam Jones		Female	1959	1:30:05	4858
4810	7411	1:16:31	Kelly Smith		Female	1960	1:30:04	4857
4811	6292	1:16:35	Adele Kermode-Robb		Female	1961	1:31:40	4945
4812	4935	1:16:36	Cath Robinson		Female	1962	1:28:35	4750
4813	6905	1:16:37	Simon Marjoram	UKRunChat Running Club	Male	2851	1:30:39	4888
4814	7444	1:16:37	Moira Hickson		Female	1963	1:30:58	4909
4815	6904	1:16:38	Laura Marjoram		Female	1964	1:30:40	4891
4816	1052	1:16:39	Sarah Homewood		Female	1965	1:17:40	3842
4817	6202	1:16:39	Imogen Smith		Female	1966	1:31:02	4915
4818	6140	1:16:39	Olivia Smith		Female	1967	1:31:02	4914
4819	6215	1:16:40	Rebecca Dale		Female	1968	1:32:14	4981
4820	7389	1:16:41	Sarah Gower		Female	1969	1:31:03	4917
4821	6524	1:16:42	Laura Lingard		Female	1970	1:31:10	4925
4822	5271	1:16:42	Trudi Ciarla		Male	2852	1:26:52	4648
4823	7162	1:16:42	Ellen Warner		Female	1971	1:30:29	4881
4824	5231	1:16:42	Emma Cracknell		Female	1972	1:28:48	4768
4825	7274	1:16:43	Siobhan Chamberlain		Female	1973	1:30:01	4851
4826	6944	1:16:44	Lisa Moss		Female	1974	1:31:12	4928
4827	6708	1:16:44	Leon Healy		Male	2853	1:29:56	4845
4828	6319	1:16:44	Angela Hudson	Coltishall Jaguars RC	Female	1975	1:31:10	4926
4829	5218	1:16:45	Caroline Foster	Saxmundham Sports Running & Fitness Club	Female	1976	1:27:24	4686
4830	6727	1:16:46	Erin Doyle		Female	1977	1:30:13	4867

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by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
4831	5859	1:16:51	Simon Drake		Male	2854	1:28:09	4729
4832	6176	1:16:51	Chance Forster		Male	2855	1:30:02	4853
4833	5179	1:16:51	Amanda Jackson		Female	1978	1:26:32	4613
4834	6369	1:16:51	Helen Blackburn		Female	1979	1:30:57	4907
4835	7400	1:16:52	Dawn Wood		Female	1980	1:29:57	4847
4836	6138	1:16:53	Peter Westgate		Male	2856	1:30:18	4874
4837	5048	1:16:54	Sara Burdett		Female	1981	1:28:07	4727
4838	5768	1:16:54	Kellie Stevens		Female	1982	1:27:54	4714
4839	7120	1:16:57	Matthew Rushbrooke		Male	2857	1:30:46	4899
4840	3277	1:16:58	Kate Smith		Female	1983	1:24:56	4485
4841	5482	1:16:59	Elena Canu		Female	1984	1:27:47	4706
4842	6755	1:17:00	Suzannah Jex		Female	1985	1:33:03	5015
4843	6772	1:17:00	Sarah Pearson		Female	1986	1:33:04	5017
4844	6442	1:17:01	Lucy Dye		Female	1987	1:31:42	4947
4845	5713	1:17:01	Anthony Friend	Fetcheveryone RC	Male	2858	1:27:53	4711
4846	3543	1:17:02	Michael Culham		Male	2859	1:31:45	4956
4847	5653	1:17:03	Carl Barber		Male	2860	1:26:18	4601
4848	5939	1:17:04	Mandie Thorpe		Female	1988	1:27:46	4705
4849	7490	1:17:05	Sarah Short		Female	1989	1:31:43	4951
4850	6200	1:17:05	Sheila Nicholls		Female	1990	1:30:19	4875
4851	6850	1:17:06	Liz Crowley		Female	1991	1:31:37	4943
4852	6454	1:17:06	Lynn Henry		Female	1992	1:30:21	4877
4853	5779	1:17:07	C Anderson		Female	1993	1:30:21	4876
4854	1495	1:17:08	Raymond Smithwhite		Male	2861	1:28:47	4764
4855	6778	1:17:09	Sally Argent		Female	1994	1:31:35	4942
4856	3545	1:17:09	Georgina Winter		Female	1995	1:24:25	4446
4857	5862	1:17:14	Gabrielle Littlewood		Female	1996	1:26:28	4609
4858	6632	1:17:15	Matt Symons		Male	2862	1:30:41	4893
4859	7245	1:17:15	Barry Turrell		Male	2863	1:30:36	4885
4860	6635	1:17:15	Elizabeth Grimmer		Female	1997	1:30:41	4894
4861	5165	1:17:16	Susan Burt		Female	1998	1:26:33	4614
4862	3353	1:17:17	Abbey Palmer		Female	1999	1:23:59	4413
4863	3312	1:17:18	Natalie Bailey		Female	2000	1:32:07	4976
4864	5628	1:17:18	Sam Hookham		Female	2001	1:28:29	4741
4865	5140	1:17:18	Emmy Byrne		Female	2002	1:26:24	4604
4866	5757	1:17:18	Jade Lang		Female	2003	1:26:24	4605
4867	5452	1:17:18	Amy Badman	Weston Athletic Club	Female	2004	1:28:23	4738
4868	3352	1:17:19	Andy Bailey		Male	2864	1:24:00	4415
4869	5709	1:17:22	Beckie Egan		Female	2005	1:29:11	4795
4870	5290	1:17:22	Katherine Cooper		Female	2006	1:28:21	4735
4871	7016	1:17:22	Sheryl Parke		Female	2007	1:30:43	4896
4872	5209	1:17:23	Amber Nielsen		Female	2008	1:28:21	4736
4873	6995	1:17:23	Caren Maidment		Female	2009	1:30:59	4912
4874	6987	1:17:23	Louise Adams		Female	2010	1:31:13	4929
4875	6392	1:17:25	Karen Webb		Female	2011	1:30:56	4904
4876	5241	1:17:25	Caz Bowman		Female	2012	1:27:26	4689
4877	7020	1:17:26	Vince Migliorini		Male	2865	1:31:20	4933
4878	6245	1:17:27	Clare Watkins		Female	2013	1:30:33	4883
4879	6340	1:17:28	Rebecca Bowers		Female	2014	1:32:23	4989
4880	6376	1:17:29	Stef Pearson		Female	2015	1:33:21	5028
4881	5109	1:17:29	Andrew Kindleysides		Male	2866	1:29:29	4813
4882	4900	1:17:32	Helen Goddard		Female	2016	1:28:54	4775
4883	5019	1:17:33	Jess Carney		Female	2017	1:28:36	4751
4884	4920	1:17:36	Klaire Locke		Female	2018	1:26:54	4650
4885	7381	1:17:37	Louisa Kiddell		Female	2019	1:32:40	4996
4886	6210	1:17:39	Stephen Pizey	Norwich Road Runners	Male	2867	1:30:47	4901
4887	5152	1:17:39	Heather Jermy		Female	2020	1:26:49	4639
4888	6083	1:17:39	Rachel Seaman	Norwich Road Runners	Female	2021	1:30:47	4900
4889	5141	1:17:40	Debbie Bunn	Norfolk Gazelles AC	Female	2022	1:29:04	4789
4890	7065	1:17:40	Holly Russell		Female	2023	1:30:57	4906
4891	7121	1:17:40	Emma Morgan		Female	2024	1:30:58	4908
4892	6456	1:17:42	Kristina Everett		Female	2025	1:31:03	4916
4893	1421	1:17:42	Debbie Gaze		Female	2026	1:24:39	4472
4894	1551	1:17:43	Adam Everett		Male	2868	1:31:03	4918
4895	6424	1:17:43	Laurie Prentis		Male	2869	1:33:04	5016
4896	6425	1:17:47	Twm Palmer		Male	2870	1:33:08	5019
4897	4796	1:17:48	Keith Eden		Male	2871	1:32:42	4997
4898	5091	1:17:48	James Groves		Male	2872	1:29:48	4833
4899	4771	1:17:48	Mark Richardson		Male	2873	1:28:47	4765
4900	7488	1:17:49	Fenil Desai		Male	2874	1:31:23	4935

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
4901	6462	1:17:52	Denise Aldous		Female	2027	1:31:14	4930
4902	6445	1:17:53	Oliver Lam		Male	2875	1:31:57	4966
4903	6241	1:17:56	Martyna Totilaite		Female	2028	1:31:07	4921
4904	5824	1:17:56	Jessica Bedingfield	Bungay Black Dog RC	Female	2029	1:30:00	4849
4905	6426	1:17:57	Perry Roberts		Male	2876	1:33:17	5025
4906	4559	1:17:57	Samantha Earp		Female	2030	1:31:20	4934
4907	5289	1:17:57	Kate Ringwood	Bungay Black Dog RC	Female	2031	1:30:00	4850
4908	6325	1:18:03	Ruth Flaherty		Female	2032	1:31:07	4922
4909	4731	1:18:04	Suzanne Fleet		Female	2033	1:28:55	4776
4910	6326	1:18:04	Leigh Flaherty		Male	2877	1:31:08	4923
4911	5829	1:18:04	Catherine Smyth		Female	2034	1:33:11	5021
4912	6679	1:18:05	John Holl		Male	2878	1:31:10	4924
4913	6235	1:18:08	Emily Borrett		Female	2035	1:32:43	4999
4914	5810	1:18:09	Kate Berry		Female	2036	1:27:46	4704
4915	7157	1:18:11	Dearbhla Quinn		Female	2037	1:31:32	4939
4916	6536	1:18:12	Helen Murfit		Female	2038	1:32:22	4988
4917	6485	1:18:13	Clara Buxton		Female	2039	1:31:44	4955
4918	7225	1:18:13	Charmaine Wells		Female	2040	1:34:03	5054
4919	6973	1:18:13	Nan Bulman		Female	2041	1:32:21	4987
4920	6724	1:18:14	Katie Morphew		Female	2042	1:33:19	5026
4921	4942	1:18:15	Nina Pigg		Female	2043	1:30:23	4878
4922	7285	1:18:16	Sarah Doyle		Female	2044	1:31:53	4963
4923	7305	1:18:16	Lucy MacDonald		Female	2045	1:31:53	4964
4924	6509	1:18:16	Harriette Panchmatia		Female	2046	1:33:56	5050
4925	6790	1:18:17	Jo Foster		Female	2047	1:31:51	4962
4926	6594	1:18:18	Steph Smith		Female	2048	1:31:31	4938
4927	6476	1:18:19	Felicity Keeley		Female	2049	1:31:45	4957
4928	6443	1:18:19	Jessica Ives		Female	2050	1:31:46	4959
4929	5443	1:18:21	Jennifer Smith		Female	2051	1:30:26	4880
4930	6535	1:18:21	Lyndsay Bayles		Female	2052	1:34:03	5055
4931	5122	1:18:21	Katherine Barron		Female	2053	1:30:11	4865
4932	7093	1:18:22	Jo Casson		Female	2054	1:31:59	4969
4933	6118	1:18:25	Chantal Morgan		Female	2055	1:31:58	4967
4934	6624	1:18:26	Wendy Green		Female	2056	1:33:23	5036
4935	6289	1:18:28	N Galwey-Woolston		Female	2057	1:33:05	5018
4936	4957	1:18:28	Anna Collins		Female	2058	1:32:14	4980
4937	5249	1:18:29	Kate Clover		Female	2059	1:30:25	4879
4938	6575	1:18:31	Billy Fox		Male	2879	1:31:42	4949
4939	6956	1:18:31	Hayley Lakey		Female	2060	1:33:58	5051
4940	6574	1:18:31	Louise McGee		Female	2061	1:31:43	4950
4941	5194	1:18:31	Lewis Swift		Male	2880	1:28:49	4770
4942	6156	1:18:31	Tracy Yates		Female	2062	1:31:42	4948
4943	5104	1:18:33	Carrie Byrne		Female	2063	1:30:01	4852
4944	6698	1:18:33	Blake Medler		Male	2881	1:31:44	4954
4945	6630	1:18:33	Kathryn Moore		Female	2064	1:34:27	5072
4946	6629	1:18:34	Rachel Smith		Female	2065	1:34:28	5073
4947	7142	1:18:35	Sasha Gilbert		Female	2066	1:32:32	4991
4948	6316	1:18:36	Elizabeth Halford	GoodGym Race Team	Female	2067	1:34:11	5064
4949	4200	1:18:37	Phill Wilcox		Female	2068	1:25:24	4516
4950	5143	1:18:37	Viv Yates	North Devon Road Runners	Female	2069	1:29:47	4831
4951	5144	1:18:37	Heather Falconer		Female	2070	1:29:56	4846
4952	4825	1:18:39	Jennifer King		Female	2071	1:29:38	4823
4953	5163	1:18:39	Mark King		Male	2882	1:29:38	4822
4954	6428	1:18:39	Laura Hunt		Female	2072	1:34:00	5052
4955	4249	1:18:40	Tremaine Kent		Male	2883	1:27:53	4713
4956	6982	1:18:40	Amy Radbourne		Female	2073	1:34:48	5082
4957	6315	1:18:40	Catherine Thompson		Female	2074	1:33:36	5043
4958	3564	1:18:40	Sabrina Houten		Female	2075	1:27:54	4716
4959	6731	1:18:42	Caroline Grime		Female	2076	1:34:10	5062
4960	7364	1:18:44	Gareth Lloyd		Male	2884	1:33:01	5014
4961	6137	1:18:45	Emily Hall		Female	2077	1:33:23	5035
4962	5774	1:18:45	Lindsey Gannon		Female	2078	1:32:02	4975
4963	6349	1:18:48	Emma Godbold		Female	2079	1:34:49	5083
4964	6434	1:18:49	Rachel Parsons		Female	2080	1:33:20	5027
4965	6433	1:18:50	Hannah Walker		Female	2081	1:33:22	5029
4966	7335	1:18:50	Louise Dooley		Female	2082	1:32:58	5011
4967	6960	1:18:51	Anita Wilson		Female	2083	1:33:27	5040
4968	4427	1:18:59	Nathan Rogers		Male	2885	1:28:37	4754
4969	7462	1:19:02	Kerry Goodhew		Female	2084	1:32:29	4990
4970	6713	1:19:02	Laurence Grunbaum		Male	2886	1:34:09	5059

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
4971	5195	1:19:03	Amy Tunneycliff		Female	2085	1:29:25	4811
4972	3192	1:19:03	Sarah Moulton	Norwich Road Runners	Female	2086	1:29:25	4810
4973	6582	1:19:05	Clare Waller		Female	2087	1:34:00	5053
4974	7447	1:19:05	Amanda Sheehy		Female	2088	1:33:22	5030
4975	6931	1:19:07	Kayleigh Dunthorne		Female	2089	1:34:36	5078
4976	7450	1:19:08	Claire Tink		Female	2090	1:33:24	5037
4977	4615	1:19:09	Sarah Howe		Female	2091	1:28:16	4731
4978	7104	1:19:11	Pam Winfield		Female	2092	1:32:44	5001
4979	5098	1:19:11	Joe Lambert		Male	2887	1:30:45	4898
4980	1404	1:19:13	Dale Smith		Female	2093	1:33:22	5031
4981	7457	1:19:14	Paula Staniland		Female	2094	1:32:50	5006
4982	4150	1:19:16	Andreea Neculae		Female	2095	1:25:18	4510
4983	6845	1:19:17	Melanie O'Connor		Female	2096	1:32:47	5003
4984	4429	1:19:17	Rachael Abram		Female	2097	1:26:56	4651
4985	2642	1:19:17	Rebecca Jordan		Female	2098	1:22:26	4266
4986	7391	1:19:17	Rachel Harold		Female	2099	1:34:33	5075
4987	5324	1:19:19	Liga King		Female	2100	1:28:59	4783
4988	2349	1:19:19	Chelsea Bell		Female	2101	1:28:59	4782
4989	6373	1:19:19	Louise Harrison		Female	2102	1:35:21	5106
4990	6364	1:19:20	Sarah Rhoades		Female	2103	1:32:50	5007
4991	6363	1:19:20	Debbie Bannon		Female	2104	1:32:51	5008
4992	6846	1:19:22	Louise McCurdy	Lowestoft Road Runners	Female	2105	1:33:00	5012
4993	6890	1:19:22	C Daniels-Tipton		Female	2106	1:32:47	5002
4994	5174	1:19:22	Emma Willison		Female	2107	1:28:37	4753
4995	4840	1:19:23	Jamie Causton		Male	2888	1:28:37	4755
4996	5177	1:19:24	Nicola Dunger		Female	2108	1:30:38	4887
4997	5787	1:19:24	Su Middleton		Female	2109	1:29:30	4815
4998	6980	1:19:24	Mandy Roberts	Waveney Valley AC	Female	2110	1:32:36	4993
4999	7005	1:19:26	Janet Thomson		Female	2111	1:33:16	5024
5000	6348	1:19:26	Robert Beaney		Male	2889	1:32:39	4994
5001	7006	1:19:27	Louise Goldsmith		Female	2112	1:33:16	5023
5002	6341	1:19:27	Leah High		Female	2113	1:35:22	5109
5003	6178	1:19:27	T Tompson-Whyte		Female	2114	1:35:22	5108
5004	6346	1:19:27	Karen Stubberfield	North Norfolk Beach Runners	Female	2115	1:32:35	4992
5005	6351	1:19:27	Rachel Hirst		Female	2116	1:32:39	4995
5006	6651	1:19:34	Louise Wallace		Female	2117	1:34:35	5077
5007	6862	1:19:35	Jason Chettleburgh		Male	2890	1:33:35	5042
5008	6861	1:19:37	Emma Jennings		Female	2118	1:34:08	5057
5009	6876	1:19:38	Sharon Try		Female	2119	1:34:09	5058
5010	7198	1:19:38	Annie Hall	Great Yarmouth Road Runners	Female	2120	1:32:51	5009
5011	5526	1:19:40	Mark Cullum		Male	2891	1:31:40	4944
5012	5527	1:19:42	Michelle Cullum		Female	2121	1:31:41	4946
5013	5762	1:19:42	Gary Tartt	North Norfolk Beach Runners	Male	2892	1:30:39	4889
5014	4972	1:19:43	Stacie Curtis		Female	2122	1:29:00	4784
5015	5175	1:19:46	Liz Daniels		Female	2123	1:32:56	5010
5016	6343	1:19:47	Francesca Rymarz		Female	2124	1:35:16	5101
5017	5466	1:19:48	Maxine Potter		Male	2893	1:28:53	4774
5018	6320	1:19:48	Tracy Briggs		Female	2125	1:33:01	5013
5019	1999	1:19:49	Mark Rymarz		Male	2894	1:35:16	5102
5020	6109	1:19:51	Jess Matthews		Female	2126	1:35:13	5098
5021	6933	1:19:52	Erica Wilson-Bell		Female	2127	1:35:29	5118
5022	6798	1:19:52	Alistair Wilson		Male	2895	1:35:29	5119
5023	4754	1:19:53	Catherine Whittaker		Female	2128	1:29:11	4794
5024	6350	1:19:57	Lisa Dack		Female	2129	1:34:53	5086
5025	6259	1:19:57	Triona Melhuish		Female	2130	1:34:45	5081
5026	3216	1:19:58	Cara Nash		Female	2131	1:27:03	4663
5027	6777	1:19:59	Fiona Hinton		Female	2132	1:33:23	5034
5028	3689	1:19:59	Fran Rowley		Female	2133	1:27:05	4665
5029	5771	1:20:00	Emma Cox		Female	2134	1:31:11	4927
5030	7425	1:20:00	Ellie Foster		Female	2135	1:33:25	5038
5031	6598	1:20:00	Hannah Lambert		Female	2136	1:34:19	5066
5032	5832	1:20:02	Sagadai Saravanavel		Male	2896	1:33:22	5032
5033	4764	1:20:05	Lauren Gipson		Female	2137	1:30:03	4856
5034	7247	1:20:05	Lauren Paxton		Female	2138	1:35:37	5123
5035	7248	1:20:06	Holly Allen		Female	2139	1:35:39	5125
5036	7111	1:20:08	Glenna Fisher		Female	2140	1:34:09	5061
5037	7088	1:20:08	Graham Green		Male	2897	1:35:17	5104
5038	7057	1:20:10	Jason Vermeulen		Male	2898	1:34:52	5084
5039	7312	1:20:17	Radha Weller		Female	2141	1:35:19	5105
5040	3495	1:20:19	Catherine Redfern		Female	2142	1:34:24	5070

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
5041	6475	1:20:19	Keith Green		Male	2899	1:35:29	5117
5042	5297	1:20:22	Wendy Fullerton		Female	2143	1:32:01	4971
5043	6262	1:20:23	Amanda Watling		Female	2144	1:33:52	5047
5044	805	1:20:24	Andy Hart		Male	2900	1:33:54	5048
5045	6284	1:20:24	Heather Conejo		Female	2145	1:35:41	5127
5046	5815	1:20:24	Rosie Goodsell		Female	2146	1:32:01	4972
5047	5711	1:20:25	Helen Bowen		Female	2147	1:32:01	4973
5048	5193	1:20:27	Samantha Swinton		Female	2148	1:30:03	4855
5049	5145	1:20:28	Leanne Smith		Female	2149	1:30:03	4854
5050	6917	1:20:34	Punitha Prathapsingh		Female	2150	1:33:54	5049
5051	7307	1:20:35	Katie O'Reilly		Female	2151	1:35:08	5093
5052	6990	1:20:35	Sophie Towler		Female	2152	1:35:43	5128
5053	6967	1:20:35	Sue Jewson		Female	2153	1:36:12	5148
5054	3816	1:20:36	Rachael Low		Female	2154	1:27:17	4677
5055	4673	1:20:38	James Mason		Male	2901	1:30:49	4903
5056	6301	1:20:39	Rachel Plumstead		Female	2155	1:34:08	5056
5057	6068	1:20:41	Sarah Sanders		Female	2156	1:34:10	5063
5058	7003	1:20:43	Samantha Murison		Female	2157	1:35:52	5134
5059	5559	1:20:45	Jake Groom		Male	2902	1:32:13	4979
5060	6220	1:20:47	Emily Rivers		Female	2158	1:35:16	5103
5061	6258	1:20:48	Donna Monk		Female	2159	1:34:24	5069
5062	4997	1:20:50	Suzanne Middleton		Female	2160	1:32:47	5004
5063	5556	1:20:50	Rachel Alcock		Female	2161	1:32:17	4982
5064	6142	1:20:50	Kerry Eaglen		Female	2162	1:35:48	5131
5065	6826	1:20:52	Kristy Pinto		Female	2163	1:36:06	5142
5066	4577	1:20:52	Chrissi Middleton		Female	2164	1:32:48	5005
5067	5925	1:20:52	Emily Marchant		Female	2165	1:30:06	4860
5068	6908	1:20:53	George Murray		Male	2903	1:36:05	5141
5069	6181	1:20:53	Nathan Bowden		Male	2904	1:36:07	5144
5070	4555	1:20:53	Joanne Illingsworth	Waveney Valley AC	Female	2166	1:31:32	4940
5071	4838	1:20:54	Faye Thomas		Female	2167	1:34:52	5085
5072	6972	1:20:56	Robert Marrison		Male	2905	1:35:11	5094
5073	6909	1:20:57	Rebecca Fry		Female	2168	1:36:09	5147
5074	6213	1:20:59	Colleen Cameron		Female	2169	1:35:14	5100
5075	7461	1:21:01	Brad Rice		Male	2906	1:34:18	5065
5076	6743	1:21:02	Linda Bufton		Female	2170	1:35:59	5137
5077	6556	1:21:04	Alexandra Gough		Female	2171	1:36:01	5138
5078	6128	1:21:05	Rik Grantham		Male	2907	1:36:51	5171
5079	2500	1:21:06	Sam MacIntosh		Female	2172	1:35:05	5091
5080	6605	1:21:06	Pippa Carter		Female	2173	1:35:05	5090
5081	5645	1:21:07	Vicki Sadler		Female	2174	1:32:19	4983
5082	5572	1:21:11	Agazit Cook		Female	2175	1:31:45	4958
5083	5117	1:21:12	Martin Lewis		Male	2908	1:32:43	4998
5084	6771	1:21:15	F Chivite-Matthews		Male	2909	1:36:08	5146
5085	7362	1:21:16	Eliza McDonald		Female	2176	1:36:08	5145
5086	5304	1:21:17	Rebecca Levy		Female	2177	1:32:02	4974
5087	3542	1:21:22	Emma Hollidge	Waveney Valley AC	Female	2178	1:33:22	5033
5088	6552	1:21:22	Philip Walters		Male	2910	1:36:45	5168
5089	5469	1:21:22	Laura Robinson		Female	2179	1:35:57	5135
5090	7338	1:21:26	Emma Coe		Female	2180	1:35:40	5126
5091	5766	1:21:30	Patricia Coutts		Female	2181	1:31:49	4961
5092	6414	1:21:30	Sadie Swainson		Female	2182	1:34:40	5079
5093	6734	1:21:31	Eleanor Edge		Female	2183	1:36:37	5161
5094	4783	1:21:35	Sharon Lister	Norfolk Harriers RC	Female	2184	1:32:43	5000
5095	5615	1:21:40	Michaela Worth		Female	2185	1:31:53	4965
5096	6532	1:21:40	Keith Grisedale		Male	2911	1:37:31	5194
5097	7224	1:21:41	Michelle Stoker		Female	2186	1:37:31	5195
5098	7190	1:21:44	Philip Lawry		Male	2912	1:37:28	5193
5099	5698	1:21:45	Rachel Allen	Bungay Black Dog RC	Female	2187	1:31:46	4960
5100	6856	1:21:49	Joanne Dean		Female	2188	1:34:55	5087
5101	3551	1:21:51	Marcus Khan		Male	2913	1:37:22	5190
5102	6838	1:21:51	Jill Gibbs		Female	2189	1:36:38	5163
5103	7230	1:21:54	Pamela Morris		Female	2190	1:35:47	5130
5104	6866	1:21:55	Rob Woodcock		Male	2914	1:36:40	5166
5105	6355	1:21:55	Joanne Trundell		Female	2191	1:35:34	5122
5106	7221	1:21:56	Ben Sawyer		Male	2915	1:35:25	5111
5107	6805	1:21:57	Sharn Emery		Female	2192	1:34:09	5060
5108	1405	1:21:58	Emma Hoolahan		Female	2193	1:25:45	4549
5109	1407	1:21:58	Emma Milligan		Female	2194	1:25:45	4550
5110	6802	1:21:59	Gillian Howes		Female	2195	1:36:25	5156

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
5111	7061	1:21:59	Patricia Fuller		Female	2196	1:35:33	5121
5112	6417	1:22:00	Pip Penny		Female	2197	1:35:28	5114
5113	7044	1:22:00	Laura Oliver		Female	2198	1:36:26	5157
5114	2249	1:22:01	Peter Penny	Tri-Anglia Triathlon Club	Male	2916	1:35:28	5115
5115	6339	1:22:01	Saskia Vinnels		Female	2199	1:35:29	5116
5116	6486	1:22:01	Ambika Rajesh		Female	2200	1:35:23	5110
5117	4772	1:22:02	Joseph Jackson		Male	2917	1:35:30	5120
5118	6466	1:22:05	Jane Kelly		Female	2201	1:35:13	5099
5119	5130	1:22:06	Belynda Ramsay		Female	2202	1:37:01	5178
5120	6585	1:22:07	Louise Harkin		Female	2203	1:37:02	5179
5121	5621	1:22:09	Helen Barnes		Female	2204	1:29:23	4808
5122	5940	1:22:10	Louise Farr		Female	2205	1:33:10	5020
5123	5949	1:22:11	Kat Kitchener		Female	2206	1:33:11	5022
5124	7011	1:22:12	Kerry Buttriss		Female	2207	1:36:35	5159
5125	4282	1:22:13	Vicky Dunthorne		Female	2208	1:30:12	4866
5126	6218	1:22:14	Nicola Cook		Female	2209	1:35:22	5107
5127	1389	1:22:16	Mathew Bardwell		Male	2918	1:22:44	4309
5128	5874	1:22:16	Kanina Hulburd		Female	2210	1:36:40	5165
5129	7471	1:22:17	Mariah Simms		Female	2211	1:36:40	5164
5130	7095	1:22:17	Holly Doust		Female	2212	1:35:25	5112
5131	6783	1:22:20	Annette Thomas		Female	2213	1:37:40	5201
5132	3221	1:22:21	Charlotte Beard		Female	2214	1:28:36	4752
5133	6174	1:22:22	Penny Murray	Coltishall Jaguars RC	Female	2215	1:35:58	5136
5134	6938	1:22:23	Sue Humphreys	Norfolk Harriers RC	Female	2216	1:37:03	5180
5135	6964	1:22:23	Nigel Guppy	Braintree & District AC	Male	2919	1:37:03	5181
5136	7453	1:22:23	Anna Nobbs		Female	2217	1:35:49	5132
5137	6269	1:22:24	Tracey Salisbury	Wymondham AC	Female	2218	1:36:45	5167
5138	6336	1:22:24	Janet Robertson		Female	2219	1:37:13	5187
5139	4227	1:22:24	Debs Woodrow		Female	2220	1:29:12	4798
5140	6334	1:22:26	Isabel Bates		Female	2221	1:38:06	5211
5141	6331	1:22:27	Catherine Bates		Female	2222	1:38:07	5213
5142	6706	1:22:27	Kate Spinks		Female	2223	1:35:38	5124
5143	2923	1:22:28	Lucy Wagner		Female	2224	1:25:35	4529
5144	6927	1:22:28	Stephanie Cassidy		Female	2225	1:36:23	5154
5145	7321	1:22:29	Zena Wilson		Female	2226	1:37:07	5182
5146	7187	1:22:31	Alan Kirton		Male	2920	1:36:28	5158
5147	4843	1:22:32	Claire Beard		Female	2227	1:32:01	4970
5148	7329	1:22:35	Sophie Leney		Female	2228	1:36:22	5153
5149	5496	1:22:35	Sarah Watts	Diss and District AC	Female	2229	1:34:31	5074
5150	4892	1:22:35	S De-Vaux Balbirnie		Female	2230	1:38:12	5218
5151	6849	1:22:35	Kim Howson		Female	2231	1:37:20	5189
5152	7485	1:22:36	Jack Stannard		Male	2921	1:37:11	5184
5153	6658	1:22:37	Kate O'mahoney		Female	2232	1:38:14	5219
5154	7484	1:22:38	Katie Appleton		Female	2233	1:37:13	5186
5155	6840	1:22:38	Anna Lewis		Female	2234	1:37:24	5191
5156	5784	1:22:39	Graham Tibbs		Male	2922	1:32:21	4986
5157	6970	1:22:40	Lydia Hill		Female	2235	1:36:53	5174
5158	6844	1:22:40	Melanie Dickson		Female	2236	1:37:26	5192
5159	4841	1:22:42	Nicola Dunsdon		Female	2237	1:33:30	5041
5160	5764	1:22:43	Emma Allen		Female	2238	1:32:20	4984
5161	6787	1:22:45	Samantha Rose		Female	2239	1:36:02	5140
5162	7171	1:22:46	Chelsie Stewart		Female	2240	1:36:02	5139
5163	6418	1:22:48	Mark Pointer		Male	2923	1:36:46	5169
5164	4581	1:22:49	Stuart Tulloch		Male	2924	1:36:14	5150
5165	6969	1:22:50	Jacqui Kelly		Female	2241	1:36:52	5173
5166	7419	1:23:00	Karen Warne		Female	2242	1:36:07	5143
5167	6880	1:23:00	David Mickleburgh		Male	2925	1:38:55	5241
5168	6879	1:23:01	Angela Mickleburgh		Female	2243	1:38:55	5242
5169	5266	1:23:02	Joanne Mickleburgh		Female	2244	1:38:57	5243
5170	7097	1:23:03	Keith Banham		Male	2926	1:36:24	5155
5171	5941	1:23:03	C Nightingale		Female	2245	1:38:49	5240
5172	6222	1:23:03	Nicola McGrotty		Female	2246	1:36:14	5149
5173	7492	1:23:12	Lisa Alborough		Female	2247	1:38:24	5231
5174	6458	1:23:14	Rachael Kirkham		Female	2248	1:38:24	5233
5175	5472	1:23:17	Heidi Hawkshaw		Female	2249	1:32:20	4985
5176	6360	1:23:19	Shirley Rose		Female	2250	1:37:47	5202
5177	6666	1:23:22	Emma Youngman	Norwich Road Runners	Female	2251	1:39:26	5258
5178	6499	1:23:23	Ruth Donley-Bond		Female	2252	1:38:23	5230
5179	6563	1:23:24	Melanie Applegate		Female	2253	1:39:00	5245
5180	6538	1:23:28	Samantha Ford		Female	2254	1:38:05	5207

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
5181	3218	1:23:30	Ben Moulton		Male	2927	1:38:11	5217
5182	6541	1:23:31	Victoria Dillon		Female	2255	1:38:08	5215
5183	6504	1:23:33	Holly Turner		Female	2256	1:36:51	5172
5184	6337	1:23:35	Sarah Turner		Female	2257	1:37:33	5196
5185	7133	1:23:36	Amber Beaney	Great Yarmouth Road Runners	Female	2258	1:39:13	5250
5186	6479	1:23:37	Reba Warnes		Female	2259	1:36:46	5170
5187	6928	1:23:38	Sarah Crane		Female	2260	1:38:06	5212
5188	6660	1:23:38	A Parker-Hall		Female	2261	1:37:39	5200
5189	5548	1:23:41	Alison Bilyard	Great Yarmouth Road Runners	Female	2262	1:33:51	5045
5190	5451	1:23:41	Katherine Audus	Great Yarmouth Road Runners	Female	2263	1:33:51	5046
5191	7407	1:23:41	Nicola Stevens		Female	2264	1:38:44	5238
5192	7038	1:23:44	Maija-Liisa Walker		Female	2265	1:39:08	5247
5193	4740	1:23:45	Helen Taylor	Norwich Road Runners	Female	2266	1:35:44	5129
5194	5804	1:23:47	Wendy Farquhar	Ryston Runners	Female	2267	1:35:11	5096
5195	6992	1:23:48	Tracie Hart		Female	2268	1:38:27	5234
5196	6487	1:23:50	Belinda Slater		Female	2269	1:37:12	5185
5197	6991	1:23:50	Rachel Stimpson		Female	2270	1:38:29	5235
5198	5127	1:23:53	Alice Hewitt		Female	2271	1:34:34	5076
5199	7295	1:23:57	Nikki Ellis		Female	2272	1:39:24	5257
5200	6395	1:23:58	Sam Walker		Female	2273	1:37:48	5203
5201	3781	1:23:59	Claire Griffiths		Female	2274	1:35:01	5088
5202	6236	1:24:03	Teresa Walker		Female	2275	1:38:37	5237
5203	5300	1:24:06	Matthew Farman		Male	2928	1:35:27	5113
5204	4800	1:24:08	Elizabeth Molloy		Female	2276	1:33:26	5039
5205	7086	1:24:09	Mary Woollard		Female	2277	1:38:16	5223
5206	7193	1:24:10	Barbara Davies		Female	2278	1:38:17	5224
5207	4937	1:24:15	Leanne Emmett		Female	2279	1:39:50	5264
5208	6662	1:24:16	Fiona Wynes		Female	2280	1:39:51	5265
5209	6694	1:24:19	Andrew Southgate		Male	2929	1:37:34	5197
5210	4624	1:24:19	Jane Payne		Female	2281	1:34:25	5071
5211	6696	1:24:21	Shayne Wood		Male	2930	1:37:35	5199
5212	6682	1:24:23	Darren Isard		Male	2931	1:37:34	5198
5213	3804	1:24:29	Scott Jeffries		Male	2932	1:35:51	5133
5214	5901	1:24:30	Sharon Norman		Female	2282	1:33:46	5044
5215	7076	1:24:31	Amy Liddell-Andrews	Waveney Valley AC	Female	2283	1:38:15	5221
5216	6224	1:24:32	Alice Collier		Female	2284	1:38:11	5216
5217	7107	1:24:33	Paul Hierons	Waveney Valley AC	Male	2933	1:38:15	5220
5218	6439	1:24:36	Fiona Springall		Female	2285	1:39:55	5267
5219	5081	1:24:39	Miriam Walden		Female	2286	1:38:18	5225
5220	7145	1:24:43	Jo Rayner		Female	2287	1:39:56	5268
5221	7147	1:24:43	Cassand Andrews		Female	2288	1:39:56	5269
5222	5089	1:24:50	Vanessa Hagg		Female	2289	1:39:11	5248
5223	7208	1:24:52	Natalie Munday		Female	2290	1:39:12	5249
5224	6779	1:24:52	Lou O'Connell		Female	2291	1:39:18	5252
5225	6197	1:24:52	Steven Bacon		Male	2934	1:38:16	5222
5226	7443	1:24:55	Julie Keane		Female	2292	1:39:17	5251
5227	6564	1:24:58	Kim Pearson		Female	2293	1:40:49	5298
5228	4592	1:24:58	Tim Campbell		Male	2935	1:38:06	5210
5229	5002	1:24:58	Vikki Kirk		Female	2294	1:36:19	5151
5230	5003	1:24:59	Nathan Kirk		Male	2936	1:36:20	5152
5231	6446	1:24:59	Vanessa Campbell		Female	2295	1:38:07	5214
5232	6801	1:25:00	Faye Fry		Female	2296	1:38:21	5227
5233	6160	1:25:01	Helene Morgan		Female	2297	1:38:20	5226
5234	6774	1:25:02	Kerry Didwell		Female	2298	1:41:04	5305
5235	6769	1:25:02	Jo Creaser		Female	2299	1:41:04	5306
5236	5552	1:25:08	Jade Crome		Female	2300	1:36:36	5160
5237	5785	1:25:10	Lauren Barrett-Dye		Female	2301	1:36:38	5162
5238	7428	1:25:13	Noel Meeks		Male	2937	1:40:31	5283
5239	7109	1:25:14	Tina Chuma		Female	2302	1:40:33	5285
5240	4757	1:25:15	Sara Shorten	Norwich Road Runners	Female	2303	1:40:33	5286
5241	5201	1:25:15	Elizabeth Bevington		Female	2304	1:40:39	5293
5242	6883	1:25:16	Aaron Brazier		Male	2938	1:38:33	5236
5243	7000	1:25:16	Bronya Patmore		Female	2305	1:40:39	5292
5244	7228	1:25:17	Elle Killington		Female	2306	1:38:24	5232
5245	6365	1:25:17	Carol Davis-Mann		Female	2307	1:40:40	5294
5246	7480	1:25:18	Laura Brown		Female	2308	1:38:23	5229
5247	5702	1:25:19	Heidi Smith		Female	2309	1:40:42	5296
5248	5666	1:25:19	Susan Moye	Sudbury Joggers	Female	2310	1:37:19	5188
5249	7495	1:25:20	Craig Bill		Male	2939	1:39:22	5253
5250	7494	1:25:21	Maureen Sturman		Female	2311	1:39:23	5255

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
5251	7496	1:25:22	Jeremy Lee		Male	2940	1:39:23	5256
5252	7497	1:25:22	Nigel Gilham		Male	2941	1:39:22	5254
5253	6158	1:25:28	Laura Wright		Female	2312	1:41:02	5304
5254	6988	1:25:31	Elaine Smith		Female	2313	1:39:57	5270
5255	6400	1:25:32	Maria Zalm		Female	2314	1:38:48	5239
5256	7298	1:25:36	James Harrod		Male	2942	1:40:34	5287
5257	7222	1:25:38	Donna Ford		Female	2315	1:39:43	5260
5258	6469	1:25:38	Sophie Paston		Female	2316	1:40:36	5289
5259	6134	1:25:45	Julie Jardine	Coltishall Jaguars RC	Female	2317	1:40:11	5276
5260	6464	1:25:45	Jenny Norris	Coltishall Jaguars RC	Female	2318	1:40:11	5275
5261	4126	1:25:45	John McCluskey		Male	2943	1:35:05	5089
5262	6847	1:25:46	Gemma Silman		Female	2319	1:41:22	5313
5263	7372	1:25:46	Craig Elliott		Male	2944	1:40:24	5282
5264	4956	1:25:47	Bruce Rumsby		Male	2945	1:35:05	5092
5265	5270	1:25:49	Jennifer Pallister		Female	2320	1:35:12	5097
5266	6375	1:25:50	E Lovick-Norley		Female	2321	1:38:58	5244
5267	5760	1:25:53	Karen Bolt		Female	2322	1:38:01	5206
5268	5206	1:25:54	Kim Chambers		Female	2323	1:35:11	5095
5269	5534	1:25:59	Laura Cox		Female	2324	1:37:09	5183
5270	3492	1:26:02	Emily Phipps		Female	2325	1:37:54	5204
5271	7140	1:26:05	Karen Napthen		Female	2326	1:41:20	5312
5272	6821	1:26:05	Linsey Halls		Female	2327	1:39:53	5266
5273	6065	1:26:09	Gunnar Bang		Male	2946	1:39:39	5259
5274	6757	1:26:10	Gemma Sewell		Female	2328	1:42:13	5336
5275	625	1:26:10	Kerry Lymbery	Norwich Road Runners	Female	2329	1:42:15	5340
5276	6621	1:26:11	Jennifer Needham		Female	2330	1:41:31	5319
5277	7191	1:26:11	Hollie Yaxley		Female	2331	1:41:32	5320
5278	7430	1:26:11	Kerry Swinden		Female	2332	1:42:15	5339
5279	2308	1:26:11	Anna Thorpe	Norwich Road Runners	Female	2333	1:42:14	5337
5280	6756	1:26:12	Lucie Wheeler		Female	2334	1:42:14	5338
5281	7229	1:26:13	Charles Fenech		Male	2947	1:41:59	5329
5282	7441	1:26:15	Jessica Langlands		Female	2335	1:40:38	5290
5283	6423	1:26:20	Tracy Bigwood		Female	2336	1:40:13	5278
5284	6878	1:26:21	Beverly Jenkins		Female	2337	1:41:32	5321
5285	7431	1:26:22	Bryony James		Female	2338	1:40:51	5299
5286	5769	1:26:25	Deborah Priddy		Female	2339	1:41:36	5323
5287	6913	1:26:27	Julia Cutts	Saint Edmund Pacers	Female	2340	1:39:45	5261
5288	4967	1:26:28	Paul Atkins		Male	2948	1:36:57	5176
5289	5894	1:26:29	Annabel Ellson		Female	2341	1:39:48	5263
5290	6753	1:26:30	Stella Langlands		Female	2342	1:40:52	5300
5291	4730	1:26:31	Joanne Atkins		Female	2343	1:37:00	5177
5292	6169	1:26:31	Amy Wright		Female	2344	1:40:23	5281
5293	6728	1:26:33	Tierney Doyle		Female	2345	1:39:59	5271
5294	7029	1:26:36	Elisabeth Plummer		Female	2346	1:41:17	5311
5295	5727	1:26:39	Peter Elliott		Male	2949	1:41:09	5307
5296	5726	1:26:40	Laura Lawrence		Female	2347	1:41:10	5308
5297	6451	1:26:42	Cesar Jr Campomanes		Male	2950	1:41:00	5302
5298	4814	1:26:46	Gary White		Male	2951	1:37:58	5205
5299	6135	1:26:47	Ruth Bevan		Female	2348	1:42:26	5344
5300	7205	1:26:48	Bethany Kemp		Female	2349	1:41:23	5314
5301	7078	1:26:48	Nick Tupper		Male	2952	1:42:20	5342
5302	6514	1:26:51	Toni Calver		Female	2350	1:41:16	5309
5303	7101	1:26:51	Anita Brain		Female	2351	1:41:16	5310
5304	6154	1:26:53	Adam Bishop		Male	2953	1:42:12	5333
5305	7231	1:26:55	Gwendoline Greenwood		Female	2352	1:40:42	5297
5306	3609	1:26:57	Mike Hawthorne		Male	2954	1:34:20	5068
5307	6581	1:27:01	Joanna Shad		Female	2353	1:40:32	5284
5308	6765	1:27:04	Jessica Parker		Female	2354	1:43:08	5356
5309	6144	1:27:04	Marie Charles		Female	2355	1:43:08	5355
5310	5684	1:27:05	Jessica Newbury	Dunerunner	Female	2356	1:42:12	5335
5311	7254	1:27:05	Heather Bradbury		Female	2357	1:40:40	5295
5312	5102	1:27:06	Paul Barrett		Male	2955	1:36:56	5175
5313	7116	1:27:06	Carl Cantillon		Male	2956	1:42:12	5334
5314	7282	1:27:06	Michelle D'Souza		Female	2358	1:41:31	5318
5315	7091	1:27:07	Kevin Dungey		Male	2957	1:41:30	5316
5316	7090	1:27:08	Karen Bird		Female	2359	1:41:30	5317
5317	4315	1:27:10	Shelley Gordon		Female	2360	1:34:19	5067
5318	6523	1:27:15	Luke Fox		Male	2958	1:43:07	5354
5319	6453	1:27:17	Jess Diggins		Female	2361	1:43:09	5357
5320	5244	1:27:22	Thomas Graver		Male	2959	1:38:06	5209

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
5321	3735	1:27:22	Sharon Ann Turner		Female	2362	1:34:45	5080
5322	5243	1:27:22	Samantha Armstrong		Female	2363	1:38:06	5208
5323	6687	1:27:22	Tom Whipps		Male	2960	1:40:36	5288
5324	7138	1:27:23	Abbie Freel		Female	2364	1:42:29	5345
5325	7262	1:27:23	Teresa Bland		Female	2365	1:42:29	5346
5326	4298	1:27:26	William Salmon		Male	2961	1:42:59	5352
5327	6260	1:27:26	Karen Wilson		Female	2366	1:42:19	5341
5328	5582	1:27:38	Claire Scott	North Norfolk Beach Runners	Female	2367	1:39:46	5262
5329	7172	1:27:39	Daisy Stewart		Female	2368	1:40:55	5301
5330	4553	1:27:40	James Henery		Male	2962	1:43:19	5361
5331	6473	1:27:48	Sue Hurst	Great Yarmouth Road Runners	Female	2369	1:41:02	5303
5332	5395	1:27:49	Laura Cornwell		Female	2370	1:42:01	5331
5333	4236	1:27:50	Sara Fordham		Female	2371	1:42:01	5330
5334	7119	1:27:59	Katie Gooda		Female	2372	1:43:00	5353
5335	7215	1:28:04	Sharon Gardener		Female	2373	1:42:59	5351
5336	5722	1:28:04	Jane Spendlove		Female	2374	1:40:00	5272
5337	7404	1:28:05	Michelle Blazey		Female	2375	1:41:46	5324
5338	5478	1:28:05	Zoe Caston		Female	2376	1:40:00	5274
5339	6374	1:28:05	Sharon Armes		Female	2377	1:41:47	5325
5340	6191	1:28:05	Allyson Bailey	Norwich Road Runners	Female	2378	1:41:47	5326
5341	7216	1:28:10	Caroline Hardy		Female	2379	1:41:34	5322
5342	7168	1:28:11	Fern Moore		Female	2380	1:44:00	5369
5343	7036	1:28:14	Melissa Smith		Female	2381	1:44:03	5371
5344	5565	1:28:30	Ricky Goddard		Male	2963	1:39:07	5246
5345	6576	1:28:47	Laura Rumsey		Female	2382	1:42:11	5332
5346	6314	1:28:52	Mike Jones		Male	2964	1:43:35	5362
5347	6600	1:28:54	Penny Richardson		Female	2383	1:43:37	5365
5348	4732	1:29:00	Monica Gula		Female	2384	1:43:38	5366
5349	5120	1:29:03	Paula Clarke		Female	2385	1:40:13	5277
5350	6457	1:29:04	Bethany Taylor		Female	2386	1:44:36	5374
5351	7242	1:29:06	Bryson Walker		Male	2965	1:42:21	5343
5352	5203	1:29:13	Tina Blanch	Dereham Runners & AC	Female	2387	1:38:21	5228
5353	6966	1:29:24	Katie Jewson		Female	2388	1:45:02	5383
5354	6681	1:29:27	Kevin Lincoln		Male	2966	1:42:34	5347
5355	3844	1:29:27	Emily Legge		Female	2389	1:40:39	5291
5356	7291	1:29:30	Kathryn Roper		Female	2390	1:43:37	5364
5357	6407	1:29:31	Rebecca Sibanda		Female	2391	1:42:41	5348
5358	6406	1:29:32	Robert Perry		Male	2967	1:42:41	5349
5359	6993	1:29:38	Lucy Manton		Female	2392	1:44:01	5370
5360	7483	1:29:38	Ellie Khojinian		Female	2393	1:44:44	5378
5361	6714	1:29:38	Einav Van-Creveld		Female	2394	1:44:44	5379
5362	4930	1:29:43	Karen Emery	North Norfolk Beach Runners	Female	2395	1:41:50	5327
5363	4264	1:29:44	Rachael Pizey	Norwich Road Runners	Female	2396	1:41:51	5328
5364	7377	1:29:45	Simone Hornby		Female	2397	1:45:48	5397
5365	6232	1:29:47	Jude Ward		Female	2398	1:45:21	5388
5366	6231	1:29:48	Jessica Ward		Female	2399	1:45:22	5389
5367	6272	1:29:52	Louise Hagger		Female	2400	1:42:58	5350
5368	7466	1:29:54	Joanne Batley		Female	2401	1:43:39	5367
5369	6611	1:29:55	Charlene Ready		Female	2402	1:43:39	5368
5370	4069	1:29:59	Colin Blakemore		Male	2968	1:40:00	5273
5371	7008	1:29:59	Sean Hoey		Male	2969	1:45:34	5393
5372	6478	1:30:03	Wendy Moss		Female	2403	1:43:15	5358
5373	7159	1:30:06	Irene Brown		Female	2404	1:43:17	5359
5374	7169	1:30:08	Veronica Kidman		Female	2405	1:43:18	5360
5375	6411	1:30:24	Tony Brice		Male	2970	1:45:13	5387
5376	6338	1:30:28	Fiona Russell		Female	2406	1:43:35	5363
5377	7070	1:30:29	Patricia Rosewell		Female	2407	1:44:37	5375
5378	6737	1:30:33	Suzy Strowger		Female	2408	1:46:33	5406
5379	6482	1:30:42	Jo Stone	Great Yarmouth Road Runners	Female	2409	1:45:40	5395
5380	6444	1:30:43	David Ashworth		Male	2971	1:46:14	5400
5381	7141	1:30:43	Maxine Hart	Great Yarmouth Road Runners	Female	2410	1:45:41	5396
5382	7013	1:30:48	Shirley Gladwin		Female	2411	1:44:43	5377
5383	6471	1:30:49	Ann Merryweather		Female	2412	1:46:12	5399
5384	5036	1:30:55	Maurice Vertigans		Male	2972	1:40:19	5280
5385	6515	1:31:06	Laura Robertson		Female	2413	1:46:20	5402
5386	7429	1:31:13	Stacey Shiplee		Female	2414	1:45:01	5382
5387	1284	1:31:18	Claire Vinsen		Female	2415	1:31:59	4968
5388	6561	1:31:18	May Thurling		Female	2416	1:44:25	5373
5389	6855	1:31:19	Roz MacLachlan	Beccles & Bungay Harriers	Female	2417	1:45:07	5384
5390	6560	1:31:24	Rosie Harrison		Female	2418	1:44:41	5376

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
5391	6327	1:31:32	Coralie Evans		Female	2419	1:45:25	5390
5392	6408	1:31:33	Sarah Smith		Female	2420	1:47:11	5415
5393	6470	1:31:33	Jeanette McLoughlin		Female	2421	1:45:26	5391
5394	6567	1:31:35	Jacky Manser		Female	2422	1:45:29	5392
5395	5814	1:31:42	Antony Capewell		Male	2973	1:46:52	5411
5396	7499	1:31:43	Abigail Symons		Female	2423	1:45:09	5385
5397	7075	1:31:43	Catherine Gilchrist		Female	2424	1:46:43	5408
5398	7498	1:31:43	Sara Basey-Fisher		Female	2425	1:45:09	5386
5399	4797	1:31:53	Danielle Eden		Female	2426	1:46:47	5409
5400	6553	1:31:54	Amy Hardingham		Female	2427	1:46:06	5398
5401	3406	1:32:00	Fleur Trudgill		Female	2428	1:40:15	5279
5402	5269	1:32:02	Mary Muir		Female	2429	1:41:25	5315
5403	6822	1:32:15	Beverley Fenning		Female	2430	1:46:20	5403
5404	7234	1:32:15	Jennie Thomas		Female	2431	1:46:19	5401
5405	6652	1:32:17	Stephanie Lamb		Female	2432	1:46:32	5405
5406	6898	1:32:18	Carla Nott		Female	2433	1:47:34	5418
5407	6496	1:32:20	Helen Lamb		Female	2434	1:46:35	5407
5408	7026	1:32:21	Kerry Nott		Female	2435	1:47:38	5419
5409	6897	1:32:23	Ellie Wharton		Female	2436	1:47:40	5420
5410	7062	1:32:28	Elizabeth Allen	Bungay Black Dog RC	Female	2437	1:45:35	5394
5411	3766	1:32:50	Rachel Littlewood		Female	2438	1:44:45	5381
5412	6868	1:32:50	J Wicker		Female	2439	1:44:45	5380
5413	7481	1:32:52	Georgie Keable		Female	2440	1:46:26	5404
5414	5767	1:33:04	Caroline De'ath		Female	2441	1:46:49	5410
5415	7511	1:33:06	Karen Stratford		Female	2442	1:47:18	5416
5416	7110	1:33:06	Emma Blackwell		Female	2443	1:46:58	5413
5417	5728	1:33:07	Brien Hueppauff		Male	2974	1:44:14	5372
5418	5740	1:33:08	Tina Lathrope		Female	2444	1:46:59	5414
5419	6498	1:33:13	Sarah Rumbles		Female	2445	1:48:16	5422
5420	6583	1:33:28	Jenny Lane-Smith		Female	2446	1:49:33	5430
5421	3317	1:33:49	Sal Ryder	North Norfolk Beach Runners	Female	2447	1:48:39	5424
5422	6628	1:33:49	Tara Saunders		Female	2448	1:48:39	5425
5423	7264	1:33:53	Michelle Cooper		Female	2449	1:46:57	5412
5424	6707	1:34:18	Selena Read		Female	2450	1:47:23	5417
5425	6647	1:34:26	Caroline Grand		Female	2451	1:49:16	5428
5426	6767	1:34:45	Tessa Payne		Female	2452	1:50:51	5436
5427	7409	1:34:45	Dawn Mountain		Female	2453	1:48:21	5423
5428	6770	1:34:45	Paul Evans		Male	2975	1:50:51	5435
5429	7089	1:35:01	Mark Smith		Male	2976	1:50:56	5439
5430	3070	1:35:02	Stuart Kenrick	Coltishall Jaguars RC	Male	2977	1:50:57	5440
5431	7164	1:35:07	Trudi Gilbert		Female	2454	1:48:14	5421
5432	7132	1:35:41	Lorraine Gauntlett		Female	2455	1:50:07	5431
5433	630	1:36:01	Anthony Stables		Male	2978	1:52:00	5453
5434	7378	1:36:02	Robert Woodrow		Male	2979	1:51:12	5445
5435	6415	1:36:02	Kate Stables		Female	2456	1:52:02	5454
5436	6999	1:36:02	Antonia Woodrow		Female	2457	1:51:12	5444
5437	6998	1:36:11	Ezara Boyce-Swann		Female	2458	1:49:25	5429
5438	7064	1:36:21	Jennie Shingfield		Female	2459	1:51:29	5448
5439	7068	1:36:24	Lorraine Weights		Female	2460	1:50:12	5432
5440	7069	1:36:25	Peter Ball		Male	2980	1:50:13	5433
5441	6534	1:36:43	Lesley Shipgood		Female	2461	1:51:33	5449
5442	6249	1:37:03	Kira Hannant		Female	2462	1:52:07	5455
5443	6677	1:37:03	Jane Griffin-Ash		Female	2463	1:51:11	5441
5444	7421	1:37:12	Judith Fitzgerald		Female	2464	1:51:12	5443
5445	7422	1:37:14	Dave Fitzgerald		Male	2981	1:51:11	5442
5446	4976	1:37:18	Courtnay Waller		Female	2465	1:49:02	5426
5447	2314	1:37:18	Emma Cattermull	Bure Valley Harriers	Female	2466	1:49:02	5427
5448	7050	1:37:20	Suzie Dyball		Female	2467	1:50:38	5434
5449	7211	1:37:25	Alison Brown		Female	2468	1:51:38	5451
5450	6559	1:37:27	Lynda Armstrong		Female	2469	1:51:39	5452
5451	7194	1:37:28	Sharon Baker-Joyce		Female	2470	1:51:36	5450
5452	6702	1:37:40	Laura Harding		Female	2471	1:50:52	5437
5453	6686	1:37:41	Racheal Tissington		Female	2472	1:50:53	5438
5454	7113	1:37:53	Ashlea Reuben		Female	2473	1:51:15	5446
5455	7084	1:38:05	Maria Boyce		Female	2474	1:51:19	5447
5456	7464	1:38:54	Zoe Clarke		Female	2475	1:52:10	5456
5457	6569	1:38:58	Anna Willis		Female	2476	1:52:29	5457
5458	6602	1:38:59	Alice Trainor		Female	2477	1:52:29	5458
5459	7454	1:39:13	Marie Widdows		Female	2478	1:54:44	5464
5460	7330	1:39:44	Michelle Allen		Female	2479	1:53:04	5459

Run Norwich

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RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
5461	6732	1:40:01	Sharon Taylor	Coltishall Jaguars RC	Female	2480	1:53:30	5460
5462	6978	1:40:23	Jackie Crisp		Female	2481	1:53:49	5461
5463	6979	1:40:25	Jessica Crisp		Female	2482	1:53:50	5462
5464	7010	1:41:36	Becky Buck		Female	2483	1:54:48	5465
5465	7258	1:42:27	Maria Scappaticcio		Female	2484	1:55:40	5466
5466	6641	1:42:29	Maureen Pellett		Female	2485	1:55:43	5467
5467	7195	1:42:58	Pat Neale		Female	2486	1:56:52	5468
5468	6730	1:43:06	Vashti Clink		Female	2487	1:59:22	5474
5469	6729	1:43:07	Scott Vallance		Male	2982	1:59:22	5473
5470	1084	1:43:26	Iain Dawson	Tri-Anglia Triathlon Club	Male	2983	1:59:21	5472
5471	7256	1:43:49	Hayley Thompson		Female	2488	1:57:40	5469
5472	6483	1:44:10	Ondhia Punam		Female	2489	1:58:19	5471
5473	7288	1:44:20	Amy George		Female	2490	1:58:12	5470
5474	7175	1:45:31	Susan Seaward		Female	2491	1:59:51	5475
5475	6507	1:45:32	Sandra Cawley		Female	2492	1:59:52	5476
5476	7163	1:46:02	Patricia Barker		Female	2493	2:00:26	5478
5477	6394	1:46:07	Nell Frary		Female	2494	2:00:26	5479
5478	6974	1:46:17	Wendy Hooton		Female	2495	2:00:26	5477
5479	6554	1:47:02	E Reed-Beadle		Female	2496	2:01:51	5480
5480	500	1:47:27	Paolo De Marco	Tri-Anglia Triathlon Club	Male	2984	2:03:33	5482
5481	6566	1:47:28	Sandy Lovelock		Female	2497	2:03:34	5483
5482	6738	1:48:00	Ross Strowger		Male	2985	2:04:01	5490
5483	7158	1:48:03	Suzanne Henseler		Female	2498	2:03:18	5481
5484	5308	1:48:04	Tom Bailey		Male	2986	2:04:05	5491
5485	6710	1:49:00	Sophie Grimwood		Female	2499	2:03:55	5484
5486	7139	1:49:58	Margaret Davies		Female	2500	2:04:00	5487
5487	7253	1:50:04	Pamela Malcolm		Female	2501	2:04:00	5488
5488	7252	1:50:05	Annette Jackson		Female	2502	2:04:01	5489
5489	7210	1:50:10	Lauren Lessiter		Female	2503	2:03:56	5485
5490	7209	1:50:11	Y Formanski-Nicholson		Female	2504	2:03:56	5486
5491	6640	1:50:33	Diane Walsh		Female	2505	2:04:56	5493
5492	6489	1:50:35	Emma Walsh		Female	2506	2:04:56	5492
5493	6712	1:52:24	Vicky Rallison		Female	2507	2:07:52	5494
5494	6618	1:52:26	Geraldine Hough		Female	2508	2:07:53	5495
5495	3790	1:54:10	Andrew Lamb		Male	2987	1:54:10	5463
5496	7203	1:54:22	Babs Anderson		Female	2509	2:08:43	5496
5497	7226	1:54:23	Susan Jennings		Female	2510	2:08:43	5497
5498	6718	1:55:42	Jack Burnham		Male	2988	2:10:26	5499
5499	6631	1:57:36	Michelle Blackburn		Female	2511	2:11:14	5500
5500	1634	1:57:40	Jonathan Travis		Male	2989	2:12:43	5501
5501	6604	1:57:41	Holly Tijou-Hoyles		Female	2512	2:12:44	5502
5502	5202	1:58:49	Maree Marks	Norwich Road Runners	Female	2513	2:10:11	5498
5503	6680	2:00:25	Nigel Medler		Male	2990	2:13:40	5503
5504	6684	2:00:26	Steven Knights		Male	2991	2:13:41	5504
5505	6700	2:00:27	Aron Gould		Male	2992	2:13:42	5505
5506	7280	2:00:35	Lorraine Chiarotti		Female	2514	2:16:10	5508
5507	7281	2:00:36	Alan Burden		Male	2993	2:16:12	5509
5508	4776	2:00:38	Rachel Chiarotti		Female	2515	2:16:12	5511
5509	5588	2:00:38	Jennifer Chiarotti		Female	2516	2:16:12	5510
5510	2453	2:00:39	Oliver Holden-Rea		Male	2994	2:16:12	5512
5511	6807	2:02:09	Michelle Finnegan		Female	2517	2:14:26	5506
5512	7227	2:02:14	Sandra Acton	Huntingdonshire AC	Female	2518	2:14:30	5507